



Santa Rosa Sunrise Rotary - Sunriser !!! Mike Kelly, President



Mon Dec 02, 2013

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*Editor Max Bridges
If you have any comments or questions, please contact the editor.*

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Medical Injury Compensation Reform Act and local efforts to get the uninsured into health coverage

Dec 12, 2013
Elsie Allen Choir
Holiday Season Music Program

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John Jones
Goat Husbandry "Tales from the Herd"

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"DARK"
Merry Christmas

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Happy New Year

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Welcome to the Rotary Club of Santa Rosa Sunrise! Established June 30, 1986



Santa Rosa Sunrise

*We meet Thursdays at 7:15 AM
Fountaingrove Inn
101 Fountain Grove Parkway
Santa Rosa, CA 95403
United States*

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The December 5th. Program is.....
Posted by Max Bridges on Dec 02, 2013

Pedro Toledo, Director of Community and Government Relations, Redwood Community Health Coalition

Medical Injury Compensation Reform Act and local efforts to get the uninsured into health coverage

The Redwood Community Health Coalition (RCHC) is a coalition of community health centers in Sonoma, Napa, Marin and Yolo counties. RCHC supports its members' mission to provide high-quality cost-efficient care to all, regardless of ability to pay.

[For Whom the Bell Tolls](#)
Posted on Dec 02, 2013

Pres Mike's bell had good company for Thanksgiving!

Dec 15, 2013 04:00 PM - 08:00 PM

Club Assembly--State of the Club
Fountaingrove Inn and Hotel
Jan 09, 2014 07:30 AM - 08:30 AM

SCARC January Meeting - Rancho Cotati
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Donate Your Car!



Santa Rosa Sunrise Rotary Foundation

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Happy Holidays for Emergency Foster Care Children
Posted by Max Bridges on Nov 18, 2013

In the True Spirit of the Holiday Season!



Interact gifts 2012

Every year Ross Andress and Stacy Drucker-Andress, along with the Elsie Allen Interact Club collect Holiday gifts and clothing for children in emergency foster care at the Valley of the Moon Children's Center. Last year they delivered truckloads of gifts to the facility including homemade baby blankets. Take a moment and check out the attached pictures of the "loot" from last year. Between Rotarian's, Interactor's, friends, friends of friends, and family the project continues to grow. They have made it a personal goal

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» [Family health days help 250,000 in Africa](#)

to fill the wish list every year. Toys, books and art supplies are also welcome. There are teens that haven't found foster care homes that live at the center. Please remember them too with a gift card from a department store.

Where do your gifts go? When a child goes into an emergency foster home in Sonoma County they are given a blue duffle bag with the basic things they will need in their first days in their new home. This blue bag is the child's to keep and helps make the transition to their new home a little easier. The bags include several changes of clothing, pajamas, diapers/underwear, a book, a toy, a stuffed animal, toiletries and a special hand-made quilt. The bags serve children from 0-8 years old who have been abused and neglected and cannot safely remain in their parents care.

If you would like to learn more, Ross and Stacy have a 13 minute video, *Thomas visits Valley of the Moon Children's Center*. The video explains the process Thomas goes through and shows you the facility and wonderful support the kids receive. They are asking for your help. Please pass the video and wish list on to your friends and help this project expand even more! Items need to be received by December 15th. Please contact Ross and/or Stacy with questions or delivery options.

Ross: 707-481-6565 Stacy 707-486-8530



The Loot

Emergency Foster Home Blue Bag Wish List

Thank you for your interest in the blue bag program. When a child goes into an emergency foster home in Sonoma County they are given a blue duffle bag with the basic things they will need in their first days in their new home. This blue bag is the child's to keep and helps make the transition to their new home a little easier. The bags include several changes of clothing, pajamas, diapers/underwear, a book, a toy, a stuffed animal, toiletries and a special hand-made quilt. The bags serve children from 0 to 8 years old.

Babies (boys & girls) Sizes preemies, newborns, 3 months, 6 months, **9 months, 12 months, & 18 months

NOTE: Preference is for clothes to be in sets (e.g., pant and shirts that can be worn together)

Short-sleeve shirts

**Long-sleeve shirts

**Pants

**Sweats

**Sweatshirts/Sweaters

**Jackets

- ➔ A lesson in the power of clean water
- ➔ Jack Sim wants you to talk about toilets
- ➔ End Polio Now campaign earns top public relations award
- ➔ Rotary clubs take action for typhoon-ravaged Philippines



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Pajamas

Socks

Soft hats

**Onesies

Receiving blankets

**Lovies/Loveys

**Baby books

Stuffed Animals (with non-detachable eyes or noses)

teething and other baby toys

Toddlers (boys & girls) Sizes 24 months/2T, 3T, 4T, 5T

NOTE: Preference is for clothes to be in sets (e.g., pant and shirts that can be worn together)

Short-sleeves shirts

Long-sleeve shirts

**Pants

**Sweats

**Sweatshirts/Sweaters

**Jackets

Pajamas

Underwear

Socks

Toys

**Coloring books

Children's Sizes (boys & girls) Sizes 5-6, 7-8

NOTE: Preference is for clothes to be in sets (e.g., pant and shirts that can be worn together)

Short-sleeves shirts

long-sleeve shirts

**Pants

**Sweats

**Sweatshirts/Sweaters

**jackets

Pajamas

Underwear

Socks

Coloring books



This week's "Rotary Foundation Thought"

Posted by Dave Lorenzen on Dec 02, 2013

This week's "Rotary Foundation Thought"

December 2, 2013

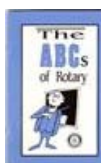
.....is about the Programs of The Rotary Foundation.

When the Foundation's founder Arch C Klumph said:
 "The Rotary Foundation is not to build monuments of brick and stone. If we work upon marble, it will perish; if we work on brass, time will efface it....but if we work upon immortal minds, if we imbue them with the full meaning of the spirit of Rotary, we are engraving on those tablets something that will brighten all eternity. "



The Educational, Humanitarian and PolioPlus Programs are the monuments of the Foundation and Rotarians should be proud to yell it from the roof tops. We will eradicate polio, hunger and poverty. We will help the world find peace. By supporting the Rotary Foundation with an annual gift you help build these immortal monuments of Rotary.

