

December 8, 1997

Volume 12, Issue 23

Art King - President
 Jo Gennuso - Secretary
 Steve Herron - Treasurer
 Gary Bayless - Sergeant at Arms
 Randy Seelye - Past President

Santa Rosa Sunrise Rotary Club
The Sunrise

**PROGRAMS
PROGRAMS**

Thursday, December 11, 1997

Mike Martini

Taft Street Winery

Sunday, December 14, 1997

Holiday Open House

Art and Irene King's House

Thursday, December 18, 1997

Christmas Program

Coordinated by Vicki Lockner

Thursday, December 25, 1997

Christmas Day

No Meeting

Thursday, January 1, 1998

New Year's Day

No Meeting



New Leadership for Next Year

Board of Directors for 1998-99 Elected

The new Board of Directors for the 1998-99 year was approved unanimously at Thursday's Annual Meeting.

Serving for the second year of their, two year terms are Board Members Jeff Young, Eve Nighswonger and Dave Brown. Serving the second year of his two year term as Treasurer is Steve Herron. Art King will continue on the Board as Past President, and the President for 1998-99 (elected last year) Charter Member Russ Lockner.

New to the board (for two year terms) will be Board members Lu-Ann Poulsen, Ralph Harryman and Charter Member Dan Lambert. Beginning a two year term as Secretary will be Mike Kelly and our new President-Elect (President for 1999-2000) is Shauna Lorenzen.

Congratulations to the Santa Rosa Sunrise Rotary Club Leadership Team that will take us into the millennium!

**Holiday Open House
Art and Irene King Residence**

Sunday, December 14, 1997 - 4:00 - 7:00 P.M.

Please bring canned food or toys to share with others in this Holiday Season. To prepare everyone for the party and to get the holiday spirits raised, club members and partners will be caroling at the Silver Crest Senior Center on Saturday, December 13.

Meeting News:

Peter Treleven got us off to a good start with the pledge and Dan Lambert had the morning prayer. Del Raby introduced visiting Rotarians. Since President Art was off on business, Past President Dave Lorenzen filled in.

John Watson reported on the successful bell ringing campaign at Toys R Us and at Safeway. The net was something over \$450.00. Our thanks to John for coordinating the volunteers. Volunteers included Kevin Tompkins' mother and father in law. Must have been done in partial repayment for all the great hours of fishing Kevin has shown their daughter. Kevin, it was reported, was off to the state soccer finals where his team came up the winners.

Dan Lambert still has raffle tickets for sale for anyone who still wants in on the chance of a trip.

Jim McCracken, the Interact Advisor, introduced Triana Parks (pictured below with Jim) who was awarded the Student of the Month Award. Congratulations to Triana for her years of involvement with Interact at Elsie Allen High School.

Warren Smith announced that our club will be sponsoring an exchange student from Brazil starting in January. Dave Lorenzen is coordinating the program for the club and is seeking volunteers to host the student for 3 month periods. If you are interested in participating in this interesting and educational program, please let Dave know. Even if you can't be a host, there will be many opportunities to meet the soon-to-arrive young lady from Brazil and to share some Sonoma County experiences with her.

Vicki Lockner announced an award the club received from the Central Soccer League. They too appreciate the work the club did to renovate the Steel Lane School field. Not only did they present the plaque but they are going to spread grass seed to rejuvenate the field and keep it looking great for many more seasons of soccer.

Jo Gennuso announced the addition of Mark Quattrocchi to the GSE team going to Austria in May. Mark was submitted as a candidate by Russ Lockner. Mark will be a great team member and will bring us back a report on the architecture he sees.

Bob Scott spent 3 weeks traveling in Europe - 1 week each in England, France, and Spain. Sounds like he met a lot of great people.

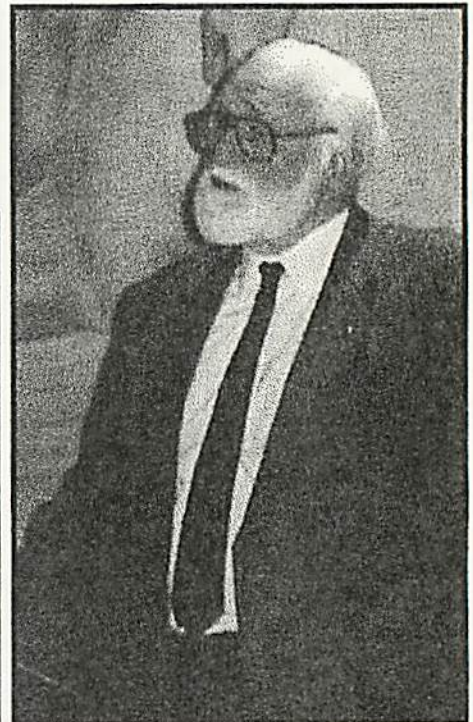
Steve Davis is again showing his photography work at the Parkpoint Club. If this is the first you have heard of it, I am afraid you missed it. It was Friday and Saturday the 5th and 6th. It was fun to see Steve's work from a standing position, holding a glass of wine, instead of reclining in a big chair and holding a sneeze.

