

Santa Rosa Sunrise Rotary - Sunriser III Mike Kelly, President



Mon Aug 05, 2013

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Editor Max Bridges If you have any comments or questions, please contact the editor.



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Santa Rosa / Kagoshima Student Exchange 2013

Aug 15, 2013

President Mike Kelly

Club Assembly

Aug 22, 2013

Tim Miller

Syria, Afghanistan and the Law of Armed Conflict: The Geneva Conventions and how they apply in today

Sep 26, 2013

Bill Gittins

California Naturalist and a Steward and Resident Artist at Pepperwood Preserve

Oct 03, 2013

DG Helaine Campbell Official DG Visit

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Oct 01, 2012

by Dave Lorenzen

Photo Journal Archive

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by Dave Lorenzen

Club Events

Senior Oktoberfest Finley Community Center

Welcome to the Rotary Club of Santa Rosa Sunrise! Established June 30,



Santa Rosa Sunrise

2 Duty Roster

We meet Thursdays at 7:15 AM Fountaingrove Inn 101 Fountain Grove Parkway Santa Rosa, CA 95403 United States



District Site

Stories

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The Program for August 8th. is......

Posted by Max Bridges on Aug 01, 2013

The 2013 Santa Rosa/Kagoshima Student Exchange **Program Team**



Fresh from their trip to Kagoshima, Japan, the 2013 SRKSEP Team will present their experiences and impressions visiting our Sister Club of Kagoshima West and their community. Our 2013 team are as follows:

Mark Heydon - Chaperone, Isela Carreras - Tomalas High School, Jac Cowell - Maria Carrillio High School, Amaris Garcia - University Of California San Diego, Savanna Heydon - Santa Rosa High School, Quinn Kezer - Montgomery High School, Sam Krauskoph - Cardinal Newman High School, Rachael Levine - Sonoma State University, Nate Lopez - Montgomery High School, and Dylan Tucker - San Francisco State University



Stan Gold and Rick Flinders, MD Physicians for a National Health Program (PNHP) Sep 20, 2013 11:30 AM - 01:00 PM

2013 Culinary Classic Santa Rosa Golf & Country Club

Nov 09, 2013 06:00 PM - 10:00 PM



Club Links

- Partners of Santa Rosa Sunrise Rotary
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- How to Contact the Sunshine Committee
- » Rotary Showcase SRSR Dental Clinic
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- » District Interact Info
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- » Latest "Rotarian Magazine"
- » Rotary Means Business Website

Directors

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President Elect Harry Coffey

Secretary Linda Hauck

Treasurer Penny Millar

Past President

Jennifer Hembd

Rotary Foundation

Jon Stark

Membership
Rob Sanville

Service Projects

Doug Shureen

Club Administration Jim Gray

Improved Medicare-For-All: An Economic and Moral Idea Whose Time Has Come



Stan and Rick provided PNHP's perspective on the problems with our current national healthcare system and their recommendations on the changes needed to achieve a truly workable system.

They are recommending Improved Medi-Care for All, a single-payer system.

August is Membership and Extension Month - This Is Rotary

Extension Month

Posted by Dave Lorenzen on Aug 02, 2013



August is Membership and Extension Month - This Is Rotary

A Message from Past RI President Cliff Dochterman

Potential club members are everywhere. But to get them to join Rotary, clubs must use creativity and imagination, says Past RI President Cliff Dochterman.

"Rotary International leaders keep emphasizing membership growth and extension because Rotary's very survival depends on it," says Dochterman, a member of the Rotary Club of Moraga, California, USA, and author of The ABCs of Rotary, a resource for new members. "If Rotary is to grow, we all must take action."

Dochterman believes clubs can thrive by seeking new members, retaining current ones, and sponsoring new clubs in the community. He offers the following tips:



Seeking new members

Clubs must have a specific plan in place, says Dochterman.

- Use a team approach. Teams should have several members who meet with qualified business and professional leaders to discuss the benefits of joining Rotary.
- Set aside one club meeting per month to be a "visitor day," to which all club members would invite a friend or prospective member.
- Seek out natural prospects, including Rotary Foundation Ambassadorial Scholars, Rotaractors, and Group Study Exchange (GSE) team members.

Retaining current members

• "Keeping current club members is just as important as bringing in new ones. The key is

President Nominee
Eloise Tweeten

Public Relations
Merle Hayes

Photo Journals

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- 2012 Giants Game Fellowship
- » 2012 DG Visit Fireside
- » 2012-13 Hiking Trips

RSS

Rotary International

- British ophthalmologist receives top Foundation alumni award
- Nan McCreadie to serve as first woman president of RIBI
- Matthews begins term as first woman vice president
- Convention draws to a close with recognition of outstanding peace efforts
- Gates Foundation joins with Rotary to boost polio endgame support





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to adapt and change," says Dochterman.

- Make sure club meetings, service activities, and social events are interesting, fun, and worthwhile.
- Initiate more hands-on projects so club members will feel that they're making a difference.
- Eliminate 100 percent attendance requirements.
- Be alert to the symptoms that lead to resignation. Club leaders should be considerate to members' personal problems.

