



THE HUB

The Rotary Club
of Park Cities

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January 14, 2022

Serving to Make a Difference Since 1948

Club of the Year, 2020-2021

TODAY'S PROGRAM

Program Chair of the Day: Valerie Pelan



Samantha Elandary, MA, CCC-SLP

The Parkinson Voice Project

Samantha Elandary is the Founder and Chief Executive Officer of Parkinson Voice Project. She holds a BA in communication disorders and English and holds an MA in speech-language pathology from the University of North Texas.

Since 1999, Samantha has worked exclusively with individuals with Parkinson's and has devoted her career to making quality speech therapy services accessible to this patient population.

Early in her career, Elandary recognized the need for people with Parkinson's to engage in daily speech practice and receive continuous support and encouragement. With these tools, people with Parkinson's would have the opportunity to maintain their speaking abilities and minimize future swallowing complications.

She created "The LOUD Crowd®," a maintenance program consisting of speech and singing groups that also served as a support system for her patients and their families. The LOUD Crowd initially met at Elandary's home. In 2005, she founded "Parkinson Voice Project," a nonprofit speech therapy clinic solely dedicated to helping people with Parkinson's preserve their speech and communication.

In 2010, Parkinson Voice Project developed a highly effective individual speech treatment for Parkinson's called

"SPEAK OUT!," which was combined with The LOUD Crowd to provide people with Parkinson's the very best speech treatment. In 2012, Parkinson Voice Project began training speech-language pathologists across the globe in its two-part therapy program. The vision of Parkinson Voice Project is to make SPEAK OUT! & The LOUD Crowd accessible to people with Parkinson's worldwide.

Many ask what motivated Samantha to start Parkinson Voice Project. While she does not have a family history of Parkinson's, she was born with a cleft palate and struggled with her speech from childhood until she was a young professional. She understands how vulnerable someone who has a communication disorder feels and how other people judge a person's intelligence and competence based on the ability to communicate. She considers it an honor and a privilege to help people with Parkinson's regain one of God's most precious gifts.

Samantha is licensed in the state of Texas and is an out-of-state telehealth provider for the state of Florida: <https://flhealthsource.gov/telehealth/>.

On a personal note, Samantha is married and has two children. She enjoys cooking Italian and Lebanese food and hosting dinner parties.

RCPC IN ACTION

2022 Suggested Themes for the 4th of July Parade *from Sarah Oliai*

We had a lot of great suggestions for the 2022 Parade Theme. All of the suggested themes are listed below.

Please review the following list and reply to Sarah with your top two choices

- | | | |
|--|---|--|
| Strength Through Perseverance | Tried & True with the Red, White & Blue | Proud of our Country, Rights & Future |
| United Together We Serve | Stars & Stripes | Lean In America |
| Life, Liberty and Pursuit of Happiness | Responsible | America Strong Together |
| All for One & One for All | Liberty Loving Red, White & Blue | A Celebration of Specialness |
| United For All | Broad Stripes - Bright Stars | Together We Serve |
| Land that I Love | Celebrating Country, Health & Family | Building the Future |
| Together Again | Celebrating Country, Freedom & Family | Land of the Free, Home of the Brave |
| America Strong | Honoring our Heritage and Opportunities | Our Flag is Still There |
| Liberty & Justice for All | | <i>Pick your two favorites; email them to Sarah.</i> |
| One Nation Under God | | |
| Stand for Democracy | | |
| One Nation For All | | |

Reminder! Donations for Homeless Veterans of Dallas *from Evan Altemus*

Thank you to everyone who has donated items, money, and/or time to the Homeless Veterans Services of Dallas.

- Amazon Wish List Link with specific items that they identified and will be sent directly to HVSD after purchased from your Amazon account: https://www.amazon.com/hz/wishlist/ls/3TP4G0QT9LEZO?ref_=wl_share
- PayPal link to make a monetary donation: https://www.paypal.com/donate/?cmd=_sxc
- Current items most needed (all must be new due to COVID safety measures): Spring and summer clothing items such as short sleeve shirts, shorts, socks, undergarments, zip lock bags, sunscreen and insect repellent. PP Doug Means will collect them at Friday meetings.

LAST WEEK

Presiding: **Happy Franklin**
 Invocation/Pledge: **Patsy Watson**
 Marketplace Adv: **Kyle Marmillion**
 Photographer: **Holly Hollenbeck**
 Chair of Day: **Valerie Pelan**
 Speaker: **Mark Wynne**, VP, Federal Reserve Bank
 Program: **Update On Economy In 2022**

President **Happy Franklin** called the meeting to order, back at Maggiano's. **Patsy Watson** gave the invocation and led the Pledge of allegiance and the Star Spangled Banner. President **Happy** introduced our visitors and guests. **Kyle Marmillion** introduced our Marketplace Advertiser of the Week, **Chris Clausen** and CNC Home Care.

