

Santa Rosa Sunrise Rotary - Sunriser III Mike Kelly, President

Buty Roster



Mon Apr 07, 2014

Welcome to the Rotary Club of Santa Rosa Sunrise! Established June 30, 1986

Home

Editor Max Bridges
If you have any comments or
questions, please contact the
editor.

Bulletin Sponsor



Venue Man

SUNRISE

Santa Rosa Sunrise

We meet Thursdays at 7:15 AM Fountaingrove Inn 101 Fountain Grove Parkway Santa Rosa, CA 95403 United States

(3)

District Site

Interested in being a sponsor?

Download the website sponsorship guide

Schedule of Future Programs

Apr 10, 2014 Paula Downing

Market Match Program and Manager of Sebastopol Farmers Market

Apr 17, 2014
PDG Maureen Merrill
Club dynamics, membership.

etc.
Apr 25, 2014
Special Time and Date - Evening

Meeting
Dr. Weston Fields - The Dead
Sea Scrolls

Jun 05, 2014 Peter Banks Climate Change

View entire list...



News

Bulletin Archive Oct 01, 2012 by Dave Lorenzen

Photo Journal Archive Jul 02, 2012 by Dave Lorenzen



Club Events



The April 10th Program is.....Posted by Max Bridges on Apr 03, 2014

Paula Downing, Manager Sebastopol Farmers' Market



Paula will tell us about the Market Match Program.



The April 3rd. Program Summary.....
Posted by Richard Randolph on Apr 06, 2014

Denise Cadman

Laguna de Santa Rosa Foundation



Denise is the Natural Resource Specialist for the City of Santa Rosa. This position involves managing 1500 acres of irrigated and natural area land in the Laguna de Santa Rosa; planting creek corridors, removing invasive species, conducting studies and performing long-term surveys on plants, birds and mammals. An education program compliments these efforts. Denise grew up in the wilds of Rincon Valley and received her BA, secondary teaching credential and MA from the biology department of Sonoma State University. She teaches at Santa Rosa Junior College as an adjunct faculty member in the Life Science Department in addition to working for the City of Santa Rosa and she and her husband operate a draft horse powered family farm in the Laguna de Santa Rosa. Denise attributes her career in natural resource management to a love of bird watching.

Denise provided a comprehensive overview of the regional importance of the Laguna de Santa Rosa in north bay ecology. Fed by numerous creeks carrying runoff from the Eastern Mayacamas Range, the Laguna watershed is habitat to insect, bird, reptile and mammalian species. Supported by a very proactive Foundation with conservation, education and restoration activities, the Laguna is currently restoring riparian marshlands through public volunteer initiatives such as the Re-Leaf project April 26 to replant trees along distrubed creek beds.

Part of conserving the environment involves monitoring of sediment and toxic substance levels in the water. Current studies are developing models to forecast maximum loads of pollutants tolerable to sustain ecological health.

Denise was supported at the meeting by Laguna Foundation Director David Bannister.

Sunrise Rotary Hiking Group - April Jenner Headlands Apr 19, 2014

The Dead Sea Scrolls Dinner-OUR MEETING THIS WEEK Sally Tomatoe's Event Center

Sally Tomatoe's Event Center Apr 25, 2014 05:30 PM - 08:30 PM

Rebuilding Together-Apr 26, 2014 08:00 AM - 05:00 PM

District Conference--Double Tree Hotel, RP Double Tree Hotel - Rohnert Park May 16, 2014 08:00 AM - May 18, 2014 01:00 PM

Sunrise Rotary Hiking Group - May Petrified Forest 100th Anniversary Event & Hike May 18, 2014

Annual Fun-Packed Golf Tournament--Oakmont Oakmont Golf Course Jun 13, 2014 11:00 AM - 08:00 PM

2014 "Best Winery Chef's" Fundraiser Nov 08, 2014 06:00 PM - 11:00



Santa Rosa Sunrise Rotary Foundation

Club Links

- » Partners of Santa Rosa Sunrise Rotary
- What Are My Make Up Options?

Dental Clinic

- » How to Contact the Sunshine Committee
- » Rotary Showcase SRSR
- » SR Sunrise Facebook Page
- » Youth Exchange District 5130
- » SCARC Meeting Schedule
- » Rotary International Business Portal
- » Latest "Rotarian Magazine"
- » Rotary Means Business Website

Directors

President

President Elect Harry Coffey

Secretary Linda Hauck

Treasurer Penny Millar

Past President Jennifer Hembd

Rotary Foundation
Jon Stark

Membership Rob Sanville

Service Projects



Craft Talk - Bill Fogarty
Posted by Richard Randolph on Apr 03, 2014

Another Blue Badge Earned!



Bill brought his banking skill to Sonoma County from Seattle. He is Credit Officer for Summit Bank. Recently gaining a grand daughter, Bill and wife-grandmother Sheryl look forward to doting over her later this month when she-and her parents arrive from Seattle. Welcome and congratulations Bill & Sheryl!

DINNER AND THE DEAD SEA SCROLLS! - FRIDAY, APRIL 25th

DINNER & THE DEAD SEA SCROLLS

The Amazing origins and discoveries which shook the World!

What: AN EVENING WITH DR. WESTON FIELDS EXECUTIVE DIRECTOR OF THE DEAD SEA SCROLLS FOUNDATION & ALASKA COMMERCIAL FISHERMAN!

Where: SALLY TOMATOES EVENT CENTER, ROHNERT PARK

1100 Valley House Drive - Rohnert Park, CA. 94928 - 707.665.9472

When: FRIDAY, APRIL 25 - 5:30PM to 8:30PM

Cost: \$40.00 - Including a generous donation to the Dead Sea Scrolls Foundation

SUMPTOUS GOURMET SIT-DOWN 4-COURSE DINNER

- Assorted Cheeses with fresh fruit, nuts, crostini and sliced baguette
- Grilled Flatbread with Sicilian Olive Pesto
- > Hearts of Romaine with toasted pine nuts, dried cherries and gorgonzola
- > Grilled succulent Chicken Picatta, mushroom risotto and fresh vegetables
- > Chocolate Bourbon Torte and coffee

5:30PM - NO-HOST COCKTAILS AND CONVERSATION

6:15PM - GOURMET DINNER

6:45PM - PROGRAM -- The Fascination of the Dead Sea Scrolls!

7:45PM - QUESTIONS & ANSWERS -- with Dr. Fields

8:30PM - PROGRAM CONCLUDES

FOLLOWING THE PROGRAM -- DR. FIELDS WILL SELL & SIGN

HIS BOOK ON THE DEAD SEA SCROLLS.

SEATING IS LIMITED - RESERVE SPACE NOW AT \$40 VIA PAYPAL



OR MAIL CHECKS TO "SANTA ROSA SUNRISE ROTARY" c/o Marty Behr, 509 Oak Vista Lane, Santa Rosa, CA 95409



Doug Shureen

Club Administration Jim Grav

President Nomine **Eloise Tweeten**

Merle Hayes

Photo Journals

- » Meeting Sightings
- » 2013-14 Hiking Trips
- » 2014 Fireside at Children's Museum
- » 2014 Vicki's Garden
- 2014 Nicaragua
- » 2013 "Best Winery Chef's" » 2013 Veteran's Day Lunch
- » 2013 Steel Lane School
- Garden
- > 2013 Day at the Races
- > 2012-13 Meeting Sightings
- » 2013 Debunking of Jennifer Hembd
- » 2013 Golf Tournament
- » 2013 Kagoshima West 50th
- » 2013 Interact Camping Trip to
- » 2013 Golf Tournament
- » 2013 "Rebuilding Together"
- Proiect
- » 2013 "Third Thursday" Socials
- » 2013 Senior Center Crab and Pasta Feed

* Special Dates For April

Birthday's and Anniversaries for April Member Birthdays

Name	Date
Waggener, Kelly	Apr 01
Martin, Larry	Apr 02
Amend, Steve	Apr 10
Stark, Jon	Apr 11
Eakin, Tom	Apr 12
Treleaven, Peter	Apr 12
Behr, Marty	Apr 17
Moir, Jim	Apr 20
Tamanaha, Dicksie	Apr 22
Shureen, Doug	Apr 23
Drucker-Andress, Stacy	Apr 24
Jones, Ross	Apr 27
Bridges, Max	Apr 28

Spouse Birthdays

Name	Spouse Of	Date
Treleaven, Marie	Treleaven, Peter	Apr 02
Fakin Joanne	Fakin Tom	Apr 13

- » 2012 Veteran's Day Lunch
- » 2012 Culinary Classic
- » 2012-13 Dental Clinics
- 2012 SRKSEP
- » 2012 Giants Game Fellowship
- » 2012 DG Visit Fireside
- » 2012-13 Hiking Trips

RSS

Rotary International News

- Peace fellow Ali Reza Eshraghi on today's Iran
- Water project unites Lebanon clubs across all divides
- Southeast Asia declared polio free
- Join Rotary's End Polio Now Thunderclap
- Do-it-yourself libraries

Download

- » 2014 Hiking Schedule
- » 2014 Golf Tournament Save The Date
- > 2014 Golf Tournament Sponsor Solicitation
- > 2012/13 Fundraising/Funding Report
- » "Donate My Car" Form
- "Rotary Basics"
- » Why Become A Rotarian?
- » 2011-12 Service & Activity Report
- » RI Foundation Benefactor Commitment Card
- Michael Scott De Shields Application Information
- » Youth Grants
- Sabalos Nicaragua Surgery Center Information





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Click here to place your

 Martin, Laura
 Martin, Larry
 Apr 13

 Stark, Terry
 Stark, Jon
 Apr 18

 Drucker-Andress, Stacy
 Andress, Ross
 Apr 24

 Cercone, Carol
 Cercone, Frank
 Apr 28

Anniversaries

Name	Spouse Name	Years	Date
Tweeten, Eloise	Strange, Jack	5 years	Apr 12, 2009
Leasher, Olin	Leasher, Judith	48 years	Apr 16, 1966



* This week's "Rotary Foundation Thought"

Posted by Dave Lorenzen on Apr 07, 2014

This week's "Rotary Foundation Thought"

April 7, 2014

.....is about Ambassadorial Scholar Alumni.