Stan Walker had big news about finishing a big job at HP in RP. Larry Martin also had big news about a 30 minute special on CNN about taking 250 people to the Caribbean. Congratulations to all.

There was some quick business to attend to: the matter of election of new officers and the board for 1998-1999. That was smoothly handled by Archie Julian, assisted by Warren with a motion and a second by John and a unanimous vote by the membership.

Congratulations to President Art for the special acknowledgement of the great work he is doing this year.

Freud Visits Sunrise



JUST KIDDING ABOUT SIGMUND. IT IS SOMEONE EVEN MORE SPECIAL; DEL RABY WITH THE WEEK'S ROTARY MINUTE THANKS TO ALL WHO BRING US THESE MINUTES TO ADD TO OUR KNOWLEDGE OF ROTARY & ROTARIANS.



King's Korner

First, let me apologize. I've missed two recent meetings due to unavoidable, out-of-town, business obligations. Right now, I'm on a crowded, two-hour late plane flying through bumpy air. (If it sounds like I'm whining, I am. But I can because I'm the President and you can't fine me!) Santa Rosa sounds pretty good right now.

When I accepted the Presidency, I knew there would be occasions when I'd have to miss meetings. What I didn't realize is how much I would miss running the meetings. Not only is it an honor, but I really enjoy the meetings. I'd like to thank my capable replacements, Dan Davis (I hope he didn't try to peddle any of his unused "Dandy Dollars") and Dave Lorenzen. It's nice to know our Past Presidents are willing to help.

Now, let's talk about the future! In any organization, whether it's a business or a Rotary Club, planning for succession is a key component of its future longevity and success. I'm so excited about the new officers and Board Members elected for 1998/1999. The quality of these members says a lot about the continued strength and viability of our Club. Please take the opportunity to thank Shauna Lorenzen, Mike Kelly, Dan Lambert, LuAnn Poulsen and Ralph Harryman for volunteering to serve. The future of our Club is in good hands!

As you all know, our goal for November was 100% attendance. While we didn't achieve 100%, we should be at about 95%. I'd like to thank everyone who attended all of our meetings or who went out of their way to make up at another club. After I made up at another club, it made me appreciate being a member of Sunrise Rotary. Because of the Club's outstanding attendance in November, I will be drawing four raffle tickets to pick a square on the Rotary Foundation Board at the December 11th meeting. But, you have to be there to win!

One of District Governor Larry Bello's goals this year was to encourage joint activities between clubs. That's why we challenged Sebastopol to a softball game, which is rescheduled for Spring. We also initiated a joint meeting with the Santa Rosa West Club, scheduled for Monday, January 5, 1998, at their lunch meeting. It will be held at Los Robles (they have more room than Equus). It will be a meeting co-chaired by me and Jim Valenti, West Club President. The program speaker will be Paul Pelzer, a Pulitzer Prize winning author. Please mark it on your calendar. I would like to have a good showing from our Club. You will be called by a Board Member prior to the meeting to remind you of the special date. Because of this meeting, we will not have a meeting on Thursday, January 8th.

As a reminder, we will be dark on December 25th and January 1st, since both fall on Thursdays. I'd like to welcome Leonard Le Blanche, our newest member and thank Scott Holder for being his sponsor. Please make him feel welcome. Our membership now stands at 52. We are well on our way to our goal of 60.

Finally, I'd like to highlight two upcoming events. First, we are caroling on Saturday afternoon, December 13th, starting at 3:45 p.m. at the Silvercrest Senior Center at 1050 3rd Street. The idea behind this event was to provide an activity where club members, spouses, children and friends could participate. I'd like to thank Irene King for the idea. Second, is the annual Club Holiday Party. This is an opportunity for all of us to gather and celebrate the holiday season. Irene and I hope to see all of you there.

Until next month,

Art

I know this announcement may be a tad late. It is not because Jim McCracken didn't get it to me in time. It is because I took the week off last week because we didn't have a meeting to report on. If you get your mail early and still want to dash over on the 9th, I am sure they would be happy to see you. If not, just know you are invited to attend, anytime, and are welcome to stop in and see what is going on with the Interact Club. The gentle reminder still applies.

INTERACT CORNER:

THE NEXT INTERACT CLUB MEETING WILL BE HELD ON TUESDAY, DECEMBER 9TH FROM 12:30 TO 1:00 PM IN ROOM E13. ROOM E13 IS LOCATED ON THE NORTHEAST CORNER OF ELSIE ALLEN HIGH SCHOOL. JUST A GENTLE REMINDER THAT ATTENDING AN INTERACT CLUB MEETING IS A RED BADGE REQUIREMENT. ALL ROTARIANS ARE WELCOME TO ATTEND, HAVE FUN, AND MEET SOME NEAT STUDENTS.

MORE NEWS:

Last week's speaker was Eric Thompson of the Sonoma County Sheriff's Helicopter Unit.

It was interesting and surprising to hear the details of what all the helicopter unit finds to do in and around Sonoma County. It must be reassuring to know, especially if you spend a lot of time hanging around Goat Rock.



