



THE HUB

The Rotary Club
of Park Cities

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www.parkcitiesrotary.org

February 14, 2020

Serving to Make a Difference Since 1948

TODAY'S PROGRAM

Program Chairs of the Day: Jeff Brady



Dale Hansen, Sports Anchor, WFAA 8

Dale Hansen is the weeknight sports anchor during the 10 p.m. newscast on WFAA, Channel 8 in Dallas Texas. He also hosts Dale Hansen's Sports Special on Sundays at 10:35 p.m.. He's well known for his acclaimed "Unplugged" segments.

Hansen began his career as a radio disc jockey and operations manager in Newton, Iowa. This was followed by a job as a sports reporter at KMTV in Omaha, Nebraska. Hansen's first job in Dallas was with KDFW-TV (Channel 4). He joined WFAA-TV in 1983.

In 1987, Hansen was honored with the George Foster Peabody Award for Distinguished Journalism. That same year, he won the duPont-Columbia Award for his contribution to the investigation of SMU's football program. As a result of this investigation, the NCAA prohibited SMU from fielding a football program in 1987. Hansen is the only local on-air broadcaster who has received the Radio Television Digital News Foundation's Lifetime Achievement Award, which he received in 2019.

Hansen has been featured in The New York Times, The Washington Post, and on the Ellen Degeneres Show.

Hansen's other awards and honors include:

- Dallas Peace and Justice Center's 2019 Inspiration Award
- Hero of Hope Award from the Cathedral of Hope Church
- Peacemaker Award from the Turtle Creek Chorale
- Children's Hero Award from TexProtects
- Distinguished Professional Achievement Award from the UNT School of Journalism
- Communicator of the Year by the National Speech and Debate Association
- Recipient of over 20 Lone Star EMMY Awards
- Sportscaster of the Year on two occasions by the Associated Press
- Texas Sportscaster of the Year on three occasions by the National Sportscasters and Sportswriters Association
- Best Sportscaster by United Press International and the Dallas Press Club
- TV Personality of the Year by American Women in Radio and Television
- Iowa Associated Press award for Best Investigative Reporter

RCPC IN ACTION

Tasting at Chocolate Secrets from Happy Franklin



More pictures on pg 3 and even more the website

Super Bowl Party at Ozona from Happy Franklin



NEW! Contribute to Agape Bonton Clinic

By Credit Card:

<https://portal.cftexas.org/AgapeBontonClinic> or
Bring to the meeting a **Check** to Communities
Foundation of Texas with "RCPC Agape Bonton Clinic
Fund #06272" in the notes section.

New Service Opportunity from Ruth Alhilali **Readers2Leaders**

Becoming a reading "Buddy" with Readers2Leaders will give you the opportunity to help reduce the 62 percent of third graders in Dallas county who are not reading on grade level. Low in-home children who are not reading on grade level by third grade are six times less likely to graduate from high school than their peers and experience the dismal outcomes that follow.

The commitment is thirty minutes per week until the end of the Spring semester. See what's involved and how you can make a very meaningful impact on a child's future. See **Ruth Alhilali**



Be a Vibrant and Visionary Model of Service Above and Beyond Self

LAST WEEK

Presiding: **Richard Stanford**
 Invocation: **Karl Von Bieberstein**
 Pledge: **Lisa Amsberry**
 Photographer: **Phillip Bankhead**
 Chair of the Day: **Richard Stanford**
 Speaker: **Dr Paul Chafetz, Clinical Psychologist**
 Program: **Loving Difficult Older Parents**



President **Richard Stanford** called the meeting to order. PP **Karl Von Bieberstein** gave the invocation, noting that **E.G. McMillan's** stepdaughter had passed away after a long battle with cancer and that **Bob Patton's** nephew was in a snowboarding accident. Please keep these families in your prayers.

