



THE HUB

The Rotary Club of Park Cities

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April 29, 2022

Serving to Make a Difference Since 1948

Club of the Year, 2020-2021

Club Service Award & Most Fun Club, 2021-2022

TODAY'S PROGRAM

Program Chair of the Day: Eric Heitkamp



Captain Christopher Gibson

The Salvation Army Adult Rehabilitation Center & Leisure Time Activities Area

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Through holistic work-therapy, group and individual counseling, life skill development, and spiritual direction, residents learn to abandon substance reliance.

For over 100 years, The Salvation Army's no-fee rehabilitation programs have provided emotional, spiritual, and social assistance to those struggling with drug and alcohol addiction.

In the spirit of aligning with one of the Rotary Club of Park Cities' strategic priorities, the \$30,000+ renovation of the Leisure Time Activities Area for the men of the ARC program and its col-laborative partner, the Salvation Army, was a perfect fit and ser-ved as the club's major project for the 2021-2022 Rotary year. The activities area includes a newly renovated basketball court, pickleball court, sitting area, 2 horseshoe pits and a relaxing greenspace. ARC associates will be able to enjoy this area for years to come, thanks to the collaborative efforts of our club,

the Salvation Army and the Salvation Army Advisory Council.

Captain Christopher Gibson is the Administrator of The Salvation Army Dallas Adult Rehabilitation Center, serving since 2020. Prior to his tenure in Dallas, Captain Gibson was appointed to the Tulsa, Oklahoma and Fort Worth, Texas Centers.

Captain Gibson completed the ARC in Oklahoma City in 1997 and became a full-time employee in 2001. He worked his way through the center, ultimately becoming Program Director. He worked as The Program Director for the Oklahoma City ARC for 10 years before answering the call to become an Officer.

He and his wonderful wife Captain Cheryl Gibson became Auxiliary officers in 2016. They were commissioned and ordained as full officers of the Salvation Army in 2021. They have a great son named Scott who is 24 years old. Captain Gibson, also a member of the Rotary Club of Park Cities, enjoys spending time with his beautiful family, in addition to fishing and spending time in nature.

RCPC IN ACTION

More Service and Fun with Award Winning RCPC and more on page 3!

Lunch at Bonton Farms

Park Cities Rotary invites you to a PICNIC at the Bonton Cafe to hear updates on Bonton Farms & the Bonton Clinic

Friday, May 6th (rain or shine)
12:00pm \$21.00/person
Box Lunch Prepared by Bonton Cafe
Reply by May 2 on the Club website.

6907 Bexar St. Dallas 75215
Come Tour Bonton Farms, the Cafe, Coffee shop and Farm Stand and see the site where the Wellness clinic will be built.

RCPC Blood Drive at the Moody Family YMCA in the Park Cities!

Date: Monday, May 16, 2022
at Moody Family YMCA in the Park Cities Group Exercise Room, 6000 Preston Road, Dallas 75205
11:00 am to 4:00 pm

To schedule your appointment, go to https://ww3.greatpartners.org/donor/schedule/drive_schedule/130969 or use the QR code.

Walk-ins are welcome, but appointments are preferred to help alleviate possible wait times.



Join us for a Fun Joint Club Dinner

at Celebration Restaurant with the Rotary Club of Dallas-Uptown!
Tues, May 24th 6:30 - 8:30pm
Place: Celebration Restaurant
4503 W Lovers Ln, Dallas 75209
RSVP: on RCPC website

Horse Yoga with Veterans & Carry the Load Walk to Honor the Flag!

Equest, 811 Pemberton Hill Road, Dallas 75217, Al Hil Jr. Arena
Sun, May 15, 10:30am-2:30pm
RSVP on the RCPC website

Parade News!

from Sarah Ollar



The 4th of July count down has begun, and the parade planning is well underway.

There are lots of opportunities to volunteer for the parade: pre, day of and post parade.

If you have not already signed up, please send me an email and let me know if you are available on the 4th or can only help before or after the parade.

Thank you - it is truly a club effort that leads to the best parade around!

LAST WEEK

Presiding: **Happy Franklin** Invocation/
Pledge: **Karl von Bieberstein**
Marketplace Advertiser: **Paul Pirok**
Photographer: **Barb Jeffries**
Chair of Day: **Happy Franklin**
Speaker: **Cristine Volkmer**
Program: **Equest**



President **Happy Franklin** called the meeting to order. PP **Karl von Bieberstein** gave the invocation, noting that **Elaine Allen** is having some mobility issues. He then led the Pledge of Allegiance and *The Star Spangled Banner*. Our guests and visitors were introduced. **Tiffany Richmond** introduced our public service honorees for this month. First, she introduced Gus Walton who is the emergency communication manager for University Park in the summer as a high school student. He returned after college to work full time, Then Tiffany introduced Nancy Ruder, a library assistant for Highland Park.