Thanks to those of you who clarified, for all of us who were wondering, that there is no charge for such rescues. When I heard that it was another one of the many services that was provided by Sonoma County for Sonoma County taxpayers, I thought, Is this a great county or what? If only they had told us before.

It didn't take long to come up with about a dozen times it would have been handy to have known that was an option. Of course John Jones also envisioned the possibilities and saw what great advantage it could be when the biggest pig of the season exhales its last, hot, porcine breath in the slippery bottom of a wooded valley. The vision of John or Leroy (or even Eve) attaching a 150 foot long rope to the respective ankles of hunter and hunted (now expired), then climbing to the top of a 145 foot tall redwood, cellphone in hand, makes you happy you are a taxpayer.

Of course I don't hunt pigs but it also would have made the job of cleaning out all those high roof gutters a lot easier. And my chimney really should be cleaned. If I had known, I probably wouldn't have laid that tree over on PG&E's wires a couple of years ago either. And for sure it would have eliminated a lot of muddy shoes when the road went out last winter. I didn't hear Officer Thompson actually say NO to John's ques-

The Sunrise



Santa Rosa Sunrise Rotary Club
P.O. Box 14953
Santa Rosa, California 95402

12-8-97

Delbert Raby
9358 Lakewood Drive
Windsor, CA 95492

Published by Santa Rosa Sunrise Rotary Club
Meeting every Thursday Morning at 7:15
Equus Restaurant
101 Fountain Grove
Santa Rosa, California

First Class

“December: Happy Holiday Month”

Sonoma County Make-Up Locations

MONDAY	
WEST SANTA ROSA-12:15 p.m.	Los Robles-Cleveland & Edwards
HEALDSBURG-12:00 noon	Masonic Temple-Plaza & Center
TUESDAY	
WINDSOR-7:15a.m.	Windsor Community Center, 901 Adele Drive
SANTA ROSA EAST-12:15 p.m.	Flamingo Hotel-4th & Farmers Lane
ROHNERT PARK/COTATI-7:15 am	Doubletree. 1 Red Lion Dr.
GUERNEVILLE-6:30 p.m.	Northwoods Restaurant-Hwy. 116
WEDNESDAY	
SANTA ROSA-12:10pm	Flamingo Hotel-4th & Farmers Lane
PETALUMA VALLEY-12:15pm	Adobe Creek Golf Club-Frates Rd.
SONOMA VALLEY-12:15pm	Sonoma Golf & Country Club-1770 Arnold Dr.
SEBASTOPOL SUNRISE - 7:15 am	Masonic Lodge, 373 North Main St.
THURSDAY	
PETALUMA-12:15 p.m.	Veteran's Mem. Bldg.-1094 Petaluma Blvd. S.
CLOVERDALE-12:15 p.m.	Owl Café - 485 S. Cloverdale Blvd.
FRIDAY	
SEBASTOPOL-12:15pm	Community Church -1000 Gravenstein Hwy.N

Thanks to this Rotarian,
The Sunrise is still free
and worth every penny!

TREK • GT • PRO-FLEX • BMX • CANNONDALE
RENTALS • TANDEMS • CLOTHING • REPAIR
CAR RACK SPECIALISTS: THULE, YAKIMA, RECEIVER RACKS

FINE ADULT &
YOUTH BICYCLES

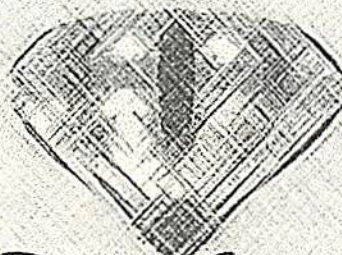
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cycleby

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rincon@sonic.net
FAX 707-538-0879
707-538-0868
800-965-BIKE

Russ McCracken
OWNER

December 15, 1997

Volume 12, Issue 24



Art King - President
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Gary Bayless - Sergeant at Arms
Randy Seelye - Past President

Santa Rosa Sunrise Rotary Club The Sunrise

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Thursday, December 18, 1997

Christmas Program

Coordinated by Vicki Lockner

Thursday, December 25, 1997

Christmas Day

No Meeting

Thursday, January 1, 1998

New Year's Day

No Meeting

Monday, January 5, 1998

*Joint Meeting
with Santa Rosa West
David J. Pelzer, author*

Thursday, January 8, 1998

No Meeting

Due to Joint Meeting on January 5

December 23, 1998

Hanukkah begins at Sunset



Santa Rosa Sunrise

Christmas Program

with

Santa Rosa High School

Chamber Singers

Come prepared for a fun meeting and a lot of guests. Get there early to get a good seat and to mingle with friends, old and new. And Be JOLLY



Why are Ralph and Kathy so happy? It's because they were at the Holiday Open House at Art and Irene's house on Sunday evening. There was a great turnout of members and guests, lots of food and goodies and a super time for all. Thanks Art and Irene!

Meeting News:

Dave Brown opened the meeting by leading the pledge, Russ Lockner had the inspirational message, guaranteed to keep us on our toes all day long. Jim McCracken introduced the visiting Rotarians, the last and certainly not least of which was our very own Art King. We do hope he is back for more than a visit after some time away for business travel.

