



# THE HUB

The Rotary Club  
of Park Cities

Volume 71, Number 34

[www.parkcitiesrotary.org](http://www.parkcitiesrotary.org)

April 24, 2020

*Serving to Make a Difference Since 1948*

***Livestreaming on Facebook, 12:00*** [[www.Facebook.com/RotaryClubOfParkCities](https://www.Facebook.com/RotaryClubOfParkCities)]

## **TODAY'S PROGRAM**

*with thanks to Ley Waggoner, Mark Neace and  
SyncLab Media*



## **Caroline Law, Chief Advancement Officer Trinity Park Conservancy**

Caroline Law serves as the Chief Advancement Officer for Trinity Park Conservancy, a non-profit dedicated to fulfilling the promise of the Trinity River as the natural gathering place for Dallas. Caroline joined the Conservancy from Parkland Foundation, where she served as a Development Officer specializing in major and principal gifts for Parkland Health & Hospital System. She contributed to the successful completion of the \$150M I Stand for Parkland campaign to build the new hospital and, in 2018, secured the \$15M lead naming gift in the \$40M campaign to build Parkland's new comprehensive breast center. In addition to capital initiatives, Caroline focused on funding Parkland's programmatic priorities and chaired the foundation's corporate initiative.

Caroline came to Parkland from Texas Scottish Rite Hospital for Children. Her principal focus there involved individual planned gifts. Prior to entering the nonprofit sector, Caroline's career was in the financial industry. As an Investment Advisor, she estab-

lished a book of high net worth clients while working at Merrill Lynch in Brunswick, Georgia and then Dain Rauscher in Dallas, TX

Caroline holds a BA from Davidson College and attended high school at The Hockaday School in Dallas. She is a member of the Association of Fundraising Professionals and has served on the Davidson College Board of Visitors and The Hockaday School Alumnae Board. She is an active member of St. Michael and All Angels church, serving on their Regional Good Shepherd Committee. Caroline has two grown children, Elizabeth and George.

### **TONIGHT (Thurs 4-23)! RCPC Online Happy Hour!**

**5:00 PM - 7:00 PM (CDT)** BYO drinks and snacks!

Join our meeting by computer, tablet or smart-phone. <https://global.gotomeeting.com/join/326287373>. Tell us about your business, your coping, your fun! Invite friends, family, colleagues!



**During these unusual times and in deference to the members and speakers, RCPC will be operating from Mark Neace's studio, with limited persons present.**

## **RCPC IN ACTION**

President **Richard** reminds us us right now the best thing we can do is to help by giving!



### **The Salvation Army**

The Salvation Army is faced with a cash shortfall due to the closure of the Family Stores, while the demand increases. To help go to their Pay Pal account at <https://www.paypal.com/us/fundraiser/charity/2288789>



### **NTX Food Bank**

The NTX Food Bank is seeing increased need. Go to [www.ntfb.org/donate](http://www.ntfb.org/donate) to donate. They need to buy additional food for those in need who have lost their jobs. *See story on page 3!*

### **District 5810 Asks You To Donate Blood**

Check the Red Cross website, [www.redcross.org](http://www.redcross.org) for their current schedule and locations to donate.



**Please remember! Continue to give to the RI and our RCPC Foundations\*** Along with their other projects, (cont. on pg. 4)

### **To all Members,**

Since the pandemic started, we have had four new members join the Club. They have not been able to be formally introduced since we are not having face-to-face Friday meetings. Please reach out to the following four and personally welcome them to the Club. I know they would appreciate hearing from their fellow Rotarians. You can find their contact information on the Club's website (Admin > My ClubRunner > View Club Directory) or on your smart phone ClubRunner app.

Until we can meet again in person,  
*Richard Stanford, President*

**Mark Farrell** joined 3-2-20  
Sponsored by Ley Waggoner  
Classification: Law (Retired)

**Alice Freidline** joined 3-23-20  
Sponsored by Daniel Drabinski  
Classification:

**Roger Freidline**  
joined 3-23-20  
Sponsored by Dan Drabinski  
Classification:  
Geophysicist (Retired)

Social Work (Retired)  
**Holly Hollenbeck**  
joined 4-20-20  
Sponsored by Happy Franklin  
Classification:  
Risk Management/Law

***Be a Vibrant and Visionary Model of Service Above and Beyond Self***

## RCPC IN ACTION continued



### Would you like to donate lunch on a Thursday for the dedicated staff at Agape Medical Clinic?

Please contact **Fred Brown** at [fred.brown.tx@gmail.com](mailto:fred.brown.tx@gmail.com) or call/text him at 214-908-7407. He will coordinate the date and order from one of their favorite nearby fast foods (Jimmie Johns, pizza or Jimmy's Food Store). There are currently about 10 medical staff working, so the average meal cost is around \$50. **Don't Forget!** The **Agape Bonton Clinic project** continues! See page 3 for details on how to **donate!**

Remember our friends at **Maggiano's Little Italy at North Park** for you next "To Go" order or gift card. We miss them and they miss us!