This Week's Rotary Foundation Thought" is a weekly article posted in the weekly bulletin from the Rotary Club of Santa Rosa Sunrise. For a listing of all past articles, go to the [Sunrise Website > Committee Pages > International Service > Foundation Thoughts](#), or click on this [weblink](#).



Cliff Dochterman's "ABC's Of Rotary"

Posted by Dave Lorenzen on Dec 02, 2013

These short articles about Rotary were first published in the weekly bulletin of the Rotary Club of North Stockton, California, U.S.A. That was well before their author, Cliff Dochterman, became president of Rotary International for the year 1992-93. Originally called "Did Ya Know?" the pieces were prepared to share interesting facts about Rotary International with members of the North Stockton club. Later, in response to requests from other Rotary clubs, the articles were reprinted in collected form. Now, President Cliff has brought the collection up to date in keeping with one of the emphases of his year in office as R.I. president - to help Rotarians learn more about the colorful history of their organization, its customs and traditions, and the current status of its global programs.



This Week's articles are about "Invocations At Club Meetings" and "Official Directory"

INVOCATIONS AT CLUB MEETINGS

In many Rotary clubs, it is customary to open weekly meetings with an appropriate invocation or blessing. Usually such invocations are offered without reference to specific religious denominations or faiths.

Rotary policy recognizes that throughout the world Rotarians represent many religious beliefs, ideas and creeds. The religious beliefs of each member are fully respected, and nothing in Rotary is intended to prevent each individual from being faithful to such convictions.

At international assemblies and conventions, it is traditional for a silent invocation to be given. In respect for all religious beliefs and in the spirit of tolerance for a wide variety of personal faiths, all persons are invited to seek divine guidance and peace in their own way. It is an inspiring experience to join with thousands of Rotarians in an international "silent prayer" or act of personal devotion. Usually all Rotary International Board and committee meetings begin with a few moments of silent meditation. In this period of silence, Rotary demonstrates respect for the beliefs of all members, who represent the religions of the world.

Since each Rotary club is autonomous, the practice of presenting a prayer or invocation

at club meetings is left entirely to the traditions and customs of the individual club, with the understanding that these meeting rituals always be conducted in a manner that will respect the religious convictions and faiths of all members and are nondenominational in nature.

OFFICIAL DIRECTORY

How do you find out when the Rotary club meets in Toowoomba, Pondicherry, or Recklinghausen? Simply turn to the Official Directory of Rotary International. The approximately 825-page annual publication is filled with current information about Rotarians and Rotary clubs. The meeting day, time, and location of every one of the more than 34,300 clubs is listed. From the Rotary Club of A'Famosa Malacca, Malaysia, to Zwolle-Noord, The Netherlands, the Official Directory provides the name, street address, and e-mail address if available of each club president and secretary, as well as the number of club members and charter date.

The Official Directory also records a wealth of information about the approximately 530 Rotary districts, as well as the composition and purpose of all official RI committees and task forces. Included are names and addresses of the current RI Board of Directors and all previous boards. There is a list of all past RI presidents with the themes for their year. An excellent directory of hotels around the world and a list of vendors licensed to sell Rotary merchandise are added features. It is a perfect guidebook for making Rotary contacts when you travel.

Available in a print version or on compact disc, the Official Directory can be ordered from RI World Headquarters or the international offices. Rotarians can also find information on club meetings in the Where Clubs Meet section on the RI Web site.

And, by the way, Toowoomba meets every Monday at 1800 hours, Pondicherry on Wednesdays at 1930, and Recklinghausen on Mondays at 1900. Now, that's good to know!

Cliff Dochterman's "ABC's Of Rotary" can be found in it's entirety at the [Santa Rosa Sunrise Rotary Club Website](#), or a complete copy of the "ABC's" can be downloaded in pdf from [this link](#).



Special Dates For December

Posted by Dave Lorenzen on Oct 01, 2013

Birthday's and Anniversaries for December

Member Birthdays

Name	Date
Coffey, Harry	Dec 18
Herron, Steve	Dec 20
Carlenzoli, Leroy	Dec 29
Hembd, Jennifer	Dec 29

Spouse Birthdays

Name	Spouse Of	Date
Gray, Sheena	Gray, Jim	Dec 02
Davis, Susan	Davis, Dan	Dec 19
Kirkbride, Susan	Kirkbride, Jim	Dec 22

Anniversaries

Name	Spouse Name	Date
Hauck, Linda	Hauck, Tom	Dec 17
Wessman, Rolf	Wessman, Ann	Dec 24
Banks, Peter	Stewart, Mary	Dec 28



Remember the Pictures

Posted by Max Bridges on Nov 21, 2013

Check Out the Pictures from the Weekly Meetings

[Link to Meeting Sightings](#)



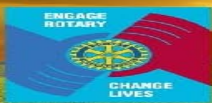
On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the websites photo journal called "**Meeting Sighting**" Please not that all the meeting photos for the entire Rotary year are at this location with the most recent on the last page.

Thanks for all the great pictures Warren and Steve! [Link to Meeting Sightings](#). The most recent are on the last page!

Additional photos may be found on the [SR Sunrise Facebook Page](#).

Download

- » [2012/13 Fundraising/Funding Report](#)
- » ["Donate My Car" Form](#)
- » ["Rotary Basics"](#)
- » [Why Become A Rotarian?](#)
- » [2011-12 Service & Activity Report](#)
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Santa Rosa Sunrise Rotary - Sunriser !!! Mike Kelly, President



Mon Dec 09, 2013

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Welcome to the Rotary Club of Santa Rosa Sunrise! Established June 30, 1986



Santa Rosa Sunrise

We meet Thursdays at 7:15 AM
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Editor Max Bridges
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"DARK"
Merry Christmas

Jan 02, 2014
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Happy New Year

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President Mike and Board of Directors
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Geof Syphers
"Earth, wind and power: what Sonoma Clean Power means to you, your business and our community"

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Stories

The December 12th. Program is.....
Posted by Max Bridges on Dec 05, 2013

Annual Holiday Season Music Program

Elsie Allen Choir



[Our December 5th Program Summary ...](#)
Posted by Richard Randolph on Dec 07, 2013

Healthy Kids Sonoma County

Donate Your Car!