WARREN SMITH ANNOUNCED THAT HE IS STILL IN SEARCH OF HOST FAMILIES FOR THE EXCHANGE STUDENT FROM BRAZIL. SHE WILL BE ARRIVING IN JANUARY FOR A ONE YEAR VISIT AND THERE IS STILL A NEED FOR HOST FAMILIES IN SANTA ROSA.

President Art announced the upcoming joint meeting with Santa Rosa West. It is to be on Monday, January 5, 1998 at Los Robles. This meeting is partially in response to the district's goals of increasing interactivity among the local Rotary Clubs. The speaker for the occasion is David J. Pelzer. Mr. Pelzer has written the book A Child Called "IT", An Abused Child's Journey from Victim to Victor. It is an inspirational and true story. A follow-up book by Mr. Pelzer is The Lost Boy, A Foster Child's Search for the Love of a Family. Mr. Pelzer is an excellent speaker and this promises to be an excellent joint meeting with our fellow Rotarians of the west.



WHAT DO JOHN WATSON, LAURA, SYLVIA, KEVIN, DAN, JOHN JONES, ARCHIE, AND PRESIDENT ART HAVE IN COMMON? THEY ARE ALL WINNERS IN THE RAFFLE DRAWING HELD AT THE RECENT FOUNDATION WINE TASTING.

The final attendance results are in from last month. Didn't make 100% but it was over 95%. Congratulations to everyone for the great attendance results. With such great attendance we were certainly filling up our new meeting room. The good results were enough for Art to cause 4 squares to be drawn from the Foundation Board to determine the price he would pay to recognize the excellent turnout.

Debra didn't have a lot to report about her birthday but it was finally extracted that she had spent some rest and relaxation time in Bermuda. Will Parker's wife Rebecca celebrated a birthday on the 23rd. Didn't get much detail here either. John Dolinsek, who sponsored Will tried to stir the pot with a brief discussion about going to a make-up meeting.



Owing to an unfortunate spillage of some of my breakfast last Thursday, the following must be reported with less than the usual degree of accuracy to which this reporter customarily aspires.

Russ _____? was off to *King's Pants?, Kris Parts?, Kuvis Paris?, Knees Prints?* for his birthday. *If you need to know, please ask Russ, or both of them, and let me know.*

I do know that Stan Walker is celebrating an anniversary on the 16th with a trip to Del Monte Lodge for an overnight and then a day on the golf course at Pebble Beach. What a great anniversary.

Mike Kelly didn't get the marble and didn't get the money, and then the President's Message:

Friends are made by many acts, but lost by only one.

MIKE KELLY NEEDS VOLUNTEERS:
 THE CLUB IS COMMITTED TO SUPPLYING VOLUNTEERS TO SERVE AS TRAFFIC BARRICADE MONITORS FOR THE FIRST NIGHT CELEBRATION IN DOWNTOWN SANTA ROSA. IT ALL STARTS AT 6:00 PM AND LASTS UNTIL 8:00 FOR THE VOLUNTEERS. THEN YOU WILL BE FREE TO ENJOY THE ENTERTAINMENT AND THE CELEBRATION. PLEASE CALL MIKE KELLY FOR MORE INFORMATION AND SIGN UP FOR SOME EASY DUTY WHICH WILL HELP THE ORGANIZERS PUT TOGETHER THIS FUN WAY TO BRING IN THE NEW YEAR OF 1998.



Membership Roster

PARTY PICTURES:

