



THE HUB

The Rotary Club
of Park Cities

Volume 66, Number 41

www.parkcitiesrotary.org

May 29, 2015

Serving to Make a Difference Since 1948

TODAY'S PROGRAM

Program Chair of the Day: Eric Heitkamp



Chad Harbour

Writing Your Life Story: Memorializing Your Memories

With his professional and passionate workmanship as a Legacy Writer, Chad has assisted many individuals, family and companies documenting and preserving their legacy, allowing them to share these timeless and priceless treasures for generations to come.

Chad is passionate about the need for all to necessitate the inter-generational social exchange-passing on our knowledge, character qualities, values, wisdom, morality, faith and life-lessons for generations to come for the betterment of our nation, communities and families.

In Chad's popular speaking engagements, he discusses how all can write their life story, providing simple tips to follow, along with examples.

His website www.SpiritualLifeStories.com allows users to write their spiritual story, and also invites others to read and collaborate. It's unique, innovative and interactive. It's the only

place where people of faith can document and share their spiritual legacy. It's free, fun and so needed.

Chad has thirty years of telecom executive experience. In his last corporate assignment was as Chief Operating Officer of \$100 million company. Chad retired in 2005 to focus on his passion: writing legacy biographies, family and company history books.

In Chad's book *How to Write Your Life Story in 5 Minutes a Day*, he provides direction to write daily about one's life-to capture those little moments "that if written down, they become special." In addition, his blog entries encourage readers to engage in this worthy endeavor. His motto "5 Minutes a Day" of journaling will create 120 pages a year. What a legacy that is for you to pass on!

Chad resides in Dallas, Texas with his wife and two children.
www.SpiritualLifeStories.com

COMMITTEE TIME

Get Your New and FREE Rotary Shirt!

In case you missed it, the new Navy Blue shirt, with the RCPC logo, was presented at our May 15th program. This new look is an important component of the branding of the Rotary Club of Park Cities. Also important, the cost of this shirt was independent of the budget and graciously paid for by various members of our club. These donors believe strongly in the branding of our club and intend for this shirt to be worn by members on a regular basis at all RCPC events.

Again, there is **no** charge to you. All you have to do is select a size and style (either Men's or Ladies) and contact Jim Mills with your order at jwm@themillslawfirm.com.

Our signature event, the 4th of July Parade, is just around the corner and this new shirt is a must for this event. **The deadline to order your shirt is this Friday, May 29th.** You may contact Jim at 214.369.7800 with any immediate questions or to place your order by phone.



Get Paid To Be Healthier

by Andy Carothers

Texas Health Presbyterian Hospital is doing a Research Study on the effects of body weight on breathing during exercise.

They are looking for more participants in the 65-75 age group. Participants get paid for each visit and get an MRI, etc. to give to your own doctor, and could get selected to be in a 12-week exercise program with a personal trainer! Need more details? See Andy Carothers!

Join the Parade – on July 4th!

Jobs before, during and after the Parade need volunteers! Something for everyone! Contact Jim Mills at jwm@themillslawfirm.com for details.



Got a job or project you just haven't been able to get to?

Think about offering a summer internship to one of our Interact Alums. This is a great way to bring former Interact/now college students back to Dallas and keep them connected to Rotary and the club. We are looking for 4-6 week (or longer) paid internships. Please contact Tracy Gomes



Be a Vibrant and Visionary Model of Service Above and Beyond Self

LAST WEEK

Presiding: **Eric Heitkamp**
 Invocation: **Richard Stanford**
 Pledge: **Nolan Duck**
 Introductions: **Linda Tunnell**
 Photographer: **Barb Jeffries**
 Chair of the Day: **Kendra Yanchak**
 Speaker: **Roger Moon, Exec. Dir.**
 Program: **Park Cities YMCA**



President **Eric Heitkamp** called the meeting to order. **Richard Stanford** gave the invocation. He recognized **Bob Heard** and PDG **C.C. Collie**, our two World War II vets, and

then all of our veterans. He remarked that on Memorial Day, we especially should remember all those on whose shoulders we stand. **Nolan Duck** led the Pledge of Allegiance and the "Star Spangled Banner." PP **Linda Tunnell**, assisted by **Nolan Duck** with the mike, introduced our visitors and guests, including visiting Rotarian and former member **Mario Messina**. **Shawn Foster** announced the Marketplace advertiser of the week.