Lisa Amsberry led the Pledge of Allegiance and "The Star Spangled Banner." Our visitors and guests were introduced. **Mark Kashar** introduced our Marketplace Advertiser of the Week, **Nolan Duck** and DBG Advisors. VP **Happy Franklin** announced the winners of the contests at the Super Bowl Party. The award for best dressed went to **Sarita Smithe; Wayne Yowell** won for bringing the most guests. The winners of the quiz were President



Richard in first place, then **Barbara Barney** and **Julie Ziev** tied for second. She announced future fellowship events, and reminded us of PCR Connect breakfast on February 20 at Flying Fish. On February 13, RCPC members will visit the Nasher Sculpture Museum, then in April will attend a Rangers game, and in May will visit the Holocaust Museum. President **Richard** said that they had more members than usual at their strategic planning meeting on Saturday, and that many of them were either in the current class or were graduates of Legacy of Leadership.

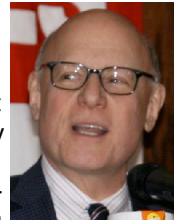
President **Richard** introduced our speaker today, Clinical Psychologist, Dr. Paul Chafetz. He started by saying that he was having a lot more fun than he was having five years ago,

Please remember ...

E.G. McMillan's stepdaughter has passed away after a long battle with cancer. **Bob Patton's** nephew was seriously injured in a snowboarding accident in CO.

Please let us know your Joys or Concerns at- announcements@parkcitiesrotary.org

and part of that is writing a book. He has had a full-time private practice since 2003. One of his core beliefs is that "life is hard, so we have many opportunities to grow and learn." He believes that whatever adjustment life is asking, our job is to grow into it. His job in psychotherapy is to help people complete the journey. He feels that everyone is doing the best thing they can do. When he started in his geriatric practice, he always talked to the adult children of his clients, and they always described their parents as "hell on wheels." The children had been learning strategies for coping and improving. He compiled all of the strategies the adult children had learned into a pattern of insights and skills. He has found six different parent scenarios. If the parents have been difficult for a long time, they may have personality disorders. These parents show intrusiveness, laziness, blaming and criticizing, dishonesty, irresponsibility, trusting strangers over family, and showing an innocent façade. Older people with cognitive impairment show repetitiveness, restlessness, wandering, delusions, aggressiveness and withdrawal. The three goals of their children are to protect their heart, to effectively love their older parent, and to leave a legacy for their own children. He has identified strategies for each of these goals, ten strategies to empower the mind, ten to comfort the heart and ten to guide your actions. We grow through life in stages; transitions can be easy or terrifying, but every one is comprised of cognition, emotion and behavior. Every one must learn new skills, recognize their emotions, and change their behaviors to do the work. Everyone's personality is a blend of nature, nurture and choices.



Our Mission

Building a legacy of good works and fellowship, we strive to:
 REACH those in need in partnership with others
 INSPIRE tomorrow's leaders with high ethical standards
 FOSTER lives of service above self
 – A supporting member of Rotary International

The Hub is the weekly newsletter of the Rotary Club of Park Cities (Dallas)
 Betty Dawson, *Editor*

Shutterbug Committee

Phillip Bankhead, *Chair*

Bulletin/Internet Advertising

Mark Kashar, *Chair*



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 RC of Decatur, AL

President, Rotary International

www.rotary.org

Beverly Grogan,

Grand Prairie Metro

Governor, District 5810

www.rotary5810.org



EVENTS CALENDAR

February						
S	M	T	W	Th	F	S
F 2	M	M	M VV	M In	Mtg	
9	M	M	M FF	M In FH	Mtg	
16	M Mc	M	M BD	M Cn	Mtg	
23	M	M	M	M In FH	Mtg	

Get Involved!

A=Agape Health Service Days
 BD = Board of Dirs. Mtg, 7am
 LaMadeleine, 75 & Mockingbird
 Cn = PCR Connect Event.
 CP = ChildsPlay Work Mtg
 CC = Core Clubs Event
 D = District 5810 Event
 DH = Dentistry with a Heart
 FR = Family of Rotary Event
 F = Fellowship Event
 FF = RCPC Foundation Fund Mtg. See Ed Fjordbak
 FH = Fisher House. See Doug M
 In -Interact Special Project

In- Interact at Hillcrest H.S, 8 am. See Tracy Gomes
 LL- Legacy of Leadership
 M = Meals on Wheels (Different teams on each day)
 See Jim Weichel
 Mn-Mentoring at Hillcrest HS
 Mc = Ronald McDonald House-See Jina McDaniel
 NM = New Member Event
 FT=NTFB Truck-Stan Wright
 FB-NTFB Event
 Pr = Program Committee Mtg
 RU = Rotary University
 SpE = Special Service Event

