HE HUB The Rotary Club of Park Cities



www.parkcitiesrotary.org

Leaders united worldwide to provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.

Service Above Self

June 3, 2011

TODAY'S PROGRAM

Program Chair of the Day: John Gilchrist



Daniel Podolsky, President T Southwestern Medical School

The University of Texas **Southwestern Medical** Center ranks among the top academic medical centers in the world and is well known for its groundbreaking biomedical research advances. As a component of the University of Texas System, the Medical Center comprises the UT Southwestern Medical School, Graduate School of **Biomedical Sciences and** School of Health Professions, as well as University Health Care System. The latter encompasses two university hospitals and the faculty practice plans.

aniel K. Podolsky, M.D. became President of the University of Texas Southwestern Medical Center at Dallas on September 1, 2008. He had previously been the Mallinckrodt Professor of Medicine at Harvard Medical School, the Chief of Gastroenterology at Massachusetts General Hospital, and the Chief Academic Officer of Partners HealthCare System.

Dr. Podolsky received his undergraduate degree from Harvard College summa cum laude and his medical degree from Harvard Medical School, followed by residency training in Internal Medicine and a fellowship in Gastroenterology at Massachusetts General Hospital. He joined the faculty of Harvard Medical School and the staff of Massachusetts General Hospital in 1981, he was appointed Chief of Gastroenterology at Massachusetts General Hospital in 1989; and was named the Mallinckrodt Professor of Medicine at Harvard

Medical School in 1998. Under his leadership (1989-2008), the MGH GI Unit was recognized as one of the leading programs in the country, highly regarded for its dynamic research and training activities in addition to its comprehensive program of clinical care in gastroenterology. From 2005 to 2008 he also served as Chief Academic Officer of Partners HealthCare System.

Dr. Podolsky is the author of more than 300 original research and review articles. He is the past editor-in-chief of the journal, Gastroenterology, the leading journal in the field, and is immediate Past President of the American Gastroenterological Association. He is a recipient of the Julius Friedenwald Medal, the highest honor bestowed on a member of the AGA. He serves in an active role in a number of national organizations including the Institute of Medicine of the National Academy of Sciences.

COMMITTEE TIME

New Member Orientation by Fred Speno

On May 25th, Member Orientation Chair, Marc Hall and his committee welcomed new members, Dean Chance, Scurry Johnson, Jeff Owens and Shirley Hsia to lunch at Peggy Sue's Restaurant. Past presidents, Donnie Berg, Karl Von Bieberstein, Jerry Washam and Fred Speno assisted. New members learned about club organization, Rotary International Foundation, RCPC Foun-



dation and fellowships. New members were encouraged to get involved and choose committees on which they would like to

Sign up for 2011-12 Committees online!

New iPhone **App:** Connect to the RCPC website with the free **Club Runner App** Using this app, you now will have the ability to: View the RCPC member directory · View the stories/ articles posted to your website · Locate the nearest club right from your iPhone or iPod anywhere in the U.S. To download from the App Store., type in Clubrunner in the

Awards and Installation Dinner In Elegant Evening of Fellowship Friday, June 24, 2011 Park City Club 59556 Sherry Lane, Dallas, TX 75225 \$35 per person 6:00pm - Reception (cash bar) 7:00pm - Dinner

Dress:Business/Black Tie Optional Sign up on the Rotary Website Beginning Wednesday, May 18, 2011

7:45pm-9:00pm - Program

Chartered in 1948

THE HUB LAST WEEK

The Rotary Club of Park Cities

Presiding: Rick Amsberry Invocation: Charles Delphenis Pledge/Song Leader: John Gilchrist Introductions: Donnie Bera Photographer: Ley Waggoner Chair of the Day: Bob Dill Speaker: Arthur P. Bollon, PhD Program: Artificial Blood and



Personalized Medicine

President Rick Amsberry called the meeting to order with two guotes for Memorial Day by Thomas Jefferson. He also noted that

of the troops who stormed Normandy Beach, 80 percent died. Charles Delphenis gave the invocation, beginning with the thought that Thanksgiving is the day we pause to give thanks for



the things we have, but Memorial Day is the day we pause to give thanks to the troops who have fought and died so that we may continue



to have a Thanksgiving Day. John Gilchrist led the Pledge of Allegi-

ance, followed by "The Star Spangled Banner." Donnie Berg introduced our visi-

tors and guests, which included a visiting e-club member, DG Nominee Sandy Forster, PDG Frank Myer and our GSE student, Kimby's father vis-



iting from The Philippines. Dax

Seale recognized The Hub and the web advertisers of the week. Fred Brown urged

all members to sign up for their committees for next year.



