

THE HUB

The Rotary Club of Park Cities

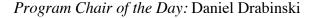
Volume 69, Number 8

www.parkcitiesrotary.org

September 1, 2017

Serving to Make a Difference Since 1948

TODAY'S PROGRAM





U.S. Congressman Pete Sessions The Current Political System

A conservative community leader, United States Congressman Pete Sessions has combined hard work, innovative thinking, and commonsense principles to successfully represent the 32nd ul House Committee on Rules, which is best known for its role as Congressional District of Texas.

Congressman Sessions grew up in Waco, Texas. He graduated from Churchill High School in San Antonio and went on to graduate from Southwestern University in 1978, where he now serves on the Board of Trustees. He worked for then-Southwestern Bell Telephone Company for 16 years, retiring as District Manager for Marketing in Dallas. As a businessman, he served as Chairman of the Northeast Dallas Chamber of Commerce.

Thanks to this private sector experience, Congressman Sessions understands the need to fight bureaucracy and to utilize market-driven solutions to effectively solve problems in our

communities and in government.

Congressman Sessions serves as the Chairman of the powerthe legislative gatekeeper. In 2008 and 2010, he was elected by the House Republican Conference as Chairman of the National Republican Congressional Committee.

Congressman Sessions is married to Karen Sessions. He is the proud father of two sons, Bill and Alex, and three stepsons, Conor, Liam and Nicholas. Congressman Sessions resides in Dallas and continues to be active in his community where he is an Adopt-A-Shoreline Team Leader in the effort to maintain White Rock Lake in Dallas and an Advisor to the President of Special Olympics Texas.

https://sessions.house.gov/ • https://www.petesessions.com/

COMMITTEE TIME

Mentors Needed!

Hillcrest AVID Mentoring Program

Co-Sponsored by Rotary Club of Park Cities and Big Brothers Big Sisters

Mentor a student from Hillcrest H.S. from their junior year of high school through the freshman year of college. **FAQs**

What is the time commitment?

Attend group meetings at the school one Thursday per month (8-9am) plus at least one additional meeting per month on your own.

What is AVID (Advancement Via Individual Determination)?

AVID is an in-school academic support program that prepares students for college eligibility. AVID students are often the first in their families to attend college and therefore need extra support in preparing for college. All students in the mentoring program are also in AVID.

What is the process to become a volunteer?

Complete an application with Big Brothers Big Sisters, which will be followed by a background check and an interview.

Additional questions? Contact Ruth Alhilali, RCPC Chair Mentoring Committee at rb.alhilali@yahoo.com

NTX Food Bank Delivers!

by Stan Wright

Our Rotary Club did a special food distribution for the North Dallas Food Bank on Wednesday August 23rd. The distribution was to the Jewish Family Services Center in North Dallas to demonstrate to Congressman Pete Sessions how our Rotary Pantry Truck is distributing food to the needy in Dallas.



If you can help with Disaster Relief: · www.ntfb.org/get-involved/donate-moneylanding/disaster-relief

 https://give.salvationarmyusa.org/site/Donati on2?df_id=27651&mfc_pref=T&27651.donation =form1

District 5810 Needs Volunteers!

Rotary District 5810 and Rotary District 6960 (South Florida) are working in conjunction with Meals of Hope [https://m.facebook.com/M ealsOfHope/?fref=mention s] this Sat, Sept. 2 at Preston Hollow Presbyterian Church, 9800 Preston Rd. Dallas, 75230.

We need 500 volunteers to help package 200,000 meals for Hurricane Harvey Relief. We need help for two time slots: 9-11 am and 11-1 pm. Sign uphttp://www.signupgeni us.com/qo/5080d4aa eae23a1fd0-hurricane

LAST WEEK

Presiding: PP Tracy Gomes Invocation: Ed Fjordbak Pledge: E G McMillan Introductions: Tracy Gomes Photographer: Phillip Bankhead Chair of the Day: Shawn Foster Speaker: Allen West, Lt. Col. (US

Army Ret.)

Program: Views from a Former Congressman



Past President Tracy Gomes called the meeting to order. Ed Fiordbak gave the invocation, and noted that Janie Loveless would be having foot surgery.

