

# THE HUB

# The Rotary Club of Park Cities

Volume 73, Number 33

www.parkcitiesrotary.org

April 29, 2022

Serving to Make a Difference Since 1948 Club of the Year, 2020-2021 Club Service Award & Most Fun Club, 2021-2022

# TODAY'S PROGRAM

Program Chair of the Day: Eric Heitkamp



# **Captain Christopher Gibson**

# The Salvation Army Adult Rehabilitation Center & Leisure Time Activities Area

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Through holistic work-therapy, group and individual counseling, life skill development, and spiritual direction, residents learn to abandon substance reliance.

For over 100 years, The Salvation Army's no-fee rehabilitation programs have provided emotional, spiritual, and social assistance to those struggling with drug and alcohol addiction.

In the spirit of aligning with one of the Rotary Club of Park Cities' strategic priorities, the \$30,000+ renovation of the Leisure Time Activities Area for the men of the ARC program and its col-laborative partner, the Salvation Army, was a perfect fit and ser-ved as the club's major project for the 2021-2022 Rotary year. The activities area includes a newly renovated basketball court, pickleball court, sitting area, 2 horseshoe pits and a relaxing greenspace. ARC associates will be able to enjoy this area for years to come, thanks to the collaborative efforts of our club,

the Salvation Army and the Salvation Army Advisory Council.

Captain Christopher Gibson is the Administrator of The Salvation Army Dallas Adult Rehabilitation Center, serving since 2020. Prior to his tenure in Dallas, Captain Gibson was appointed to the Tulsa, Oklahoma and Fort Worth, Texas Centers.

Captain Gibson completed the ARC in Oklahoma City in 1997 and became a full-time employee in 2001. He worked his way through the center, ultimately becoming Program Director. He worked as The Program Director for the Oklahoma City ARC for 10 years before answering the call to become an Officer.

He and his wonderful wife Captain Cheryl Gibson became Auxiliary officers in 2016. They were commissioned and ordained as full officers of the Salvation Army in 2021. They have a great son named Scott who is 24 years old. Captain Gibson, also a member of the Rotary Club of Park Cities, enjoys spending time with his beautiful family, in addition to fishing and spending time in nature.

#### RCPC IN ACTION

More Service and Fun with Award Winning RCPC

and more on page 3!

#### **Lunch at Bonton Farms**

Park Cities Rotary invites you to a PICNIC at the Bonton Cafe to hear updates on Bonton Farms & the Bonton Clinic

Friday, May 6th (rain or shine) **12:00pm** \$21.00/person Box Lunch Prepared by **Bonton Cafe** 

Reply by May 2 on the Club website.

6907 Bexar St. Dallas 75215 Come Tour Bonton Farms, the Cafe, Coffee shop and Farm Stand and see the site where the Wellness clinic will be built.

### **RCPC Blood Drive at the Moody** Family YMCA in the Park Cities!

Date: Monday, May 16, 2022 at Moody Family YMCA in the Park Cities Group Excercise Room, 6000 Preston Road, Dallas 75205 11:00 am to 4:00 pm

To schedule your appointment, go to https://ww3.great partners.org/donor/ schedul es/drive\_schedule/130969 or

use the QR code. Walk-ins are welcome, but appointments are preferred to help alleviate possible wait times.



### Join us for a Fun Joint **Club Dinner** at Celebration Restaurant with the Rotary

Club of Dallas-Uptown! Tues, May 24th 6:30 - 8:30pm Place: Celebration Restaurant 4503 W Lovers Ln, Dallas 75209

RSVP:on RCPC website

### Horse Yoga with Veterans & Carry the Load Walk to Honor the Flag!

Equest, 811 Pemberton Hill Road, Dallas 75217, Al Hil Jr. Arena

Sun, May 15,10:30am-2:30pm RSVP on the RCPC website

# Parade News!

from Sarah Oliai

The 4th of July count down has begun, and the parade planning is well underway.

There are lots of opportunities to volunteer for the parade: pre, day of and post parade.

If you have not already signed up, please send me an email and let me know if you are available on the 4th or can only help before or after the parade.

Thank you - it is truly a club effort that leads to the best parade around!

# LAST WEEK

Presiding: Happy Franklin Invocation/ Pledge: Karl von Bieberstein Marketplace Advertiser: Paul Pirok Photographer: Barb Jeffries Chair of Day: Happy Franklin

Speaker: Cristine Volkmer

Program: **Equest** 

President Happy Franklin called the meeting to order. PP Karl von Bieberstein gave the invocation, noting that

Elaine Allen is having some mobility issues. He then led the Pledge of Allegiance and *The* Star Spangled Banner. Our guests and visitors were introduced. Tiffany Richmond introduced our public service honorees for this month. First, she introduced Gus Walton who is the emergency communication manager for University Park in the summer as a high school stu-dent. He returned after college to work full time, Then Tiffany introduced Nancy

Ruder, a library assistant for Highland Park.