Sponsoring a new club

"Don't think about cloning your existing club. The new century of Rotary requires and permits a new vision of fellowship and service," says Dochterman. "It's time to think about sponsoring a new kind of Rotary club." For example:

- A club composed entirely of executives and professionals under the age of 40. The nucleus could be former Rotaractors, GSE team members, and Foundation program alumni.
- A club in an ethnic or minority section of the community, with members who share common economic and cultural interests.
- A club that meets in a shopping mall, airport, high-rise office building, golf course, or other nontraditional but convenient location.



This week's "Rotary Foundation Thought"

Posted by Dave Lorenzen on Aug 05, 2013

This week's "Rotary Foundation Thought"

August 5, 2013

.....is about District Simplified Grants.

District Simplified Grants allow Rotary clubs to identify, plan, and fund worthy projects in their own communities or internationally. Grants can fund improvements such as kitchen equipment for a food pantry, assistance for after-school programs, dictionaries or encyclopedias for primary school children, or renovations to a playground. The more we contribute to our Foundation's Annual Programs Fund, the more opportunities and funding we will have for such projects. The Rotary Foundation allows us to "do good in the world" here in our own community, as well as internationally.





"This Week's Rotary Foundation Thought" is a weekly article posted in the weekly bulletin from the Rotary Club of Santa Rosa Sunrise. For a listing of all past articles, go to the Sunrise Website > Committee Pages > International Service > Foundation Thoughts, or click on this weblink.

ROSA-KAGOO

SRKSEP Travelers Update

Posted by Dave Lorenzen on Aug 04, 2013

Santa Rosa / Kagoshima Student Exchange Program 2013 - Travelers Update

Over the course of this years trip, our team of Ambassadors to Japan are sending home pictures and messages about their experiences and impressions. On the web-subsite for SRKSEP is the 2013 Travelers Log (follow the link), where you will find their stories.

Here is a sample from their journey

Link to Photo Album

July 27, 2013 from Sam Krauskopf;

Here's me at the Kagoshima college. - Sam

ad



July 27, 2013 from Quinn Kezer;

I can't remember if I sent you this one yet. This was taken right before lunch at the International University of Kagoshima. I consider it one of my most favorite days because of all the amazing people we met. My two favorite people were Tsubasa (the one between Sam and Savanna) and Emi(the one right below Sam in the white skirt). The are both English students of Professor Mori. Tsubasa is coming with Professor Mori and a group of students in September. Emi hopes to have the money to come to California and Santa Rosa next summer. I hope to meet up with them when they come at their perspective times and show them round town. Hope all is well in Santa Rosa, - Quinlan Kezer



July 29, 2013 from Mark Heydon;

Well, we've been more than a little busy, but I trust the group has been at least occasionally up dating you with pictures.

We're into the final week and can't believe the time has flown by so quickly. Yesterday was the big south-of-here outing where we first visited an old samari village and gardens. Rich gig. Sit around all day deinking tea, a little sword training,, and the talking it up with the neighbors. No fighting (despite Kirowsawa's 7 Samari). And make the kids and wife enter by te back door.

Then on to lunch at a place where you grab your noodles from a swirling trough on the table in front of you. A quick sidetrip to the end of the island, then on to the sand bath. The sand barh. Aparently they have really dirty sand here and the only way to clean it is to take off all your clothes, put on a kimono, go out and lie down in the achingly hot sand for ten minutes or until you start dreaming you're having steak for dinner, then get out. Aparently the sand's been cleaned by then and you can go soak off the still clinging sand ina hot pool, take a shower, put on another dry kimono, change back into clothes that fit you, and voila--the sand's clean and you're half baked. I expect the kids have documented it all very well in pictures and have posted them to you. All's well in the group. Amazing what a little welcoming party can do to raise spirits of all kinds. And the home stay has divided us and conquered us. BTW, I've changed house hosts. I'm now at Mr. Nanaeda's house.I Cheers.

Mark

August 1, 2013 from Keisuke Kogi;

This is Sayonara Party at Yamakataya Deprt. They will leave Kagoshima on 4th. They are nice students. Thank you very much for your support. I will finish my work in 2 months. I am looking forward for my retirement. Keisuke Kogi



August 2, 2013 from Mark Heydon;

The adventure continues--home stretch

So, tomorrow's the last day and I confess I'm going to miss the place. Sochu in the evening with lessons on the evolution of the kimono is just too, too Japanese. See you soon.

МН

August 3, 2013 from Takaharu Mori;

SRKSEP'13 students and Mr. Heydon left Kagoshima safely by train this morning.

We said good-bye and much tears fell down on our cheeks.

We hope they'll return to Santa Rosa safely and come back to Kagoshima soon. Sincerely.

Takaharu Mori





RI President's Message Posted by Max Bridges on Jul 28, 2013

August 2013



Dear fellow Rotarians,

Our goal in 2013-14 is to Engage Rotary, Change Lives . All of us know that Rotary has incredible potential to do good work. It's time to recognize how much more we could be doing and start working on new ways to turn that potential into reality. We're going to do this by engaging Rotarians - by getting them involved, by getting them inspired, and by making sure that all Rotarians know just what a gift they have in Rotary.

We're going to make sure that the work we do in Rotary is solid, effective, and

sustainable. And we're going to make sure that Rotary itself will last – by committing to our goal of 1.3 million Rotarians in our clubs by the year 2015.

That goal is a little different from membership goals we've had in the past. The goal isn't just bringing in new members. The goal is growing Rotary. The goal is making Rotary bigger, not just with more members, but with more involved, engaged, motivated members who will be the ones to lead us into our future.