## LAST WEEK

Presiding: **Richard Stanford**  
 Invocation: **Richard Stanford**  
 Pledge: **By video**  
 Announcements: **Richard Stanford**  
 and **Happy Franklin**  
 Streaming: **Mark Neace**  
 Speaker: **Brian Rudman, MD**  
 Program: **Covid-19: The Past, Present and Future**

President **Richard Stanford** welcomed members and other viewers to this fourth "virtual" meeting. VP **Happy Franklin** accompanied him. President **Richard** gave the invocation, praying for those who are sick, for the families feeling the economic and financial stress of sheltering, and for patience and knowing the fine road to walk to stay safe as the economy is reopened. Then "The Star Spangled Banner" played. VP **Happy** announced the Marketplace Advertiser, PP **Greg Pape**, a Broker



Associate with Allie Beth Allman and Associates where he has been serving clients for over forty years.

President **Richard** reported the good

## Please remember ...

Email your prayer requests to **Richard Stanford** so they can be shared in the Friday virtual meeting.  
 Please let us know your joys and concerns

news that the Board has just approved a grant to the Salvation Army for \$10,000; it is much needed. Please contribute personally if you can. You also need to patronize our restaurant, Maggiano's Little Italy in NorthPark. He orders from them at least once a week; you can pick up your take-out outside. They have been good to us, and they need our support. On Thursday we are buying lunch for the staff at Agape Clinic. They order the meal and you pick it up, pay for it and deliver it to the Clinic. It costs about \$40. We have a really effective calling system; and many of our members appreciate receiving those calls. Our Calling/Transportation Committee, led by PP **Fred Brown**, has really stepped up; they are also organizing the lunches for Agape Clinic.

What we can do right now is to continue giving to the RI Foundation and to our Foundation. Please note all donations this year to the RCPC Foundation will go to the Agape Bonton Clinic project, unless you designate otherwise. Some people have not been able to fulfill their speaker engagements. We need more speakers to fill in. Please let **Jeff Sheehan** know your suggestions.

VP **Happy Franklin** introduced our speaker today, Brian Rudman, MD, a physician with over twenty years of experience. His topic is "COVID-19: Past Present and Future." He began (cont on pg 4)



## Our Mission

Building a legacy of good works and fellowship, we strive to:  
 REACH those in need in partnership with others  
 INSPIRE tomorrow's leaders with high ethical standards  
 FOSTER lives of service above self  
 – A supporting member of Rotary International

**The Hub** is the weekly newsletter of the Rotary Club of Park Cities (Dallas)  
 Betty Dawson, *Editor*

**Shutterbug Committee**  
 Phillip Bankhead, *Chair*

**Bulletin/Internet Advertising**  
 Mark Kashar, *Chair*



## OFFICERS and DIRECTORS 2019-2020

**Richard Stanford, President**  
**Barb Jeffries, President Elect**  
**Happy Franklin, Vice President**  
**Valerie Pelan, Secretary**  
**Scott McLaughlin, Treasurer**  
**Bud Naifeh, Institutional Outreach**  
**Herb Ziev, Youth Services**  
**Paul McFarland, Community Outreach**  
**E G McMillan, Club Operations**  
**Stan Wright, Humanitarian Committees**  
**Daniel Drabinski, Membership/Fellowship**  
**Marketing/Communications**  
**Karen Farris, At Large**  
**Paul Pirok, Immed. Past President**  
**Cindy Cummings, Sgt-at-Arms**  
**Lisa Amsberry, Parliamentarian**  
**Laurie Aldredge, Club Administrator**  
 6704 Snider Plaza, Dallas, TX 75205  
 Office Phone: 214-739-4170  
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Email: [club@parkcitiesrotary.org](mailto:club@parkcitiesrotary.org)  
[www.parkcitiesrotary.org](http://www.parkcitiesrotary.org)

**Mark Daniel Maloney**  
 RC of Decatur, AL  
*President, Rotary International*  
[www.rotary.org](http://www.rotary.org)

**Beverly Grogan,**  
 Grand Prairie Metro  
 Governor, District 5810  
[www.rotary5810.org](http://www.rotary5810.org)



## EVENTS CALENDAR

May						
S	M	T	W	Th	F	S
					Virtual Mtg	
3	M	M	M	Virtual Cn	Virtual Mtg	
10	M	M	M	Virtual Cn	Virtual Mtg	
17	M	M	M	M	Mtg?	
24	M	M	M	M	Mtg?	