Four alumni who traveled from the USA to study in Buenos Aires, Argentina have formed Project Patagonia, which provides educational support for school children. The alumni are constructing a multimedia library to meet both short and long-term educational needs at two schools for low-income students in rural Argentina. They are also providing school supplies and nutritional support. Ambassadorial Scholars represent the very best in intellect and character and they are future Rotarians. Every Rotarian, Every Year – imagine all we can accomplish today and tomorrow. Consider inviting local Rotary Foundation alumni to become members of your Rotary Club.

This Week's Rotary Foundation Thought" is a weekly article posted in the weekly bulletin from the Rotary Club of Santa Rosa Sunrise. For a listing of all past articles, go to the Sunrise Website > Committee Pages > International Service > Foundation Thoughts, or click on this weblink.

News from Rotary International

Posted by Max Bridges on Apr 03, 2014

Peace fellow Ali Reza Eshraghi on today's Iran



Former Rotary Peace Fellow Ali Reza Eshraghi sits down with The Rotarian magazine to talk about his work in Iran.

Iranian-born journalist Ali Reza Eshraghi, 35, is the Iran project manager at the Institute for War and Peace Reporting and a teaching fellow in the Department of Communication Studies at the University of North Carolina at Chapel Hill. After working as an editor at several Tehran newspapers – all of which were eventually banned or shut down by the government – he became a visiting scholar at the University of California, Berkeley, and met Pate Thomson and Mary Alice Rathbun, of the Rotary Club of Berkeley. In 2012, he completed his studies as a Rotary Peace Fellow at the Duke-UNC Rotary Peace Center.

The Rotarian: You were born shortly before the Iranian Revolution of 1979 and the start of the Iran-Iraq War in 1980. What was it like growing up in that time and place?

Eshraghi: It was a time of turmoil and dramatic changes. I was born and raised in Isfahan, an ancient city with breathtaking architecture, spectacular palaces, and beautiful boulevards. But it was not left unharmed by Iraqi air raids and missiles. Some of my classmates lost their lives in the air raids.

TR: How has the atmosphere for journalists changed since you worked in Tehran?

Eshraghi: Journalism in Iran is like navigating a minefield with your eyes closed. You always feel you are in danger. Everyone suffers from "doorbell syndrome" – the fear that the security forces will come to arrest you. I was not in Iran in 2009, following the disputed presidential election, but many journalists were arrested then and are still in jail. When Hassan Rouhani became president in 2013, things began to improve somewhat, but fears and concerns still haunt Iranian journalists.

TR: What is the Institute for War and Peace Reporting?

Eshraghi: It is a nonprofit media development organization with field offices in different parts of the world – particularly in conflict zones. It tries to help people communicate with one another under challenging circumstances, to enable them to hold their governments accountable and to make better decisions based on accurate information.

TR: Are you optimistic about changes in Iran's political climate?

Eshraghi: I am cautiously optimistic. I am mostly optimistic about the people of Iran, who helped bring moderates to power in the country. Iran is in a region full of conflicts – the bloody counterrevolution in Egypt, tensions in Tunisia, insecurity in Libya and Yemen, the violent civil war in Syria, the crackdown on the democratic movement in Bahrain. The people of Iran, in such an environment, realized their demands in the most civil of manners. After all, elections are a century-old tradition there.

TR: What are the obstacles to peaceful relations between Iran and the West?

Eshraghi: Iran and the United States do not know each other well, and misunderstandings have led to bad policymaking. The first step in conflict resolution is to get each side to stop trying to force the other side to accept unilateral demands. The other side should be given an offer that it can consider saying yes to without feeling that it is capitulating.

TR: What would you like people to know about Iran?

Eshraghi: Iran, like any other country, is a complicated place. In the U.S. media, stories are told within a simplistic framework of good and evil. This is not the reality. Society and government are entangled; sometimes they cooperate with each another, and sometimes the government is forced to accept the demands of society.

Learn more about Rotary Peace Fellowships

Help support Rotary Peace Centers

Share your thoughts on Ali Reza Eshraghi's insight about Iran in the Rotarians Worldwide discussion group.

By Paul Engleman

Adapted from a story in the April 2014 issue of The Rotarian

3-Apr-2014



* RI President's Message Posted by Max Bridges on Mar 31, 2014

April 2014



Dear fellow Rotarians,

Like attending a Rotary club meeting, reading Rotary magazines is an essential part of the shared experience of being a Rotarian. When you pick up a Rotary publication, whether it's Rotary Down Under in Australia and New Zealand, or The Rotary-No-Tomo in Japan, you'll find that every single one does just what it's meant to do: It informs, and it inspires. It keeps you up to date with Rotary news, brings you new ideas for your Rotary service, and tells stories that are relevant and meaningful to you. To me, these publications around the world are a tangible representation of Rotary's greatest strength: that each club is a local, community-based entity, engaged in a truly global network.

This organization is incredibly large and diverse, and as much as we all have in common in Rotary, we are not a place where one size fits all. Our expectations of a magazine, both culturally and linguistically, are naturally going to be different. With our regional publications, Rotarians in Bulgaria can find out what's going on in Rotary in Bulgaria, and what's going on elsewhere in the Rotary world, along with the latest news

from Evanston. Because each one of our Rotary publications belongs to the family of Rotary magazines – each one is, like every Rotary club, both fully local and fully part of our international identity.

One of the greatest privileges of being RI president is the ability to speak directly, every month, to every one of our 1.2 million Rotarians. It's awe-inspiring to me, as I write this, to think of all of you, sitting down in your living rooms or at the breakfast table or maybe on the train to work, reading these words, and then turning the page to find out what's new in Rotary. And overwhelmingly, that is exactly what each of you does. Not just because your Rotary magazine turns up in the mailbox, or because you feel you have to – but because Rotary magazines are good magazines. I hope that when you pick up your publication – whichever one you're reading right now – you get the same feeling of pride, and ambition, that I do.

Rotary magazines remind us that as Rotarians, we are all part of something larger than ourselves. They show us just how much we can achieve through Rotary. Through them, we see what our Foundation dollars do, we see what our fellow Rotarians are doing, and we are inspired to Engage Rotary, Change Lives even more.

Ron D. Burton President, Rotary International



* Cliff Dochterman's "ABC's Of Rotary"

Posted by Dave Lorenzen on Apr 07, 2014

These short articles about Rotary were first published in the weekly bulletin of the Rotary Club of North Stockton, California, U.S.A. That was well before their author, Cliff Dochterman, became president of Rotary International for the year 1992-93. Originally called "Did Ya Know?" the pieces were prepared to share

interesting facts about Rotary International with members of the North Stockton club. Later, in response to requests from other Rotary clubs, the articles were reprinted in collected form. Now, President Cliff has brought the collection up to date in keeping with one of the emphases of his year in office as R.I. president - to help Rotarians learn more about the colorful history of their organization, its customs and traditions, and the current status of its global programs.



This Week's articles are about "Campaigning Prohibited" and "The Rotary Foundation's Beginning"

CAMPAIGNING PROHIBITED

One of the interesting bylaws of Rotary International provides that "no Rotarian shall campaign, canvass, or electioneer for elective position in Rotary International." This provision includes the office of district governor, Rotary International director, RI president, and various elected committees. The Rotary policy prohibits the circulation of brochures, literature, or letters by a candidate or by anyone on behalf of such a candidate.

After a Rotarian has indicated an intention to be a candidate for one of the elective Rotary offices, he or she must refrain from speaking engagements, appearances, or publicity that could reasonably be construed as furthering his or her candidacy. The only information that may be sent to clubs relating to candidates for an elective position is that which is officially distributed by the general secretary of RI.

A Rotarian who becomes a candidate for an elective position, such as district governor or RI director, must avoid any action that would be interpreted as giving him or her an unfair advantage over other candidates. Failure to comply with these provisions prohibiting campaigning could result in the disqualification of the candidate.

In Rotary, it is believed that a Rotarian's record of service and qualifications for office stand on their own and do not require publicity or special promotion.

THE ROTARY FOUNDATION'S BEGINNING

Some magnificent projects grow from very small seeds. The Rotary Foundation had that sort of modest beginning.

In 1917, RI President Arch Klumph told the delegates to the Atlanta convention that "it seems eminently proper that we should accept endowments for the purpose of doing good in the world." The response was polite and favourable, but the fund was slow to materialize. A year later, the Rotary Endowment Fund, as it was originally labelled, received its first contribution of US \$26.50 from the Rotary Club of Kansas City, Missouri, USA, which was the balance of the Kansas City convention account following the 1918 annual meeting. Additional small amounts were contributed each year, but



after six years the endowment fund had reached only \$700.A decade later, The Rotary Foundation was formally established at the 1928 Minneapolis convention.

