

The Rotary Club of Park Cities THE HUB

Volume 75, Number 36

www.parkcitiesrotary.org Serving to Make a Difference Since 1948

April 26, 2024

# TODAY'S PROGRAM

Program Chair of the Day: Jeff Brady

# Sonya Parker Goode Grant Halliburton Foundation

Sonya Parker Goode CLC, CAMS-I is the director of outreach and educa-tion at Grant Halliburton Foundation. Her passion for helping people led her to pursue a dual career in education and non-profit work almost 25 years ago. As a certified life coach and anger management specialist, Sonya enjoys developing and teaching tools that help people increase their confidence, set and respect boundaries, and engage with others using effective communica-tion and conflict resolution techniques.

She has successfully managed a number of community education programs in Dallas County and has almost 10 years' experience in teaching at the secondary and post-secondary levels. Sonya has completed the applied suicide intervention skills training (ASIST) and is a certified youth mental health first aider. She believes that mental health includes a person's emotional, psychological, and social well-being, so she is committed to bringing aware-ness and sharing resources related to all issues that affect the thoughts, emo-tions, and behaviors of people at all ages from childhood to adolescence to adulthood. Sonya enjoys spending quality time with her family and friends, helping others, and singing old school R&B songs.

The Halliburton Grant Program supports education and charitable organizations that contribute to the wellbeing of our communities

Halliburton's Pillars of Giving - education, environment, health & safety, and social services - guide our giving efforts and ensure our charitable contributions benefit the global communities where we work and live.

Grants, donations, and the work we do with local non-profit organizations allow Halliburton, the Halliburton Foundation, and the Halliburton Charitable Foundation to make a positive impact worldwide.

Established in 1965, the Halliburton Founda-tion provides direct donations to elementary and secondary schools, colleges, and universities in the U.S. In addition to the direct education grants, the Foundation awards a limited number of health grants. Grant applications are reviewed on a quarterly basis.

# **RCPC** IN ACTION



• Thursday, Apr, 25, 5:00-7:00 pm. Join us for PCR Connect at Hillstone, 8300 Preston Rd, Dallas TX 75225. (We will be on the patio.) RSVP on the website or eBulletin to let us know you're attending! Bring a friend! Connect, Socialize, Sip, Graze, and Mingle!

• Friday, Apr, 26, 6:05 pm. Frisco Roughriders vs Amarillo Sodpoodles, Frisco Roughriders Riders Field, 7300 Roughriders Trail, Frisco. \$27/ person (includes\$10 food voucher) + \$5.00/car if purchased ahead. See the website or eBulletin to buy tickets

Friday, May 3. Meet at Agape Clinic.

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Park Cities Rotary Club had a Big turnout and a Big impact on Saturday! 29,987 MEALS that will be provided to School Pantries for Kids and Families that are Food Insecure! We served alongside of CEO and Fellow Rotarian Trisha Cunningham and her husband Greg!



Be a Vibrant and Visionary Model of Service Above and Beyond Self

# THE HUB LAST WEEK

## The Rotary Club of Park Cities

Presiding: PE Nolan Duck Invocation/ Pledge: Mary Bishop Marketplace Advertiser: Mark Neace

highlighting Cleve Clinton Photographer: Van Olivwe Chair of the Day: Jeff Brady Speaker: Joe Trahan, Sports Anchor Program:WFAA

PE Nolan Duck called the meeting to order. Mary Bishop gave the invocation. She began by saying that anyone who wanted to volunteer to give the invocation at club meetings should see her. She asked if we remembered Toastmasters, who tried to get people comfortable speaking in front of a microphone. In that spirit she explained the parts of an invocation: first is gratitude, you give thanks, praise; next you humble yourself, something like we are not all we can be; and last ask a petition. It should be short. It can be a poem or give an Irish blessing, or whatever your style ie. She then gave an invocation she said she hoped illustrated the pattern she had described.