PP **Greg Pape** reminded us that the Rotary Foundation is a non-profit corporation and a donation goes to help Rotarians make a difference in the lives of people around the world. He then called to the podium PE **Jeff McNaughton** to award him his second level Paul Harris Fellow pin, and **Patsy Watson** to award her her third level pin.

Evan Altemus updated the project in January to help homeless veterans. President **Happy** announced that new RcPC hats and a tumbler would be available soon. She also mentioned that there would be five regular meetings this spring that would be at the Park City Club. **Jeff Brady** auctioned off a small table that had been in the RCPC Office. President **Happy** awarded **Van Oliver** his Blue Badge.

Patsy Watson gave her Membership Minute by explaining a little of the history of Rotary. It started as a men's club, so dad's brought their sons to visit. Once women were allowed to be members, her dad, who was a member of RCPC, invited her to visit. She became the third woman to be a member.

Valerie Pelan introduced our speaker today, Mark Wynne, VP of the Federal Reserve Bank to speak on "Update on the Economy for 2022." He began by giving a disclaimer that his opinions were his own and did not represent those of the Federal Reserve Bank. He explained that the Federal Reserve System consists of a Board of Governors in

Please remember ...

Please let us know your joys and concerns.



Washington, D.C. and twelve regional banks. It is not a branch of the Fed in Washington, DC, but has its own branches around its district. There are eight scheduled meetings a year. Inflation will be a topic at the next meeting and what they can do to get it back to where it should be. When he spoke to RCPC in January, 2017, the world looked very different. They were expecting the economy to grow at about 3.4%. Interest rates had been very low, and were gradually coming up. One of the few risk factors was a "black swan" event. COVID was the Mother of All Black Swan Events. Nobody saw it coming. COVID began in China and quickly spread around the world. Businesses started shutting down. Economic activity collapsed at an unprecedented rate in the first quarter of 2020, and the world has been in recovery since May of 2020. We are currently in the midst of another wave. The economy is very dependent on the course of the virus. Recovery will be particularly difficult for poor countries. He explained the economic factors affecting growth. One is the aging population; in some countries the population is shrinking. COVID-19 affected older people more severely. Technology enabled a disruptive shift to work from home, online retailing, etc. It allows jobs to go overseas. Many people dropped out of the workforce and have not returned. Productivity has stagnated around the world. Productivity is the most important determinant of improvements in living standards. More economic activity is now taking place in the emerging markets than in the more advanced economies. Spending on technology is about one-third of spending on equipment. There has been a long-standing concern about machines replacing workers, but it has not created more unemployment. Greater productivity has not led to greater unemployment. The risks post-COVID include the increased debt, China, and the course of the virus. However, most forecasts show global recovery in 2022-2023.

Get Involved

A=Agape Health Service Days 8 am See Tracy Gomes.
 BD= Board of Dirs. Mtg. 8am LL=Legacy of Leadership
 BF=Bonton Farm-StephanieB M=Meals on Wheels
 Cn=PCR Connect Event. See Jim Weichel
 CP=ChildsPlay Work Mtg. Mn=Mentoring at HillcrestH
 D=District 5810 Event Mc=Ronald McDonald House
 DH=Dentistry with a Heart 1x/mo-See Kathleen K.
 F=Fellowship Event NM=New Member Event
 FF=RCPC Foundation Fund Pr= Program Committee Mtg
 Mtg-See Ed Fjordbak RL=Readers2Leaders-various
 FH=Fisher House.-DougMeans times. See Ruth Alhilali
 FT=NTFB Truck. Stan Wright Rct=Rotaract. See Ruth A.
 FB=NTFB Event SP=Strategic Planning Mtg
 In=Interact Special Project SpE=Special Service Event

January						
S	M	T	W	Th	F	S
2	M	M	M	M	Mtg BF	
9	M	M	M	M	Mtg BF	
16	M	M	M	BD	Cn Mtg BF	
F 23	M	M	M	M	Mtg BF	
30	M					

Our Mission

Building a legacy of good works and fellowship, we strive to:
 REACH those in need in partnership with others
 INSPIRE tomorrow's leaders with high ethical standards
 FOSTER lives of service above self
 - A supporting member of Rotary International

The Hub is the weekly newsletter of the Rotary Club of Park Cities (Dallas)

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Bulletin/Internet Advertising

Mark Kashar, *Chair*



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UPCOMING PROGRAMS

In person at Maggianos or watch on YouTube. NO reservation needed!



