

The Chagrin Valley Rotary Club Presents

The Inaugural

Chagrin Film Fest 5K



Sunday, September 29, 2013

To Benefit
The Leukemia & Lymphoma Society

RACE SCHEDULE

8:00 AM :: Registration & Packet Pick-Up
9:00 AM :: 5K Run Start

REGISTRATION & RACE LOCATION

Chagrin Falls High School Football Stadium

PRICING

Pre-Registration: \$20 (Age 11 & Over)
\$10 (Kids 10 & Under)
Race Day: \$25 (Age 11 & Over)
\$15 (Kids 10 & Under)

REGISTER ONLINE at www.hermescleveland.com

Online registration will close Friday, Sept.27th at 9am.

MAIL IN REGISTRATION must be received by Sept. 25

Mail to: Hermes Sports & Events, 1624 St. Clair Ave,
Cleveland, OH 44114 (Checks to Hermes Sports & Events)

Name: _____

Address: _____

City/State/Zip: _____

Email: _____

Please check one, if applicable, for David's Trophy:

Chagrin Falls Kenston N/A



AWARDS

Awards for 5K Race: top male and female finisher, top 3 finishers in each age group: 10 & Under, 11-12, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & over

David's Trophy: award for whichever school system, Kenston or Chagrin Falls, has the most participants in the race. School will retain Trophy until next year's race.

QUESTIONS? Contact Hermes at 216.623.9933

Can't make it out, but still want to support The Leukemia & Lymphoma Society in the fight to cure blood cancers? Visit teamintraining.org/noh to donate or send your gift to:

The Leukemia & Lymphoma Society
5700 Brecksville Road, 3rd Floor
Independence, OH 44131

Age on Race Day: _____ Date of Birth: _____

Gender: M F

T Shirt Size (Circle): S M L XL XXL

Extra Donation: \$ _____

Team (if applicable): _____



I agree to assume all risks involved in participating in the Chagrin Film Fest 5K and do for myself, my heirs, executors, administrators, and assignees waive any and all claims for damages that I may have against The Cleveland Clinic, The Leukemia & Lymphoma Society Hermes Sports & Events, The Chagrin Valley Rotary Club, or the Chagrin Documentary Film Fest promoters, sponsors or anyone involved in the production of this race, regarding any and all injuries suffered by me while running, traveling to and from, or participation in this event, for myself, my heirs and/or assignors.

I hereby grant full permission to any or all of the foregoing to use any photography, video tapes, motion pictures, recordings, and/or other record of this event for any legitimate purpose. All race entries are non-refundable. We reserve the right to reject entries.

Participant Signature or Parent/Guardian (under 18)

Date

TEAM IN TRAINING is the world's largest endurance sports' charity training program. Participants fundraise for cancer research, patient aid and advocacy. It is a celebration of life, the human spirit, physical ability and mental endurance. Our dedicated and experienced coaches will help you reach your training goals and you will receive fundraising support and encouragement from a mentor—a past participant who has successfully completed the program's training and fundraising.

Chagrin Film Fest 5K
 Sunday, September 29, 2013



SPONSORSHIP FORM

On Sunday, September 29, you will be racing at the Chagrin Film Fest 5K.

At the Leukemia & Lymphoma Society, we are racing towards a cure.

Join us in this fight to cure blood cancers, and extend the reach that the 5K can have.

Over 78% of every dollar raised goes right to the mission supporting patient aid, medical research and advocacy. Every dollar counts in this fight, and we appreciate your help in creating a future that will be cancer free!

You can also donate online at www.teamintraining.org/noh/donate

Thank you for doing your part to cure blood cancers!

CONTRIBUTIONS

Name	Address (Street, City, State, Zip)	Email	Donation*
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____

4 Simple Steps to make a difference!

- 1. SET A RUNDRAISING GOAL.** Raising \$500 or \$5000? Setting a goal helps you achieve great things.
- 2. COLLECT CONTRIBUTIONS.** Use the sponsor form to ask family, friends, neighbors and co-workers for donations. You are awarded prizes based on the dollar amount you turn in.
- 3. PLAN FUNDRAISERS.** Get creative. The more fun you have, the more FUNds you'll raise.
- 4. MAIL IN YOUR CONTRIBUTIONS.** Send your collected contributions to:
 THE LEUKEMIA & LYMPHOMA SOCIETY
 5700 Brecksville Rd.
 Independence, OH 44131

HOW TO RAISE \$200 IN A WEEK

- Day 1: Start by sponsoring yourself for \$10
- Day 2: Ask 3 family members to contribute \$10
- Day 3: Ask 3 co-workers to sponsor you for \$10
- Day 5: Ask 5 neighbors to contribute \$10
- Day 6: Ask your boss for a company contribution of \$10 and check to see if they offer matching funds.
- Day 7: Ask two businesses you frequent for \$10—your hairdresser, doctor, dentist, vet, or super market.

TOTAL RAISED: \$ _____

*Please make checks payable to The Leukemia & Lymphoma Society