Please keep her in your prayers. E G McMillan led the Pledge of Allegiance and The Star Spangled Banner. PP Tracy, assisted by Nolan Duck with the mike, introduced our visitors and guests, including a visiting Rotarian from the Downtown RC, and two visitors who had found our club on the internet. Herb Ziev introduced our Marketplace Advertiser of the week. PE John Gilchrist explained that our RCPC foundation donates about \$55,000 per year to the community, including

Interact and Vet to Vet. PP Greg Pape introduced returning member Fred



Hunter. Stephanie Bohan announced



the Agape Clinic day and Dentistry With a Heart on Saturday, Sept. 23. They will be focusing on services for seniors: they will be giving

flu and pneumonia shots and giving vision screenings and vouchers for glasses when needed. Dentistry with a heart will be seeing seniors and they have a grant for providing dentures. The Food Truck will be there all day. also. Volunteers are needed!

Please remember ...

Janie Loveless who is undergoing foot

Please let us know your Joys or Concerns at- announcements@parkcitiesrotary.org

PP Tracy reminded everyone to fill out there Committee preferences. The RCPC Restaurant Week event was a success with thirtyfive people attending, some from other clubs. He also reminded us of TopGolf on Monday. Sept. 11 and the District 5810 Awards Dinner on Saturday, Sept. 23 at the Eisemann Center

Shawn Foster introduced our speaker today, Lt. Col. (US Army Ret.) Allen West, who is also a member of the Preston Center RC. He started by saying that there us so much going on, but everything





comes back to service. He quoted George Mason, father of the US Bill of Rights, and said the Founders thought that congressmen would be citizen public servants, never career poli-

ticians. We blame politicians for problems. but we elect them. He suggests that on the Fourth of July, the Declaration of Independence should be read aloud. People don't know the five basic principles. Everything about the founding is about individual sovereignty, limited government and capitalism, which has led to the greatest growth of any country and in only two hundred years. It is wrong to believe everything has to be provided by the government. Government is not the giver of rights; once the government gives things, it believes it can also take them away. People have the right to achieve and attain. Americans are indomitable entrepreneurs and rugged individuals; it makes us different. We think big dreams. Giving everyone a participation trophy is not who we are. It is not the responsibility of a university to shield our children, but to educate them. We have a cultural battle in our education system. Our greatest days are ahead, but it requires us to be involved. Don't be afraid to speak up.

Our Mission

Building a legacy of good works and fellowship, we strive to:

REACH those in need in partnership with others

INSPIRE tomorrow's leaders with high ethical standards

FOSTER lives of service above self - A supporting member of Rotary International

The Hub is the weekly newsletter of the Rotary Club of Park Cities (Dallas) Betty Dawson, Editor

> Shutterbug Committee Fred Speno, Chair

Bulletin/Internet Advertising

Shawn Foster, Chair



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Office Phone: 214-739-4170 Office Fax: 214/363-6980 Email: club@parkcitiesrotary.org

www.parkcitiesrotary.org



Ian H. S. Riselev Sandringham, Victoria, Australia

President, Rotary International www.rotary.org

Rick Amsberry, Park Cities Governor, District 5810 www.rotary5810.org

EVENTS CALENDAR

September						
S	M	T	W	Th	F	S
///					Mtg	
3	М	M _{FT}	M _{VV}	М	Mtg	
10	MF	М	M Cn	M	Mtg	
17	M Mc	M I	И ВD	M	Mtg	SpE D
24	М	М	М	М	Mtg	

Get Involved!

A=Agape Health Service Days LaMadeleine, 75 & Mockingbird Cn = PCR Connect Event. CP = ChildsPlay Work Mtg CC = Core Clubs Event D = District 5810 Event DH = Dentistry with a Heart FR = Family of Rotary Event F = Fellowship Event FF = RCPC Foundation Fund Mtg. See Cleve Clinton FH = Fisher House. See Rob E In -Interact Special Project

In- Interact at Hillcrest H.S, 8 am. See Bart Noble BD = Board of Dirs. Mtg, 7am M = Meals on Wheels (Different teams on each day) See Patsy Watson MM-Mentoring at Hillcrest HS Mc = Ronald McDonald House-See Jina McDaniel NM = New Member Even FT=NTFB Truck-Stan Wright FB-NTFB Event Pr = Program Committee Mtg RU = Rotary University SpE = Special Service Event Web = For New Members

UPCOMING PROGRAMS

Sept. 8 **Ken Novice**

Dallas Summer Musicals

Sept. 15 Luis Acuna-Pilgrim, Education Specialist **Dallas Children's Advocacy Center**

Sept. 22 Tim Jankovich, SMU Head Basketball Coach SMU Basketball

Sept. 29 Gerald Turner, President Southern Methodist University

CLUB ANNOUNCEMENTS Sign up at www.parkcitiesrotary.org

2017-18 Dues Are OVERDue! Full payment of \$335.00 and \$75.00 late fee is due OR \$185.00 x 2 for two payment option + \$75.00 late fee. Please remit to Rotary Club of Park Cities, 6704 Snider Plaza, Dallas, TX 75205 or pay online.