Jan. 28 **Leslie Clay**
The Warren Center



Feb. 4 **Erin Chupka, VP of Program Services, Girls Inc.**



Feb. 11 **To Be Announced Stay Tuned!**



Feb. 18 **To Be Announced Stay Tuned!**

CLUB ANNOUNCEMENTS

Please note that RCPC meetings and other events are public events where photos and video are customarily taken. By attending you are consenting to free use of your likeness on RCPC and related websites, social media, streaming video, emails, newsletters and similar methods.

Have a Great Idea for a Speaker? Your ideas are needed! Send your ideas with the details to Jeff Sheehan.

Help Wanted! At ANY RCPC Event or Project. Take a few pictures, include a few sentences (who, what, when, where and WHY) and send to Betty for The Hub

RI Foundation: \$100 (or more) Every Rotarian Every Year! See Greg Pape.

RCPC Foundation: \$100 (or more). See Birthdays below, then Kyle Marmillion.

Attendance Rule Change. For those wanting to maintain Perfect Attendance, make-ups may now be completed within a year.

The Rule of 85. Attendance requirements change for those who are at least 65 years of age and who have been a member of a Rotary club for twenty years

Like Us! <https://www.facebook.com/pages/Rotary-Club-of-Park-Cities/115439238516325>

THOUGHTS ON . . .

Speech

Is sloppiness in speech caused by ignorance or apathy? I don't know and I don't care. ~ **William Safire**

People demand freedom of speech as a compensation for the freedom of thought which they seldom use. ~ **Soren Kierkegaard**

Speech is conveniently located midway between thought and action, where it often substitutes for both. ~ **Andrew Holmes**

If nobody spoke unless he had something to say, the human race would very soon lose the use of speech. ~ **W. Somerset Maugham**

Speak properly, and in as few words as you can, but always plainly; for the end of speech is not ostentation, but to be understood.. ~ **William Penn**

Be a craftsman in speech that thou mayest be strong, for the strength of one is the tongue, and speech is mightier than all fighting. ~ **Maxims of Ptahhotep**

Let thy speech be short, comprehending much in a few words. **Aprocrypha**

FAMILY OF ROTARY

Thank You from Homeless Veterans Services of Dallas

Homeless Veterans Services
4900 S, Lancaster Rd, Dallas, TX 75206
January 10, 2022

Dear Veteran Supporters,

I would like to thank you, Park Cities Rotary Club, for the generous contribution to the Veterans Resource Center & Homeless Veterans Services of Dallas and for your support.

This past year, we have made impressive progress in our goals, consistently and rapidly evolving against the backdrop of a very unsettling environment. Since the beginning of the COVID-19 Pandemic, with the use of social distancing, masks, safety measures and the latest technology, we have been able to stay open and continue assisting our veterans.

Despite all the challenges, our team upheld their focus and let not one opportunity go to service our Nation's Veterans. Our hope is for a

HE WHO LAUGHS LAST

After a quarrel, a husband said to his wife, "You know, I was a fool when I married you." She replied, "Yes, dear, but I was in love and didn't notice."

We gratefully acknowledge **Odyssey Document Services** for the partial funding of The Hub

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<http://bit.ly/RCPC/googleplus>

Miss a Meeting? Watch it on YouTube or as an event on Facebook!



<http://bit.ly/RCPC/youtube>

<https://www.facebook.com/events/>

Share Rotary! Make a post on your social media when you're at a club meeting or event and use our hashtags!

Like and Follow us on Social Media:

Website: <https://parkcitiesrotary.org/>

Facebook: www.facebook.com/RotaryClubOfParkCities

YouTube: www.youtube.com/channel/UCf4ZH-2nwIscW8XNTnsbonw

LinkedIn: www.linkedin.com/company/park-cities-rotary-club/?viewAsMember=true

Make a post about or while at Rotary and use these hashtags:



#PeopleOfAction



#district5810proud



#parkcitiesrotary



#goodthingshappenonfridays

new and better year for us all.

The VRC has continued to serve two meals a day, with showers and laundry room availability, with access to coats, blankets, hygiene kits, etc. to our most needy veterans

The Veterans Resource Center Welding & Forklift Program through our local colleges is going well. There have been eleven graduates and nine have received their certificates.

On behalf of the entire team at the VRC I would like to express our sincere admiration for your amazing efforts, contributions and advise to make 2021 another successful year.

Thank you for your continued support for our Veterans.

Sincerely, Ken Watterson

Happy Birthday*

Daniel Drabinski 01.23
Cynthia Graser 01.24



*You are our RCPC Foundation Funders for this week-

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