PE Nolan led the Pledge of Allegiance and "The Star Spangled Banner." Then he asked for Happy Bucks and introduced our visitors and quests. Trisha Cunningham said she was happy because a record number of club members were going to volunteer at the North Texas Food Bank on Saturday. Ruth Alhilali gave some information about educational opportunities for Earth Day. PE Nolan added that President Jeff Sheehan would make a presentation at the Earth Day Conference. Our guests today included several potential members.

Mark Neace introduced our Market Place advertiser of the week, PP Cleve Clinton and Gray Reed law firm.

Patti Schaub brought a Membership Minute. She said that her Legacy of Leadership Cohort's project was to bers to achieve an annual net gain of two members. They have had a lot of discussion

Robin Lynne gave her new member

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#### **Please remember**

Please let us know your joys and concerns.

speech. She started by saying she was from Ft. Worth and had graduated from the University of Colorado. She has two grown children. She has had a career in media, except for TV. She has been at lots of radio stations, at the Dallas Times Herald and Dallas Morning News, and in digital marketing. She publishes a magazine for University Park residents about them, She is also in thirty-five other affluent neighborhoods across the country. She is also bringing back a magazine digitally, Savvy, for the hospitality trade about the people in hospitality trade. She enjoys networking and has been surprised at all the things RCPC is doing and how welcoming the club has been. She is enjoying the club

Jeff Brady introduced our speaker today, Joe Trahan who joined WFAA in June, 2003. He began by saying he appreciates what RCPC does. He said he does TV and loves sports, but his family and community are more important than that. He said he started as a produc-tion assistant at WWL in New Orleans the summer before his senior year at Loyola. At the end of the summer he was asked to be the writer and assistant producer at their morning show. The morning show was the best in the country. He learned from the best in the country. After he had done that for a year, he was put on TV from midnight to 5:00 am doing two-minute news cutins every hour. This led to his first job in Charleston, SC, as a weekend sports anchor .At the end of his contract two stations in New Orleans wanted to hire him. New Orleans is a great sports city, and he became sports director. Then he came to WFAA and they have been the most fulfilling twenty-one years of his life. He is enjoying this portion of his life because Dallas is one of the greatest sports markets in the country. This may be looked back upon as a Golden Age. He was making a list of all the great sports events going on right now. Everywhere you look there is an incredible sports story. He said improve attraction and retention of new mem- he is so fortunate that he doesn't have to look back on the Good Old Days, he is living it. He was asked about the football portal, and said it is like living in and looked at trends. They are going to work the wild, wild west. The players are moving around hard to improve the retention of new members so much, it is hard to keep up with them.

> abe Health Serv Day BD= Brd of Dirs Mtg, 8am BF=Bonton Farm Cn=PCR Connect Event. CP=ChildsPlay Work Mtg-Jill Jordan. D=District 5810 Event DH=Dentistry with a Heart-Michael Rainwater FF=RCPC Foundation Fund Mtg- Ed Fjordbak FT=NTFB Truck. FB=NTFB Evnt- Susan Glen In=Interact Special Project 8 am - Tracy Gomes.

eqacy of Leadership M= Meals on Wheels, Jim Weichel various days and times M = Mentoring at Hillcrest H.S. v arious days, times Mc=Ronald McDonald House 1 x/mo-Kathleen Klaviter New Member Event Pr= Program Committee Mtg RL=Readers2Leaders-various

Action Content of Cont VA=Vetersna Support-



Building a legacy of good works and fellowship, we strive to: REACH those in need in partnership with others INSPIRE tomorrow's leaders with high ethical standards FOSTER lives of service above self A supporting member of Rotary International

**Our Mission** 

The Hub is the weekly newsletter of the Rotary Club of Park Cities (Dallas) Betty Dawson, Editor Shutterbug Committee Ley Waggoner, Chair **Bulletin/Internet Advertising** Mark Neace, Interim Chair



**OFFICERS** and **DIRECTORS 2023-2024** 

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#### Laurie Aldredge, Club Administrator