UPCOMING PROGRAMS



Feb. 21 TBA



Feb. 28 Cal Jillson, SMU Professor in Political Science
2020 Elections



March 6 Clark Hunt, Chairman of the Hunt Sports Group
FC Dallas



March 13 Rachel Rushing, Asst. Mgr –Visitor Experiences
What's Happening at the Nasher Sculpture Ctr

ROTARY CONNECTED



<http://bit.ly/RCPCfacebook>



<http://bit.ly/RCPC/linkedin>



<http://bit.ly/RCPCtwitter>
#parkcitiesrotary



<http://bit.ly/RCPCyoutube>



<http://bit.ly/RCPCgoogleplus>



RCPC has its own channel.

Miss a Meeting? Watch it on Facebook!

Connect with Rotary International
and District 5810!



RI: www.linkedin.com/groups?gid=858557&trk=hb_side_g



RI: <http://twitter.com/#!/rotary>



RI: www.facebook.com/rotary

Dist. 5810: [www.facebook.com/Rotary District5810](http://www.facebook.com/Rotary-District5810).



RI has its own channel on YouTube offering a growing collection of videos and psas.



Check out or add to RI's Flickr group often, www.flickr.com/groups/familyofrotary/



<http://pinterest.com/rotary/>



RI has Pinboards on major projects.
www.statigr.am/rotaryinternational
See RI's latest pictures via Instagram.

CLUB ANNOUNCEMENTS *Sign up at www.parkcitiesrotary.org*

Fun and Fellowship – Save the Dates,

Fri, Mar 13, 3:45-5:00pm, Tour of the Nasher Sculpture Center. \$8/each

Sat, Apr 11, 6:05pm, Rangers vs Houston Astros. \$50 each including food

Fri, May 1, 3:00-5:00pm, Tour of the Holocaust Museum. \$10/person

RI Foundation: \$100 (or more) Every Rotarian Every Year! See Greg Pape.

RCPC Foundation: \$100 (or more). See Birthdays below, then Cindy Cummings.

Attendance Rule Change For those wanting to maintain **Perfect Attendance.** make-ups may now be completed within a year.

The Rule of 85. Attendance requirements change for those who are at least 65

years of age and who have been a member of a Rotary club for twenty years.



Like Us! <https://www.facebook.com/pages/Rotary-Club-of-Park-Cities/115439238516325>

The **Directory** is on line: Log in > Click on left side under My ClubRunner > View Club Directory or View Club Photo Directory. Other archives are at Club Documents

THOUGHTS ON ... RCPC IN ACTION (continued)

Love

I know that there are people who do not love their fellow man, and I hate people like that. ~Tom Lehrer

I love Mickey Mouse more than any woman I have ever known.

~Walt Disney

Misery no longer loves company. Nowadays it insists on it.

~Russell Baker

Nothing takes the taste out of peanut butter quite like unrequited love.

~Charles M. Schulz

In literature as in love. we are astonished at what is chosen by others.

~Andre Maurois

Love is not blind – it sees more, not less. But because it sees more, it is willing to see less.

~Rabbi Julius Gordon

Love is the triumph of imagination over intelligence.~H. L. Mencken

There is no reciprocity. Men love women, women love children, children love hamsters.

~Alice Thomas Ellis

We cannot ever love anyone with whom we never laugh.

~Agnes Repplier

Tasting at Chocolate Secrets, cont.



HE WHO LAUGHS, LASTS

My old aunts would come and tease me at weddings, "Well, Sissy? Do you think you will be next?" We've settled this quickly once I've started doing the same to them at funerals.

We gratefully acknowledge

ASTRO-GRAPHICS

for the partial funding of The Hub

Strategic Planning Meeting for Agape Bonton Clinic

picture from Phillip Bankhead

It was a busy Saturday morning as a larger than usual group participated in planning for RCPC's newest project, Agape Bonton Clinic



Happy Birthday*

Betty Dawson 2.18

*You are our RCPC Foundation Founders for this week