In the next four years, the Foundation fund grew to \$50,000. In 1937, a \$2 million goal was announced for The Rotary Foundation, but these plans were cut short and abandoned with the outbreak of World War II. In 1947, upon the death of Paul Harris, a new era opened for The Rotary Foundation as memorial gifts poured in to honour the founder of Rotary. From that time, The Rotary Foundation has been achieving its noble objective of furthering "understanding and friendly relations between peoples of different nations." By 1954, the Foundation received for the first time a half million dollars in contributions in a single year, and in 1965 a million dollars was received.

It is staggering to imagine that from those humble beginnings, The Rotary Foundation is now receiving more than \$65 million each year for educational and humanitarian work around the world.

Cliff Dochterman's "ABC's Of Rotary" can be found in it's entirity at the Santa Rosa Sunrise Rotary Club Website, or a complete copy of the "ABC's" can be downloaded in pdf from this link.

* Message from the Foundation Trustee Chair



Posted by Max Bridges on Mar 31, 2014

April 2014



Celebrate Magazine Month

Today, with Rotary's club membership spanning more than 200 countries and geographical areas, its publications are more vital than ever. The RI Board of Directors has designated April of every year as Magazine Month, and it is a time to recognize the role that our Rotary publications play in our Rotary lives – and the role that we should play in our publications.

The Rotarian, which is edited here at RI headquarters in Evanston, III., USA, has a circulation of about 500,000. Around the world, 31 more magazines are published in more than 20 languages. In total, these 32 magazines reach more than 1.2 million people. To make this happen, it takes more than just an editorial staff – it also takes the good work of Rotarians. I always feel that the best part of reading any Rotary publication is the opportunity to find out what other clubs are doing. Each issue, each article, is a chance to be informed and inspired.

In an era when electronic communication seems to be everywhere, the role of paper magazines is still important to our organization, but we must be open to new formats to get the word out. That's why, this April, I encourage you all to explore *The Rotarian* magazine's new digital experience: TheRotarianMagazine.com. Email the stories to friends and family. Share them on Facebook and Twitter. This is a chance to take the great ideas and great work of Rotarians even further and to inspire future generations to do the same.

D. K. Lee Foundation Trustee Chair



* Remember the Pictures
Posted by Max Bridges on Apr 03, 2014

Check Out the Pictures from the Weekly Meetings

Link to Meeting Sightings



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the websites photo journal called **"Meeting Sighting"** Please not that all the meeting photos for the entire Rotary year are at this location with the most recent on the last page.

Thanks for all the great pictures Warren and Steve! Link to Meeting Sightings. The most recent are on the last page! Additional photos may be found on the SR Sunrise Facebook Page.

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Santa Rosa Sunrise			



Santa Rosa Sunrise Rotary - Sunriser III Mike Kelly, President



Mon Apr 14, 2014

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We meet Thursdays at 7:15 AM Fountaingrove Inn 101 Fountain Grove Parkway Santa Rosa, CA 95403 United States

Venue Map

2 Duty Roster

District Site

Interested in being a sponsor?



Schedule of Future Programs

Apr 17, 2014
PDG Maureen Merrill
Club dynamics, membership, etc.

Apr 25, 2014
Special Time and Date - Evening
Meeting
Dr. Weston Fields - The Dead

Dr. Weston Fields - The Dead Sea Scrolls

Jun 05, 2014 Peter Banks Climate Change

Jun 12, 2014 Angie Howard Rotary Youth Exchange

View entire list...



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Photo Journal Archive Jul 02, 2012 by Dave Lorenzen



Club Events

Sunrise Rotary Hiking Group - April

Stories



The April 17th. Program is.....Posted by Max Bridges on Apr 10, 2014

Maureen Merrill Past District Governor



Maureen will discuss club dynamics, membership and related topics!



The April 10th Program Summary.....
Posted by Richard Randolph on Apr 13, 2014

Paula Downing, Manager

Sebastopol Farmers' Market



Paula has a long tradition of valuing & promoting local food producers. She farmed in Oregon for many years, in California pursued a career as a Legal Para-professional, developing fine administrative skills. Working as Manager of Sebastopol's Farmers Market, she has enlisted the support of Ecology Center of Sonoma County to administer Market Match, a budget-stretching program to leverage fresh food purchases at the Farmers Market. Describing the advantage as a "Twofer", extending both buying power and quality fresh food the twofer doubly benefits farmers whose products are more extensively consumed. Economically speaking, these multiplying Market Match programs add significantly to



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Sunrise We



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Santa Rosa Sunrise

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Dr. Weston Fields - The Dead Sea Scrolls

May 01, 2014 Steven Cambell

Making Your Mind Magnificent

Jun 05, 2014 Peter Banks

Climate Change
Jun 12, 2014

Angie Howard Rotary Youth Exchange

Jun 19, 2014 Canine Companions Dogs In Service

View entire list...



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Photo Journal Archive Jul 02, 2012 by Dave Lorenzen



Club Events

Stories

The April 24th. Program is..... Posted by Max Bridges on Apr 17, 2014

Change of Venue

No meeting this week.

Learn about the Dead Sea Scrolls and enjoy a great meal on Friday, April 25.

DINNER AND THE DEAD SEA SCROLLS! - FRIDAY, APRIL 25th

DINNER & THE DEAD SEA SCROLLS

The Amazing origins and discoveries which shook the World!

What: AN EVENING WITH DR. WESTON FIELDS EXECUTIVE DIRECTOR OF THE DEAD SEA SCROLLS FOUNDATION & ALASKA COMMERCIAL FISHERMAN!

Where: SALLY TOMATOES EVENT CENTER, ROHNERT PARK 1100 Valley House Drive - Rohnert Park, CA. 94928 - 707.665.9472

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Cost: \$40.00 - Including a generous donation to the Dead Sea Scrolls Foundation

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- Assorted Cheeses with fresh fruit, nuts, crostini and sliced baguette
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SEATING IS LIMITED - RESERVE SPACE NOW AT \$40 VIA PAYPAL



OR MAIL CHECKS TO "SANTA ROSA SUNRISE ROTARY" c/o Marty Behr, 509 Oak Vista Lane, Santa Rosa, CA 95409



SCARC Meeting - Russian River Highland Dell Apr 24, 2014 06:30 PM - 09:00

The Dead Sea Scrolls Dinner-OUR MEETING THIS WEEK

Sally Tomatoe's Event Center Apr 25, 2014 05:30 PM - 08:30

Rebuilding Together-Apr 26, 2014 08:00 AM - 05:00 PM

May 2014 DUAL Board Meeting Interiors Inc. Board Room May 13, 2014 05:30 PM - 07:30

District Conference Double Tree Hotel, RP Double Tree Hotel - Rohnert Park May 16, 2014 08:00 AM - May

18, 2014 01:00 PM

Sunrise Rotary Hiking

Group - May Petrified Forest 100th Anniversary Event & Hike May 18, 2014

NO SCARC MEETING THIS MONTH

May 29, 2014

June 2014 DUAL Board Meeting Interiors Inc. Board Room Jun 10, 2014 05:30 PM - 07:30 PM

Annual Fun-Packed Golf Tournament--Oakmont

The April 17th. Program Summary.....

Posted by Richard Randolph on Apr 17, 2014

Maureen Merrill

Past District Governor

Oakmont Golf Course Jun 13, 2014 11:00 AM - 08:00

SCARC Meeting - Santa Rosa

Jun 26, 2014 06:00 PM - 09:00 PM

2014 "Best Winery Chef's" Fundraiser

Nov 08, 2014 06:00 PM - 11:00 PM



Santa Rosa Sunrise Rotary Foundation

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Directors

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President Elect Harry Coffey

Secretary Linda Hauck

Treasurer Penny Millar

Past President Jennifer Hembd

Rotary Foundation Jon Stark

Membership Rob Sanville

Is Everybody H A P P Y ???

If not, our Past District Governor Maureen Merrill can confidently prescribe a variety of antidotes to heal a sad-sack club.

Armed with a Hula Hoop, in official Rotary colors, Maureen provided a succinct and engaging anatomy of the dynamic of happiness. Did you know a National Gross Happiness Index exists? GNHI for short.

The higher the happiness, the better the individual and group performs, as much as 50% more than an unhappy counterpart. In her clarification Maureen discussed four specific dimensions of happiness:

- 1. Engaging RELATIONSHIPS & SOCIAL CONNECTIONS
- 2. OPTIMISM openly expressed: Accentuate the positive!!
- 3. Activities provide MEANINGFUL PURPOSE to the extent that boredom and cynicism are absent. A "Curmudgeon's" table is not to be found in a happy group.
 - 4. DIVERSITY thrives! Whether by virtue of age, profession, gender or national origin, differences are valued as strengths, and respected for their originality.

Expressions such as "the happy wife leads to a happy life", "staying in the hoop" and "attitude predicts altitude" were mentioned as capturing the essence of the transformative Happiness Movement.

Effective, happy leaders also recognize the power inherent in valuing different, individual gifts. They take advantage of individual uniqueness and in so doing leverage progress. Maureen's group activity helped us discern three different skill types: Inviting, Processing & Engaging new members, in the form of President Elect Harry Coffee, Jim Moir, and Rich Randolph

Each of these Rotarians had a chance to match Maureen's hooping prowess, with varying degrees of success. Suffice it to say Maureen's point was not to intensify competition, but rather collaboration, bringing differences together, in this case, to effectively grow membership.