Santa Rosa
Sunrise Rotary
Foundation

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- » [2012-13 Meeting Sightings](#)
- » [2013 Debunking of Jennifer](#)



Elioit Enriguez came to Healthy Kids from the Latino HealthPlan where he was Community Health Manager. Healthy Kids is a Not For Profit organization which provides advocacy and guidance in three areas of healthcare: Locating affordable health insurance, selecting primary care providers and assistance in securing nutritious food. Health Insurance is most frequently obtained through Cover California, the State's Medi-Cal program. Nutritional support comes from Cal Fresh, California's Food Stamp services.

Healthy Kids has a significant success rate in enrolling County children due in large part to the agency's skilled Enrollment Counselor network serving 8 different health organizations from 16 Enrollment Centers by 42 counselors, of which 5 are employed by Healthy Kids. Counselors coordinate extensively with local elementary schools in identifying students in need of coverage by Cover California and Cal Fresh.

During the past year 5,000 households have been enrolled, ensuring them access to health, medical and nutritional services. Since Healthy Kids inception in 2004, 161,000 people have applied for enrollment.

Bells Rung by Rotarians

Posted by Richard Randolph on Dec 06, 2013

What has eight arms & legs and rings in Holiday Cheer??



Four Rotarians in two hour shifts, accented with two modestly tuned handbells and a distinctive genre of hats ~ or not, led the Holiday Bell Ringing campaign to gather and spread Holiday cheer among the less fortunate of Sonoma County at the Calistoga Road Safeway.

Here Eloise & Brian commence their stint, just as the rain began to fall. The On-Duty pair do their best to attract the nuances of attention which inspire Sonoma County shoppers to open their hearts & wallets to Salvation Army's kettles of hope & joy. Jim Moir provides ad lib mentoring, as off-camera, nearby Jon Stark and Jim Gray thank contributors with candy canes along with holiday greetings.

If you missed this year's opportunity, mark next year to participate in this most uplifting of holiday community partnerships!! Thank you Scott Holder for organizing this year's volunteers!

Hemdb

- » [2013 Golf Tournament](#)
- » [2013 Kagoshima West 50th Anniversary](#)
- » [2013 Interact Camping Trip to Point Reyes](#)
- » [2013 Golf Tournament](#)
- » [2013 "Rebuilding Together" Project](#)
- » [2013 "Third Thursday" Socials](#)
- » [2013 Senior Center Crab and Pasta Feed](#)
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Rotary International News

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- » Family health days help 250,000 in Africa
- » A lesson in the power of clean water
- » Jack Sim wants you to talk about toilets
- » End Polio Now campaign earns top public relations award



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This week's "Rotary Foundation Thought"
 Posted by Dave Lorenzen on Dec 09, 2013

This week's "Rotary Foundation Thought"
December 9, 2013

[.....highlights the unique relationship between two Rotary Peace and Conflict Studies Program \(RPCS\) Alumni.](#)

Image

Raveendra Pathirana, senior state counsel in the attorney general's office in Sri Lanka, and Thevananth Thevanayagam, program manager for the Refugees Rehabilitation Organization in Sri Lanka providing food, shelter, rehabilitation, and other assistance to Tamil refugees, found themselves unlikely classmates in the inaugural session of the RPCS Program. After arguing incessantly, the two formed a strong bond, united in a desire to bring peace to their homeland. "We erased the hard feelings and went on to 'What can we do to solve the problem? What can we contribute?'" said Pathirana. The two remain close friends even a year after completing the three-month program, which Pathirana describes as more useful than a year's worth of graduate study. Every minute of every day somewhere in the world our Rotary Foundation is making a difference in someone's life.

This Week's Rotary Foundation Thought" is a weekly article posted in the weekly bulletin from the Rotary Club of Santa Rosa Sunrise. For a listing of all past articles, go to the [Sunrise Website](#) > [Committee Pages](#) > [International Service](#) > [Foundation Thoughts](#), or click on this [weblink](#).

News from Rotary International
 Posted by Max Bridges on Dec 09, 2013

Relief Aid Pours into Typhoon-Struck Communities



Maita Manglapus, a member of the Rotary Club of Mactan in Cebu, Philippines, helps the military distribute food and water to typhoon survivors.

For more than three hours, Typhoon Haiyan violently shook the roof, walls, and windows of Edgar Chiongbian's house. The heavy winds and flying debris threatened to collapse his home to its foundation at any moment.

After the winds subsided and the rain stopped, he emerged from where he and his family had taken cover and inspected the damage.

"We were one of the lucky families," says Chiongbian, governor of Rotary District 3860 in the Philippines. "There was no major damage to our house."

The outcome was very different for communities and towns in central Philippines closer to the sea. One of the strongest storms in history, the typhoon brought overwhelming destruction to coastal towns, killing more than 5,200 people, displacing 4.4 million, and causing billions of dollars in damage.

Soon after the storm, Rotary clubs worldwide began rushing relief aid and funds into devastated communities.

Chiongbian, whose district includes hard-hit Bohol, Cebu, and Ormoc, quickly coordinated efforts with other Philippine districts and clubs to bring lifesaving emergency aid, including food, water, medicine, and clothing, to survivors.

The district also set up a [disaster relief fund](#) to channel money where it's most needed. Chiongbian says they will continue to focus on providing emergency aid, then shift into rebuilding communities.

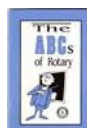
"To help the victims through the immediate hardship and get them back to having functional lives will take at least one year," he says. "The rebuilding and recovery phase that follows can be much longer."