Each of us has our own reason for joining Rotary – but I believe we all want to make a difference. We all want to be doing something meaningful. That is absolutely essential for us to remember when we talk about membership.

We're not asking just anyone to join Rotary. We're looking to attract busy, successful, motivated people who care. We're asking them to take their valuable time and give it to Rotary. So if they say yes, and they come and join our club, then we'd better be showing them that their time in Rotary is well spent.

We have to make sure that *every* Rotarian, in *every* club, has a meaningful job – one that makes a real difference to the club and the community. Because when you're doing something meaningful in Rotary, Rotary is meaningful to you.

In Rotary, we all have something to give. At every stage of our lives and our careers, Rotary has something for all of us - a way to let us do more, be more, and give more. Rotary gives our lives more meaning, more purpose, and greater satisfaction. And the more we give through Rotary, the more Rotary gives back to us in return.

Ron D. Burton President, Rotary International



Special Dates For August

Posted by Dave Lorenzen on Aug 01, 2013

Birthday's and Anniversaries for August Member Birthdays

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Aita, Nancy	Aug 08
Lewis, Rick	Aug 08
Kirkbride, Jim	Aug 12
Jen, Ezbon	Aug 28

Spouse Birthdays

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Steiner, Vera	Steiner, Peter	Aug 05
Aita, Bob	Aita, Nancy	Aug 10
Kent, Kathy	Dolinsek, John	Aug 10
Behr, Virginia	Behr, Martin	Aug 13

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Floriani, Don	Floriani, Wendy	30 years	Aug 28, 1983

Abramson, Al Taylor, Keith Abramson, Robin Taylor, Carmen 15 years 61 years Aug 30, 1998 Aug 30, 1952



Sunshine
Posted by Max Bridges on Aug 01, 2013

Sunrise Sunshine Report



A Celebration of Carole Holcomb's Life has been set for Wednesday August 14th at Daniels chapel of The Roses in Santa Rosa. The address is 1225 Sonoma Avenue Santa Rosa, CA (707-525-3730). Visitation will begin at 10:00 A.M. with a service to follow at 11:00 A.M. As this will be a CELEBRATION of Carole's life, you are encouraged to bring your favorite memories and stories about Carole and feel free to share them if the spirit so moves you. Carole will be there in spirit and will be delighted to share in those memories.

If you know of a member who could benefit from a helping hand, please contact Rich Randolph, Sunshine Chair.

Message from the Foundation Trustee Chair

EVERY ROTARIAN EVERY YEAR

Posted by Max Bridges on Jul 28, 2013

August 2013



Polio's endgame

In Korea, we have a proverb: 괴로움이 있으면 즐거움도 있다. It means, "After hardships comes happiness," and it is an encouragement to work hard in the face of adversity.

Polio eradication is long, hard work, but when we have finished this job, we will have achieved something wonderful – and lasting.

Since PolioPlus was launched, we have immunized over two billion children and have seen a 99 percent decrease in polio cases. These past few years, we have made enormous progress.

But this last effort – the home stretch – is the hardest. It costs approximately US\$1 billion every year to maintain our fight against polio. Even once we see no new cases of polio, we are committed to supporting eradication until the world is certified polio-free – a full three years after the last case is recorded. We're getting closer, but we are not there yet.

Until that historic moment, we must continue the fight with everything we have. We have to keep up the momentum, keep up the energy, and keep up the awareness. Every Rotarian needs to understand what polio is and why we are committed to its eradication. The answer is simple: If we were to stop our fight against polio now, we would lose everything we have worked for over so many years. Very soon, we would see a resurgence of polio to the levels some of us remember from 30 years ago, when more than 1,000 children were paralyzed every day. Polio would again be epidemic –

and we would have lost the opportunity of a lifetime.

This is something we cannot and will not consider. We are in it until the end – and the end is truly This Close. Polio is a global health emergency not because the end is so distant – but because it is in sight.

D. K. Lee Foundation Trustee Chair



Remember the Pictures
Posted by Max Bridges on Aug 01, 2013

Check Out the Pictures from the Weekly Meetings Link to Meeting Sightings



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the websites photo journal called **"Meeting Sighting"** Please not that all the meeting photos for the entire Rotary year are at this location with the most recent on the last page.

Thanks for all the great pictures Warren and Steve! Link to Meeting Sightings. The most recent are on the last page!

Additional photos may be found on the SR Sunrise Facebook Page.

Download

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- » "Rotary Basics"
- Why Become A Rotarian?
- » 2011-12 Service & Activity Report
- » RI Foundation Benefactor Commitment Card
- » Michael Scott De Shields Application Information
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- » Sabalos Nicaragua Surgery Center Information

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Mon Aug 12, 2013

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Syria, Afghanistan and the Law of Armed Conflict: The Geneva Conventions and how they apply in today

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Sep 26, 2013 **Bill Gittins**

California Naturalist and a Steward and Resident Artist at Pepperwood Preserve

Oct 03, 2013 **DG Helaine Campbell** Official DG Visit

View entire list...