She crafts the bibliographic records in the online catalog and enjoys seeing children develop their love of reading,

Eric Harrison announced the Legacy of Leadership Class's project to help the women who benefit from Attitudes and Attire. It will be a clothing drive to assist the women to dress for work. He introduced Lyn Berman, the CEO



of Attitudes and Attire. She explained that in the last twenty-five years they had changed the world for 26,000 women . They work with women to build

self-esteem and work ethic. They have a restorative dental program and a program to help women transition from military to civilian life. Recently, they have started a Spanishspeaking program..

PP Paul Pirok introduced our Marketplace Advertiser of the Week, Shawn Foster and Foster Financial.

PP Greg Pape said that Rotary clubs had raised \$7 million to be used by Rotary Clubs in Ukraine for relief efforts. Today, he recognized Van Oliver as a Paul Harris Fellow,

Sarah Oliai as a fourth level PHF. Ruth

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Please remember ...

John Brown's wife who is in the hospital. Please let us know your joys and concerns.

Alhilali as a seventh level PHF and PP Rosemary Domecki for her Paul Har-



ris Society contribution. PP Rosemary said that with her donation she recognized Laurie Aldredge, PP Greg Pape and Chris Clausen

as PHFs.

Sarah Oliai proposed a Million Meal Chal-lengs for the North Texas Food Bank through the July 4th Parade.

PP **Happy** presented the Past President Book to PP Barb Jeffries. PE Jeff McNaughton announced a dues increase of \$40 for the 22-23 year. PP Phillip Bankhead will be sending out dues notices next week.

Jill Jordan introduced the Community Outreach Team, which includes the July 4th Parade, the Snider Plaza Tree Lighting, Angel Tree, the Food Bank, Popcorn Packing at Scottish Rite Hospital, ChildsPlay at Bachman Lake, and this year, a flower planting project at Reverchon Park, for a total of 1013 volunteer hours. Bob Patton gave his Rotary Minute He said his whole family has enjoyed Rotary projects and is glad to be part of Rotary which does so many programs to assist people.

President Happy introduced our speaker today, Christine Volkmer, who spoke on Equest. Their mission is to help children, adults and veterans who have disabilities through the human-horse connection. They are forty-one years old and are at the Horse Park. They serve people from two years old to senior citizens. They serve people with lots of different diagnoses, physical, intellectual and emotional. They have clients who start riding as children and continue as adults. The horse's gait is just like a person's. Riding a horse stimulates the neurons to help develop the ability to walk. Horses are alert and very aware of nonverbal cues. They also are great for social interactions. To ride a horse is very connective; it builds trust and confidence.

#### **Get Involved**

Agape Health Service Days BD= Board of Dirs. Mtg. 8am LL=Legacy of Leadership BF=Bonton Farm-StephanieB M=Meals on Wheels Cn=PCR Connect Event. CP=ChildsPlay Work Mtg. DH=Dentistry with a Heart =Fellowship Event F=RCPC Foundation Fund Mtg-See Ed Fjordbak H =Fisher House.-DougMeans T=NTFB Truck. Stan Wright B=NTFB Event n=Interact Special Project

8 am See Tracy Gomes. See Jim Weichel Mn=Mentoring at HillcrestH Mc=Ronald McDonald House 1x/mo-See Kathleen K. NM=New Member Event Pr= Program Committee Mtg RL=Readers2Leaders-various times. See Ruth Alhilali Rct=Rotaract. See Ruth A. SP=Strategic Planning Mtg SpE=Special Service Event

#### Our Mission

Building a legacy of good works and fellowship, we strive to:

REACH those in need in partnership with others

INSPIRE tomorrow's leaders with high ethical standards

FOSTER lives of service above self A supporting member of Rotary International

The Hub is the weekly newsletter of the Rotary Club of Park Cities (Dallas) Betty Dawson, Editor

> Shutterbug Committee Ley Waggoner, Chair

Bulletin/Internet Advertising Mark Kashar, Chair



#### OFFICERS and DIRECTORS 2021-2022

Happy Franklin, President Jeff McNaughton, President Elect Jeff Sheehan, Vice President Lisa Amsberry, Secretary Phillip Bankhead, Treasurer Valerie Pelan, Membership Sarah Oliai. Youth Services

> Mark Kashar. Institutional Outreach

Jill Jordan, Community Outreach Kyle Marmillion Humanitarian Outreach

Patsy Watson, Club Operations

Pam Carvey, At Large Barb Jeffries.

Immed. Past President Scott McLaughlin, Sgt-at-Arms

Chris McNeill, Parliamentarian Laurie Aldredge, Club Administrator

8350 N. Central Expwy, Ste 1900 Dallas, TX 75206 Office Phone: 469-242-9448 Email club@parkcitiesrotary.org parkcitiesrotary.org



# **Shekhar Mehta**

RC of Calcutta-Mahanagar, India

SERVE TO CHANGE LIVES President, Rotary International, www.rotary.org

#### Max Duplant,

Irving-Las Colinas Governor, District 5810 www.rotary5810.org



# **UPCOMING PROGRAMS**

In person at Maggianos or watch on YouTube. NO reservation needed!