Chiongbian says the typhoon destroyed homes and meeting places of Rotary members throughout the country, "but in spite of their situations, they are working around the clock to aid other victims. We've received support from Rotarians all over the world. It is very heartwarming. We are very grateful."

Other Rotary relief efforts:

- The Rotary Club of Woodstock-Oxford, Ontario, Canada, raised more than \$20,000 in relief funds, which will be matched by the Canadian government.
- The Grind Earth Project, founded by members of the Rotary Club of Northwest Austin, Texas, USA, is working with the Rotary Club of San Pedro South, Laguna, Philippines, and [WakaWaka Light](#) to supply thousands of solar-powered lamps to affected areas.
- [WorldWaterWorks](#), an initiative of the Rotary Club of Chelwood Bridge, England, has delivered more than 500 Water Survival Boxes to disaster areas.
- Five Rotary districts in Denmark raised more than \$60,000 for emergency aid. The clubs plan to raise more for long-term projects.
- The International Yachting Fellowship of Rotarians donated \$30,000 to affected districts. Several fleets are distributing aid packages in hard-hit remote areas.
- ShelterBox Response Team members are on the ground across five typhoon-struck islands to distribute nearly 600 ShelterBox tents, benefiting more than 4,000 families.
- Rotary clubs in District 3450 (Hong Kong; Macau; Mongolia) have contributed more than \$70,000 toward relief aid.
- [Disaster Aid International](#), an emergency relief organization sponsored by clubs in Australia, the United States, and the United Kingdom, has provided survival kits and temporary shelter to more than 9,500 people in Leyte Island.

[Read a blog entry](#) from a member of the ShelterBox Response Team



Cliff Dochterman's "ABC's Of Rotary"

Posted by Dave Lorenzen on Dec 09, 2013

These short articles about Rotary were first published in the weekly bulletin of the Rotary Club of North Stockton, California, U.S.A. That was well before their author, Cliff Dochterman, became president of Rotary International for the year

1992-93. Originally called "Did Ya Know?" the pieces were prepared to share interesting facts about Rotary International with members of the North Stockton club. Later, in response to requests from other Rotary clubs, the articles were reprinted in collected form. Now, President Cliff has brought the collection up to date in keeping with one of the emphases of his year in office as R.I. president - to help Rotarians learn more about the colorful history of their organization, its customs and traditions, and the current status of its global programs.



This Week's articles are about "Opportunities For Fellowship" and "Club Singing"

OPPORTUNITIES FOR FELLOWSHIP

Most Rotarians are successful professional and business executives because they hear opportunities knock and take advantage of them. Once a week the opportunity for Rotary fellowship occurs at each club meeting, but not all members hear it knocking.

The weekly club meeting is a special privilege of Rotary membership. It provides the occasion to visit with fellow members, to meet visitors you have not known before, and to share your personal friendship with other members.

Rotary clubs which have a reputation of being "friendly clubs" usually follow a few simple steps. Members are encouraged to sit in a different seat or at a different table each week or to sit with a member they do not know as well as their long time personal friends. Members are asked to invite new members or visitors to join their table and share the conversation around the table rather than merely eating in silence or talking privately to the person next to them. Rotarians also should make a special point of trying to get acquainted with all members of the club.

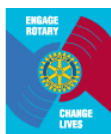
When Rotarians follow these five easy steps, an entirely new opportunity for fellowship knocks each week. Soon Rotarians realize that warm and personal friendship is the cornerstone of every great Rotary club.

CLUB SINGING

Harry Ruggles was the fifth man to join Paul Harris in the conversations that led to the formation of the first Rotary club in Chicago in 1905. Harry was a fellow who enjoyed singing, and this was a popular activity at the turn of the century. At an early meeting of the fledgling group, Harry jumped on a chair and urged every one to join him in a song.

Group singing soon became a traditional part of each Rotary meeting. The custom spread to many of the clubs in the United States and is still a popular fellowship activity in the Rotary meetings of such diverse countries as Australia, Japan, Nigeria, New Zealand, and Canada. Some clubs sing a national song as the formal opening of the meeting. Social singing, however, is seldom found in the Rotary clubs in Europe, South America, and Asia.

Cliff Dochterman's "ABC's Of Rotary" can be found in it's entirety at the [Santa Rosa Sunrise Rotary Club Website](#), or a complete copy of the "ABC's" can be downloaded in pdf [from this link](#).



RI President's Message

Posted by Max Bridges on Dec 02, 2013

December 2013



Dear fellow Rotarians,

One winter day, Rotary founder Paul Harris took a walk down a well-kept street just outside Chicago. Watching children sledding down a hillside, he recalled his own boyhood in New England. At that moment, he decided that if he ever were to own a home, it would be on top of that hill on Longwood Drive.

In 1912, Harris and his wife, Jean, made that dream a reality. They named their new home Comely Bank, after the street where Jean grew up in Scotland.

Over the years, the Harrises hosted Rotary meetings and entertained visiting dignitaries, surrounded by objects they had collected on their travels throughout the world. The trees they planted in their friendship garden still grace the yard. In 1947, Harris died there; Jean sold the home not long afterward and returned to Scotland.

The property changed hands twice more before the Paul and Jean Harris Home Foundation purchased it in 2005. Through the efforts of that group, and with the help of the Rotary clubs of Chicago and Naperville, the Harris home has been saved from demolition. Now, it is up to us to protect the home for posterity, as a place for Rotarians to gather in the spirit of friendship and service.

The RI Board has agreed to loan \$500,000 to the Paul and Jean Harris Home Foundation to assist with the restoration of this irreplaceable piece of Rotary history. A goal of \$5 million has been set for the project, to complete the necessary renovations and to provide an endowment fund to allow the property to operate as a museum and historic site.

I am committed to the restoration of the Paul and Jean Harris Home and hope you agree that this project is worthy of your support. My wife, Jetta, and I have made a contribution to our Rotary Foundation to establish a donor advised fund to accept contributions from anyone who shares our love of Rotary history, and our desire to preserve Rotary's past.