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Bulletin Archive Oct 01, 2012 by Dave Lorenzen

Photo Journal Archive Jul 02, 2012

by Dave Lorenzen

Club Events

Board Meeting

Interiors Inc Conference Room Aug 13, 2013 05:30 PM - 07:30

SCARC - Healdsburg **Sunrise Meeting**

Welcome to the Rotary Club of Santa Rosa Sunrise! Established June 30,



Santa Rosa Sunrise

We meet Thursdays at 7:15 AM Fountaingrove Inn 101 Fountain Grove Parkway Santa Rosa, CA 95403 **United States**

🔍 Venue Map

2 Duty Roster

District Site

Stories



The Program for August 15th. is...... Posted by Max Bridges on Aug 08, 2013

Our own Tim Miller

"The Geneva Conventions"



Tim is on the American Red Cross national faculty for International Humanitarian Law.

He will talk about how the Geneva Conventions apply in situations such as WWII, Iraq, Afghanistan and Syria and our obligations as a country under the conventions.

2013 SRKSEP Team

Posted by Max Bridges on Aug 08, 2013

The 27th annual exchange to Kagoshima



Villa Chanticleer Picnic Grounds Aug 29, 2013 06:00 PM - 09:00 PM

2013-2014 Board Meeting

Interiors Inc. Board Room Sep 10, 2013 05:30 PM - 07:30 PM

Senior Oktoberfest

Finley Community Center Sep 20, 2013 11:30 AM - 01:00 PM

October 2013 Board Meeting

Interiors Inc. Board Room Oct 08, 2013 05:30 PM - 07:30 PM

Veteran's Day Luncheon

Veterans Memorial Building Nov 07, 2013 11:30 AM - 01:30 PM

2013 Culinary Classic

Santa Rosa Golf & Country Club

Nov 09, 2013 06:00 PM - 10:00 PM





Santa Rosa Sunrise Rotary Foundation

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Directors

President Mike Kelly



This year's team was comprised of Mark Heydon – Chaperone, Isela Carreras - Tomalas High School, Jac Cowell - Maria Carrillio High School, Amaris Garcia - University Of California San Diego, Savanna Heydon - Santa Rosa High School, Quinn Kezer - Montgomery High School, Sam Krauskoph - Cardinal Newman High School, Rachael Levine - Sonoma State University, Nate Lopez - Montgomery High School, and Dylan Tucker - San Francisco State University.

They provided Sunrisers with fascinating and life changing experiences with the food, language, culture and the amazing people they encountered in this month long adventure.



This week's "Rotary Foundation Thought"

Posted by Dave Lorenzen on Aug 12, 2013

This week's "Rotary Foundation Thought"

August 12, 2013

.....is about a Rotary World Peace Fellow at work on the frontlines.

Izabela Pereira, a 2007 graduate of the Rotary Center for International Studies at Universidad del Salvador in Argentina, helped monitor Nicaragua's recent election as part of an Organization of American States (OAS) mission to the country. Izabela says her experience as a Rotary World Peace Fellow and an OAS observer gave her a firsthand understanding of how democracy is being promoted and strengthened in Nicaragua. She has also conducted fieldwork in Senegal and Côte d'Ivoire for the United Nations Development Fund for Women. Izabela is one of hundreds of Rotary World Peace Fellows who have received the training and field experience necessary to work for lasting peace and stability throughout the world.







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Posted by Dave Lorenzen on Aug 01, 2013

Birthday's and Anniversaries for August Member Birthdays

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Taylor, Keith	Taylor, Carmen	61 years	Aug 30, 1952

News from Rotary International

Posted by Max Bridges on Aug 06, 2013

Ravindran is choice for 2015-16 RI president



K.R. "Ravi" Ravindran, a member of the Rotary Club of Colombo, Western Province, Sri Lanka, has been selected by the Nominating Committee for President of RI in 2015-16. Ravindran will become the president-nominee on 1 October if there are no challenging candidates.

Ravindran said his top priority for Rotary will be to increase membership, which he called the bedrock of any organization.

"The emphasis on membership has to continue with focus on the younger generation," Ravindran said. "Additionally, we must seek to attract the just retired and experienced people into Rotary."

Creating regional membership plans and realizing that "one size does not fit all" has been a move in the right direction, he said.

"Albert Einstein defined insanity as 'doing the same thing over and over again and expecting different results.' In many ways this has been the story of Rotary's poor membership advance," he said. "Thankfully, our approach this time has been studied and altered. We have created 22 different membership regions so that each region

RSS

Rotary International

» 2012-13 Hiking Trips

- Ravindran is choice for 2015-16 RI president
- British ophthalmologist receives top Foundation alumni award
- Nan McCreadie to serve as first woman president of **RIBI**

Matthews begins term as first woman vice president

Convention draws to a close with recognition of outstanding peace efforts





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would develop and execute a plan that would suit that particular region."

Ravindran said it's important for Rotarians to share their stories, especially through social media, so others can see the impact Rotary has had in their lives. He said it's also important for the organization to speak with a consistent voice. "Our identity must remain simple and be based on our core values. It must be clear and straightforward to both our internal and external audience."

Ravindran holds a degree in commerce and is founder and CEO of Printcare PLC, a publicly listed company and global leader in the tea packaging industry. He also serves on the board of several other companies and charitable trusts. He is the founding president of the Sri Lanka Anti Narcotics Association, the largest antinarcotics organization in Sri Lanka.

As his country's PolioPlus chair, Ravindran headed a task force with members from the government, UNICEF, and Rotary and worked closely with UNICEF to negotiate a cease-fire with northern militants during National Immunization Days.

