



THE HUB

The Rotary Club
of Park Cities

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September 18, 2015

Serving to Make a Difference Since 1948

TODAY'S PROGRAM

Program Chair of the Day: Shawn Foster



G. Lee Pride, Jr, MD

Stroke – New Hope, New Opportunities

G. Lee Pride, Jr. MD is a Professor of Radiology and Neurosurgery at UT Southwestern. He is a neuro-interventional radiologist who specializes in treating blood vessel problems of the brain and spine using endovascular neurosurgery.

He is an expert at using minimally invasive procedures, performed from inside the blood vessels themselves, to treat strokes, aneurysms, and blood vessel malformations of the brain, face, neck, and spine.

Over his career, Dr. Pride has been at the forefront of these imaging-based techniques to improve outcomes for patients with strokes and aneurysms. In many cases, the procedures spare patients from open surgery, reducing recovery times from weeks to days. They also have made it possible to treat certain conditions, such as some complex aneurysms, that previously didn't have reliable treatment solutions.

Dr. Pride's passion for this highly specialized field started early in his career. During his radiology residency, he was involved in a case in which a man was having a very severe stroke; the patient was essentially paralyzed and unable to interact with his environment. "With an endovascular procedure, we were able

to open one blood vessel, and the patient woke up like Lazarus," Dr. Pride recalls. "It was a phenomenal experience for me – one of those moments where you think, 'I want to do *that*.'"

Dr. Pride puts a priority on participating in clinical trials to test new and improved treatment strategies and devices. But he also carefully evaluates every patient he sees to make sure he finds the right treatment for that individual.

Dr. Pride directs the radiology and neuroradiology fellowship programs at UT Southwestern Medical Center, which train future specialists in these delicate techniques. He notes that while the field brings together physicians from very different specialties – neurology, radiology, and neurosurgery – his group at UT Southwestern is deeply collaborative. "I really feel like our team is directed by all of us together," he says. "We're excited that we get to make such a difference in people's lives."

Dr. Pride earned a BS from Sewanee-the University of the South in 1985. He earned his MD from the University of Alabama in 1989. He completed residencies in Neurology at UTSW in 1993, in Radiology at UTSW in 1997. He completed a fellowship in Neuroradiology/ Interventional Neuroradiology at UTSW in 1999.

COMMITTEE TIME

Barbecue & Awards

Come enjoy the food and fun – and support your club and club nominees!

Where? Haggard Party Barn

5948 McKamy Trail, Plano, TX 75024

When? Saturday, October 3, 7:00 pm til ???

Who Should Attend? Rotarians, Friends and Family

Dinner? YES!! Barbecue and the fixin's

Drinks? Water, Soft Drinks & Iced Tea (you are welcome to bring your own adult beverages)

How Much Does It Cost? \$10 per Person

Where Do I Register? www.rotary5810.org

or call/email Sandra Moudy 469-583-6472

thechocolateo@gmail.com

Programs Meeting!

It's time again for all RCPC members to put on your thinking caps. **Who do you know - who have you heard - who would you like to hear?** We want diversity in our programs – and great speaker ideas!

We will be scheduling speakers for our Friday meetings to be held between January 8, 2016 and June 24, 2016

Our next programs planning meeting will be **Tuesday, Sept. 29, 2015 from 5:30 to 7:30pm.** It will be held in the **Texana Room, UP Library**, 8383 Preston Center Plaza #200, Dallas 75225, 214-363-9095.



Mobile Food Pantry Project



Your contribution toward this mobile food pantry truck will be *matched!* so add a zero to your donation! It also will count as your donation to the RCPC Foundation!

To contribute online, go to <https://www.cftexas.org/donate-ntfb-mobile-food-pantry-fund> (Link on the RCPC website) OR make your check payable to NTFB Mobile Food Pantry Fund and give to **Jim Weichel**.



Be a Vibrant and Visionary Model of Service Above and Beyond Self

LAST WEEK

Presiding: **Karen Farris**
 Invocation: **Stan Carr**
 Pledge: **Nolan Duck**
 Introductions: **Mark Kashar**
 Chair of the Day: **Shawn Foster**
 Speakers: **Dave Lieber, columnist for The Dallas Morning News**
 Program: **Moving To Texas: Is the Bark Worse Than the Bite?**



President **Karen Farris** called the meeting to order on this first cool day of fall. **Stan Carr** gave the invocation and asked "where were you fourteen years ago?"

