

Trophies Awarded in the following categories:

Individual Men & Women Runners:

9 & under / 10-14yrs / 15-19yrs / 20-29yrs / 30-39yrs / 40-49yrs / 50-59yrs / 60-69yrs / 70yrs & up

Running Teams or Groups:

(runners only) must have 3+ participants & registered by Oct 12, 2020 / submit name for team on all forms.

LP MAYOR'S TROPHY:

awarded to 1st place team in which all members live or work in Lincoln Park

PV ROTARY TROPHY:

awarded to 1st place team in which all members are MEMBERS OF ANY ROTARY CLUB

REGISTRATION FEES

\$20 through Sept 30

\$25 Oct 1-14

MAIL IN OR REGISTER ON-LINE

<https://runsignup.com/Race/NJ/LincolnPark/lincolnparkpvr5k>

(on-line fee apply when registering on "RunSignUp")

**REGISTRATION ENDS
OCTOBER 14**

**THERE WILL BE NO
SAME DAY REGISTRATIONS**

What is the Pequannock Valley Rotary Foundation?

The Pequannock Valley Rotary Foundation is a 501 c(3) organization established by the Pequannock Valley Rotary to better expand outreach to the communities we serve. Since 1953 the Pequannock Valley Rotary has raised and donated over a million dollars to support the needs of the New Jersey towns of Pequannock, Lincoln Park, & Riverdale.

Here's how your dollars work:

- More than 330 scholarships awarded to area students totaling over \$300,000 in student aid.
- Support to local Police, Fire & First Aid Departments through our Save a Life Fund - over \$80,000 in 20 years.
- Support for needs of local emergency situations, such as aid during flooding and Hurricanes Irene & Sandy.
- The club maintains a relief fund for potential future needs, which included several donations of food to Chilton Hospital any other funding during COVID-19.
- Support of local food pantries
- Support Drug Education and Drug Prevention assistance
- Visit our website to read more:
www.pequannockvalleyrotary.org

Submit entry form by 8am October 14, 2020

Borough of Lincoln Park Recreation
34 Chapel Hill Rd
Lincoln Park, NJ 07035
OR

register on-line at

<https://runsignup.com/Race/NJ/LincolnPark/lincolnparkpvr5k>

DONATIONS ARE WELCOME

Mail to Borough of Lincoln Park - 5K
or donate on-line at:

<https://runsignup.com/Race/Donate/NJ/LincolnPark/lincolnparkpvr5k>

Beavertown - P.V. Rotary

2020 5K Walk/Run

Sponsored by:

Lincoln Park's

**Mayor's Wellness Campaign
and Pequannock Valley Rotary**



#LPPVRinittgether

Saturday, October 17, 2020

Race Starts: 9:00am - 9:20am

CHIP Timing at Start & Finish Lines.