A Rotarian since 1974, Ravindran has served Rotary as a director and treasurer of RI and as a trustee of The Rotary Foundation. He has also served as an International Assembly group discussion leader, district governor, Council on Legislation representative, and zone institute chair. He chaired the Schools Reawakening project, sponsored by Rotary clubs and districts in Sri Lanka, which rebuilt 25 tsunamidevastated schools, benefiting 15,000 children.

Ravindran has been awarded The Rotary Foundation's Citation for Meritorious Service and Distinguished Service Award and the Service Award for a Polio-Free World.

He and his wife, Vanathy, have two children, and are level 4 Major Donors to the Foundation.

The Nominating Committee members are Eric E. Lacoste Adamson, USA (chair); John T. Blount, USA; Robert K. Crabtree, New Zealand; Gerson Gonçalves, Brazil; Frederick W. Hahn Jr., USA; Lynn A. Hammond, USA; Teruo Inoue, Japan; Paul Knyff, The Netherlands; Peter Krön, Austria; Jorma Lampén, Finland; Kyu-Hang Lee, Korea; Masahiro Kuroda, Japan; Michael D. McCullough, USA; Donald L. Mebus, USA; David D. Morgan, Wales; Catherine Noyer-Riveau, France; and M.K. Panduranga Setty, India.

Watch a video of Ravindran discussing the Schools Reawakening project in this clip from a 2009 interview in Sri Lanka.



Remember the Pictures

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Santa Rosa Sunrise Rotary - Sunriser III Mike Kelly, President



Mon Aug 19, 2013

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Welcome to the Rotary Club of Santa Rosa Sunrise! Established June 30, 1986



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Santa Rosa Sunrise



🔍 Venue Map



Buty Roster



District Site

Schedule of Future **Programs**

Aug 22, 2013 President Mike Kelly Club Assembly

Aug 29, 2013 Ida M. Johnson Community Producer, Community Media Center

Sep 05, 2013 Nancy Wang Redwood Chinese American Association

Sep 12, 2013 John Lowry **Burbank Housing**

Sep 19, 2013 Harriet Gray Rites of Passage

Sep 26, 2013 Bill Gittins

California Naturalist and a Steward and Resident Artist at Pepperwood Preserve

Oct 03, 2013 DG Helaine Campbell Official DG Visit

View entire list...

News

Bulletin Archive Oct 01, 2012 by Dave Lorenzen

Photo Journal Archive Jul 02, 2012 by Dave Lorenzen

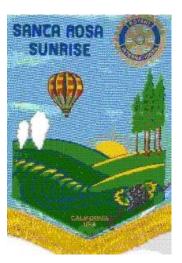
Stories



The Program for August 22nd. is......

Posted by Max Bridges on Aug 15, 2013

Prez. Mike Kelly and his leadership team **Club Assembly**





American Geneva Conventions

Red Cross Posted by Max Bridges on Aug 15, 2013

Tim Miller

American Red Cross Faculty for International Humanitarian Law

Club Events

SCARC - Healdsburg

Sunrise Meeting
Villa Chanticleer Picnic Grounds
Aug 29, 2013 06:00 PM - 09:00
PM

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Interiors Inc. Board Room Sep 10, 2013 05:30 PM - 07:30 PM

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Finley Community Center Sep 20, 2013 11:30 AM - 01:00 PM

Veteran's Day Luncheon

Veterans Memorial Building Nov 07, 2013 11:30 AM - 01:30 PM

2013 Culinary Classic Santa Rosa Golf & Country Club

Nov 09, 2013 06:00 PM - 10:00



Club Links

- Partners of Santa Rosa Sunrise Rotary
- What Are My Make Up Options?
- How to Contact the Sunshine Committee
- » Rotary Showcase SRSR Dental Clinic
- » SR Sunrise Facebook Page
- » District Interact Info
- » Youth Exchange District 5130
- » SCARC Meeting Schedule
- » Rotary International Business Portal
- » Latest "Rotarian Magazine"
- » Rotary Means Business Website

Directors



Tim provided information on the historical relationship between the Red Cross and the Geneva Conventions with respect to Humanitarian Law, Human Dignity and Armed Conflict. He further discussed the evolving face and changing nature of warfare over time and how those changes have progressed and how they relate to current situations in Syra and Afghanistan as well as the establishment and implementation of the International Criminal Court.

New Paul Harris Fellow

Posted by Max Bridges on Aug 15, 2013

Penny Millar for Paul's Daughter Madeleine O'Rear



Start Planning Your Culinary Auction Item "Event" Posted by Dave Lorenzen on Aug 18, 2013

At this year's Culinary "The Best Chefs" Event, Chair Larry Martin has reminded us all to try and create an auction item that is not just a great dinner, but an Event worth bidding for!

President
Mike Kelly

President Elect Harry Coffey

Secretary Linda Hauck

Treasurer Penny Millar

Past President

Jennifer Hembd

Rotary Foundation

Jon Stark

Membership Rob Sanville

Service Projects

Doug Shureen

Club Administration
Jim Gray

President Nominee Eloise Tweeten

Public Relations
Merle Hayes

Photo Journals

- » Meeting Sightings
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- » 2012 DG Visit Fireside
- » 2012-13 Hiking Trips

RSS



This last weekend, bidders from last year's Culinary, enjoyed not just a meal from North Africa, but a "Night at the Kasbah".