Dr. Jeremy Penner was visiting from Kenya and brought us up to date on the Remba Island fresh water project. To provide a long-term solution, water and sanitation experts from Rotary, working with the community to

develop a plan for solar-powered pumps which will bring water to a central tank where it is treated and then pumped to water kiosks

EVENTS CALENDAR

June						
S	Μ	Т	W	Th	F	S
			Mvv	М	Mtg	
5	М	М	М	М	Mtg	
12	М	M Cn	MBD	М	Mtg	
19	M M c	М	М	М	Din- ner	
26	М	М			///	///

around the island. The people will get water there for a very small user fee which will be used to repair the equipment. The other project is one that was started by the Hillcrest H.S. Interact Club which raised money for a computer lab at a high school in Kenya. The two schools have plans to communicate over the internet.

> Bob Dill introduced our special guests from the VA Hospital. He also recognized all the volunteers on the Vet to Vet Committee, and then

all the veterans among our own members. He then showed a music video highlighting the military.

Bob then introduced our own Art Bollon who spoke about his work on personalized medicine. One of the most dramatic breakthroughs in medicine is to explain how all the structures of the body

come from a single cell. Our individual differences stem from different genes, but every gene is not turned on at the same time. Each gene has the information to make a protein, but there is a complex program that turns the genes on and off. The defect in cancer is that some genes get turned on when they should be turned off. The human genome is about thirty thousand genes, but what they all do has not yet been determined. Probes have been developed to find particular genes. The future of medicine may include getting the family history, then will sequence the genome for each (continued on

President Rick's quotes from Thomas Jefferson: "The God that gave us life gave us liberty at the same time; the hand of force may destroy but cannot disjoin them.

"I shall not die without a hope that light and liberty are on steady advance. And even should the cloud of barbarism and despotism again obscure the science and liberties of Europe, this country remains to preserve and restore light and liberty to them.'

Get involved! In- Interact at Hillcrest H.S, AED = Defibrillator Training BI = Blood Drive BD = Board of Dirs. Mtg, 7 am LaMadeleine, 75 & Mockingbird CM = Circles of Success Mentoring See T. Gomes Cn = PCR Connect Event. = ChildsPlay Work Mtg D = District 5810 Event DH = Dentistry with a Heart FR = Family of Rotary Event F = Fellowship Event = RCPC Foundation Fund Mtg. See Jim Mills

8 am. See Tracy Gomes M = Meals on Wheels (Different teams on each day) See Charles Delphenis Mc = Ronald McDonald House-See Jina McDaniel NM = New Member Event Pr = Program Committee Mtg Reading and Radio Resources See Hal Copeland SpE = Special Service Ever

VV = Vet to Vet - See Bob Dill Web-lite = after noon mtg Blue = Activities on own schedule

June 3, 2011 - Page 2

THE HUB

Newsletter of the Rotary Club of Park Cities (Dallas) Betty Dawson, Editor

> Shutterbug Committee Bill Kelly, Chair

Bulletin/Internet Advertising Dax Seale, Chair



OFFICERS and **DIRECTORS** 2010-2011

Rick Amsberry, President Jim Mills, President Elect Fred Brown, Vice President Barb Jeffries, Treasurer Maryllyn Hargrave, Secretary Bill Clark, Sgt. at Arms Eric Heitkamp, Club Service I Bart Noble, Club Service II Jack Kearney, Community Service I Tracy Gomes, Community Service II Pam Carvey, Vocational Service Roger Hogarth, International Service **Doug Gill**, At Large Phillip Bankhead, Immediate Past President Ben Young, Parliamentarian Jim Wolf, Historian Laurie Aldredge, Club Administrator

6704 Snider Plaza Dallas, Texas 75205 Office Phone: 214-739-4170 Office Fax: 214/363-6980 www.parkcitiesrotary.org Email: club@parkcitiesrotary.org