The Club had an exuberant session of brainstorming, discovering each other's unique way to spin an issue as well as a hoop. Thank you Maureen for the lip, as well as hip reading lessons!



Service Projects Doug Shureen

Club Administration

Jim Gray

President Nominee
Eloise Tweeten

Public Relations Merle Hayes

Photo Journals

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- » 2012-13 Hiking Trips

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Rotary International News

- Alumni award winners turn heads with unique accomplishments
- Paralympian Dennis Ogbe defying paralysis
- Moving doctor's office rescues women from breast cancer
- Writer and war widow Artis
 Henderson finds peace
 through Rotary
- Peace fellow Ali Reza Eshraghi on today's Iran

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News from Rotary International

Posted by Max Bridges on Apr 18, 2014

Alumni award winners turn heads with unique accomplishments



Maya Ajmera visits a shelter for abandoned girls in Chennai, India. The Global Fund for Children, which she founded, provides seed funding to organizations that educate children and protect their rights.

Maya Ajmera founded the Global Fund for Children in 1993 to provide seed money to community-based organizations that help at-risk children across the world. Since then, GFC has awarded more than \$32 million in grants to over 600 organizations in 80 countries, improving the lives of millions of children – from educating AIDS orphans in Uganda to conducting so-called curbside classrooms for waste pickers in Cambodia.

"Education is the key to getting human beings out of poverty," says Ajmera, whose studies at St. Xavier's College in Mumbai were sponsored by the Rotary Club of China Lake in California. "Community-based organizations are probably the most creative in being able to find the most marginalized children and provide education that is meaningful and makes sense in their lives."

In recognition of her work, Ajmera was chosen by The Rotary Foundation Trustees to receive the 2013-14 Rotary Foundation Global Alumni Service to Humanity Award. She will receive the honor at the Rotary International Convention in Sydney on 3 June.

Ajmera credits extraordinary leadership at the grassroots level, combined with the ability and willingness to work as partners, for GFC's success. "Trust is really important," she says. "You also need good ways of measuring outcomes: how many kids got educated, how many were kept off the streets, how many got psychosocial counseling."

Nowhere was the need for leadership and trust more evident than in Afghanistan in the 1990s. GFC awarded \$5,000 to the Afghan Institute for Learning to fund the secret education of 600 girls. Even after the September 11 attacks, GFC continued its support, including a \$25,000 sustainability grant to establish a reserve fund. Today, the institute reaches more than 400,000 women and children annually with education and health care.GFC has also released over 30 children's books, including "Children from Australia to Zimbabwe," co-authored by Ajmera, of which a portion of the proceeds from sales support the organization's grant making. And it's invested in documentary films like "War Child," which tells the story of hip hop artist Emmanuel Jal, a former child soldier in Sudan's brutal civil war. Jal spoke at the Rotary World Peace Symposium in Bangkok in 2012.

Ajmera stepped down as GFC's president in 2011. She is now a visiting scholar and professional lecturer at the Paul H. Nitze School of Advanced International Studies at Johns Hopkins University in Washington, D.C., and social entrepreneur in residence and visiting professor of the practice of public policy at Duke University in Durham, North Carolina.

"For me, Rotary was an incredible inspiration," says Ajmera, adding that without the scholarship there wouldn't be a Global Fund for Children. "The scholarship fed my soul."

Alumni association helping to end polio

The alumni association of District 3020 in India can take pride in knowing they helped make history. On 27 March, the World Health Organization certified that Southeast Asia, which includes India, had eradicated polio.

"[The association's] members actively participated in National Immunization Days and contributed liberally to The Rotary Foundation and polio eradication," says S.R. Yogananda, a regional Rotary Foundation coordinator.

In recognition of their humanitarian work, the association has been selected to receive the 2013-14 Rotary Foundation Alumni Association of the Year Award. The award will be presented to K. Soma Sundera Sai, founder and longtime president of the association, and other association members at the Rotary Alumni Celebration in Sydney on 31 May.

Many of the members are Rotarians who have been involved in grant-funded service projects, from establishing an orphanage in India to creating a sustainable health care program for schoolchildren in Thailand.

Sai says association members are all about staying connected - to each other, their communities, and Rotary.

"Once I realized the value and potential of the alumni to Rotary and its Foundation, it became a part of my life," says Sai.

Report

- » RI Foundation Benefactor Commitment Card
- Michael Scott De Shields Application Information
- Youth Grants
- Sabalos Nicaragua Surgery Center Information





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Sign up for the Reconnect newsletter

Nominate candidates for the 2014-15 alumni awards

Dan Nixon

Rotary News

18-Apr-2014

Rotary Hike

Posted by Max Bridges on Apr 21, 2014

Jenner Headlands April 19, 2014



Sunrisers and their guests enjoyed an outstanding tour of this Sonoma Land Trust property high above the mouth of the Russian River.

Additional photos of this trip and all the 2013-14 hiking trips may be found at: 2013-2014 Hiking Trips





* This week's "Rotary Foundation Thought" Posted by Dave Lorenzen on Apr 21, 2014

This week's "Rotary Foundation Thought"

April 21, 2014

.....is about ChCheering for the Foundation.

"I became a true Rotarian. It was that GSE experience. It was a defining moment. I came back and realized that the Foundation was my charity of choice and that I had to convince others that it should be theirs also." The visit to a makeshift school during a Group Study Exchange in South Africa helped to change Rotarian John Tomalson from Canada. He learned that real teaching is about the love of teaching; he also learned what it meant to be a Rotarian.



As the team leader of his GSE team he was already a dedicated Rotarian but what he saw in South Africa made him not just a Rotarian but a cheerleader for the Rotary Foundation. He saw firsthand the importance of the Rotary Foundation's programs and the impact they have on the world. Through John's efforts and the Rotary Club of Bolton, ONT, Canada that makeshift school he visited has now benefited from two matching grants. Meanwhile John is busy telling everyone about The Rotary Foundation and why Every Rotarian, Every Year is his charity of Choice.

This Week's Rotary Foundation Thought" is a weekly article posted in the weekly bulletin from the Rotary Club of Santa Rosa Sunrise. For a listing of all past articles, go to the Sunrise Website > Committee Pages > International Service > Foundation Thoughts, or click on this weblink.



* Special Dates For April

Posted by Dave Lorenzen on Apr 01, 2014

Birthday's and Anniversaries for April Member Birthdays

Waggener, Kelly Apr 01 Martin, Larry Apr 02 Amend, Steve Apr 10 Stark, Jon Apr 11 Eakin, Torm Apr 12 Treleaven, Peter Apr 12 Behr, Marty Apr 17 Moir, Jim Apr 20 Tamanaha, Dicksie Apr 22 Shureen, Doug Apr 23 Drucker-Andress, Stacy Apr 24 Jones, Ross Apr 27 Bridges, Max Apr 28	Name	Date
Amend, Steve Apr 10 Stark, Jon Apr 11 Eakin, Tom Apr 12 Treleaven, Peter Apr 12 Behr, Marty Apr 17 Moir, Jim Apr 20 Tamanaha, Dicksie Apr 22 Shureen, Doug Apr 23 Drucker-Andress, Stacy Apr 24 Jones, Ross Apr 27	Waggener, Kelly	Apr 01
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Shureen, Doug Apr 23 Drucker-Andress, Stacy Apr 24 Jones, Ross Apr 27	Moir, Jim	Apr 20
Drucker-Andress, Stacy Apr 24 Jones, Ross Apr 27	Tamanaha, Dicksie	Apr 22
Jones, Ross Apr 27	Shureen, Doug	Apr 23
	Drucker-Andress, Stacy	Apr 24
Bridges, Max Apr 28	Jones, Ross	Apr 27
	Bridges, Max	Apr 28

Spouse Birthdays

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Treleaven, Marie	Treleaven, Peter	Apr 02
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Martin, Laura	Martin, Larry	Apr 13
Stark, Terry	Stark, Jon	Apr 18
Drucker-Andress, Stacy	Andress, Ross	Apr 24
Cercone, Carol	Cercone, Frank	Apr 28

Anniversaries

Name	Spouse Name	Years	Date
Tweeten, Eloise	Strange, Jack	5 years	Apr 12, 2009
Leasher, Olin	Leasher, Judith	48 years	Apr 16, 1966



Posted by Dave Lorenzen on Apr 21, 2014

These short articles about Rotary were first published in the weekly bulletin of the Rotary Club of North Stockton, California, U.S.A. That was well before their author, Cliff Dochterman, became president of Rotary International for the year 1992-93. Originally called "Did Ya Know?" the pieces were prepared to share interesting facts about Rotary International with members of the North Stockton club. Later, in response to requests from other Rotary clubs, the articles were reprinted in collected form. Now, President Cliff has brought the collection up to date in keeping with

one of the emphases of his year in office as R.I. president - to help Rotarians learn more about the colorful history of their organization, its customs and traditions, and the current status of its global programs.



This Week's articles are about "Rotary World Peace Scholarships" and "Group Study Exchange (Discontinued)"

ROTARY WORLD PEACE SCHOLARSHIPS

In 1999, The Rotary Foundation launched the Rotary Centers for International Studies in peace and conflict resolution, a partnership with eight leading universities around the world to provide advanced educational opportunities for a group of Rotary World Peace Scholars chosen from various countries and cultures. Each year, 70 scholars are selected to begin two-year master's-level degree or certificate programs in conflict resolution, peace studies, and international relations. Each Rotary district may nominate one candidate for a world-competitive selection process every year. The first World Peace Scholars began their studies in the 2002-03 academic year.