Steve and Sara Davis, along with their guests the Wear's, the Tolin's and the Baird's journeyed to Morocco (AKA Dave and Shauna Lorenzen's backyard) to experience the cuisine of Morocco, Tunisia and Algeria, seated on plush cushions under a sheiks tent. Lit by hundreds of candles, they enjoyed tanginess of chicken, fennel and shrimp. Fresh salads of cucumber, beets and carrots, marinated lamb, harisa, fresh fruits, couscous and sweets of the dessert. And lots of hot sweet mint tea! All experienced under the stars of North Africa.



So, when planning your donation for this years event, consider presenting an event somewhere in the world that can only be found at the Sunrise Rotary "The Best Chefs" Culinary Classic!



This week's "Rotary Foundation Thought"

Posted by Dave Lorenzen on Aug 19, 2013

This week's "Rotary Foundation Thought" August 19, 2013

.....is about bringing smiles to those in need.

Mother Theresa said "Peace Begins with a Smile" Rotarians around the world put that into action every day. One example of this is a Rotary Foundation Volunteer Service Grant that helped Dr. Marco Antonio Bulas, of the Rotary club of Tehuacan Manantrails, Mexico and Rotary volunteers from the Rotary Club of Loveland, Colorado, USA carry out project Sonrisas Sin Fronteras (Smiles without Borders). The Rotary volunteers and a team of 23 university dental students provided dentures for 22 patients. "All of the team watched with great satisfaction as each patient was overcome with joy and happiness" commented Ronnie Hogan, a member of the Loveland club. Every Rotarian, Every Year can bring a smile to the face of someone in



Rotary International

- Ravindran is choice for 2015-16 RI president
- British ophthalmologist receives top Foundation alumni award
- Nan McCreadie to serve as first woman president of RIBI
- Matthews begins term as first woman vice president
- Convention draws to a close with recognition of outstanding peace efforts





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need.

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Posted by Dave Lorenzen on Aug 01, 2013

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Lewis, Rick	Aug 08
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Jen, Ezbon	Aug 28

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Clif Dochterman's "ABC's Of Rotary"

Posted by Dave Lorenzen on Aug 19, 2013

These short articles about Rotary were first published in the weekly bulletin of the Rotary Club of North Stockton, California, U.S.A. That was

well before their author, Cliff Dochterman, became president of Rotary International for the year 1992-93. Originally called "Did Ya Know?" the pieces were prepared to share interesting facts about Rotary International with members of the North Stockton club. Later, in response to requests from other Rotary clubs, the articles were reprinted in collected form. Now, President Cliff has brought the collection up to date in keeping with one of the



emphases of his year in office as R.I. president - to help Rotarians learn more about the colorful history of their organization, its customs and traditions, and the current status of its global programs.

This Week's articles are about "Definition of Rotary" and "The Official Rotary Flag"

Definition of Rotary

How do you describe the organization called "Rotary"? There are so many characteristics of a Rotary club as well as the activities of a million Rotarians. There are the features of service, internationality, fellowship, classifications of each vocation, development of goodwill and world understanding, the emphasis of high ethical standards, concern for other people and many more descriptive qualities.

In 1976 the Rotary International Board of Directors was interested in creating a concise definition of the fundamental aspects of Rotary. They turned to the three men who were then serving on Rotary's Public Relations Committee and requested that a one-sentence definition of Rotary be prepared. After numerous drafts, the committee presented this definition, which has been used ever since in various Rotary publications: "Rotary is an organization of business and professional persons united worldwide who provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world."

Those 31 words are worth remembering when someone asks, "What is a Rotary club?"

THE OFFICIAL ROTARY FLAG

An official flag was formally adopted by Rotary International at the 1929 Convention in Dallas, Texas. The Rotary flag consists of a white field with the official wheel emblem emblazoned in gold in the center of the field. The four depressed spaces on the rim of the Rotary wheel are colored royal blue. The words "Rotary" and "International" printed at the top and bottom depressions on the wheel rim are also gold. The shaft in the hub and the keyway of the wheel are white.



The first official Rotary flag reportedly was flown in Kansas City, Missouri, in January 1915. In 1922 a small Rotary flag was carried over the South Pole by Admiral Richard Byrd, a member of the Winchester, Virginia,

Rotary Club. Four years later, the admiral carried a Rotary flag in his expedition to the North Pole.

Some Rotary clubs use the official Rotary flag as a banner at club meetings. In these instances it is appropriate to print the words "Rotary Club" above the wheel symbol, and the name of the city, state or nation below the emblem. The Rotary flag is always prominently displayed at the World Headquarters as well as at all conventions and official events of Rotary International.

Cliff Dochterman's "ABC's Of Rotary" can be found in it's entirity at the Santa Rosa Sunrise Rotary Club Website, or a complete copy of the "ABC's" can be downloaded in pdf from this link.



Remember the Pictures
Posted by Max Bridges on Aug 15, 2013

Check Out the Pictures from the Weekly Meetings

Link to Meeting Sightings



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the websites photo journal called **"Meeting Sighting"** Please not that all the meeting photos for the entire Rotary year are at this location with the most recent on the last page.

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- » Michael Scott De Shields Application Information
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Santa Rosa Sunrise Rotary - Sunriser III Mike Kelly, President



Mon Aug 26, 2013

Home

Editor Max Bridges If you have any comments or questions, please contact the editor.