Ray Klinginsmith, U.S.A. President, Rotary International www.rotary.org

Linda Elliott, Grand Prairie Governor, District 5810 www.rotary5810.org



The Rotary Club of Park Cities

UPCOMING PROGRAMS

THE HUB



June 10 Rotary Day **New Member Speeches**



June 24 NO Noon Meeting Installation and Awards Dinner



June 17 Gary Thomas, Exec. Director DART



NO Meeting See you at the Parade and

Linked . Interesting new thread: It is time to take

Tweet of the Week: Heads of G8 countries

the Carl-Wilhelm Stenhammar "Shake up the

ketchup bottle" challenge. http://bit.ly/iJZ57Z

unanimously reaffirm commitment to polio-free

Interesting new thread: It's the video that

wowed the audience at last week's RI Convention

RI has its own channel on YouTube offering

Check out or add to RI's Flickr group often,

ROTARY CONNECTED

world: http://t.co/KBswjOd

You Tube

flickr

in New Orleans. www.rotary.org

a growing collection of videos and psas.

www.flickr.com/groups/familyofrotary/

CLUB ANNOUNCEMENTS

Sign up at www.parkcitiesrotary.org

Dues for 2011-12 are Due by July 1! Pay in full or first half by credit card on the website or by check to Laurie Avoid a Late Fee!

Meals On Wheels needs volunteers on the first Tuesday and third Monday of each month. Contact Charles Delphenis for details

Projector Setup & Breakdown for Friday Meetings. Now 'til Jun 24, 2011. About half hour before or after the mtg.

Do You Love a Parade? Fourth of July Parade, Mon, July 4. Jobs for all. Sign up soon for your favorite. See Cleve, John G, Jon P. The Parade Hotline is up and running - 972-980-1014

Review your information and photo on the website> Correct> Save!

THOUGHTS ON . . .

LAST WEEK (continued)

'Last Week' continued from page 2) individual. Then the doctor will be able to find out if you have an immediate need for treatment or a propensity for a disease in the future. Based on each genome, the specific therapy can be created. One person may respond to one set of drugs, while another person with the same illness may respond to a different set of drugs. Even the doses can be individualized for each genome. One of the focuses in the field to day

is to find more correlations between specific genes and diseases. Art explained that his latest company will focus on diagnoses and therapies using the genome. He is currently working with UT-Southwestern on a vaccine for Alzheimers. Disease can be caused by a defect in the gene or in the regulation of the gene. He is also concerned about the crisis in funding at the early stages of research that will hinder the development of drugs for years to come.

THEY PROFIT MOST WHO LAUGH BEST

Here are some thoughts by Will Rogers on the subject of Growing Old

1. "Eventually you will reach a point when you stop lying about your age and start bragging about it.'

2. "The older we get, the fewer things seem worth waiting in line for."

3. "Some people try to turn back their odometers. Not me; I want people to know 'why' I look this way. I've traveled a long way, and some of the roads weren't paved." 4. "When you are dissatisfied and would like to

go back to youth, think of Algebra."

We gratefully acknowledge **ASTRO-GRAPHICS**

for the partial funding of the weekly printing of The Hub.

5. "I don't know how I got over the hill without getting to the top.

6. "One of the many things no one tells you about aging is that it's such a nice change from being young."

7. "One must wait until evening to see how splendid the day has been."

8. "Being young is beautiful, but being old is comfortable."

Happy Birthday

Larry Johnson 6.4 Adam Vanek 6.5 John Brown 6.8

Bud Naifeh 6.9 Jeff Owens 6.9



June 3, 2010 - Page 3



Health

Early to bed and early to rise makes a man healthy, wealthy, and wise.

~ Benjamin Franklin

Early to rise and early to bed makes a male healthy and wealthy and dead.

~ James Thurber

Be careful about reading health books. You may die of a ~ Mark Twain misprint.

What some call health, if purchased by perpetual anxiety about diet, isn't much better than tedious disease.

~ George D. Prentice

The average, healthy, welladjusted adult gets up at seventhirty in the morning feeling just plain terrible. ~ Jean Kerr

FOUNDATION FUNDERS

Our Funders for Next Week are

Barb Jeffries Richard Jodry Jess Johnson Jarl Johnson