The Rotary Centers provide future leaders with opportunities to study the root causes of conflict, theories of international relations, and effective models of cooperation. Beyond academics, Rotary Scholars will gain practical tools in conflict resolution for use in their chosen careers. The Rotary Centers will also help to advance research, teaching, and publication on issues related to conflict resolution and world understanding.

The Rotary Centers for International Studies mark an exciting new chapter in Rotary's mission to help achieve world understanding and peace. It is envisioned that Rotary World Peace Scholars will contribute significantly to the world community in a variety of ways working for international agencies such as the United Nations or for governments as diplomats, foreign service officers, economists, or policy analysts.

GROUP STUDY EXCHANGE (Discontinued)

One of the most popular programs of The Rotary Foundation was Group Study Exchange.

Since the first exchange between districts in California and Japan in 1965, the program has provided educational experiences for more than 44,500 business and professional men and women who have served on about 9,000 teams.

The GSE program pairs Rotary districts to send and receive study teams. Since 1965, almost US \$79.5 million has been allocated by The Rotary Foundation for Group Study Exchange grants. One of the attractive features of GSE is the opportunity for the visiting team members to meet, talk, and live with Rotarians and their families in a warm spirit of friendship and hospitality. In addition to learning about another country through visits to farms, schools, industrial plants, professional offices, and governmental establishments, the GSE team members serve as ambassadors of goodwill. They interpret their home nation to host Rotarians and others in the communities they visit. In recent years, teams of a single vocation or cultural group have been exchanged. Some GSE teams help create humanitarian projects between their countries. Many of the personal contacts blossom into lasting friendships.

Truly, the Group Study Exchange program has provided Rotarians with a most enjoyable, practical, and meaningful way to promote world understanding.

The Rotary Foundation no longer funds GSE from 1 July, 2013. Some districts will continue with the GSE Program, funding it out of their own district funds.

Cliff Dochterman's "ABC's Of Rotary" can be found in it's entirity at the Santa Rosa Sunrise Rotary Club Website, or a complete copy of the "ABC's" can be downloaded in pdf from this link.



* Remember the Pictures
Posted by Max Bridges on Apr 17, 2014

Check Out the Pictures from the Weekly Meetings

Link to Meeting Sightings



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the websites photo journal called **"Meeting Sighting"** Please not that all the meeting photos for the entire Rotary year are at this location with the most recent on the last page.

Thanks for all the great pictures Warren and Steve! Link to Meeting Sightings. The most recent are on the last page!

Additional photos may be found on the SR Sunrise Facebook Page.

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Jenner Headlands Apr 19, 2014

SCARC Meeting - Russian River

Highland Dell Apr 24, 2014 06:30 PM - 09:00

The Dead Sea Scrolls **Dinner-OUR MEETING THIS WEEK**

Sally Tomatoe's Event Center Apr 25, 2014 05:30 PM - 08:30

Rebuilding Together-Apr 26, 2014 08:00 AM - 05:00 PM

May 2014 DUAL Board

Meeting Interiors Inc. Board Room May 13, 2014 05:30 PM - 07:30

District Conference-Double Tree Hotel, RP Double Tree Hotel - Rohnert May 16, 2014 08:00 AM - May 18. 2014 01:00 PM

Sunrise Rotary Hiking Group - May Petrified Forest 100th Anniversary Event & Hike May 18, 2014

NO SCARC MEETING THIS

May 29, 2014

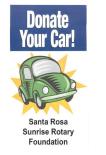
June 2014 DUAL Board Meeting Interiors Inc. Board Room Jun 10, 2014 05:30 PM - 07:30

Annual Fun-Packed Golf Tournament--Oakmont Oakmont Golf Course Jun 13, 2014 11:00 AM - 08:00

SCARC Meeting - Santa Rosa Jun 26, 2014 06:00 PM - 09:00

2014 "Best Winery Chef's" **Fundraiser**

Nov 08, 2014 06:00 PM - 11:00



Club Links

- » Partners of Santa Rosa Sunrise Rotary
- What Are My Make Up Options?
- How to Contact the Sunshine
- » Rotary Showcase SRSR
- » SR Sunrise Facebook Page
- » Youth Exchange District 5130
- » SCARC Meeting Schedule
- » Rotary International Business
- » Latest "Rotarian Magazine"
- » Rotary Means Business

local farmers revenue. Through collaboration with Sonoma County Food System Alliance up to a 10% income gain goes into local farmers pockets.

The Farmer's Market is a key player in raising nutritional awareness. Roseland High School students conducted a survey of prominent displays in nearby grocery stores. They discovered the influence of proximity on purchasing, and that the products displayed were not always, in fact seldom those of high nutritional content. With recent studies indicating 30% of children obese or diabetic, all effort's to improve healthy diet are critical to public health. In Sonoma County 78 thousand people qualify for Food Stamps through Cal Fresh or SNAP programs. That is 20% of the county's population. The county's 37 regional Farmer's Markets are on the healthy eating front lines. Groups such as "Voices", advocates for homeless youth are grateful for Market Match's "Twofer" benefits: Just ask them about "Jimmie", the young man who transformed his self image by discovering the power of healthy cooking and eating.

DINNER AND THE DEAD SEA SCROLLS! - FRIDAY, APRIL 25th

DINNER & THE DEAD SEA SCROLLS

The Amazing origins and discoveries which shook the World!

What: AN EVENING WITH DR. WESTON FIELDS EXECUTIVE DIRECTOR OF THE DEAD SEA SCROLLS FOUNDATION & ALASKA COMMERCIAL FISHERMAN!

Where: SALLY TOMATOES EVENT CENTER, ROHNERT PARK 1100 Valley House Drive - Rohnert Park, CA. 94928 -- 707.665.9472

When: FRIDAY, APRIL 25 - 5:30PM to 8:30PM

Cost: \$40.00 - Including a generous donation to the Dead Sea Scrolls Foundation

SUMPTOUS GOURMET SIT-DOWN 4-COURSE DINNER

- Assorted Cheeses with fresh fruit, nuts, crostini and sliced baguette
- Grilled Flatbread with Sicilian Olive Pesto
- Hearts of Romaine with toasted pine nuts, dried cherries and gorgonzola
- Grilled succulent Chicken Picatta, mushroom risotto and fresh vegetables
- Chocolate Bourbon Torte and coffee

5:30PM - NO-HOST COCKTAILS AND CONVERSATION

6:15PM - GOURMET DINNER

6:45PM - PROGRAM -- The Fascination of the Dead Sea Scrolls!

7:45PM - QUESTIONS & ANSWERS -- with Dr. Fields

8:30PM - PROGRAM CONCLUDES

FOLLOWING THE PROGRAM -- DR. FIELDS WILL SELL & SIGN HIS BOOK ON THE DEAD SEA SCROLLS.

SEATING IS LIMITED - RESERVE SPACE NOW AT \$40 VIA PAYPAL



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News from Rotary International

Moving doctor's office rescues women from breast cancer

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President Elect Harry Coffey

Secretary Linda Hauck

Treasurer

Penny Millar

Past President Jennifer Hemk

Rotary Foundation Jon Stark

Membership Rob Sanville

Service Projects

Doug Shureen

Club Administration
Jim Gray

President Nominee
Eloise Tweeten

Public Relations
Merle Hayes

Photo Journals

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- » 2013-14 Hiking Trips
- » 2014 Fireside at Children's Museum
- 2014 Vicki's Garden
- » 2014 Nicaragua
- > 2013 "Best Winery Chef's"
- 2013 Veteran's Day Lunch
- <u>2013 Steel Lane School</u>
 <u>Garden</u>
- 2013 Day at the Races
- » 2012-13 Meeting Sightings
- 2013 Debunking of Jennifer Hembd
- 2013 Golf Tournament
- » 2013 Kagoshima West 50th Anniversary
- 2013 Interact Camping Trip to Point Reyes
- » 2013 Golf Tournament
- » 2013 "Rebuilding Together" Project
- » 2013 "Third Thursday" Socials
- 2013 Senior Center Crab and Pasta Feed
- 2012 Veteran's Day Lunch
- » 2012 Culinary Classic
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- » 2012 SRKSEP
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RSS

Rotary International News

Paralympian Dennis Ogbe defying paralysis



Maryland, USA, Rotary members Christopher Puttock and Rachel Blair (left), pay a visit to the Mammobus last year to check on the project's status. With them are Dr. K. N Srinivasan (far right) and Mrs. Vijayalakshmi, who coordinates the bus's schedule for the K Shantha Breast Cancer Foundation.

In Tamil Nadu, India, two doctors, both members of the Rotary Club of Srirangam, discovered an alarming trend in the remote city outskirts of Trichy, women dying of breast cancer.

Drs. K. Govindaraj and K.N. Srinivasan knew that much of the death and suffering could be avoided, and both were motivated by their personal experiences with the disease. Govindaraj watched his mother die of breast cancer a decade earlier, and helped found the Dr. K. Shantha Breast Cancer Foundation in her memory. Srinivasan, an oncologist, witnessed unprecedented growth in the number of younger patients coming to his clinic with advanced stages of the disease.

According to the National Cancer Registry of India, 20 to 40 women per 100,000 are suffering from breast cancer. And because many women lack the resources to travel to the city, or the\$50 fee for proper screening, the doctors needed a unique approach. During a trip to South Korea, Govindaraj saw a large van outfitted with X-ray equipment parked outside a mall, and thought a moving doctor's office and lab -- or "mammobus" -- could overcome the challenges they faced.