District 5810 Awards Dinner. Sat. Sept. 23, 6:30-9:30pm at the Eisemann Center in Richardson. \$35 per person. Pay at www.rotary5810.org.

Dist. 5810's Walk to End Alzheimer's, Sat. Oct. 7th. Details at Dist. 5810

RI Foundation: \$100 (or more) Every Rotarian Every Year! See Greg Pape. Foundation: \$50 (or more). See the Birthday box below, then Doug Means. Like US! https://www.facebook.com/pages/Rotary-Club-of-Park-Cities/115439238516325

The Directory is on line: Log in > Click on left side under My ClubRunner > View Club Directory or View Club Photo Directory. Other archives are at Club Documents

ROTARY CONNECTED

Tweet with Tracy! Follow him at

rotarytxman@twitter.com http://bit.ly/RCPCfacebook

http://bit.ly/RCPCtwitter #parkcitiesrotary

http://bit.ly/RCPCyoutube

http://bit.ly/RCPCgoogleplus http://bit.ly/RCPCvimeo

RCPC has its own channel. Miss a

Meeting? Watch it Online!

Connect with Rotary International and District 5810!

RI: www.linkedin.com/groups?gid= 858557&trk=hb_side_g

RI: http://twitter.com/#!/rotary

RI: www.facebook.com/rotary Dist. 5810: www.facebook.com/Rotary District5810.

RI has its own channel on YouTube offering a growing collection of videos and psas.

flickr Check out or add to RI's Flickr group often, www.flickr.com/groups/familyofrotary/

Pinterest http://pinterest.com/rotary/ RI has Pinboards on major projects.

www.statigr.am/rotaryinternational See RI's latest pictures via Instagram.

THOUGHTS ON ... **COMMITTEE TIME cont.**

The Words of **George Washington**

It is better to offer no excuse than a bad one.

Discipline is the soul of an army. It makes small numbers formidable, procures success to the weak, and esteem to all.

Associate yourself with men of good quality if you esteem your own reputation for 'tis better to be alone than in bad company.

Labor to keep alive in your breast that little spark of celestial fire called conscience.

Few men have virtue to withstand the highest bidder.

Be courteous to all, but intimate with few, and let those few be well tried before you give them your confidence. True friendship is a plant of slow growth, and must undergo and withstand the shocks of adversity before it is entitled to the appellation.

It's wonderful what we can do if we're always doing.

Volunteer at Agape Clinic Day and Dentistry With a Heart 4104 Junius (at Haskell)

Saturday, Sept. 23, 8:00 am - 4:00 pm

Thanks to the leadership of Dr. Michael Rainwater and the support of the Texas A&M School of Dentistry, again this year we will be providing free dental care to more than 40 patients in East Dallas. Our Dentistry With A Heart Program which was started in 2010 will be joining our Collaborative Partner, the Agape Clinic, on September 23rd in their Health Fair Day. Dr. Rainwater will coordinate the efforts of several dentists, hygienists, dental assistants and dental students.

We do need your help with set up, registration and patient coordination and movement. Register online or call Fred Brown at 214-908-7407.

Join RCPC at Top Golf



8787 Park Lane Dallas, TX 75231

Mon, Sept. 11 at 6:30 p.m.

Full event ticket including Top Golf, Food and Social - \$55.00 Food and Social only - \$25.00 Register at RCPC website

RCPC's event at Top Golf supports Ronald McDonald House. Bring Guests!

- · Team and Individual Prizes Player Gift Bag
- Fun Business and Personal Networking Opportunity

HE PROFITS MOST WHO LAUGHS BEST

- · No matter how much you push the envelope, it'll still be stationery.
- · A grenade thrown into a kitchen in France would result in Linoleum Blown apart.
- Two silk worms had a race. They ended up in a
- · Time flies like an arrow. Fruit flies like a banana

We gratefully acknowledge

ASTRO-GRAPHICS

for the partial funding of The Hub

- · Atheism is a non-prophet organization.
- · A backward poet writes inverse.



Willie Lees 9.2 Bob Patton 9.2 Thomas Bailey 9.3 Dean Chance 9.4



You are our RCPC Funders for this week.