Nolan Duck led the Pledge of Allegiance. President **Karen** introduced **Art Bollon**, who was in New York on 9-11, to play his own composition, "A Piano Memorial to 9-11." **Mark Kashar** assisted by **Ley Waggoner** with the mike, introduced our visitors and guests, including a representative of U.S. Trust, a sponsor of our Fourth of July Parade. **Meredith LyBrand-Drake** announced the Marketplace advertiser.



PP **Eric Heitkamp** announced a fellowship event at Old Chicago to watch the Dallas Cowboys play the Washington Redskins. President **Karen** reminded us of the importance of the Program Committee meeting to be held on September 29, and that all PCRC members are members of the Program Committee, so bring your ideas! She also reminded us of the District Awards Banquet on October 3, and asked that we attend to support the club and members who have been nominated.



Shawn Foster announced our speaker today, **Dave Lieber**, columnist for the Dallas Morning News, to speak on "Moving to Texas: Is the Bark Worse Than the Bite?" He began by saying that he grew up in Manhattan, and had no idea about Texans. He started as a journalist and left New York. He said that he had dreamed of being in a nudist colony when he was young, but when he was asked to do a story on one while living in Florida, he had to

Please remember ...

Please let us know your Joys or Concerns at- announcements@parkcitiesrotary.org



spend three days in one, and it was not much fun. He also remarked on writing after 9-11. He did not know what to write, but then his phone started ringing with people who had stories to tell, and he wrote twenty columns based on those stories. He said he moved to Fort Worth after being hired by the *Star-Telegram*. He was to write three columns a week, but he did not understand Texas. He tried to write as he used to, but his Editor said he wasn't fitting in. He tried to read books to understand how Texans spoke and to understand the food and other things in Texas. One thing he learned was that it was in the DNA of Texans to try to connect with people. He said he even tried to ride a bull to become a Texan, but he stayed on it only 1.6 seconds. In desperation, he prayed to find a Texas woman to date, to take him around and explain Texas, and to help him edit his columns. Within a few weeks, he was asked to cover a women's event where he met Karen, the woman of his dreams and her two children, as well as her dog, the dog of his nightmares. Finally, he wrote his proposal to Karen as a newspaper column, then went to her home as soon as the paper was delivered to read it to her; she said, "Yes." After that column many people called to find out her response. He said that he gets about a hundred letters a week about problems. From these he created Watchdog Nation, based on the power of being one out of one hundred people with the same problem. He also brought cups to illustrate how to shop at Starbucks, and how the names of the sizes of cups are not really descriptive. He also said that he started speaking in Rotary Clubs in the 1980s and the Four-Way Test meant something then. He said it doesn't any more, except in Texas. He believes he is lucky to live in Texas, and especially lucky since he is not a native.

Our Mission

Building a legacy of good works and fellowship, we strive to:
 REACH those in need in partnership with others
 INSPIRE tomorrow's leaders with high ethical standards
 FOSTER lives of service above self
 - A supporting member of Rotary International

The Hub is the weekly newsletter of the Rotary Club of Park Cities (Dallas)
 Betty Dawson, *Editor*

Shutterbug Committee

Fred Speno, *Chair*

Bulletin/Internet Advertising

Shawn Foster, *Chair*



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6704 Snider Plaza

Dallas, Texas 75205

Office Phone: 214-739-4170

Office Fax: 214/363-6980

Email: club@parkcitiesrotary.org

www.parkcitiesrotary.org



K. R. Ravindran
Colombo, Sri Lanka
President, Rotary International
www.rotary.org

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www.rotary5810.org

EVENTS CALENDAR

September						
S	M	T	W	Th	F	S
		M	M	M	M	
			V	V	Cn	Mtg
6	M	M	M	M	In	Mtg
13				BD		Mtg
20	M	M	M	M	In	Mtg
27	M	M	M			

Get Involved!