If you would like to join us, please go to www.rotary.org/daf and click on "How to Contribute." Include the account name, "Paul Harris Home Preservation," and number, 474. A gift of any size is welcome, and naming opportunities are available in the home and garden for those who are considering a larger gift.

We are excited to have the opportunity to celebrate the spirit of Paul Harris in this special way. Together, we can save his home for generations of Rotarians to come.

Ron D. Burton
President, Rotary International



[Special Dates For December](#)
 Posted by Dave Lorenzen on Oct 01, 2013

Birthday's and Anniversaries for December

Member Birthdays

Name	Date
Coffey, Harry	Dec 18
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Hembd, Jennifer	Dec 29

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Wessman, Rolf	Wessman, Ann	Dec 24
Banks, Peter	Stewart, Mary	Dec 28



[Message from the Foundation Trustee Chair](#)
 Posted by Max Bridges on Dec 02, 2013

December 2013



December is Family Month, a time when we pay special attention to Rotary's large and expanding family. Rotary is not just 1.2 million Rotarians in 34,558 clubs. We're 365,125 Interactors, 133,860 Rotaractors, and 174,547 Rotary Community Corps members. Our family includes the spouses and children of Rotarians. It also encompasses the dozens of community nonprofits and nongovernmental organizations that Rotary has forged partnerships with. The family of Rotary is millions strong – and it continues to grow as we keep developing new ties.

One thing we all know in Rotary is that we can do more together than we can alone. Together, we have a tremendous reach. We need to ensure that Rotary keeps growing, in all the branches of our family. When we work with local NGOs and other organizations, we gain more knowledge and more insight. We add to our resources and our abilities. And we build more bridges of understanding, friendship, and cooperation. By partnering with others throughout the world, we not only can achieve more than we set out to do but also can grow the Rotary family.

We have learned through our long history in the fight against polio how effective such partnerships can be. Our many global partners have made polio eradication possible, and have helped us achieve a great deal of good along the way. This is an important lesson, and it is one we

must build on in the years ahead.

D. K. Lee
Foundation Trustee Chair



[Remember the Pictures](#)
Posted by Max Bridges on Dec 05, 2013

Check Out the Pictures from the Weekly Meetings

[Link to Meeting Sightings](#)



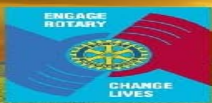
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Santa Rosa Sunrise Rotary - Sunriser !!! Mike Kelly, President



Mon Dec 16, 2013

[Home](#)

Welcome to the Rotary Club of Santa Rosa Sunrise! Established June 30, 1986

Editor Max Bridges
If you have any comments or questions, please contact the editor.



Santa Rosa Sunrise

We meet Thursdays at 7:15 AM
Fountaingrove Inn
101 Fountain Grove Parkway
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Dec 19, 2013
John Jones
Goat Husbandry "Tales from the Herd"

Dec 26, 2013
"DARK"
Merry Christmas

Jan 02, 2014
"DARK"
Happy New Year

Jan 09, 2014
President Mike and Board of Directors
Club Assembly - "State of the Club"

Jan 16, 2014
Geof Syphers
"Earth, wind and power: what Sonoma Clean Power means to you, your business and our community"

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by Dave Lorenzen

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Donate Your Car!



Santa Rosa Sunrise Rotary Foundation

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Stories



The December 19th. Program is.....
Posted by Max Bridges on Dec 12, 2013

Raising meat goats – "Tales from the Herd" as relayed by John Jones



Did you know that goat meat is considered the healthiest of all meats? Per ounce, it has less calories and fat than chicken, beef, pork and lamb and tastes great too. John will share with us some interesting facts and stories about raising goats for consumption at some of Sonoma County's finest restaurants.

[Elsie Allen Madrigal Singers!!](#)
Posted by Richard Randolph on Dec 16, 2013

Twenty delightfully skilled youthful voices rocked us out with their repertoire of popular & holiday vocal classics. These talented students directed themselves in most of their songs, leaving Director Kyle and Accompanist John Ferrin to let the voices define the performance.



These seasoned vocalists, from Freshman to Senior, produced a medley including the 1960's & traditional selections. Their poised stage presence was earned in part while they literally had to move their recent concert venue from the Chops Teen Center to the school, in 2 hours due to a local power outage. Without complaining, their show went on regardless. Their confidence continues, as well as skill in a variety of renderings, from Jefferson Airplane's "Want Somebody to Love" to "Carol of the Bells" and "Deck the Halls", they have a unique style their Director and Accompanist have honed harmoniously. Concluding their performance by joining their audience around the tables singing "Silent Night" was a wonderful way to start the day.

[Sunrise Rotary](#)

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Penny Millar
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Jennifer Hembd
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- » [2012-13 Hiking Trips](#)

RSS

Elsie Allen has a tradition to encourage students to continue their post secondary education: Maintain a 3.0 GPA or better, and attend Cook Middle School, graduate after four years from Elsie Allen and you have automatic admission to Sonoma State University. Students in the Madrigal Singers have their voice in the Weill Hall already!



This week's "Rotary Foundation Thought"
Posted by Dave Lorenzen on Dec 16, 2013

This week's "Rotary Foundation Thought"
December 16, 2013

.....is about Micro Credit.

In Cuzco, Peru Rotarians contributed \$10,000 to a partnering association, Asociacion MIDE, which provided small loans to 288 low-income women. In six months these women improved their businesses and living standards, lifting them out of extreme poverty. While local Rotarians had the opportunity to work together to develop the project and approve the system of loans, the participants learned to use, administer and benefit from financial credit. In the process, the women improved their self-esteem as they acquired entirely new roles of financial responsibility for their families. How do I focus my giving? Every Rotarian, Every Year – Giving is hope in action.

This Week's Rotary Foundation Thought" is a weekly article posted in the weekly bulletin from the Rotary Club of Santa Rosa Sunrise. For a listing of all past articles, go to the [Sunrise Website](#) > [Committee Pages](#) > [International Service](#) > [Foundation Thoughts](#), or click on this weblink.



[New Blue Badger](#)

Posted by Max Bridges on Dec 12, 2013

Carolyn Anderson Retires her Red Badge!