Updated November 17, 1997

Last	First	Spouse	Home #	Work #	Classification	eMail Address
Abramson	Al +		576-8163	546-9220	Executive Gifts	
Alta	Nancy+	Bob	823-9139	544-1801	Insurance Health	
Amend	Steve	Kathleen	575-3078	584-9750	Roofing Contractor	
Bayless	Gary	Lynda	542-8102	527-7300	Jewelry Design/Manuf	
Brown*	David+	Sue	539-1265	778-9000	Office Equipment	dnbrown@ix.netcom.com
Carlenzoli	Leroy+	Carol	542-8964	542-8485	Civil Engineer	
Cercone	Frank+	Jan	526-9852	542-1844	Dentist Orthodontics	
Coker	Ken +		527-0880	525-5600	Architecture	
Corrigan	Debra		837-8139	546-6565	Personnel Services	
Christopherson-O'Brien	Laura Tim	Susan	795-6270	539-4122	Copying and Shipping	
Davis	Dan		527-0724	545-7010	Law Business	
Davis	Steve +	Rita	525-9306	575-9595	Dentistry	steved@sonic.net
Dolinsek	John +	Kathy +	546-7306	544-5493	Insurance/Tax & Estate	
Finch	Buster+	Marilyn			Honorary Member	
Gennuso *	Jo		576-0542		Corporate Travel	jo@mail@aol.com
Harryman	Ralph	Kathy	539-2419		Past Active- Pharmacy	
Hayes	Merle		523-0226	525-9962	Professional Coach	
Herron*	Steve	Laura	584-8960	524-3102	Banking	
Higgins	Sylvia	Randy	838-9555	838-3300	Bookkeeping	
Holder	Scott	Patricia	838-6040	539-9438	Investments-Bonds	
Jacobson	Carl +	Judy +	837-8200	578-2370	Engineering Consulting	cjacobson@boyleengineering.com
Johnson	Jerry		573-1368	573-4840	Banking/Comm. Loans	
Jones	John +	Ardys	526-5001	546-0272	CPA/Business Planning	jjones@linkcpa.com
Julian	Archle +	Susan	433-6256	546-7822	Equipment Leasing	
Kelly	Michael	Lou Ann	578-6044	524-3520	Real Estate -- Sales	mkelly@realtour.com
King*	Art+	Irene	539-5980	527-0800	CPA Accounting	artk@mossadams.com
LaBranche	Leonard, Jr	Jennifer	576-7076	963-9494	CPA/Additional Active	gjsh@napanet.net
Lambert	Dan +		996-4681	528-7711	Computer Systems	
Lockner*	Russell +		575-7150	544-4133	Real Estate Comm.	
Lockner	Vicki +		544-1593	522-3260	Elementary Education	
Lorenzen	David +	Shauna	539-4332	527-0800	Business Administration	
Lorenzen	Shauna +	David	539-4332	543-0172	Radio Broadcast.-Mgt.	
Martin	Larry	Laura	887-2606	528-2922	Travel	
McCracken*	Jim	Priscilla	528-8681	528-8681	Graphic Arts	mc2@metro.net
McCracken	Russ	Deborah	538-2806	538-0868	Cyclery Retail	russell@sonic.net
Nighswonger*	Eve +		539-1886	546-3905	Florist	enighswo@a.crl.com
Olsen*	Steve	Lynn	546-3973	578-6033	Law Dom. Relations	solsen@ix.netcom.com
Parker	Will	Rebecca	542-8067	546-1540	Chiropractor	
Poulsen	LuAnn		539-6966	524-1506	Education/College Adm.	
Raby	Delbert+	Harriet+	838-6701		Senior Active	
Scott	Robert	Kathy	539-4341	544-5800	Business Forms	
Seelye*	Randy+	Katharine	528-2149	528-8585	Newspaper Publishing	randys@pressdemo.com
Sitzman	Phil	Marsha	523-3326	539-1252	Retail Printing	
Smith	Warren+	Wendy	542-8108	525-7893	Optical Coatings	warren_smith@ocil.com
Martin*	Patricia		838-3928	546-8984	Banking Commercial	solar@sonic.net
Taylor	Keith		528-6144			
Tompkins	Kevin	Francesca	829-5446	542-7200	Hard Disk Manufacturing	
Treleaven	Peter+	Marie+	538-4170	524-1024	Securities	
Waiker	Stan+	Valeri	525-0152	588-1054	Construction Comm.	
Watson	John		888-2039	888-2039	Property Management	
Wessman	Rolf +		578-0230	578-0230	Computer Services	rolf@wessman.com
Young	Jeff	Karen	578-7746	579-5200	Insurance Casualty	
Zumfelde	Dale +		538-8055	538-8055	Architecture Residential	zum@wco.com

* Board member
+Paul Harris Fellow

Voyles John 869-2664 544-1215 Honorary Member
Zager Hank + Doty 544-0579 Honorary Member



The Sunrise



Santa Rosa Sunrise Rotary Club
P.O. Box 14953
Santa Rosa, California 95402
12-15-97

Delbert Raby
9358 Lakewood Drive
Windsor, CA 95492

Published by Santa Rosa Sunrise Rotary Club
Meeting every Thursday Morning at 7:15
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Santa Rosa, California

First Class

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CLOVERDALE-12:15 p.m.		Owl Café - 485 S. Cloverdale Blvd.
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and worth every penny!

TREK • GT • PRO-FLEX • BMX • CANNONDALE
RENTALS • TANDEMS • CLOTHING • REPAIR
CAR RACK SPECIALISTS: THULE, YAKIMA, RECEIVER RACKS
FINE ADULT & YOUTH BICYCLES

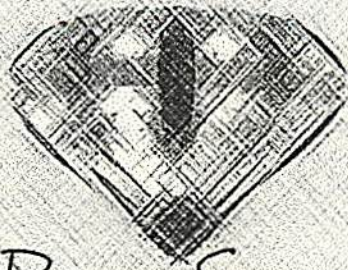
RINCON *McCraen*

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Russ McCracken
OWNER

December 22, 1997

Volume 12, Issue 25



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Gary Bayless - Sergeant at Arms
Randy Seelye - Past President