She crafts the bibliographic records in the online catalog and enjoys seeing children develop their love of reading.

Eric Harrison announced the Legacy of Leadership Class's project to help the women who benefit from Attitudes and Attire. It will be a clothing drive to assist the women to dress for work. He introduced Lyn Berman, the CEO of Attitudes and Attire. She explained that in the last twenty-five years they had changed the world for 26,000 women. They work with women to build self-esteem and work ethic. They have a restorative dental program and a program to help women transition from military to civilian life. Recently, they have started a Spanish-speaking program.

PP **Paul Pirok** introduced our Marketplace Advertiser of the Week, Shawn Foster and Foster Financial.

PP **Greg Pape** said that Rotary clubs had raised \$7 million to be used by Rotary Clubs in Ukraine for relief efforts. Today, he recognized **Van Oliver** as a Paul Harris Fellow, **Sarah Oliai** as a fourth level PHF, **Ruth**

Please remember ...

John Brown's wife who is in the hospital.
Please let us know your joys and concerns.

Alhilali as a seventh level PHF and PP **Rosemary Domecki** for her Paul Harris Society contribution.



PP **Rosemary** said that with her donation she recognized **Laurie Aldredge**, PP **Greg Pape** and **Chris Clausen** as PHFs.



Sarah Oliai proposed a Million Meal Challenge for the North Texas Food Bank through the July 4th Parade.

PP **Happy** presented the Past President Book to PP **Barb Jeffries**. PE **Jeff McNaughton** announced a dues increase of \$40 for the 22- 23 year. PP **Phillip Bankhead** will be sending out dues notices next week.

Jill Jordan introduced the Community Outreach Team, which includes the July 4th Parade, the Snider Plaza Tree Lighting, Angel Tree, the Food Bank, Popcorn Packing at Scottish Rite Hospital, ChildsPlay at Bachman Lake, and this year, a flower planting project at Reverchon Park, for a total of 1013 volunteer hours. Bob Patton gave his Rotary Minute. He said his whole family has enjoyed Rotary projects and is glad to be part of Rotary which does so many programs to assist people.

President **Happy** introduced our speaker today, Christine Volkmer, who spoke on Equest. Their mission is to help children, adults and veterans who have disabilities through the human-horse connection. They are forty-one years old and are at the Horse Park. They serve people from two years old to senior citizens. They serve people with lots of different diagnoses, physical, intellectual and emotional. They have clients who start riding as children and continue as adults. The horse's gait is just like a person's. Riding a horse stimulates the neurons to help develop the ability to walk. Horses are alert and very aware of nonverbal cues. They also are great for social interactions. To ride a horse is very connective; it builds trust and confidence.



Get Involved

- A=Agape Health Service Days 8 am See Tracy Gomes.
- BD= Board of Dirs. Mtg. 8am
- BF=Bonton Farm-StephanieB
- Cn=PCR Connect Event. See Jim Weichel
- CP=ChildsPlay Work Mtg.
- D=District 5810 Event
- DH=Dentistry with a Heart
- F=Fellowship Event
- FF=RCPC Foundation Fund Mtg-See Ed Fjordbak
- FH =Fisher House -DougMeans
- FT=NTFB Truck. Stan Wright
- FB=NTFB Event
- In=Interact Special Project
- LL=Legacy of Leadership
- M=Meals on Wheels See Jim Weichel
- Mn=Mentoring at HillcrestH
- Mc=Ronald McDonald House 1x/mo-See Kathleen K.
- NM=New Member Event
- Pr= Program Committee Mtg
- RL=Readers2Leaders-various times. See Ruth Alhilali
- Rct=Rotaract. See Ruth A.
- SP=Strategic Planning Mtg
- SpE=Special Service Event

Our Mission

Building a legacy of good works and fellowship, we strive to:
REACH those in need in partnership with others
INSPIRE tomorrow's leaders with high ethical standards
FOSTER lives of service above self
- A supporting member of Rotary International

The Hub is the weekly newsletter of the Rotary Club of Park Cities (Dallas)
Betty Dawson, *Editor*
Shutterbug Committee
Ley Waggoner, *Chair*
Bulletin/Internet Advertising
Mark Kashar, *Chair*



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www.rotary5810.org

May						
S	M	T	W	Th	F	S
1	M	M	M	M	Mtg at BF	
8	M	M	M	M	Cn	A&A
F 15	M	M	M	M	Mtg	A&A
22	M	M	M	M	Mtg	A&A
29	M	M				

UPCOMING PROGRAMS

In person at Maggianos or watch on YouTube. NO reservation needed!



May 6 **Meeting at Bonton Farms**
Bonton Farms



May 13 **Rogers Healy**
Dallas Real Estate Update



May 20 **Congressman Colin Allred**
Update from Congress



May 27 **Paige McDaniel, Pres, CEO at Community Partners of Dallas**
Leadership in Tough Times

CLUB ANNOUNCEMENTS

Please note that RCPC meetings and other events are public events where photos and video are customarily taken. By attending you are consenting to free use of your likeness on RCPC and related websites, social media, streaming video, emails, newsletters and similar methods.