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California Naturalist and a Steward and Resident Artist at Pepperwood Preserve

Oct 03, 2013

DG Helaine Campbell Official DG Visit

Oct 10, 2013

Jennifer Lynn Bice

Welcome to the Rotary Club of Santa Rosa Sunrise! Established June 30, 1986



Santa Rosa Sunrise

Venue Map

Buty Roster

We meet Thursdays at 7:15 AM Fountaingrove Inn 101 Fountain Grove Parkway Santa Rosa, CA 95403 United States

District Site

Stories

COMMUNITYThe Program for August 29th. is...... Posted by Max Bridges on Aug 22, 2013 Ida M. Johnson

Community Media Center

Ida is the owner of a consulting and training company, IMJ & Associates Consultants providing individuals, agencies and corporations with assistance in the establishment and documentation of office procedures and standards. An entrepreneur, who has designed, developed and delivered workshop in the areas of healing the inner child, prosperity, self-esteem, mental health, spirituality and healing. Conducted transformational seminars designed to facilitate personal growth and self-empowerment in the individual utilizing an experiential format that includes gestalt, NLP and guided visualization techniques to bring about self realization.

As an advocate for parents of children with disabilities she has successfully represented parents at the mediation and hearing stage and presented a training entitled "Special Education Laws and the IEP Process" to over 5,000 parents and professionals nationally.

With more than ten years experience managing law offices with staffs ranging in size from two to ten, she was responsible for the administrative functions related to all phases of operating a general law practice. Duties included; supervision, hiring and training support staff, interacting with contractors, clients and service providers, coordination of calendar function, and record keeping related to court appearances and billing.

Since 2001 Ida has been the producer and hostess of a weekly TV show "What's Hot?" broad cast live from the Community Media Center and available on the worldwide web. She has served on the Media Center's Board of Directors since 2007.

She will provide us with information regarding recent changes at the Community Media Center

President Mike Calls an Assembly!!

Posted by Richard Randolph on Aug 25, 2013

Redwood Hill Farm & Creamery and Green Valley Organics

View entire list...

News

Bulletin Archive Oct 01, 2012 by Dave Lorenzen

Photo Journal Archive

Jul 02, 2012

by Dave Lorenzen

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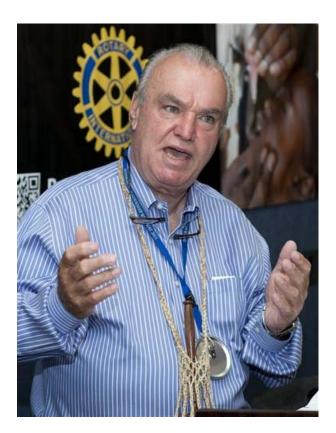




Santa Rosa Sunrise Rotary Foundation

Club Links

MAKE YOUR COMMITMENT!!



President Mike used American Management Icon Peter Drucker's quote to set the tone for this year's goals: Make a commitment, not just a dream. To gain a net fifteen members this year, each member will need to intentionally invite potential new members. Start now!

Membership chair Rob Sanville gave us an inspiring summary of his raison d' Rotary, and moreover Santa Rosa Sunrise. The Board has also agreed to support member's in their efforts by underwriting up to two interested guests per member this year.

Included in Mike's innovative plans for his year is a newly crafted "Best Winery Chefs of Sonoma County", organized by our own Food & Wine Trail expert Larry Martin. Check out our link to this event slated for November 9.

Another first will be our Holiday Party at the historic Kenwood Depot in December. The haunts of Jack and Charmian London are known to those walls.

There is no escaping Mike, Rob, Larry, the entire board's commitment to their Club. Their personal enthusiasm was evident, reflecting the 2013-2014 Rotary International Theme: *Engage Rotary* ~ *Change Lives*. Your own included!



Gavel in Peril Posted on Aug 26, 2013

President Mike has lost his gavel!

Partners of Santa Rosa Sunrise Rotary

What Are My Make Up Options?

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» Youth Exchange - District 5130

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» Rotary Means Business Website

In spite o message



In spite of an unprecedented effort on Mike's part to protect the gavel, it has apparently been abducted as evidenced by the following message that was recently received by one of our Past Presidents:

Directors

President Mike Kelly

President Elect Harry Coffey

Secretary Linda Hauck

Treasurer
Penny Millar

Past President

Jennifer Hembd

Rotary Foundation
Jon Stark

Membership Rob Sanville

Service Projects

Doug Shureen

Club Administration

Jim Gray

President Nominee
Eloise Tweeten

Public Relations
Merle Hayes

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- > 2012-13 Meeting Sightings

A GANG OF HOOLIGANS & tHUGS has taken your club's GAVEL and We are Holding it Hostage. Our demands are As Follows, To wipe out the POLIO Virus FROM OUR village, Or WE will turn your beloved Gavel Into Sawdust.

WE WART YOUR MEMBERS TO PONY UP \$1.00 EACH, SO THAT WE CAN BUY THE MEDICIE NEEDED, OTHERWISE IT'S SAWDUST !!!

SIGNED THE GUY WITH BrOWN POPER BAG OVER HIS Head

We should all be prepared to participate in providing the ransom demand at this week's meeting!