Santa Rosa Sunrise Rotary Club The Sunrise

December 21, 1997

First Day of Winter

Tuesday, December 23, 1997

Hanukkah

begins at Sunset

Thursday, December 25, 1997

Christmas Day

No Meeting

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New Year's Day

No Meeting

Monday, January 5, 1998

Joint Meeting

with Santa Rosa West

David J. Pelzer, author

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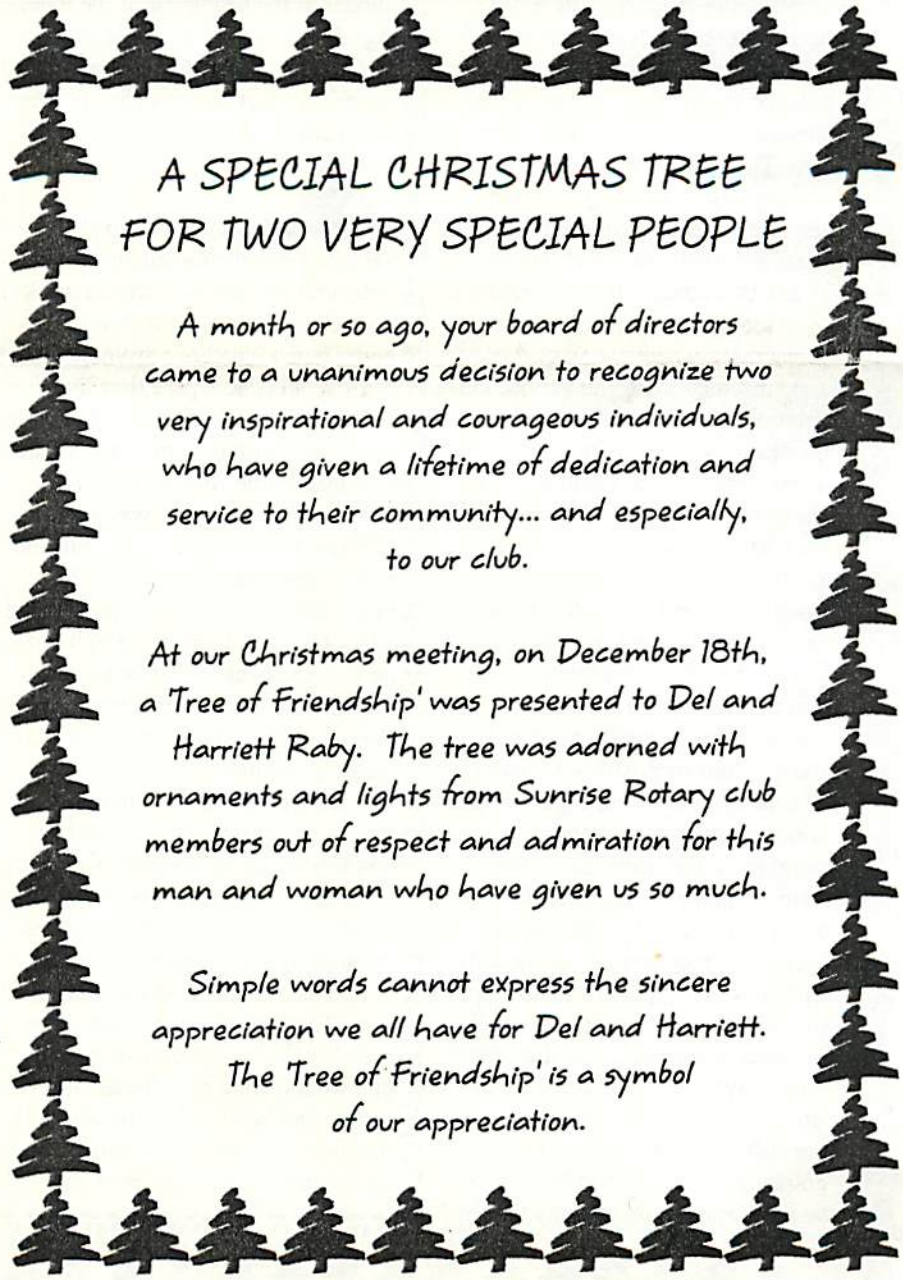
Due to Joint Meeting on January 5

Approved for membership:

Mike Panas - High School Education

Ellen Johnson - Management

Any member who has an objection to the election of the proposed members shall notify the board in writing, stating the reason for their objection within 10 days.



A SPECIAL CHRISTMAS TREE FOR TWO VERY SPECIAL PEOPLE

A month or so ago, your board of directors came to a unanimous decision to recognize two very inspirational and courageous individuals, who have given a lifetime of dedication and service to their community... and especially, to our club.

At our Christmas meeting, on December 18th, a 'Tree of Friendship' was presented to Del and Harriett Raby. The tree was adorned with ornaments and lights from Sunrise Rotary club members out of respect and admiration for this man and woman who have given us so much.

Simple words cannot express the sincere appreciation we all have for Del and Harriett. The 'Tree of Friendship' is a symbol of our appreciation.

Holiday Thoughts:

Here I sit, on a Monday night, trying to figure out how to prepare next week's newsletter before the meeting on Thursday. I fly out of here on Thursday, right after the meeting. I know I can't possibly close this production down for three whole weeks for the holidays. That would be pushing it. Because Christmas and New Year's Day both fall on Thursdays (meeting day), the presses will fall silent until sometime in January. The exact date I guess will depend on when I am finally revived from the food induced stupor that overtakes me annually in this month of celebration. The Sunrise will certainly reappear again but only after the January 5 meeting with Santa Rosa West at Los Robles. Let this be your last reminder of that meeting.