## Get Involved!

A=Agape Health Service Days  
 BD = Board of Dirs. Mtg, 7am  
 LaMadeleine, 75 & Mockingbird  
 Cn = PCR Connect Event  
 CP = ChildsPlay Work Mtg  
 CC = Core Clubs Event  
 D = District 5810 Event  
 DH = Dentistry with a Heart  
 FR = Family of Rotary Event  
 F = Fellowship Event  
 FF = RCPC Foundation Fund Mtg. See Ed Fjordbak  
 FH = Fisher House. See Doug M  
 In-Interact Special Project

In- Interact at Hillcrest H.S., 8 am. See Tracy Gomes  
 LL- Legacy of Leadership  
 M = Meals on Wheels (Different teams on each day) See Jim Weichel  
 Mn-Mentoring at Hillcrest HS  
 Mc = Ronald McDonald House-See Jina McDaniel  
 NM = New Member Event  
 FT=NTFB Truck-Stan Wright  
 FB-NTFB Event  
 Pr = Program Committee Mtg  
 RU = Rotary University  
 SpE = Special Service Event

### UPCOMING PROGRAMS Programs are subject to change!








### ROTARY CONNECTED

-  **May 1** **Judy Hoberman**  
**Successful People Are Self Disciplined**
-  **May 8** **Dr. Mary Warren, DC, Wellness Expert**  
**Health and Stress, Keeping Yourself Healthy**
-  **May 15** **John DeFillipo, Director of the Wetlands Center**  
**Water, Wetlands, and Wildlife at the John Bunker Sands Wetland Center**
-  **May 22** **TBA**

-  <http://bit.ly/RCPCfacebook>
-  <http://bit.ly/RCPC/linkedin>
-  <http://bit.ly/RCPCtwitter>  
#parkcitiesrotary
-  <http://bit.ly/RCPCyoutube>
-  <http://bit.ly/RCPCgoogleplus>
-  **RCPC** has its own channel.

**Miss a Meeting? Watch it on Facebook!**

**Connect with Rotary International and District 5810!**

-  **RI:** [www.linkedin.com/groups?gid=858557&trk=hb\\_side\\_g](http://www.linkedin.com/groups?gid=858557&trk=hb_side_g)
-  **RI:** <http://twitter.com/#!/rotary>
-  **RI:** [www.facebook.com/rotary](http://www.facebook.com/rotary)
- Dist. 5810:** [www.facebook.com/Rotary District5810](http://www.facebook.com/RotaryDistrict5810)
-  **RI** has its own channel on YouTube offering a growing collection of videos and psas.
-  Check out or add to RI's Flickr group often, [www.flickr.com/groups/familyofrotary/](http://www.flickr.com/groups/familyofrotary/)
-  <http://pinterest.com/rotary/>  
RI has Pinboards on major projects.
-  [www.statigr.am/rotaryinternational](http://www.statigr.am/rotaryinternational)  
See RI's latest pictures via Instagram.

### CLUB ANNOUNCEMENTS Sign up at [www.parkcitiesrotary.org](http://www.parkcitiesrotary.org)

**Thursday RCPC Socials, 5:00-7:00pm, on GoToMeeting,** hosted by Happy Franklin. See more details on page 1.

**Idea for a Speaker for a Virtual Meeting?** Contact Jeff Sheehan with details

**RI Foundation:** \$100 (or more) Every Rotarian Every Year! See Greg Page.

**RCPC Foundation:** \$100 (or more). See Birthdays below, then Cindy Cummings.

**Attendance Rule Change** For those wanting to maintain **Perfect Attendance, make-ups may now be completed within a year.**

The Rule of 85. Attendance requirements change for those who are at least 65 years of age and who have been a member of a Rotary club for twenty years.