Have a Great Idea for a Speaker? Your ideas are needed! Send your ideas with the details to Jeff Sheehan.

Help Wanted! At ANY RCPC Event or Project. Take a few pictures, include a few sentences (who, what, when, where and WHY) and send to Betty for The Hub

RI Foundation: \$100 (or more) Every Rotarian Every Year! See Greg Pape.

RCPC Foundation: \$100 (or more). See Birthdays below, then Scott McLaughlin.

Attendance Rule Change. For those wanting to maintain Perfect Attendance, make-ups may now be completed within a year.

The Rule of 85. Attendance requirements change for those who are at least 65 years of age and who have been a member of a Rotary club for twenty years

Like Us! <https://www.facebook.com/pages/Rotary-Club-of-Park-Cities/115439238516325>

THOUGHTS ON . . .

Relaxing

The time to relax is -- when you don't have time for it.

~ **Sidney J. Harris**

No matter how much pressure you feel at work, if you could find ways to relax for at least five minutes every hour, you'd be more productive.

~ **Dr. Joyce Brothers**

If a man insisted always on being serious, and never allowed himself a bit of fun and relaxation, he would go mad or become unstable without knowing it.

~ **Herodotus**

Laziness is nothing more than the habit of resting before you get tired.

~ **Jules Renard**

When you get right down to it, what we all need is a place to go... A place where we can escape the noise of our lives and just relax.

~ **Takayuki Ikkaku**

Must be out-of-doors enough to get experience of wholesome reality, as a ballast to thought and sentiment. Health requires this relaxation, this aimless life

~ **Henry David Thoreau**

RCPC IN ACTION (continued from pg. 1)

Attitudes & Attire Clothing Drive

Attitudes & Attire® is a non-profit agency dedicated to promoting personal growth for women seeking self-sufficiency.

Our program provides the tools that raise self-esteem, promote ethics and build the confidence necessary to develop successful life skills.

Clothing Drive: **May 13, May 20, May 27**

The Wish List:

Contemporary, interview-appropriate skirt and pant suits • Attractive, crisp blouses • Beautiful • Business-casual separates • Trousers/dress pants and skirts • Blazers/jackets • Sharp, stylish jewelry, handbags and scarf • Pantyhose-any size or skin tone (NEW only)

HE WHO LAUGHS, LASTS

Change is inevitable, except from a vending machine.

Proposed New Members

Jayne Reisler Altemus

Type of Membership: Joint
Proposed Classification: Real Estate
Proposed by **Evan Altemus**

Ryan Botzong

Type of Membership: Young Professional
Proposed Classification: Retirement Advisor
Proposed by **Chris McNeill**

ROTARY CONNECTED



<http://bit.ly/RCPCfacebook>



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<http://bit.ly/RCPC/twitter>
##parkcitiesrotary



<http://bit.ly/RCPC/youtube>



<http://bit.ly/RCPC/googleplus>

Miss a Meeting? Watch it on YouTube or as an event on Facebook!



<http://bit.ly/RCPC/youtube>

<https://www.facebook.com/events/>

Share Rotary! Make a post on your social media when you're at a club meeting or event and use our hashtags!

Like and Follow us on Social Media:

Website: <https://parkcitiesrotary.org/>

Facebook: www.facebook.com/RotaryClubOfParkCities

YouTube: www.youtube.com/channel/UCf4ZH-2nwLscW8XNTnsbonw

LinkedIn: www.linkedin.com/company/park-cities-rotary-club/?viewAsMember=true

Make a post about or while at Rotary and use these hashtags:



#PeopleOfAction



#district5810proud



#parkcitiesrotary



#goodthingshappenonfridays

• Cosmetics and toiletries (NEW only, please)
Clothing Guidelines:

New or nearly new • Any size clothing is welcome • Appropriate for the workplace • On hangers (rather than in bags or boxes) • Cleaned and pressed • Free of strong odors







More Parade News: The Million Meal Challenge

from Sarah Oliari

In talking with the North Texas Food Bank, Sarah said she learned that the Parade *alone*, through 2021, had raised enough to fund over 734,000 meals. The RCPC and Frost Bank will each donate \$7500, which will be triple-matched and add 135,000 meals. Encore has pledged \$7500 in May which will be double-matched, adding 45,000 meals. Happy Bucks in May will be donated and double-matched.

So, can we meet the Million Meal Goal?

*Happy Birthday**

	Holly Hollenbeck 4.29	
	Nate Weymouth 4.30	
	Patsy Watson 5.04	

*You are our RCPC Foundation Funders for this week

Rotary Club of Park Cities Market Place

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