But still the problem remains: because I can't repeat all of Art's announcements and the various celebrations and recognitions of club members, what to write? I am confident I could write about how talented and entertaining and moving the Chamber Singers were. They always are and I know they will be again. It always brings a tear or two to my eye and I expect that will be the case again this year. I don't know if it's a longing for my own days in the high school and church choir or possibly a longing of another kind. Possibly my regret at not having my own son or daughter in the choir, or on the team, or home to decorate the tree, or home playing that damned rap music way too loud. I see the kids and I envy their parents and I hope they all appreciate each other half as much as we should. If they don't now, maybe they can by 30 years later, when they get together for the holidays. That's where I am going on Thursday; to Phoenix to be with, and appreciate, my family.

I guess I could write about my brother Paul. Some of you met him this summer when he visited Santa Rosa. It is more of a Thanksgiving story really but I took a break then too to attempt to figure out what family means. Because this is kind of a Rotary story, and because I won't be editor next November, I will hope this works for Christmas. That and the fact that it rattled to the surface again just last Thursday when Russ delivered his little reminder at the beginning of the meeting. If you missed it: "We Navajo understand, Coyote is always waiting out there. Just out of sight. Coyote is always hungry."

A few months ago Paul ventured into the Canadian wilderness with his son-in-law for a weekend of adventure and solitude. Six hours into a nine hour drive, going north from Ohio where they live, he realized he had forgotten to bring along his constant companion of late – a small bottle with his supply of Prozac. He figured he was about five and a half hours too far into the trip to consider going back. He didn't have a prescription that would allow him to get any more of it but, he thought, what could be more relaxing than 3 days with a friend in the peaceful embrace of a Canadian forest in autumn.

Buoyed by bucolic thoughts of trees and streams and rock and sky, and the beauty of Northern Canada, to need a drug seemed superfluous. Surely leaving behind the pressures of work and the anxieties of home would also make the drug unnecessary. That was the way it felt when they left the last little town behind and went further into domain of moose and bear. The exhaustion of the drive and the deep cradle of forest solitude made sleep easy and

deep – until just before dawn. Then anxiety crept into the tent with the northern morning frost. The sun dispelled them both.

The day was great; a day of hiking and sitting and meditation, all awash with the clear northern light which filled the world with warmth and comfort. Then, with darkness, came the demons, and raccoons brought terror and the tent was a trap. And how many more breaths will it be until the sun? With the daylight again came hope but it ended too soon with despair. The feeling of being 3 pills a day away from insanity went into the tent with Paul that night. There were 3 pills a day between him and the coyote. "Coyote is always hungry." He was in a hole that was 30 years deep with a bottom in southeast Asia. He said he went from being *afraid* there might be a bear to hoping there *would* be a bear.

Irrationality took him, alone, back to the nearest town where he found a cabin he hoped would offer the security and peace he craved. Soon he was in a phone booth talking to our father; talking and crying, a scared little kid, wanting everything to be all right again. They talked for awhile, through the crisis, but when they hung up, Dad knew Paul was still in trouble.

He called the motel manager at two o'clock in the morning, explained why he was calling, and asked if there was a Rotary Club in town. There was. Then he asked if there might be a minister in the club. The manager, growing more irritable and impatient, said there was. The night manager was not a Rotarian, was not familiar with the Service Above Self motto, and told my father "he had better not be calling anyone about anything because it is two o'clock in the middle of the damn night!"

My father, being of the sort who would do anything to help anyone at any time is also capable of asking for

HORACE GREELEY AND ART KING
SAY " GO WEST YOUNG ROTARIAN"

WHEN: JOINT MEETING WITH SANTA ROSA WEST CLUB ON
MONDAY, JANUARY 5, 1998 - 12:00 PM

WHERE: LOS ROBLES LODGE
1985 CLEVELAND AVENUE

COST: \$10.00 PLUS RAFFLE TICKETS

WHY:

One of President Art's goals is to encourage fellowship within and without our club. This looks like a good way to move toward his goal and to start the year of 1998.

SPEAKER: Speaker is Dave Pelzer, nationally known motivation speaker and Pulitzer Prize nominee. He will be discussing "The Winner Within You".

ADMINISTRATION:

Please note there is no meeting on Thursday, January 8, 1998. Our club members will need to make up if they miss joint meeting held on January 5th. (No, you cannot sign in on 1/8 either!)

(Continued from page 2)

help in dire times. These, he felt, were dire times. He called the Rotarian minister and explained the situation. Within minutes, this man of service was with Paul in his cabin where he spent the balance of the night talking, and praying, with back rubs, together, to hide from the shadows until morning. At first light, a druggist was found, with the minister's help, and the world looked survivable again.

When I heard this story, I developed a new understanding and greater respect for antidepressant drugs, for people who can ask for help when they need it, and for people who can give help when they are asked. I wish a sound night's sleep and a Christmas of peace to Canadian Rotarian ministers everywhere, thankful they can be summoned when needed. And I wish a sound winter's sleep to Canadian bears, thankful they are not summoned by scared little boys wanting nothing more than to be eaten.

To you too I wish a sound night's sleep, and holidays of peace and joy, but . . . If your phone should ring at two o'clock in the morning, say a quick prayer for that son or daughter away at college, for the new driver who may not be home yet, or your partner, away on business. Have a good feeling and a warm, kind thought for those aging parents, far away. Take a deep breath and pick up the phone. It may be someone's father. I just hope its not mine.