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John Curtis, Rockwall Governor, District 5810 www.rotary5810.org

## The Rotary Club of Park Cities

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Miss a Meeting? Watch it on YouTube or as

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nttps://www.facebook.com/events/

Like and Follow us on Social Media: Website:

YouTube: www.youtube.com/channel/UCf4Z

Make a post about or while at Rotaryanduse

Facebook: www.facebook.comRotaryClubOfPark

LinkedIn: www.linkedin.com/company/park-cities-

#parkcitiesrotary
#goodthingshapp e

nonfridays

Share Rotary! Post on your social media when you're at a meeting or event. Use our hashtags!

http://bit.ly/RCPCfaceboo

10 http://bit.ly/RCPCtwitter

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https://parkcitiesrotary.org/

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these hashtags

#PeopleOfAction

#district5810proud

rotary-club/?viewAsMember=true

an event on Facebook!

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### UPCOMING PROGRAMS

THE HUB

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May 3 Meeting at Agape Clinic Tour and Box Lunch
May 10 Paul Reed, Vietnam Veteran Tiny Diary Unites, Heals Enemy Soldiers
May 17 Lesley McCaslin Life on the Sidelines with the Texas Rangers and Dallas Mavericks - A Reporter's Perspective]
May 24 Daniel Bradley, Commanding Officer Naval Air Station

Daniel Bradley, Commanding Officer Naval Air Station Memorial Day Program

#### **CLUB ANNOUNCEMENTS**

**Please note** that RCPC meetings and other events are public events where photos and video are customarily taken. By attending you are consenting to free use of your likeness on RCPC and related websites, social media, streaming video, emails, newsletters and similar methods.

Have a Great Idea for a Speaker? Your ideas are needed! Send your ideas with the details to Richard Stanford.

Help Wanted! At ANY RCPC Event or Project Take a few pictures, include a few sentences (who, what, when, where and WHY) and send to Betty for The Hub **RI Foundation**: \$100 (or more) Every Rotarian Every Year! See Greg Pape.

RCPC Foundation: \$100 (or more). See Birthdays below, then Van Oliver.

Attendance Rule Change. For those wanting to maintain Perfect Attendance, makeups may now be completed within a year. RI is no longer tracking attendance.

Like Us! https://www.facebook.com/pages/Rotary-Club-of-Park Cities/115439238516325

### THOUGHTS ON . . .

#### RCPC IN ACTION (continued)

#### Education

An education isn't how much you have committed to memory, or even how much you know. It's being able to differentiate between what you do know and what you don't. ~ Anatole France

I respect faith, but doubt is what gets you an education. ~ Wilson Mizner

Education is a progressive discovery of our own ignorance. ~ Will Durant

Human history becomes more and more a race between education and catastrophe. ~ H. G. Wells

Next in importance to freedom and justice is popular education, without which neither freedom nor justice can be permanently maintained.

#### ~ James A. Garfield

The great aim of education is not knowledge but action. ~ Herbert Spence

Education is when you read the fine print. Experience is what you get if you don't.  $\sim$  Pete Seeger

Education is the best provision for old age.  $\sim \mbox{Aristotle}$ 

The very spring and root of honesty and virtue lie in good education.  $\sim {\rm Plutarch}$ 

Volunteer Packing Day at the North Texas Food Bank (contiuned)

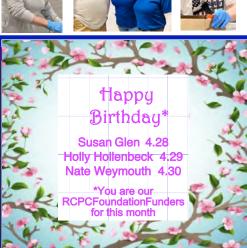


### HE WHO LAUGHS, LASTS

A man was standing in front of the mirror admiring his reflection.

After a while, he turned to his wife of twenty years and asked,: "Will you still love me when I'm old, fat, and balding?" The wife turned around and said: "Of course I will. I've already been doing it for the past five years."

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# Rotary Club of Park Cities Market Place



Questions? Ask Mark Neace at mark@synclabmedia.com