Through a Rotary global grant, the men were able to buy and outfit their own bus. Since April 2012 the Shantha Foundation's mammobus, supported by local Rotarians and the Rotary Club of Rockville, Maryland, USA, has administered 2,500 free breast cancer screenings. Early stage cancer has been detected and treated in six women, and thousands have been taught how to conduct regular self-exams, an important means of early detection.

"Women have started feeling that they have easy access to health without compromising their day to day work and earnings," Srinivasan says. "Women come out to our health workers with their health-related problems and discuss freely about various aspects of health and diseases, not just about breast cancer."

The mammobus cost \$34,000 and is equipped with a mammography machine, an ultrasonogram, and materials that teach the method and importance of self-exams. The Shantha Foundation maintains the vehicle and reaches out to nongovernmental organizations, women's groups, and employers to arrange visits. The bus stops anywhere a large group of women congregate, with priority given to rural areas. The Srirangam club also helps line up visits and widely promotes the bus through various media.

"More and more clubs and NGOs want to participate and are booking the mammobus well in advance," says Srinivasan. "We are already booked until the end of May."

Govindaraj says if something is detected during screening, the woman is given the choice to get a biopsy at the Shantha Foundation's affiliated hospital, or to have the foundation arrange a biopsy with a local radiologist.

If a biopsy proves malignant, the woman is advised to undergo treatment in a hospital in her own city or, if willing, to receive treatment at the Shantha Foundation hospital. Either way, the procedure is covered by government insurance. The foundation provides follow-up support and counseling for patients and families.

Dr. Chenguttai Dheenan, a retired surgeon and member of the Rotary Club of Rockville, Maryland, USA, became involved in the project after he met a member from Tamil Nadu at Rotary's international convention. In addition to convincing his club to support the project, Dheenan, a lifelong member of the American Tamil Medical Association, secured a \$5,000 donation from the association.

"In many cases, this will be the first doctor these women have seen," says Dheenan. "This venture is bringing life-saving detection right to their doorsteps."

Rotary members have also been lining up volunteers to ride on the bus and talk to the women about HIV/AIDS awareness and other health issues.

Meanwhile, the doctors have been gathering medical data that will benefit universities in India and other countries, data that up to this point had not been available.

"I wish and pray for many more mammobuses in our country," says Srinivasan. "Healthy women are the backbone of a community."

Arnold R. Grahl

Rotary News

11-Apr-2014

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- Water project unites Lebanon clubs across all divides

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* This week's "Rotary Foundation Thought" Posted by Dave Lorenzen on Apr 14, 2014

This week's "Rotary Foundation Thought" April 14, 2014

.....is about Changing and Saving Lives.



Have you ever considered that your contribution to The Rotary Foundation may mean the difference between life and death? Rotary Foundation Matching Grant projects have helped provide the Malawi Children's Village (MCV) with everything from clean water, food and medications to blankets, sewing machines and a windmill. The Rotary Club of Canandaigua, New York, USA and Chakunga Sibale, director of the MCV, founded the program in 1997 and it is supported locally by the Rotary Club of Limbe. "The MCV has had a very great effect to relieve the suffering of children in my country," says Sibale. Rotarian's contributions to this project have literally meant the difference between life and death for many of the children in the MCV program.

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More News from RI

Posted by Max Bridges on Apr 14, 2014

Paralympian Dennis Ogbe defying paralysis



For Paralympian Dennis Ogbe, upper-body strength means everything after losing use of his left leg because of Polio.

Dennis Ogbe grips the discus in his right hand. He swings his arm and twists at the waist as far to the right as he can. With one move he snaps back, letting the saucer fly. Upper-body strength is important for any discus thrower, but for Ogbe, a Paralympian, it's everything.

At age three, Ogbe contracted malaria, and while receiving treatment at a clinic near his home in rural Nigeria, he became infected with the poliovirus. Paralyzed from the waist down, he was sent home in the arms of his mother.

He credits his physical rehabilitation to a harsh form of therapy – the taunts of the other children in his village. After taking his crutches away, kids would dare him to take several steps forward before they would allow Ogbe to join in a game of soccer with them. Eventually, his right leg became stronger and he could walk without a wheelchair or crutches, but his left leg remained paralyzed.

Ogbe, now a U.S. citizen, has made a name for himself in the international Paralympic community and holds the American records for discus and shot put. While competing, he earned a bachelor's degree and an MBA from Bellarmine University in Louisville, Ky. Today he serves as an advocate for polio eradication and as an ambassador for the United Nations Foundation's Shot@Life campaign to promote childhood immunizations. He spoke at Rotary's World Polio Day: Making History event on 24 October in Chicago, which is where we caught up with him.

"Whatever I do in this life, I hope and pray that it is going to inspire people," he says. "I hope it challenges them: 'If Dennis can do it, I can do it.'"

THE ROTARIAN: What challenges did you face growing up with polio?

OGBE: In Nigeria, people with disabilities are often cast away or encouraged to be beggars. Polio was evident everywhere, at the bus stops and on the streets. But my father wanted me to have a better life. He told me that he would not see one of his children on the streets, left to beg. He realized that an education would be my saving grace.

Most people don't think of school. In Nigeria, it's often survival of the fittest. My father believed that in any disability, there's always an ability. And he gave me the opportunity to figure out what mine was.

TR: What was it that drew you to athletics?

OGBE: When I was in school, I had to push myself to play sports. I tried tennis, high-jump, and basketball, but I walked with a big limp, making it difficult. At the time, the only sports available for people with disabilities were shot put, javelin, power-lifting, and track. I couldn't participate in track because I couldn't afford a better wheelchair. So I found heavy spare rods at auto shops and began to practice throwing.

Eventually I began competing. I ended up throwing for Nigeria at the 2000 Paralympic Games in Sydney, Australia. There I met an assistant track and field coach for the USA. He must have seen something in me, because I was offered a partial sports scholarship to Bellarmine University, where I competed against able-bodied athletes.

When I wasn't studying or training, I was working five jobs to pay tuition. If I look at my life without sports, I wouldn't be where I am today. The competitiveness in sports was the push I needed from the very beginning when I contracted polio. It gave me a goal to work toward. It was the mentality of "I can do more" that brought me to where I am today.

TR: How does this competitive mentality help you in your work fighting polio?

OGBE: My father always told me that it's not how one starts that matters, it's how one finishes. The end is still a hundred miles away, but I know one thing: When I am crossing that finish line, I want to be holding hands with the people who have helped me in my life. There have been many people who have gone out of their way to help me get to where I am today, and I owe it to them to finish strong. That's how I feel about polio. It's been a long fight, but we have many friends. I know if we continue to give it our best shot, we will finish this race on top.

Megan Ferringer

Adapted from a story in the April 2014 issue of The Rotarian

14-Apr-2014



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Posted by Dave Lorenzen on Apr 01, 2014

Birthday's and Anniversaries for April

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Posted by Dave Lorenzen on Apr 14, 2014

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This Week's articles are about "The Permanent Fund of the Rotary Foundation" and "Ambassadorial Scholarships"

THE PERMANENT FUND OF THE ROTARY FOUNDATION

It was Arch Klumph, father of The Rotary Foundation, who said, "We should look at the Foundation as being not something of today or tomorrow, but think of it in terms of the years and generations to come." That's why the Foundation's Permanent Fund is considered the most important way to ensure the future of Rotary's educational and humanitarian programs. Contributions to this fund, formerly called the Endowment for World Understanding and Peace,

are invested for the future. Only earnings from their investment are used to support Foundation programs. Ultimately, it is intended that the Permanent Fund will provide a steady and secure supplement to Foundation support, always guaranteeing a minimum level of program activity and allowing for the possibility of new and expanded programs in the future.

The Foundation gives special recognition to donors to the Permanent Fund as Major Donors, Bequest Society Members, and Benefactors. Major Donors make gifts of US \$10,000 or more; Bequest Society Members include the Permanent Fund in their estate plans for \$10,000 or more; and Foundation Benefactors make provisions in their will or make an outright contribution of \$1,000 to the fund. These individuals are ensuring that The Rotary Foundation will remain a powerful force for good in the world far into the future.

AMBASSADORIAL SCHOLARSHIPS

The Rotary Foundation Ambassadorial Scholarships program is the world's largest privately funded international scholarships program. In 1947, 18 "Rotary Fellows" from 11 countries were selected to serve as ambassadors of

goodwill while studying in another country for one academic year. Since that time, approximately US\$413 million has been expended on some 34,000 scholarships for people from some 110 countries, studying in 105 countries around the world.

The purpose of the scholarships program is to further international understanding and friendly relations among people of different countries. Scholars are expected to be outstanding ambassadors of goodwill to the people of the host country through both informal and formal appearances before Rotary and non-Rotary groups. Each scholar is assigned a host Rotarian counsellor to facilitate involvement in Rotary and integration into the host culture.

Since 1994-95, The Rotary Foundation has offered two new types of scholarships in addition to the Academic-Year Ambassadorial Scholarships. The Multi-Year Ambassadorial Scholarship is awarded for two years of specific degree-oriented study abroad. The Cultural Ambassadorial Scholarship provides funding for three or six months of intensive language study and cultural immersion in another country.

In addition to being an investment in the education of tomorrow's leaders, Rotary Foundation scholarships create personal links between countries and are an important step toward greater understanding and goodwill in the world.

The Rotary Foundation will no longer fund Ambassadorial Scholars from 1 July, 2013.