[News from Rotary International](#)
Posted by Max Bridges on Dec 12, 2013

The Lives of Mothers



Rotary International News

- Rotary helps close out the year with gains against polio
- Nelson Mandela remembered as an ally for peace, polio eradication
- Emergency funds aim to quell polio outbreak in Syria, Middle East
- The Lives of Mothers
- Relief aid pours into typhoon-struck communities



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A child waits for her sibling outside a school in Rancho Alegre, Guatemala. Through a global grant, Rotary members supplied the primary school and eight other schools with wash stations, latrines, and eco-stoves.

Mothers play a fundamental role in every culture. But depending on where a mom and baby live, they have a different chance of living or dying, suffering or thriving. In sub-Saharan Africa, one in 39 women will die of pregnancy-related complications, and one in nine children will die before age five. (In developed countries, the likelihood of dying drops to one in 4,700 women and one in 167 children.) Globally, 19,000 children die every day. The Rotary Foundation is working to improve maternal and child health around the world.

Our photo essay explores the Rotary projects that are saving new mothers and their children. Learn more about the challenges facing new mothers in the December 2013 issue of The Rotarian.

Rotary News



Sunshine Changes

Posted by Richard Randolph on Dec 16, 2013

Please Note ~ ~ ~

You can add some sunshine to the following members who have had changes recently in their circumstances:



Ross Andress returned to attending status December 12 following foot recuperation. An enhancement surgery is scheduled this week.



Vicki Lockner returned from Mexico ill. Her daughter Kristina in Colorado has travelled here to escort and nurse Vicki back to health with family in Colorado. Postal or email to Vicki will be forwarded to her.



Rolf Wessman's father passed away. Rolf was able to make the trip to Sweden and be with his father for a brief time. Rolf is currently in Sweden with his mother in Goteborg.



New Paul Harris Fellow

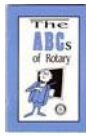
Posted by Max Bridges on Dec 12, 2013

Al Abramson for Grandson Tyler

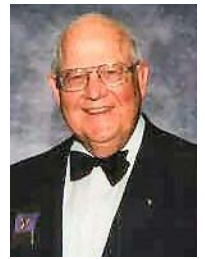


Cliff Dochterman's "ABC's Of Rotary"

Posted by Dave Lorenzen on Dec 16, 2013



These short articles about Rotary were first published in the weekly bulletin of the Rotary Club of North Stockton, California, U.S.A. That was well before their author, Cliff Dochterman, became president of Rotary International for the year 1992-93. Originally called "Did Ya Know?" the pieces were prepared to share interesting facts about Rotary International with members of the North Stockton club. Later, in response to requests from other Rotary clubs, the articles were reprinted in collected form. Now, President Cliff has brought the collection up to date in keeping with one of the emphases of his year in office as R.I. president - to help Rotarians learn more about the colorful history of their organization, its customs and traditions, and the current status of its global programs.



This Week's articles are about "Types Of Membership" and "Membership In Rotary International"

TYPES OF MEMBERSHIP

There are two types of Rotary club membership - **active and honorary**. An active member is one who has been elected to membership in the club under a classification of business or profession and enjoys all the obligations, responsibilities, and privileges of membership as provided in the RI constitution and bylaws. Active members may hold office in their clubs and serve RI at the district and international levels. They are expected to meet attendance requirements, pay dues, and bring new members into Rotary. Honorary Rotary membership may be offered to people who have distinguished themselves by meritorious service in the furtherance of Rotary ideals. An honorary member is elected for one year only, and continuing membership must be renewed annually. Honorary members cannot propose new members to the club or hold office and are exempt from attendance requirements and club dues.

Many distinguished heads of state, explorers, authors, musicians, astronauts, and other public personalities have been honorary members of Rotary clubs, including King Gustaf of Sweden, King George VI of England, King Badouin of Belgium, King Hassan III of Morocco, Sir Winston Churchill, humanitarian Albert Schweitzer, Charles Lindbergh, composer Jean Sibelius, explorer Sir Edmund Hillary, Thor Heyerdahl, Thomas Edison, Walt Disney, Bob Hope, Dr. Albert Sabin, British Prime Minister Margaret Thatcher, and many of the presidents of the United States.

MEMBERSHIP IN ROTARY INTERNATIONAL

If you asked a Rotarian if he or she belonged to Rotary International, the individual probably would look puzzled and answer, "Of course I'm a member of Rotary International." But in this instance, the confident Rotarian would be technically wrong. No Rotarian can be a member of Rotary International!

The explanation of this apparent contradiction is simple. The constitutional documents of RI state that membership in Rotary International is limited to Rotary clubs. Over 34,300 Rotary clubs, from over 215 countries, belong to the organization we call Rotary International.

A Rotary club is composed of persons with the appropriate qualifications of good character and reputation, a business or professional classification and who serve in an executive or managerial capacity. The Rotarian belongs to a club - the club belongs to Rotary International. This technical distinction is not obvious or even known to most Rotarians and seldom does it create any problems or complications. It does explain, however, why the Rotary International Board of Directors places expectations upon and extends privileges to Rotary clubs, rather than to individual Rotarians.

If someone asks if you belong to Rotary International, your most accurate answer would be, "No, I belong to a Rotary club." But I doubt if anyone would understand the difference, or, in fact, would really care.

Cliff Dochterman's "ABC's Of Rotary" can be found in its entirety at the [Santa Rosa Sunrise Rotary Club Website](#), or a complete copy of the "ABC's" can be downloaded in pdf [from this link](#).



Special Dates For December
Posted by Dave Lorenzen on Oct 01, 2013

Birthdays and Anniversaries for December

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Hembd, Jennifer	Dec 29

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Banks, Peter	Stewart, Mary	Dec 28

More news from RI
Posted by Max Bridges on Dec 13, 2013

Nelson Mandela remembered as an ally for peace, polio eradication



Nelson Mandela immunizes a child at a Kick Polio Out of Africa event in 1996.

