



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WELCOME TO THE Y!

## Ross Farnsworth-East Valley YMCA



## OUR MISSION

To put Christian principles into  
practice through program that  
build healthy spirit, mind and  
body FOR ALL



# HISTORY OF THE Y



# REBRANDING

1881



1891



1895



1896



1897



1967



2010



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# VALLEY OF THE SUN YMCA

- 13 Branches Across Arizona

Ahwatukee Foothills

Flagstaff

Northwest Valley

Southwest Valley

Yuma

Chandler/Gilbert

Legacy Foundation Chris-Town

Ross Farnsworth-East Valley

Tempe

Desert Foothills

Lincoln Family Downtown

Scottsdale/Paradise Valley

Watts Family Maryvale

- Camp Sky Y

- Prescott, AZ
- Overnight Summer Camp
- Recently completed renovations

- 501c(3) Non-Profit

# A YEAR+ IN REVIEW

## MARCH 2020

Closure of operations  
Launch of Emergency  
Child Care  
Began Senior Outreach  
Programs  
Launch of Virtual YMCA  
Staff Layoffs  
Cancellation of Youth  
Sports, Swim Lessons,  
Traditional Camps,  
Overnight Camp

## SUMMER/FALL 2020

Approved for PPP  
Food Servicing for YMCA &  
Community Members  
Re-opened on 5/13  
Shut down on 6/29  
Launched Y Academy  
Re-opened 8/31  
Re-Launch of Youth Sports  
Annual Thanksgiving Basket  
Drive

## 2021

Covid Rapid Testing Site  
YMCA Vaccine eligible  
Partnership with Uber for  
Senior Vaccinations  
Announcement of Y Employee  
Child Care benefit  
Funding for Child Care  
Launch of new programming

# WHAT WE DO

## YOUTH DEVELOPMENT

Preschool/Early Learning  
Summer Camps  
Before/After School Care  
Youth Sports  
ESports  
Swim Lessons  
Swim Team  
Teen Camps  
Youth in Government  
iLearn Program  
Overnight Camps

## HEALTHY LIVING

Livestrong Programs  
Personal Training  
Group Exercise Classes  
(Yoga, Zumba, HIIT, Cycling)  
Active Older Adult Programs  
Diabetes Prevention  
Program  
Master's Swim  
Indoor Triathlons  
Family Programs

## SOCIAL RESPONSIBILITY

Safety Around Water  
Water Watcher Campaign  
Volunteer Opportunities  
(Youth Sports Coaching, Board  
Membership, Company Work  
Days, etc.)  
Annual Support Campaign  
Tax Credit  
Interfaith Prayer Breakfast  
Thanksgiving Basket Drive  
Case/Social Work  
Golf Tournament



# PROGRAMS

- Childcare Programs

- After School Programming
  - K-6<sup>th</sup> Grade
  - Transportation Available
  - Snack Provided
- Preschool
  - 3-5 Years of Age
  - 6:30am-6:30pm
  - Snack Provided
- Summer Camp
  - PK-6<sup>th</sup> Grade
  - Meals Provided
  - Swimming Available



# PROGRAMS

- Youth Sports
  - Basketball
    - Recreational and Competitive
    - PK-HS
    - Jr. Suns Partnership
  - Volleyball
    - Recreational and Competitive
    - 1<sup>st</sup>-HS
  - Soccer
    - Recreational
    - 3-10 years of age





# PROGRAMS

- Healthy Living
  - Membership
  - Fitness Center
  - Group Exercise Classes
  - Personal Training
  - Silver Sneakers
  - Insurance Based Memberships



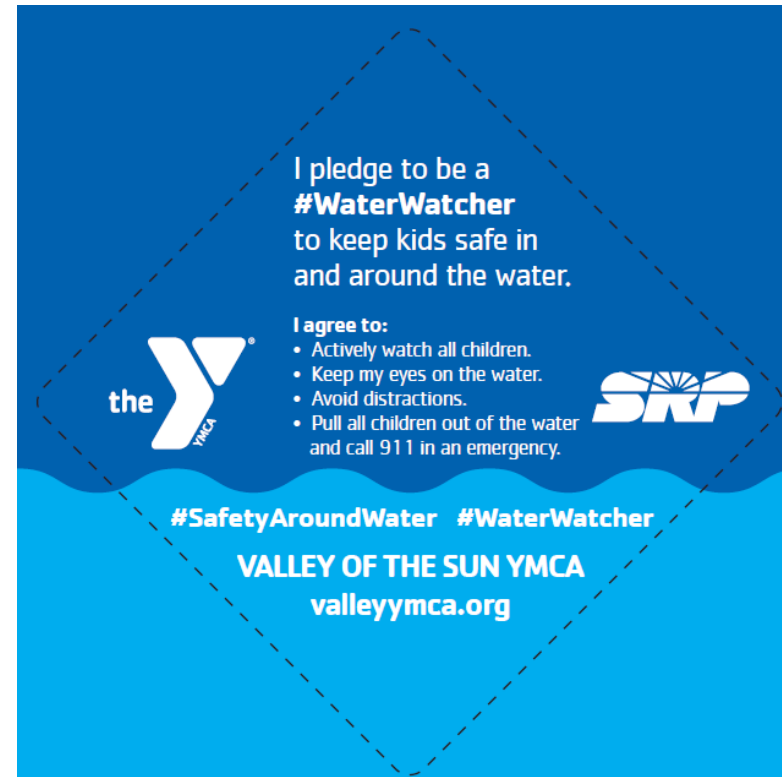
# PROGRAMS

- Aquatics
  - Safety Around Water Week
    - Water Watcher Pledge
  - Group Swim Lessons
    - Parent/Child all the way to stroke development
  - Private Swim Lessons
    - Youth and Adult
  - Swim Team
    - 5-18 years of age
  - Open/Lap Swimming





# WATER WATCHER PLEDGE



# ANNUAL COMMUNITY SUPPORT CAMPAIGN



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The  
**Power** of  
**US**

# HOW CAN YOU HELP

## PARTICIPATE/JOIN US!

- Enjoy our programs for you and/or your family
- Become a Member

## VOLUNTEER

- Youth Sports Coach
- Board Member
- Work Days
- Committees
- Ongoing Experiences

## CONTRIBUTE

- Donate – tax deductible
- AZ Tax Credit: [valleymcacaes.org](http://valleymcacaes.org)

## ADVOCATE & ATTEND

- Water Watcher Campaign
- Golf Tournament
- Thanksgiving Basket Drive
- YMCA Impact Tours



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# THANK YOU