AED = Defibrillator Training
 BI = Blood Drive
 BD = Board of Dirs. Mtg, 7am
 LaMadeleine, 75 & Mockingbird
 Cn = PCR Connect Event.
 CP = ChildsPlay Work Mtg
 D = District 5810 Event
 DH = Dentistry with a Heart
 FR = Family of Rotary Event
 F = Fellowship Event
 FF = RCPC Foundation Fund Mtg. See Ed Fjordbak

In- Interact at Hillcrest H.S., 8 am. See Bart Noble
 In-Interact Special Project
 M = Meals on Wheels (Different teams on each day)
 See Patsy Watson
 Mentoring at Hillcrest H.S.
 Mc = Ronald McDonald House-See Jina McDaniel
 NM = New Member Event
 Pr = Program Committee Mtg
 RU = Rotary University
 SpE = Special Service Event
 Web-lite = on your computer

UPCOMING PROGRAMS



Sept. 25 PE Tracy Gomes, "A Taste for Change: RCPC Takes a Bite of Hunger"]



Oct. 2 TBA
College Football Game Day



Oct. 9 Cal Jillson
The Upcoming Election



Oct. 16 TBA
Patriot Paws – Supporting Disabled Vets

ROTARY CONNECTED

Linked In RI: www.linkedin.com/groups?gid=858557&trk=hb_side_g **RCPC**: www.linkedin.com/groups?gid=1248747&trk=hb_side_g

Interesting New Thread: Does Rotary Like to Brag?



Tweet of the week: **Rotary Down Under** ?@rotarydownunder. The largest @Rotary Logo in the world is in the Philippines. It's an artificial reef helping the fishing industry



RI: www.facebook.com/rotary
Dist. 5810: www.facebook.com/RotaryDistrict5810

Interesting New Thread: Join us on Oct. 23 for our third annual World Polio Day event. Tune in at 6:30 p.m. Eastern to watch an update on the fight to end polio and take part in the conversation. www.endpolio.org/worldpolioday



RCPC has its own channel: <http://vimeo.com/channels/rotaryclubofparkcities/>

Miss a Meeting? Watch it Online!



RI has its own channel on YouTube offering a growing collection of videos and psas.



Check out or add to RI's Flickr group often, www.flickr.com/groups/familyofrotary/



<http://pinterest.com/rotary/>
RI has Pinboards on major projects.



www.statigr.am/rotaryinternational
See RI's latest pictures via Instagram.

CLUB ANNOUNCEMENTS

Sign up at www.parkcitiesrotary.org

A Taste of Change, Thurs, Oct 22, 7:00-10:00 pm, at 7070 Turtle Creek Lane, Dallas 75205 (complimentary valet). Chef DAT, of "Twenty-Seven" restaurant, and twenty other local eateries from the DFW area, wine and spirits provided. Tickets: \$45 per person plus a bottle of wine for the wine raffle; link on RCPC web

Dist Awards Banquet, Sat, Oct 3, 7:00pm-?? Details on 5810 website

Rotary University. The **Rotary Basics** class is scheduled for **Sat, Sep 19th, 8:00am to 3:30pm** at SMU's main campus. Questions? See K. Farris

RCPC Foundation: \$50 (or more) every year when your name appears in the book below – or early to support the North TX Food Bank Project!

Like Us! <https://www.facebook.com/pages/Rotary-Club-of-Park-Cities/115439238516325>

The **Directory** is on line: Log in > Click on left side under My ClubRunner > View Club Directory or View Club Photo Directory. Other archives are at Club Documents

THOUGHTS ON ...

The Brain

The brain is a wonderful organ. It starts working the moment you get up in the morning and does not stop until you get into the office.

~ Robert Frost

The human brain starts working the moment you are born and never stops until you stand up to speak in public.

~ George Jessel

The human brain is a most unusual instrument of elegant and as yet unknown capacity.

~ Stuart Seaton

Brain: an apparatus with which we think we think.

~ Ambrose Bierce

Estimated amount of glucose used by an adult human brain each day, expressed in M&Ms: 250

~ Harper's Index

RCPC FOUNDATION

Our Funders for Next Week are

Charles Polansky
Charlie Pollan
Michael Rainwater
Jodie Ray
Philip Ray

INTERACT AT HILLCREST H.S.

Interact Kick-Off

Interact kicked off the new school year on Sept. 10 to a packed house.



HE PROFITS MOST WHO LAUGHS BEST

Now that I'm older, here are a few more things I've discovered:

1. It was a whole lot easier to get older than it was to get wiser.
2. Some days, you're the top dog, some days you're the hydrant.
3. I wish the buck really did stop here, I sure could use a few of them.

4. Kids in the backseat cause accidents.
5. Accidents in the back seat cause kids.
6. It is hard to make a comeback when you haven't been anywhere.
7. The world only beats a path to your door when you're in the bathroom.

We gratefully acknowledge

ASTRO-GRAPHICS

for the partial funding of The Hub

Happy Birthday

Tom Dortch 9.18
Ira Denton 9.21
Tania Boughton 9.22
Jack Murdock 9.22
Mary Bishop 9.24