In 1996, routine polio immunizations in Nigeria and other African countries were anything but routine. Competing health priorities and lack of funding hampered many governments from putting polio eradication high on their agenda. The drive for a polio-free Africa needed a playmaker.

Enter Nelson Mandela. Herb Brown, Rotary's president in 1995-96, recalls seeking the South African leader's support.

"President Mandela was so gracious and listened as we described the problem," Brown says. "I told him only he had the influence to persuade the countries to resume immunization."

Mandela agreed to help. "I'm well aware of Rotary and all the work you've done, and all the work you did while I was in jail," he told Brown. At a press conference, with Brown at his side, Mandela asked all the heads of state in Africa to open their doors to polio National Immunization Days.

Mandela helped launch the Kick Polio Out of Africa campaign later that year with 1996-97 Rotary President Luis Giay and Rotary Foundation Chair Rajendra Saboo. Almost immediately, Africa's polio eradication effort was back on track. Using soccer matches and celebrity endorsements, the campaign raised public awareness of polio and helped spur more than 30 African countries to hold their first National Immunization Days.

In recognition of his vital work, Rotary presented the Rotary Award for World Understanding to Mandela in 1997, then Rotary's highest honor. "We chose President Mandela because of his significant contributions to world peace, human rights, and freedom," said Giay, adding that Rotary members especially appreciated "his strong support of the eradication of polio throughout Africa."

Mandela called the award "a tribute to the people of South Africa's rainbow nation." Rotary's work toward eradicating polio "has shown the power of a global network of people who are ready to roll up their sleeves and put their heart and soul into saving children from disability."

Mandela donated the award's \$100,000 prize to the Nelson Mandela Children's Fund.

Following his death, Rotary members in South Africa lauded Mandela as "one of the 20th century's iconic symbols of freedom and equality," "the father of the nation," and "a leader of service."

"Mandela was a man who overcame unimaginable hardships to emerge as one of the greatest leaders of our time — and one of our greatest humanitarians . . . [His] legacy of courage, determination, and commitment will forever inspire us to move forward in our effort to achieve a better, more peaceful world," said Rotary President Ron Burton.



[Remember the Pictures](#)

Posted by Max Bridges on Dec 12, 2013

[Check Out the Pictures from the Weekly Meetings](#)

[Link to Meeting Sightings](#)



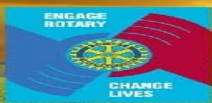
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Santa Rosa Sunrise Rotary - Sunrises!!! Mike Kelly, President



Mon Dec 23, 2013

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Feb 27, 2014 06:00 PM - 09:00 PM

Stories

Sunrise is dark for two weeks
Posted by Max Bridges on Dec 19, 2013

No Meetings on December 26 and January 2



Interactors Bring Children Cheer
Posted by Richard Randolph on Dec 22, 2013

From Elsie Allen Interact to Valley of the Moon Children's Shelter ~ ~ ~ ~



Donate Your Car!



Santa Rosa Sunrise Rotary Foundation

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RSS

- Rotary International News
- » Rotary and ShelterBox help restore a sense of normalcy after disaster

Nearly 20 Interact members, many freshman & sophomore, gathered at Ross & Stacey's home Friday to sort and organize their and our club donations for delivery to children at the Redwood Children's Center, Valley of the Moon Children's Home.

With amazing powers of delegation and cooperation the students quickly organized the donations by size and gender. Their energy is contagious! Sunrise Rotarians Penny Millar, Rich Randolph with wife Betsy watched in awe as the students prepared to deliver the booty that afternoon. Interact Faculty Advisor Doug Gibson also came to support the members. The energy level was enhanced by Stacey & Ross' hospitality: Mary's Pizza & Pasta, along with some Interact Alumni baked Empanada's.

According to Ross & Stacey, each year graduating Interactor's return over the Holidays to rekindle friendships and continue their Service Above Self lives.



The December 19th. Program Summary.....
Posted by Richard Randolph on Dec 22, 2013

Raising meat goats – "Tales from the Herd" as relayed by John Jones



Did you know that goat meat is considered the healthiest of all meats? Per ounce, it has less calories and fat than chicken, beef, pork and lamb and tastes great too. Some of Sonoma County's finest restaurants know this: Zazu's and Monti's feature John & Ardis Jones Sonoma Hills Ranch products.

In what began as a weed abatement plan, market demand and good husbandry transformed a fire hazard into a thriving, multi-faceted Enterprise. Outdoor goat tending is a 24/7 operation. The greatest challenge is to keep the goats off the "bad-guys" menu: Coyotes & Mountain Lions. The big cats snatched 10 members of the herd, and the canine predators claimed 12. The Ranch now employees 4 Great Pyrenees, nature's answer to goat protection. 175# Harley, and 120# Nancy lead the security detail in exchange for human TLC and a mere 5#/day dog food.

If you are curious about goat cuisine, John suggests you check out Stephanie Izard's website: www.stephanieizard.com. John met Stephanie, aka the Girl & the Goat at her Chicago restaurant.

How do you know if a goat is happy? Tail's up!



This week's "Rotary Foundation Thought"
Posted by Dave Lorenzen on Dec 23, 2013

**This week's "Rotary Foundation Thought"
December 23, 2013**

.....*is about a Rotarian going the distance for the Foundation.*



Running, biking and swimming 482 miles in the course of a year or even a month is hardly the marvel of sports headlines. But racking up that distance in three days staggers the imagination. Jeff Glidden did just that through his Ultra Distance Triathlon Challenge, raising \$100,000 and counting, as of June 2007 for the Annual Programs Fund. "It was difficult" said Glidden, "but it was more rewarding than anything I have ever done. Many Rotarians that had never given before contributed and supported me, that was definitely one of my goals" Corporate sponsors helped fuel Glidden's mega-triathlon challenge by each contributing at least \$1000. Local media coverage also raised overall awareness of Rotary. All the proceeds from Glidden's challenge went to support The Rotary Foundation.

This Week's Rotary Foundation Thought" is a weekly article posted in the weekly bulletin from the Rotary Club of Santa Rosa Sunrise. For a listing of all past articles, go to the [Sunrise Website > Committee Pages > International Service > Foundation Thoughts](#), or click on this weblink.