Cliff Dochterman's "ABC's Of Rotary" can be found in it's entirity at the Santa Rosa Sunrise Rotary Club Website, or a complete copy of the "ABC's" can be downloaded in pdf from this link.



* Remember the Pictures
Posted by Max Bridges on Apr 10, 2014

Check Out the Pictures from the Weekly Meetings

Link to Meeting Sightings



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the websites photo journal called **"Meeting Sighting"** Please not that all the meeting photos for the entire Rotary year are at this location with the most recent on the last page.

Thanks for all the great pictures Warren and Steve! Link to Meeting Sightings. The most recent are on the last page!

Additional photos may be found on the SR Sunrise Facebook Page.

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Santa Rosa Sunrise Rotary - Sunriser III Mike Kelly, President



Mon Apr 28, 2014

Home

Editor Max Bridges If you have any comments or questions, please contact the editor.

Bulletin Sponsor



Welcome to the Rotary Club of Santa Rosa Sunrise! Established June 30, 1986



We meet Thursdays at 7:15 AM Fountaingrove Inn 101 Fountain Grove Parkway Santa Rosa, CA 95403 United States

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District Site

Interested in being a sponsor?

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Schedule of Future Programs

May 01, 2014 Steven Cambell Making Your Mind Magnificent

May 08, 2014 Peter Hoberg Vocational Service

May 15, 2014 David Drum Aurora Santa Rosa Hospital

May 22, 2014 Elsie Allen Interact Club

Jun 05, 2014 Peter Banks Climate Change

Jun 12, 2014 Angie Howard Rotary Youth Exchange

Jun 19, 2014 Canine Companions Dogs In Service

Jun 26, 2014 President Mike Kelly President's Message

View entire list...



Bulletin Archive Oct 01, 2012 by Dave Lorenzen

Photo Journal Archive Jul 02, 2012 by Dave Lorenzen

The May 1st. Program is... Posted by Max Bridges on Apr 24, 2014

Steven Campbell

Making Your Mind Magnificent



After working in hospital administration for 20 years, Steven Campbell acquired his Masters and went on to pursue his greatest love...teaching, where he was a college professor and educational dean for another 20 years. After writing his third book, Making Your Mind Magnificent, he now conducts Seminars around the nation on changing what we say to ourselves about ourselves. These include such organizations as hospitals, drug abuse programs, weight loss programs, Head Start Programs, and hospitals, just to name a few. He also hosts a two-hour weekly radio program titled Making Your Mind Magnificent on http://kows107-3.org/

For the first time, a BFO will strike the Fountaingrove Inn, and it's expected to make a direct hit on our Club.

BFO stands for "Blinding Flash of the Obvious". That's what his students call Steven Campbell's seminar titled "Making Your Mind Magnificent." This is a seminar he has been teaching for twenty years on a university level, and yet it makes such perfect and easy sense that we recognize it in ourselves immediately!

Did you know that while I am talking to you, you are talking to yourself three times faster, and that your brain believes and accepts everything you are saying? So when you say, "I can't do that!" your brain simply agrees, and blocks out ways for you to do it. However... when you say "I CAN do that!" your brain agrees just as quickly, and actually <u>looks</u> for ways for you to do it. In addition, all of this self-talk is not only recorded by our brains, it determines how we see ourselves (called our self-image). And...we do not have one self-image, we have tens of thousands, and they in turn determine how we much we can still learn, grow, and change.

Steven Campbell, former professor and now nationwide speaker, is the author Your Mind Magnficent - Flourishing at Any Age, and a weekly radio host on Making Your Mind Magnificent on KOWS.



The Dead Sea Scrolls

Posted by Max Bridges on Apr 25, 2014

Dr. Weston Fields

Executive Director of the Dead Sea Scrolls Foundation



Club Events

May 2014 DUAL Board

Meeting
Interiors Inc. Board Room May 13, 2014 05:30 PM - 07:30

District Conference

Double Tree Hotel, RP Double Tree Hotel - Rohnert Park May 16, 2014 08:00 AM - May 18, 2014 01:00 PM

Sunrise Rotary Hiking

Group - May Petrified Forest 100th Anniversary Event & Hike May 18, 2014

NO SCARC MEETING THIS MONTH

May 29, 2014

June 2014 DUAL Board Meeting

Interiors Inc. Board Room Jun 10, 2014 05:30 PM - 07:30

Annual Fun-Packed Golf Tournament--Oakmont Oakmont Golf Course

Jun 13, 2014 11:00 AM - 08:00 PM

SCARC Meeting - Santa Rosa

Jun 26, 2014 06:00 PM - 09:00 PM

2014 "Best Winery Chef's" Fundraiser

Nov 08, 2014 06:00 PM - 11:00





Santa Rosa Sunrise Rotary Foundation

Club Links

- » Partners of Santa Rosa Sunrise Rotary
- » What Are My Make Up Options?
- » How to Contact the Sunshine Committee
- » Rotary Showcase SRSR **Dental Clinic**
- » SR Sunrise Facebook Page
- » Youth Exchange District 5130
- » SCARC Meeting Schedule
- » Rotary International Business
- » Latest "Rotarian Magazine"
- » Rotary Means Business Website

Directors



Dr. Fields provided a great deal of information regarding the discovery, content and history of the Dead Sea Scrolls. His information was highlighted by his personal involvement and interaction with many of cast of characters associated with the Scrolls since their discovery some

His presentation provided answers to the following questions:

What are the scrolls and where were they found?

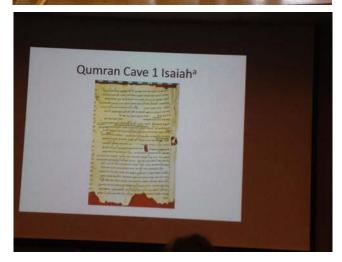
Why are the scrolls so important?

Where are they now and what is their present availability?

How can you take part in the publication of the scrolls?

For the rest of the story, go to the Foundation web site at: Dead Sea Scrolls Foundation





News from Rotary International Posted by Max Bridges on Apr 24, 2014

President

President Elect Harry Coffey

Secretary Linda Hauck

Treasurer Penny Millar

Past President Jennifer Hembd

Rotary Foundation Jon Stark

Membership
Rob Sanville

Service Projects

Doug Shureen

Club Administration
Jim Gray

President Nominee

Public Relations Merle Hayes

Photo Journals

- » Meeting Sightings
- » 2013-14 Hiking Trips
- 2014 Fireside at Children's Museum
- 2014 Vicki's Garden
- » 2014 Nicaragua
- » 2013 "Best Winery Chef's"
- » 2013 Veteran's Day Lunch
- » 2013 Steel Lane School Garden
- > 2013 Day at the Races
- » 2012-13 Meeting Sightings
- > 2013 Debunking of Jennifer Hembd
- 2013 Golf Tournament
- 2013 Kagoshima West 50th Anniversary
- » 2013 Interact Camping Trip to Point Reves
- » 2013 Golf Tournament
- » 2013 "Rebuilding Together" Project
- 2013 "Third Thursday" Socials
- <u>2013 Senior Center Crab and Pasta Feed</u>
- 2012 Veteran's Day Lunch
- 3 2012 Culinary Classic
- » 2012-13 Dental Clinics

» 2012 SRKSEP

- » 2012 Giants Game Fellowship
- » 2012 DG Visit Fireside
- » 2012-13 Hiking Trips

RSS

Rotary International News

- Rotary member sacrifices record deal for disaster relief
- Alumni award winners turn heads with unique accomplishments
- Paralympian Dennis Ogbe defying paralysis
- Moving doctor's office rescues women from breast cancer
- Writer and war widow Artis Henderson finds peace

Rotary member sacrifices record deal for disaster relief



Todd Shea, right, a member of the Rotary Club of Inwood, Manhattan, New York, distributes food to victims of the 2013 Typhoon disaster in the Philippines.

On September 11, 2001, Todd Shea found himself running toward ground zero. He had no business being there. A singer-songwriter with a record deal, Shea should have been prepping for a gig at CBGB, one of New York City's most iconic venues. Instead he was using his band's van to bring food, water, and supplies to first responders.

After five grueling days amid the rubble of the Twin Towers, Shea decided to sacrifice his musical career, and dedicate his life to disaster relief.

"Seeing the suffering in New York opened my eyes to what other people around the world are going through every day," says Shea. "I decided I wanted to be part of the solution, not the problem."

For the next 13 years Shea, 47, found himself in the epicenters of other disasters, including the South Asian tsunami in 2004, Hurricane Katrina in the U.S. and the Kashmir earthquake in 2005, the earthquake in Haiti and floods in Pakistan in 2010, the earthquake and tsunami in Japan in 2011, and the typhoon in the Philippines in 2013.

During each disaster Shea says he's gained more knowledge about disaster relief logistics.

"Large efforts take time to take shape," says Shea. "Trained disaster responders, like doctors, firefighters, and EMTs, work best when they don't have to worry about the backline, such as food, water, and supplies. They have more time to do what they are trained to do."

After the Pakistan earthquake in 2005, Shea decided not to leave the area after many organizations did. He founded the Comprehensive Disaster Response Services (CDRS), which provides health care and aid to Pakistanis who would otherwise have limited access to medical care.

The organization includes a rapid disaster response team that provides security, logistics, and communication support to medical teams and government agencies that are on the ground.

"It's all about coordinating together. I've been too many places where efforts were either wasted or duplicated," he says. "One village has everything and one village has nothing. We spread out to areas not being reached and try to organize a centralized system where all agencies can communicate and work together."