PP **Jerry Washam** reminded us that there are only five weeks left in this Rotary year, so only five weeks left to donate to the RCPC Foundation. He said he has collected \$12,600 so far this year. Currently, there is over \$1.4 million in the RCPC Foundation. He urged members to attend the quarterly meetings when they determine the grants and to suggest deserving recipients for future grants.

Jeff Sheehan brought a flag from the Rotary Club of Antigua. **Cub Amos** stated that In 1962 Decoration Day officially became Memorial Day to commemorate all of the fallen military. He quoted Carl Sandburg. "Valor is a



Please remember ...

Please let us know your Joys or Concerns at- announcements@parkcitiesrotary.org

gift. Those having it never know for sure whether they have it till the test comes." PP **Linda Tunnell** reminded us that this year the Installation Banquet would be at noon on June 26, at the Biblical Arts Center, and to register online.

Chris Short introduced **Bennett Taylor** to make his new member speech. **Bennett** said he had moved here from Florida fifteen months ago. He was a Rotarian in Florida. He earned a BA in advertising, then worked for Coca-Cola for ten years. He has a daughter who attended Baylor and Dallas Baptist U, who is now a counselor. He said he is a life-long learner, who likes to grow businesses and systems. He ended with his three favorite quotes, the last of which was "the best way to predict the future is to create it."



Kendra Yanchak introduced our speaker today, Roger Moon, Executive Director of the Park Cities YMCA. He said the Y opened in 1951, and in Dec, 2014, they locked the doors so



that construction could begin on the new Y. The have relocated temporarily to 6030 Luther Lane. They hope to open the new building in August of 2016. The plans include underground parking, a 5800 square foot building, a soccer field and landscaping. The RISE School will be absorbed by the Y to provide preschool for disabled children aged six months to Kindergarten. There will be gyms, a health and wellness center, two swimming pools, a warm water therapy pool, a group exercise room, a spin room, men's and women's locker rooms, as well as administrative offices. They also have a day camp at Lake Lewisville.

EVENTS CALENDAR

JUNE						
S	M	T	W	Th	F	S
	M	M	Cn	M	M	Mtg
7	M	M	M	M	Mtg	
14	M	M	M	M	Mtg	
21	M	M	M	M	Mtg at Biblical Arts	
28	M	M				

Get Involved!

AED = Defibrillator Training
 BI = Blood Drive
 BD = Board of Dirs. Mtg, 7am
 LaMadeleine, 75 & Mockingbird
 Cn = PCR Connect Event.
 CP = ChildsPlay Work Mtg
 D = District 5810 Event
 DH = Dentistry with a Heart
 FR = Family of Rotary Event
 F = Fellowship Event
 FF = RCPC Foundation Fund Mtg. See Cleve Clinton

In- Interact at Hillcrest H.S., 8 am. See Tracy Gomes-
 In-Interact Special Project
 M = Meals on Wheels (Different teams on each day)
 See Patsy Watson
 Mentoring at Hillcrest H.S.
 Mc = Ronald McDonald House-See Jina McDaniel
 NM = New Member Event
 Pr = Program Committee Mtg
 RU = Rotary University
 SpE = Special Service Event
 Web-lite = on your computer

Our Mission

Building a legacy of good works and fellowship, we strive to:
 REACH those in need in partnership with others
 INSPIRE tomorrow's leaders with high ethical standards
 FOSTER lives of service above self
 - A supporting member of Rotary International

The Hub is the weekly newsletter of the Rotary Club of Park Cities (Dallas)
 Betty Dawson, Editor

Shutterbug Committee

Fred Speno, Chair

Bulletin/Internet Advertising

Chris Short, Chair



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 President, Rotary International
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Bill Dendy, RC of DeSoto
 Governor, District 5810
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UPCOMING PROGRAMS



June 5 Kourtney Garrett, Executive Vice President
Downtown Dallas, inc.