New Paul Harris Fellow
Posted by Max Bridges on Dec 19, 2013

Cindy Gillespie for Granddaughter Emma Hlebakos

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- Nelson Mandela remembered as an ally for peace, polio eradication
- Emergency funds aim to quell polio outbreak in Syria, Middle East
- The Lives of Mothers



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[News from Rotary International](#)
 Posted by Max Bridges on Dec 23, 2013

Rotary and ShelterBox help restore a sense of normalcy after disaster



Rachel Simpkins, a ShelterBox volunteer, takes a break to entertain children whose families were left homeless by flooding in the Peruvian rain forest.

Months of heavy rains in the heart of the Peruvian rain forest had caused devastating flooding. It was April 2012, and the Amazon River and other waterways had submerged entire villages, forcing families to leave their belongings on the roofs of their homes and find higher ground. Many had to live on wooden planks or under tarps. The Rotary Club of Iquitos called on Rotary's partner ShelterBox, which provides tents and other nonfood items in containers to people left homeless by disaster.

Malcolm Shead, a volunteer from Llandeilo, Wales, was a member of the first ShelterBox response team to arrive. When he captured this image, he and colleague Rachel Simpkins (pictured) were on an overnight reconnaissance trip to the area of Los Amazonas.

"At one point there were 10 to 15 kids crowding around," Shead says. "These are all children of families who live throughout the rain forest and had to relocate to this small village. Municipal buildings, schools, churches -- everything had been turned into shelter for the families."

The Iquitos Rotarians worked with the ShelterBox volunteers, providing a translator, funding the transport of ShelterBoxes up the river, and assisting with logistical challenges. By the end of May 2012, ShelterBox had provided 171 containers to people in the area.

Learn more about [ShelterBox](#)

[Special Dates For December](#)
 Posted by Dave Lorenzen on Oct 01, 2013

[Birthdays and Anniversaries for December](#)



Member Birthdays

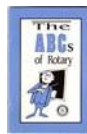
Name	Date
Coffey, Harry	Dec 18
Herron, Steve	Dec 20
Carlenzoli, Leroy	Dec 29
Hembd, Jennifer	Dec 29

Spouse Birthdays

Name	Spouse Of	Date
Gray, Sheena	Gray, Jim	Dec 02
Davis, Susan	Davis, Dan	Dec 19
Kirkbride, Susan	Kirkbride, Jim	Dec 22

Anniversaries

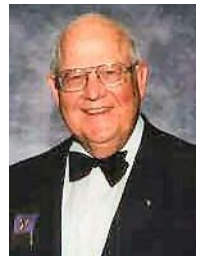
Name	Spouse Name	Date
Hauck, Linda	Hauck, Tom	Dec 17
Wessman, Rolf	Wessman, Ann	Dec 24
Banks, Peter	Stewart, Mary	Dec 28



Cliff Dochterman's "ABC's Of Rotary"

Posted by Dave Lorenzen on Dec 23, 2013

These short articles about Rotary were first published in the weekly bulletin of the Rotary Club of North Stockton, California, U.S.A. That was well before their author, Cliff Dochterman, became president of Rotary International for the year 1992-93. Originally called "Did Ya Know?" the pieces were prepared to share interesting facts about Rotary International with members of the North Stockton club. Later, in response to requests from other Rotary clubs, the articles were reprinted in collected form. Now, President Cliff has brought the collection up to date in keeping with one of the emphases of his year in office as R.I. president - to help Rotarians learn more about the colorful history of their organization, its customs and traditions, and the current status of its global programs.



This Week's articles are about "District Governor" and "The Role Of Assistant Governors"

DISTRICT GOVERNOR

The Rotary district governor performs a very significant function in the world of Rotary. He or she is the single officer of Rotary International in the geographic area called a Rotary district, which usually includes about 45 Rotary clubs. The district governors, who have been extensively trained at the worldwide International Assembly, provide the "quality control" for the 34,300 Rotary clubs of the world. They are responsible for maintaining high performance within the clubs of their district.

The district governor is a very experienced Rotarian who generously devotes a year to the volunteer task of leadership and makes at least one official visit to each club in the district. The governor has a wealth of knowledge about current Rotary programs, purposes, policies, and goals, and is a person of recognized high standing in his or her profession, community, and Rotary club. The governor must supervise the organization of new clubs and strengthen existing ones. He or she performs a host of specific duties to ensure that the quality of Rotary does not falter in the district, and is responsible for promoting and implementing all programs and activities of the RI president and Board of Directors. The governor plans and directs a district conference and other special events.

THE ROLE OF ASSISTANT GOVERNORS

The office of assistant governor was created in 1996 as a key element of the District Leadership Plan, the organizational structure for all districts that was adopted by the RI Board in an effort to help district governors better support their clubs. Assistant governors are appointed by the district governor to assist in the administration of assigned clubs. These key Rotary leaders help incoming club presidents plan for their year and for the governor's official visit, advise clubs on strategies to achieve goals, and visit their assigned clubs at least four times a year.

In addition to providing more responsive support for clubs, assistant governors also form a pool of well-trained district leaders from which to select future governors. The assistant governor serves as an important resource for both the clubs and the district governor, helping to ensure that everything runs more smoothly within the district.

Cliff Dochterman's "ABC's Of Rotary" can be found in its entirety at the [Santa Rosa Sunrise Rotary Club Website](#), or a complete copy of the "ABC's" can be downloaded in pdf [from this link](#).



Remember the Pictures

Posted by Max Bridges on Dec 19, 2013

Check Out the Pictures from the Weekly Meetings

[Link to Meeting Sightings](#)



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the website's photo journal called "**Meeting Sighting**". Please note that all the meeting photos for the entire Rotary year are at this location with the most recent on the last page.

Thanks for all the great pictures Warren and Steve! [Link to Meeting Sightings](#). The most recent are on the last page!

Additional photos may be found on the [SR Sunrise Facebook Page](#).

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