This week's "Rotary Foundation Thought"

Posted by Dave Lorenzen on Aug 26, 2013

- 2013 Debunking of Jennifer Hembd
- > 2013 Golf Tournament
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- 2012 Giants Game Fellowship
- » 2012 DG Visit Fireside
- 2012-13 Hiking Trips

RSS

Rotary International News

- Witnesses to history
- Opening the door to polio eradication
- Register early for Sydney convention and save
- Couple venture outside comfort zone to bring aid
- Rotarian Action Group helps countries grow indigenous crops





Please visit our Sponsors.



This week's "Rotary Foundation Thought"

August 26, 2013

.....is about The Annual Programs Fund.

The Annual Programs Fund is the primary source of unrestricted support for the programs of the Rotary Foundation. It funds programs in more than 160 countries on seven continents. From digging clean water wells for villages in Africa to teaching basic literacy skill to children in Latin America, during any given moment in a day, thousands of Rotarians volunteer their time and expertise ensure that all contributions given to The Annual Programs Fund are spent wisely on quality Rotary projects. Only if Every Rotarian makes a gift to the Annual Programs Fund Every Year, will we will be able to continue to do the great work of our Rotary Foundation.



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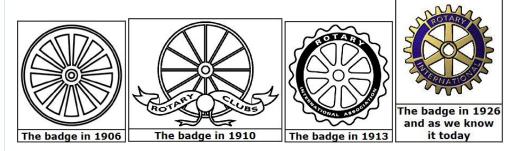
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This Week's articles are about "Rotary's Wheel Emblem" and "The Secretariat"

ROTARY'S WHEEL EMBLEM

A wheel has been the symbol of Rotary since our earliest days. The first design was made by Chicago Rotarian Montague Bear, an engraver who drew a simple wagon wheel, with a few lines to show dust and motion. The wheel was said to illustrate "Civilization and Movement." Most of the early clubs had some form of wagon wheel on their publications and letterheads. Finally, in 1922, it was decided that all Rotary clubs should adopt a single design as the exclusive emblem of Rotarians. Thus, in 1923, the present gear wheel, with 24 cogs and six spokes was adopted by the "Rotary International Association." A group of engineers advised that the geared wheel was mechanically unsound and would not work without a "keyway" in the center of the gear to attach it to a power shaft. So, in 1923 the keyway was added and the design which we now know was formally adopted as the official Rotary International emblem.



THE SECRETARIAT

Many Rotarians consider the Secretariat simply another name for the RI World Headquarters in Evanston, Illinois, USA. Actually, it is much more. While it does include the World Headquarters, the Secretariat encompasses more than 600 individuals working to make Rotary International run smoothly and effectively. The term describes the entire operations of the general secretary and his staff. The Secretariat also includes seven RI International Offices (formerly called service centers) around the world, all of the staff serving in those offices, as well as all staff assigned to The Rotary Foundation. Its sole purpose is to serve the clubs, districts, and administrative officers of Rotary International and The Rotary Foundation. RI World Headquarters, in a building called One Rotary Center in Evanston, is the headquarters of the Secretariat.

Cliff Dochterman's "ABC's Of Rotary" can be found in it's entirity at the Santa Rosa Sunrise Rotary Club Website, or a complete copy of the "ABC's" can be downloaded in pdf from this link.

News from Rotary International

Posted by Max Bridges on Aug 17, 2013

Rotarian Action Group helps countries grow indigenous crops



Bruce French at a market in the Solomon Islands, where Learn Grow launched a local foods project.

Australian Bruce French has been eating locally for 35 years—long before it became a culinary trend. Now he's working with Rotary members to help countries struggling with food security do the same.

French founded the not-for-profit Food Plants International, which maintains a database of 25,000 edible plants that includes descriptions, lists of countries and climates where they grow, photos and drawings, and cooking methods.

"There are thousands of nutritious plants, but people don't have any information about them," says Buz Green, an agriculturalist and member of the Rotary Club of Devonport North in Australia. "We're trying to bridge some of the gaps." Green launched the Learn Grow project with French in 2007 to help people in developing countries grow local food that suits their nutritional needs.

The project receives support from the Devonport North club and Rotary District 9830. Early last year, the RI Board recognized the Food Plant Solutions Rotarian Action Group, whose 195 members are helping support Learn Grow efforts. Past RI Director John Thorne chairs the group.

"Rotarian teams in developing countries inevitably identify hunger, malnutrition, and food security as critical issues," Green explains. "They tend to look to Western solutions to address food production issues."

The problem, he says, is that Western crops don't have the right nutritional profile for people in the developing world, whose diets often have little variety. Indigenous crops can allow them to eat more nutritiously and are already adapted to local pests, diseases, and climatic conditions.

"Virtually every woman in the tropical world is anemic," French adds. "We go there with cabbages and make the situation 10 times worse."

In 2010 Learn Grow launched a pilot project in the Solomon Islands, producing a compendium of local edible plants, field guides for growers, and a book on crops for schools and community groups. Local organizations provide support and distribute information while a qualified agriculturist serves as a technical support specialist. The project team has received inquiries from 20 developing countries; another effort is underway in North Korea where a Canadian Rotary member will serve as the specialist.

The principles of eating locally are gaining momentum in the Western world, French says. "My children and lots of other people thought I was eccentric for 35 years. Now I've become fairly trendy in my old age."



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Posted by Max Bridges on Aug 22, 2013

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Link to Meeting Sightings



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