 **Like Us!** <https://www.facebook.com/pages/Rotary-Club-of-Park-Cities/115439238516325>

The **Directory** is on line: Log in > Click on left side under My ClubRunner > View Club Directory or View Club Photo Directory. Other archives are at Club Documents

### FAMILY OF ROTARY

**Hunkerin' Down?**



**Stuck at Home?**

**Just Plain Bored?**



**Our Speaker on March 20 recommended a variety of books on Leadership. Read one!**

- *Call Sign Chaos* by Marine General (Retired) Jim Mattis
- *Leadership Strategy and Tactics: Field Manual* by Jocko Willink
- *Eleven Rings* by the great basketball coach Phil Jackson
- *Creativity Inc.* by Ed Catmull, a great book on creativity
- *Wolfpack* by Abby Wambach,
- *Extreme Ownership*, the earlier book by Jocko Willink
- *The Black Swan* by Nassim Nicholas Taleb
- *The Culture Code* by Daniel Coyle, a great book on team building
- *The Five Dysfunctions of a Team* by Patrick Lencioni, a classic
- *Get There Early* by Bob Johnson of the Institute for the Future
- *Drive* by Daniel Pink, on motivation
- *Mastering the Rockefeller Habits* by Verne Harnish, about scaling up

**NTFBs Mobile Food Pantries Are On the Front Lines Of the Current Economic Crisis -from various sources**

"Largest North Texas Disaster Mobile Food Pantry Yet" was a recent headline. On Thursday, the North Texas Food Bank distributed free food in Fair Park using its mobile food pantries to help those who are facing increased food insecurity during this crisis.

News reports said people began to line up at 4 AM, five hours ahead of the distribution. NTX Food Bank's pantries have provided about 136,000 boxes of food over the last month; more than 12,000 families have gotten food through these mobile pantries, some of whom have never been to a food bank before.

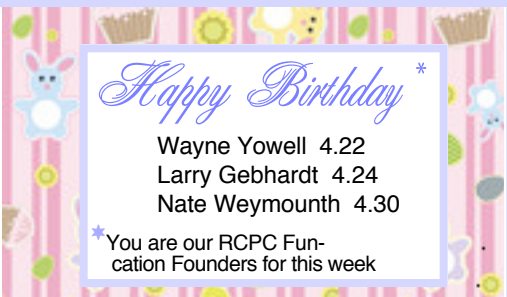
RCPC is grateful to have been able to donate in 2015 the first mobile pantry to NTFB.



*We gratefully acknowledge  
**ASTRO-GRAPHICS**  
for the partial funding of The Hub*

**Contribute: Agape Bonton Clinic**  
**This project continues**

- **Donate Online Using a Credit or Debit Card** Go to our Giving Page: <https://portal.cftexas.org/AgapeBontonClinic>. Once completed, you will receive a confirmation you can use for tax purposes.
- Make out a check to: **The Communities Foundation of Texas** with the following in the notes section: **RCPC Agape Bonton Clinic Fund #06272** and give it to our Sgt at Arms, **Cindy Cummings** or either Project Chair, **Ley Waggoner** or **Pam Carvey**.
- Mail a check made out to: **The Communities Foundation of Texas** with the following in the notes section: **Agape Bonton Clinic Fund #06272**
  - to the Rotary Club of Park 6704 Snider Plaza, Dallas, TX 75205, or
  - to the Communities Foundation of Texas, 5500 Caruth Haven Lane, Dallas, 75225



*Happy Birthday \**

Wayne Yowell 4.22  
Larry Gebhardt 4.24  
Nate Weymouth 4.30

\* You are our RCPC Fund-  
cation Founders for this week



(*'Foundations' continued*) they are helping those on the frontlines of the COVID-19 crisis. You can do this online on the RI website or on our website [www.parkcitiesrotary.org](http://www.parkcitiesrotary.org) or mail your checks to Laurie at the office. **\*Note - donations made to the RCPC Foundation will go to the Agape Bon-ton Clinic fund, unless otherwise designated.**

### THOUGHTS ON . . .

#### Conservation

In wildness is the preservation of the world. ~ **Henry David Thoreau**

The conservation of our natural resources and their proper use constitute the fundamental problem which underlies almost every other problem of our national life.

~ **Theodore Roosevelt**

Conservation is humanity caring for the future. ~ **Nancy Newhall**

The art of progress is to preserve order amid change.

~ **Alfred North Whitehead**

First we must learn to love nature. Then comes conservation.

~ **Tamilisai Soundararajan**

Nature does require her times of preservation.