I just rummaged through the 'fridge for some dinner and found some sobering stuff. Perhaps I should do a "Marvin" Stewart piece on what to do with last months leftovers that may have passed their prime, languishing in the netherworlds of your refrigerator. "How to turn October's pesto and angel hair pasta leftovers and refrigerator-dried tomatoes into a delightful and festive centerpiece for the holiday table." Something like that.

The other thing I could do is retell the old story about Nighswonger Eve, the favorite night of the year in the time before the earth's axis shifted. It was when children knew

only goodness and each parent had exactly two children and each child had exactly two parents. Not only that but many parents had parents who had parents and many children were children who had children. It was a time when schweebelnuts were bigger than bowling balls are today, and rich as cheesecake and nutritious as cabbage.

That was the night everyone left the forest early and rushed home and pulled off their higgins so they could sing and make funny noises with their noses until they were exhausted from laughing and yoiking. And before the day turned to Tuke and the month turned to Yornick, (they used a different calendar then) all the ruddy faced little tykes could be seen stuffing reindeer-fat laced little doughballs into their round and puffy cheeks, glowing in the beemel light, just before running off to slide into their furred trunklas to wait out the long northern night.

To the sound of schweebelnuts falling on the sod roof, they awoke as one, and greeted the arrival of Nighswonger Morning. The young and the old alike imagined sightings of the Old Wongerpookkie himself shaking stars off the tops of all the firs in the forest. (You would be wrong to assume you know the rest of the story because Old Wongerpookkie brought not gifts but the certain knowledge that each was a gift to each of the others. More than the calander has changed since then. But that would make the story far too long.)

And then the torkeling began. In those days, now long past, torkeling was something that was done in the summertime in the newly fallen snow near the torphs and mingles of remote villages. But on this morning of all mornings, throughout the land, everyone torkeled and they torkeled all day. They stopped only for more doughballs and yoiking. And then it was night, the firs filled again with stars, and peace was upon everyone. The torphs drew closed again and the mingles were quiet again and white with real crystals. Everyone slept, not fearing loneliness, for it was unknown, and not wanting for happiness because they knew not the lack of it. Everything has changed now but the stars, and the fact that we are each, still, gifts to each other.

INTERACT CORNER

Elsie Allen Student To Go To Washington

On December 16th, Amber Mackenzie Taylor made a presentation to the Sunrise Rotary Board of Directors and was awarded \$300 to help fund her trip to Washington D.C. so she can participate in Presidential Classroom. Steve Heron donated an additional \$100. Presidential Classroom is an educational organization that selects high school students from across the country and brings them together in the nations capitol for a week of seminars, discussions and meetings with some of the nations most influential leaders. Amber, currently ranked in the top 1% of her class, will be the first student to go from Elsie Allen High School. She plans to attend one of our meetings when she returns, with a report on her journey to the East.

The next Interact Club meeting will be on Tuesday, January 6th at 12:30p in Room E13 at Elsie Allen High School. Room E13 is located at the Northeast corner of the campus. All Rotarians are welcome... and Interact meetings now count as a 'make-up'.

The Sunrise

Santa Rosa Sunrise Rotary Club
P.O. Box 14953
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12/24/97



Delbert Raby
9358 Lakewood Drive
Windsor, CA 95492

Published by Santa Rosa Sunrise Rotary Club
Meeting every Thursday Morning at 7:15
Equus Restaurant
101 Fountain Grove
Santa Rosa, California

First Class

“December: Happy Holiday Month”

Sonoma County Make-Up Locations

MONDAY	
WEST SANTA ROSA-12:15 p.m.	Los Robles-Cleveland & Edwards
HEALDSBURG-12:00 noon	Masonic Temple-Plaza & Center
TUESDAY	
WINDSOR-7:15a.m.	Windsor Community Center, 901 Adele Drive
SANTA ROSA EAST-12:15 p.m.	Flamingo Hotel-4th & Farmers Lane
ROHNERT PARK/COTATI-7:15 am	Doubletree. 1 Red Lion Dr.
GUERNEVILLE-6:30 p.m.	Northwoods Restaurant-Hwy. 116
WEDNESDAY	
SANTA ROSA-12:10pm	Flamingo Hotel-4th & Farmers Lane
PETALUMAVALLEY-12:15pm	Adobe Creek Golf Club-Frates Rd.
SONOMA VALLEY-12:15pm	Sonoma Golf & Country Club-1770 Arnold Dr.
SEBASTOPOL SUNRISE - 7:15 am	Masonic Lodge, 373 North Main St.
THURSDAY	
PETALUMA-12:15 p.m.	Veteran's Mem. Bldg.-1094 Petaluma Blvd. S.
CLOVERDALE-12:15 p.m.	Owl Café - 485 S. Cloverdale Blvd.
FRIDAY	
SEBASTOPOL-12:15pm	Community Church -1000 Gravenstein Hwy.N

Thanks to this Rotarian,
The Sunrise is still free
and worth every penny!

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