<https://runsignup.com/Race/NJ/LincolnPark/lincolnparkpvr5k>

Race Director: JCassidy@bolp.org
34 Chapel Hill Road
Lincoln Park, NJ 07035

Borough of Lincoln Park
www.lincolnpark.org

Pequannock Valley Rotary
www.pequannockvalleyrotary.org



Lincoln Park Mayor's Wellness Campaign The Pequannock Valley Rotary Foundation

Beavertown - P.V. Rotary 5K Run / Walk #LPPVRinitttogether

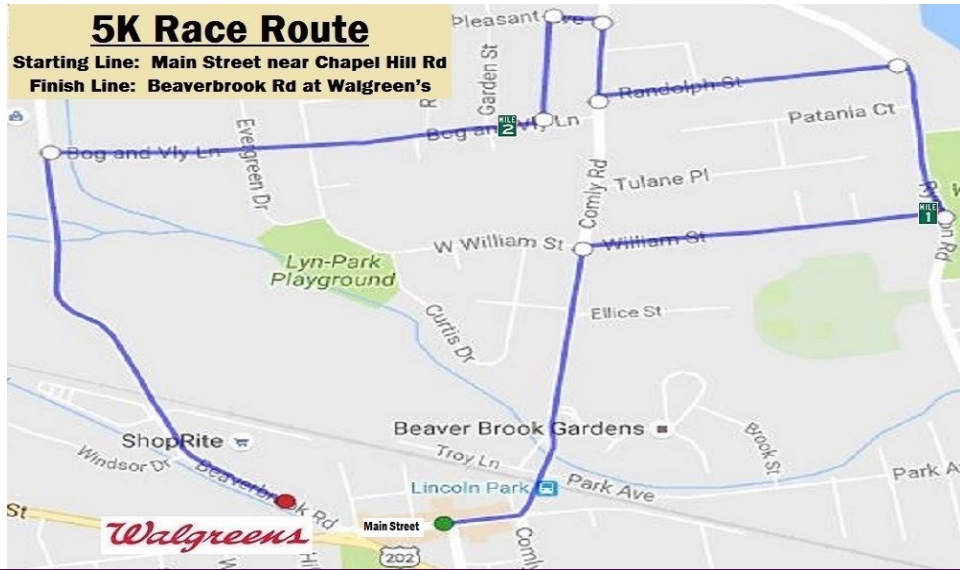
What: 5k Run or 2 Mile Walk

When: Saturday, October 17, 2020 / 5K start time: 9am

Course: 5k & 2 mile walk begins on Main Street & Zeliff Place, Lincoln Park, NJ
Results by Compuscore / ONLY RUNNERS WILL RECEIVE BIBS FOR TIMED RESULTS

Packet Pick-Up Location: LP PAL/Community Center 10 Boonton Tpk, Lincoln Park, NJ
Fri, Oct 16 from 10am - 8pm at LP PAL Bldg OR
Sat, Oct 17 from 8-8:30am at the LP PAL Bldg

Registration: <https://runsignup.com/Race/NJ/LincolnPark/lincolnparkpvr5k>



2-MILE WALKER'S FITNESS ROUTE

Walker Route ELIMININATES William St, Ryerson Rd, Randolph St, Pleasant Ave & Washington Ave.

Walker's map is available at www.lincolnpark.org

Entry Form for the Beavertown / Pequannock Valley Rotary 5K Run/Walk Oct 17, 2020

REGISTRATION CLOSES ON WED, OCT 14, 2020

Make Checks Payable to: "Borough of Lincoln Park - 5K"
Mail this entry form and check to: Borough of Lincoln Park - Recreation, 34 Chapel Hill Road, Lincoln Park, NJ 07035

Questions: Janet Cassidy 973-694-6100 ext 2044 or jcassidy@bolp.org FEES: \$20 though September 30 / \$25 October 1 - 14

Last Name: _____ **First Name:** _____ **MALE** **FEMALE** **Runner** **Walker**
 _____ circle one _____ circle one

Address: _____ **City/State/Zip:** _____ **Adult Shirt Size** **S** **M** **L** **XL**
 _____ circle one

Date of Birth: _____ **Phone #** _____ **E-Mail:** _____

Waiver & Consent: I acknowledge that I am or my child is in suitable physical condition to participate in the recreation program, activity, sport, trip or event that I have registered for or have registered my child for & I hereby assume any risks involved by such participation. I certify that I am or my child is fully capable of participating in this recreational program, activity, sport, trip or event & that I do not have or my child does not have any physical or mental disability that would restrict full participation. For me & on behalf of my child, I do hereby waive, release, indemnify & hold harmless the Borough of Lincoln Park, its directors, superintendents, employees & volunteers from any liability &/or for any injury or damages that may be suffered by me or my child in the course of participation in the recreation program, activity, sport, trip or event & the activities incidental thereto, whether the result of any negligence or any other cause. In the event I am unable or unavailable to do so, I grant permission to receive or have my child receive emergency professional medical care as deemed necessary by the Recreation Staff. I agree to abide by the Rules & Regulations of the Lincoln Park Recreation Department & those of the venue that the Lincoln Park Recreation Department is visiting.

Photo Waiver Acknowledgment: Lincoln Park Recreation reserves the right to photograph attendees throughout the course of their events. As an attendee &/or on behalf of my child, I hereby grant permission to the Borough of Lincoln Park, its directors, superintendents, employees & volunteers to photograph me &/or my child & use the images solely for public relations purposes &/or the social media pages of the Borough of Lincoln Park. I do hereby waive, release, indemnify & hold harmless the Borough of Lincoln Park, its directors, superintendents, employees & volunteers from any liability &/or for any injury or damages that may be suffered by me or my child as a result of the taking or use of the photograph & images obtained in the course of participation in the recreation program, activity, sport, trip or event & the activities incidental thereto, whether the result of any negligence or any other cause.

Signature _____

Parent Signature (if under 18) _____

PAPER REGISTRATIONS MUST BE SUBMITTED BY 5AM ON OCT 14. SAME DAY REGISTRATIONS WILL NOT BE ACCEPTED.