**Meeting at Bonton Farms** May 6

**Bonton Farms** 

SOLD

May 13 **Rogers Healy Dallas Real Estate Update** 



Congressman Colin Allred May 20 **Update from Congress** 



May 27 Paige McDaniel, Pres, CEO at Community Partners of Dallas Leadership in Tough Times

# **CLUB ANNOUNCEMENTS**

Please note that RCPC meetings and other events are public events where photos and video are customarily taken. By attending you are consenting to free use of your likeness on RCPC and related websites, social media, streaming video, emails, newsletters and similar methods.

Have a Great Idea for a Speaker? Your ideas are needed! Send your ideas with the details to Jeff Sheehan.

Help Wanted! At ANY RCPC Event or Project. Take a few pictures, include a few sentences (who, what, when, where and WHY) and send to Betty for The Hub

RI Foundation: \$100 (or more) Every Rotarian Every Year! See Greg Pape.

RCPC Foundation: \$100 (or more). See Birthdays below, then Scott McLaughlin.

Attendance Rule Change. For those wanting to maintain Perfect Attendance, make-ups may now be completed within a year.

The Rule of 85. Attendance requirements change for those who are at least 65 years of age and who have been a member of a Rotary club for twenty years

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Miss a Meeting? Watch it on YouTube or as an event on Facebook!

http://bit.ly/RCPCyoutube https://www.facebook.com/events/

Share Rotary! Make a post on your social media when you're at a club meeting or event and use our hashtags!

Like and Follow us on Social Media:

Website: https://parkcitiesrotary.org/

Facebook: www.facebook.comRotaryClubOf **ParkCities** 

YouTube: www.youtube.com/channel/UCf4Z H-2nwlscW8XNTnsbonw

LinkedIn: www.linkedin.com/company/park-citiesrotary-club/?viewAsMember=true

Make a post about or while at Rotary and use these hashtags:

#PeopleOfAction

#parkcitiesrotary

#district5810proud #goodthingshappe nonfridays

# THOUGHTS ON . . .

#### Relaxing

The time to relax is -- when you don't have time for it.

~ Sidney J. Harris

No matter how much pressure you feel at work, if you could find ways to relax for at least five minutes every hour, you'd be more produc-~ Dr. Joyce Brothers tive.

If a man insisted always on being serious, and never allowed himself a bit of fun and relaxation, he would go mad or become unstable without knowing it. ~ Herodotus

Laziness is nothing more than the habit of resting before you get ~ Jules Renard

When you get right down to it, what we all need is a place to go... A place where we can escape the noise of our lives and just relax.

#### ~ Takayuki Ikkaku

Must be out-of-doors enough to get experience of wholesome reality, as a ballast to thought and sentiment. Health requires this relaxation, this aimless life

~ Henry David Thoreau

# RCPC IN ACTION (continued from pg. 1)

Attitudes & Attire® is a non-profit agency dedicated to promoting personal growth for women seeking self-sufficiency.

**Attitudes & Attires Clothing Drive** 

Our program provides the tools that raise self-esteem, promote ethics and build the confidence necessary to develop successful life skills.

Clothing Drive: May 13, May 20, May 27 The Wish List:

Contemporary, interview-appropriate skirt and pant suits • Attractive, crisp blouses Beautiful · Business-casual separates ·Trousers/dress pants and skirts • Blazers/jackets • Sharp, stylish jewelry, handbags and scarve • Pantyhose-any size or skin tone (NEW only)

### HE WHO LAUGHS, LASTS

Change is inevitable, except from a vending machine.

#### **Proposed New Members**

#### Jayme Reisler Altemus

Type of Membership: Joint Proposed Classification: Real Estate Proposed by Evan Altemus

#### Ryan Botzong

Type of Membership Young Professional Proposed Classification Retirement Advisor Proposed by Chris McNeill

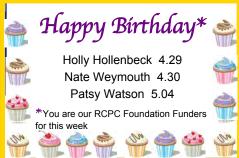
 Cosmetics and toiletries (NEW only, please) Clothing Guidelines:

New or nearly new • Any size clothing is welcome • Appropriate for the workplace • On hangers (rather than in bags or boxes) • Cleaned and pressed • Free of strong odors

#### More Parade News: The Million Meal Challenge from Sarah Oliai

In talking with the North Texas Food Bank, Sarah said she learned that the Parade alone. through 2021, had raised enough to fund over 734,000 meals. The RCPC and Frost Bank will each donate \$7500, which will be triplematched and add 135,000 meals. Encore has pledged \$7500 in May which will be doublematched, adding 45,000 meals. Happy Bucks in May will be donated and double-matched.

So, can we meet the Million Meal Goal?



# Rotary Club of Park Cities Market Place



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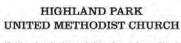
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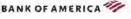
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