~ **William Shakespeare**

Examine each question in terms of what is ethically and aesthetically right, as well as what is economically expedient. A thing is right when it tends to preserve the integrity, stability, and beauty of the biotic community. It is wrong when it tends otherwise. ~ **Aldo Leopold**


### HE WHO LAUGHS, LASTS

#### It's a PUNdemic!

- What's the difference between this virus and Romeo and Juliet? One's the coronavirus and the other is a Verona crisis.
- Why do they call it the novel coronavirus? It's a long story....
- Why didn't the sick guy get the joke? It flu over his head.
- Why don't chefs find coronavirus jokes funny? They're in bad taste.
- I'll tell you a coronavirus joke now, but you have to wait two weeks to see if you get it.
- What types of jokes are allowed during quarantine? Inside jokes.
- I ran out of toilet paper and had to use old newspapers. Times are rough.

### Rotarians Caring for Rotarians!


#### Do You

- Need a Hand? 



- Need a Ride? Need an Errand?

#### Can You

- Lend a Hand? 



- Give a Ride? Run an Errand?

Contact **Fred Brown** at [fred.brown.tx@gmail.com](mailto:fred.brown.tx@gmail.com) or call/text him at 214-908-7407

RCPC members have been calling and checking on other club members during the past few weeks of the shelter at home mandate. Call a friend! They're at home!

No member is too young or too old to receive phone calls. If you are "home bound" for health or transportation issues, let us hear from you. Please provide your name, number, address, what you need, or how you can help.

### LAST WEEK [Virtual Meeting] continued

by saying that Covid-19 is on everybody's mind right now, but there are stages of what we are going through. He said he was starting with the past to clear up a lot of misinformation. COVID-19 comes from SARS-CoV-2 [severe acute respiratory syndrome coronavirus 2]; it is not a hoax, nor a synthetic virus created in a bioterrorism lab, nor what the Chinese claim, created by the CIA and brought to China. It comes from a corona virus that is carried by bats which are endemic to that part of China. In 2009 an ecoscientist not only predicted we would get a pandemic and that it would be from bat to human, but that it would affect every country in the world. There is a TED Talk on this from 2009. So we know what this virus is. While we are dealing with it, the most important tool we have used is social distancing. Everybody is now aware of how to impale social distancing. The Imperial College of London predicted several months ago that had the world not intervened with social distancing, over a billion people would be infected with upwards of forty million deaths. There will be Monday morning quarterbacking and hindsight about models, but even if only protecting the most vulnerable, the prediction was that the death rate might drop to only twenty million. So, a more effective strategy was needed and that included "the social distancing experiment." It is an experiment because we needed to see how effective it was in reducing the spread so we did not overwhelm the critical resources of ICU beds and ventilators needed for the more severe forms of the disease, while at the same time giving the financial cost of what we are doing. With SARS in 2009-10, which is a similar type of virus, we saw only eight hundred deaths in the world, but the financial impact was \$50 billion over one winter. This virus will kill over a hundred thousand people and will cost tens of trillions of dollars. In fact, the \$50 billion is what will be lost in the DFW area alone over the next ten months due to the social distancing strategies.

When we talk about the experiment, we are talking about weighing the benefits and the costs. We are all well aware of the finan-

cial costs, but there are social costs as well. As the economy worsens, things like divorce, child abuse and spousal abuse rates go up. Depression tends to go up due to isolation, as well as an increase in the rate of suicide. All of those are societal costs that must be weighed in the grand scheme of this experiment. Last week there were costs in the medical sphere; medical conditions like mild heart attacks, when somebody would be rushed to the hospital and admitted to a heart ICU where they would be administered various therapies. It is harder to get now because some hospitals are filled with COVID-19 patients, so even treatable conditions are more challenging right now. We will do a better job of evaluating and treating this better next time because we won't be treating it the same way. We simply can't afford to do it. We hope the social distancing experiment is coming to an end.

The use of masks is important. Masks really do a mediocre job of keeping anyone from getting the infection. We were taught in medical school that what the masks are preventing is the wearer infecting other people. The N-95 masks are effective in blocking ninety-five percent of viral-size particles. A regular surgical mask is about ninety percent effective. Cloth masks are in the range of fifty to sixty percent effective. It helps prevent the spread, but we should understand that it is not doing a great job of protecting us because every time we put on a mask we have to touch our face. If we are fidgeting with it a lot, we will be doing exactly what we shouldn't be doing. If we are infected, if we don't wash or clean our mask or throw it away, all we are doing is taking something that is contaminated and using that in the environment. My guess is that we will be using masks for a little longer.

The way to turn the corner is by social distancing, by determining who was infected and isolating those individuals, and the pervasive use of masks. The COVID-19 virus hit us at a unique time, the end of cold and flu season and the start of Dallas's spring allergy season. Many of the symptoms cause you to touch your eyes or wipe your nose, and some of the symptoms are similar.