June 12 Garland England
My Ten Greatest Concerns for the Military



June 19 Alan Lowe
The Presidential Libraries and the George W. Bush Presidential Center



June 26 RCPC Officer Installation Luncheon
at Biblical Arts Center

CLUB ANNOUNCEMENTS *Sign up at www.parkcitiesrotary.org*

Dues for 2015-16 are due! Full payment of \$335.00 due by 6/30/15-OR-two payments of \$185.00 due by 6/30/15 & 2nd payment of \$185.00 due by 12/15/15. A late fee of \$25.00 will be added to any single payment received after 7/1/15 and late fees for the two payment option will be applied on 7/1/15 and 12/16/15

PCR Connect, Tues, June 2, 5:30-7:30 pm. at Blue Mesa Grill, 7700 W. Northwest Hwy. Celebrate a great year! Bring friends, business cards!

RI Foundation: \$100 (or more) Every Rotarian Every Year!

RCPC Foundation: \$50 (or more) every year when your name appears in the box below – or any time – or more than once!

Like Us! <https://www.facebook.com/pages/Rotary-Club-of-Park-Cities/115439238516325>

The **Directory** is on line: Log in > Click on left side under My ClubRunner > View Club Directory or View Club Photo Directory. Other archives are at Club Documents

THOUGHTS ON ... ROTARY INTERNATIONAL

Memories

Creditors have better memories than debtors.

~ Benjamin Franklin

Memories of our lives, of our works and our deeds will continue in others.

~ Rosa Parks

God gave us our memories so that we might have roses in December.

~ James M. Barrie

No man has a good enough memory to make a successful liar.

~ Abraham Lincoln

Our memories are card indexes consulted, and then put back in disorder by authorities whom we do not control.

~ Cyril Connolly

So live that your memories will be part of your happiness.

~ Author Unknown

RCPC FOUNDATION

Our Funders for Next Week are

Judy Gamble
Larry Gebhardt
Doug Gill
John Glancy
Tracy Gomes

How a Global Grant Helped People in Ecuador

Rotary members in California began helping poor communities in Ecuador through microcredit loans several years ago. When the Rotary Club of Marin Evening decided to take on a global grant project, it partnered with a microcredit organization in the province of Esmeraldas to extend its impact. They got other clubs involved to offer many more poor women small loans and training that will help them expand their businesses.

HE PROFITS MOST WHO LAUGHS BEST

The doctor that had been seeing an 80-year-old woman for most of her life finally retired. At her next check-up, the new doctor told her to bring a list of all the medicines that had been prescribed for her.

As the young doctor was looking through these, his eyes grew wide as he realized she had a prescription for birth control pills.

"Mrs. Smith, do you realize these are birth control pills?"

"Yes, they help me sleep at night."

We gratefully acknowledge

ASTRO-GRAPHICS

for the partial funding of The Hub

ROTARY CONNECTED

Linked In: RI: www.linkedin.com/groups?gid=858557&trk=hb_side_g RCPC: www.linkedin.com/groups?gid=1248747&trk=hb_side_g

Interesting New Thread: Rotary Foundation end of 2014-15 Deadlines This animated video outlines the deadlines for Rotary Clubs and Rotarians to make a donation to The Rotary Foundation in the Rotary year 2014-15 to ensure credit...vimeo.com/127549078



Tweet of the week: Reaching beyond the frontiers of poverty: @TEDx Talk with #Rotary member + alumna Susan Davis <https://youtu.be/TMxPuTVNBX4> @BRACworld



RI: www.facebook.com/rotary

Dist. 5810: www.facebook.com/RotaryDistrict5810

Interesting New Thread: What role should partnerships play in global health? A Rotary partnership has proved highly successful. <http://ow.ly/Na88b>



RCPC has its own channel: <http://vimeo.com/channels/rotaryclubofparkcities/>

Miss a Meeting? Watch it Online!



RI has its own channel on YouTube offering a growing collection of videos and psas.



Check out or add to RI's Flickr group often, www.flickr.com/groups/familyofrotary/



<http://pinterest.com/rotary/>

RI has Pinboards on major projects.



www.statigr.am/rotaryinternational

See RI's latest pictures via Instagram.

Happy Birthday

Dick Orrock 5.29
Larry Johnson 6.4