The CDRS facility includes a dental unit, vaccination center, maternity ward, pharmacy, laboratory, and ambulance. Shea lives in Pakistan about nine months a year.

In 2009 Shea helped to found Sustainable Healthcare Initiatives Now Empowering Humanity, which is based in the U.S. and provides international disaster relief and long-term sustainable health care initiatives in developing countries.

Shea finds Rotary

It was during Hurricane Katrina in New Orleans where Shea hooked up with Jim Kushner, past president and founding member of the Rotary Club of Inwood, Manhattan, New York. They coordinated animal rescue and the delivery of rubber rafts, and helped the military with search

"Jim and I are like brothers. We share a passion for helping those who are in need," says Shea. "He's proven to me with his time, sweat, and blood that putting yourself in danger for others is a noble and worthy endeavor."

Since Katrina, the two have joined forces on every major disaster.

"Todd just keeps going. No matter what has to be done, he finds a way to get it done," says Kushner. "He's like a locomotive that doesn't slow down when barriers are in the way."

In August Shea joined the Inwood club. Rotary clubs are as good as its members, he says.

"If you're motivated and you want to make a real difference, then join a Rotary club. I would encourage people who want to make real change to use Rotary as a platform. There is no better organization for it."

through Rotary

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- » 2014 Golf Tournament Brochure
- <u>2014 Golf Tournament Save</u> <u>The Date</u>
- > 2014 Golf Tournament Sponsor Solicitation
- > 2012/13 Fundraising/Funding Report
- » "Donate My Car" Form
- » "Rotary Basics"
- » Why Become A Rotarian?
- > 2011-12 Service & Activity Report
- » RI Foundation Benefactor Commitment Card
- Michael Scott De Shields Application Information
- Youth Grants
- Sabalos Nicaragua Surgery Center Information





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Strumming for a cause

Just because Shea isn't chasing his dream of becoming a music star doesn't mean he put down the guitar for good. He launched a musical and cultural collaboration with Pakistani and American musicians called Sonic Peacemakers. He organizes and plays concerts in both countries to raise funds and awareness for vulnerable children in Pakistan.

"Children are left out of the equation," says Shea. "I created CDRS so I can give them the health care that American children are afforded every day."

About his frenetic pace, Shea says he doesn't know how else to go if he wants to make a change.

"The world can be a very ugly place," he says. "I'm just trying to do my part to help turn indifference, intolerance, and hatred to love, kindness, and compassion."

Ryan Hyland

Rotary News

23-Apr-2014



* Special Dates For April

Posted by Dave Lorenzen on Apr 01, 2014

Birthday's and Anniversaries for April Member Birthdays

Name	Date
Waggener, Kelly	Apr 01
Martin, Larry	Apr 02
Amend, Steve	Apr 10
Stark, Jon	Apr 11
Eakin, Tom	Apr 12
Treleaven, Peter	Apr 12
Behr, Marty	Apr 17
Moir, Jim	Apr 20
Tamanaha, Dicksie	Apr 22
Shureen, Doug	Apr 23
Drucker-Andress, Stacy	Apr 24
Jones, Ross	Apr 27
Bridges, Max	Apr 28

Spouse Birthdays

Name	Spouse Of	Date
Treleaven, Marie	Treleaven, Peter	Apr 02
Eakin, Joanne	Eakin, Tom	Apr 13
Martin, Laura	Martin, Larry	Apr 13
Stark, Terry	Stark, Jon	Apr 18
Drucker-Andress, Stacy	Andress, Ross	Apr 24
Cercone, Carol	Cercone, Frank	Apr 28

Anniversaries

Name	Spouse Name	years	Date
Tweeten, Eloise	Strange, Jack	5 years	Apr 12, 2009
Leasher, Olin	Leasher, Judith	48 years	Apr 16, 1966



* Special Dates for May

Posted by Dave Lorenzen on May 01, 2014

Birthday's and Anniversaries for May Member Birthdays

Name	Date
Tweeten, Eloise	May 04
Riel, Michael	May 07
Gray, Jim	May 19
Banks, Peter	May 21
Zwick, Steve	May 21
Stathatos, Paul	May 30

Spouse Birthdays

NameSpouse OfDateHarryman, KathyHarryman, RalphMay 19

Anniversaries

 Name
 Spouse Name
 Years
 Date

 Sanville, Rob
 Sanville, Betsy
 37 years
 May 15, 1977

 Waggener, Kelly
 Lehman, Jason
 10 years
 May 15, 2004

 Behr, Marty
 Behr, Ginny
 28 years
 May 18, 1986

 Herron, Steve
 Herron, Laura
 18 years
 May 25, 1996



* This week's "Rotary Foundation Thought"

Posted by Dave Lorenzen on Apr 28, 2014

This week's "Rotary Foundation Thought" April 28, 2014

.....is about Matching Grants.

Rotary clubs in Honduras and Pennsylvania, USA partnered together to receive a Matching Grant to provide eye and vision care to needy people in Honduras. During a 10-day long mission, Rotarians from both clubs worked to provide a wide variety of vision services through clinics held at local schools and neighborhoods. Over 1,200 individuals were evaluated and 600 received prescription eyeglasses. A local non-governmental organization will continue to provide eyeglasses and medications to those in need. Improved eyesight can translate into improved educational or occupational opportunities, contributing greatly to improved quality of life. To be a Rotarian means to give of our time, talent and financial resources. Will you make that sacrifice so others may have a better life?

This Week's Rotary Foundation Thought" is a weekly article posted in the weekly bulletin from the Rotary Club of Santa Rosa Sunrise. For a listing of all past articles, go to the Sunrise Website > Committee Pages > International Service > Foundation Thoughts, or click on this weblink.



ABGs of Rotary

* Cliff Dochterman's "ABC's Of Rotary" Posted by Dave Lorenzen on Apr 28, 2014

These short articles about Rotary were first published in the weekly bulletin of the Rotary Club of North Stockton, California, U.S.A. That was well before their author, Cliff Dochterman, became president of Rotary International for the year

1992-93. Originally called "Did Ya Know?" the pieces were prepared to share interesting facts about Rotary International with members of the North Stockton club. Later, in response to requests from other Rotary clubs, the articles were reprinted in collected form. Now, President Cliff has brought the collection up to date in keeping with one of the emphases of his year in office as R.I. president - to help Rotarians learn more about the colorful history of their organization, its customs and traditions, and the current status of its global programs.



This Week's articles are about "Health, Hunger and Humanity (3-H) Grants" and "Foundation Grants"

HEALTH, HUNGER AND HUMANITY (3-H) GRANTS

In 1978, Rotary launched its most comprehensive humanitarian service activity with the Health, Hunger and Humanity Grants program. The 3-H Grants program is designed to undertake large-scale service projects beyond the capacity of individual Rotary clubs or groups of clubs.

Since 1978, more than 320 different 3-H projects had been approved and undertaken in 74 different countries, with an appropriation at more than US\$85 million. The objective of these projects is to improve health, alleviate hunger, and enhance human, cultural, and social development among peoples of the world. The ultimate goal is to advance international understanding, goodwill, and peace.



The first 3-H project was the immunization of six million children in the Philippines against polio. This was the birth of what we now know as the PolioPlus program. As 3-H progressed, new programs were added to help people in developing areas of the world. Now, in addition to the mass polio immunization of more than two billion children in various countries, 3-H has promoted nutrition pro grams, vocational education, food production enhancement, polio victim rehabilitation, and other activities that benefit large numbers of people in developing countries. All 3-H projects are supported by the voluntary contributions of Rotarians through The Rotary Foundation.

FOUNDATION GRANTS

New from 1st July 2013

The Rotary Foundation is Rotary's own charitable fund and is operated exclusively for charitable and educational purposes throughout the world. The purpose of The Rotary Foundation can be found in it's motto: "Doing good in the world".

The mission of the Foundation is to enable Rotarians to advance world understanding, goodwill and peace through the improvement of health, the support of education and the alleviation of poverty.

GLOBAL GRANTS

Global Grants support large international activities with sustainable, measurable outcomes in one or more of the six areas of focus.

Grant Programs are intended to assist a community in need through an international service project carried out in cooperation with Rotarians from another District in another country. There is expected to be active participation of Rotarians in both the sponsor and projectÅ countries.

Projects can be sourced from publications detailing World Community Service projects, from Project LINK on the RI Web site, from contacts your Club members may have made with overseas Rotarians, at International Assemblies and Conventions or through international exchange scholars.

Global Grants range between US\$15,000 and US\$200,000

Both the international and host sponsors must work together to prepare and submit interim and final reports. Sponsors are required to submit an interim report every 6 months for the life of the project and a final report within two months of completing the project.

The Rotary Foundation will match contributions to the project between 50 cents and \$1 for every dollar contributed. All applications for Global Grants must be submitted through your District Grants Subcommittee.

DISTRICT GRANTS

District Grants fund smaller, short-term activities that address needs in both our local community and communities worldwide.

District Grants fund scholarships, projects and travel that align with the mission of The Rotary Foundation.

District Grants range between \$1,000 and \$8,000. Each District will match contributions to the project between 50 cents and \$1 for every dollar contributed.

All applications for District Grants must be submitted through your District Grants Subcommittee.

Cliff Dochterman's "ABC's Of Rotary" can be found in it's entirity at the Santa Rosa Sunrise Rotary Club Website, or a complete copy of the "ABC's" can be downloaded in pdf from this link.



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