



February Board Of Directors Meeting Sonoma Bank Feb 12, 2013 05:30 PM - 07:30 PM

Fireside at Kunde Winery Kunde Estate Winery Feb 14, 2013 05:00 PM - 07:30 PM

February SCARC -Cloverdale - Crab Feed Feb 28, 2013 06:00 PM - 09:00 PM

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District Assembly Mar 30, 2013

District Conference Hyatt Vineyard Creek May 31, 2013 12:00 PM - Jun 02, 2013 02:00 PM

24th Annual Golf Tournament Oakmont Golf Club Jun 14, 2013 12:00 PM - 06:00 PM

International Convention -Lisbon Jun 23, 2013 - Jun 26, 2013



Crista provided Sunrisers and their guests with information about her organization. Who they are, what they do and who the serve with special attention to their activities related to receiving and investigating elder abuse complaints.



Ceres Needs Drivers! Posted by John Dolinsek on Feb 02, 2013

Ceres Food Delivery Drivers Needed!

In preparing for this month's Ceres food delivery I have noticed that we have a total of 13 volunteers of which **six** are my personal friends that I have recruited in the last two years. This number is becoming unsustainable for the monthly food delivery. So, I'm asking for

additional club members to volunteer. Unfortunately, if I cannot bring at least five additional club members onto the volunteer pool, I will notify Ceres that we as a club no longer can deliver the first Wednesday of the month. The time commitment is about three hours each monthly delivery day. Thanks for your consideration.

John Dolinsek

Not everyone was a winner, but there were four! Posted by Dave Lorenzen on Feb 03, 2013

Not everyone was a winner, but there were four!



4th and Final – Ravens 34 - 49ers 31



> 2012 Culinary Classic

 \gg



1st Quarter - Ravens 7 – 49ers 3 -- Steve Davis 2nd Quarter – Ravens 21 - 49ers 6 -- Kelly Waggener 3rd Quarter – Ravens 28 - 49ers 23 -- Mike Kelly 4th and Final – Ravens 34 - 49ers 31 – Steve Zwick <u>Congrats to the winners!</u>

RI President's Message Posted by Max Bridges on Jan 28, 2013

February 2013



Dear fellow Rotarians,

In December, I spoke at the first of the three Rotary Global Peace Forums we have planned for this Rotary year. This first event, with the theme "Peace Without Borders," was held in Berlin, the home of the Berlin Peace Clock. The clock, intended as a piece of art, is 3 meters high and weighs over 2 tons. On its side are inscribed the words, *Time bursts all walls asunder*.

The clock was unveiled on 9 November 1989. That was the day the Berlin Wall fell. It was a wonderful

- 2012-13 Dental Clinics
- » 2012 SRKSEP
 - » 2012 DG Visit Fireside
 - » 2012 Giants Game Fellowship
 - > 2012-13 Hiking Trips
 - » 2011-12 Meeting Sightings
 - **Kirkbride**
 - » 2011-12 Hiking Trips
 - » 2012 Golf Tournament
 - » 2012 Rose Parade
 - » 2012 Senior's Pancake Breakfast
 - » 2012 SCARC Meeting
 - > 2012 Rebuilding Together
 - » 2012 Progressive Dinner
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 - 2012 Eye/Dental Mission to Sabalos Nicaragua
 - » 2011 Culinary Classic
 - » 2011 Interact Adventure
 - » 2011 Gran Fondo
 - » 2011 Senior Oktoberfest
 - » 2011 Senior BBQ

RSS

Rotary International

- Nobel Peace laureate Aung San Suu Kyi receives award at Rotary Global Peace Forum
- RI Treasurer Elizabeth S. Demaray dies
- District grant projects meet multiple needs in India
- Rotary news in brief from around the globe
- Register for the 2013 convention and enjoy Lisbon's culinary delights



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The truth is that Service Above Self does not know such borders. When we serve, the impact is not limited to our community, or the community we are helping. We are not only helping the young, or the elderly, or this school, or that orphanage. When we serve, we are helping all of humanity. The effects of what we do go on and on.

When we put Service Above Self, we are making a choice. We are choosing to put other people's needs ahead of our own desires. We are saying, "Your problems are my problems, and I care enough to help you."

Rotary brings peace by addressing the needs that cause conflict: the need for clean water, for nutrition, sanitation, and health care. When these needs are met, there is opportunity. And there is hope. Hope has no borders. It is the garden from which peace can grow.

Peace Through Service brings out the best in us. It makes us aware of the borders we set up around ourselves - and it helps us tear them down.

Sakuji Tanaka President, Rotary International



Special Dates For February Posted by Dave Lorenzen on Feb 01, 2013

Birthday's and Anniversaries for February Member Birthdays

Name	Date
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Leasher, Olin	Feb 19
Rondon, Brian	Feb 20
Cercone, Frank	Feb 24

Spouse Birthdays

Name	Spouse Of	Date
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Wessman, Ann	Wessman, Rolf	Feb 18
Shureen, Barbara	Shureen, Doug	Feb 23
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Carlenzoli, Leroy	Carlenzoli, Carol	48 years	Feb 06
Randolph, Richard	Randolph, Betsy	33 years	Feb 09
Lorenzen, Dave	Lorenzen, Shauna	34 years	Feb 11
Lorenzen, Shauna	Lorenzen, Dave	34 years	Feb 11
Stathatos, Paul	Stathatos, Susan	32 years	Feb 21
Gray, Jim	Gray, Sheena	16 years	Feb 28

News from Rotary International

Posted by Max Bridges on Jan 29, 2013

Nobel Peace laureate Aung San Suu Kyi receives award at Rotary **Global Peace Forum**





Left: Aung San Suu Kyi addresses the second Rotary Global Peace Forum in Honolulu, Hawaii, USA. Right: Folded paper cranes in the House of Friendship.

Aung San Suu Kyi, leader of Myanmar's democracy movement and recipient of the Nobel Peace Prize, delivered the keynote address at the Rotary Global Peace Forum held in Honolulu, Hawaii, USA, 25-27 January.

She was honored with the Hawaii Peace Award for her longstanding pursuit of democracy through peaceful, nonviolent means. After 20 years of house arrest, Suu Kyi was released in November 2010, and last year was elected to Myanmar's parliament as a member of the pro-democracy opposition party.

Suu Kyi told the attendees that absolute peace is an unattainable goal, but one that we must nevertheless continue to endeavor toward. She said that democratic institutions are necessary to guarantee human rights.

"The kind of peace we want is very simple. We want permanent peace," said Suu Kyi.

She also noted that young people have an important role to play. The Honolulu forum emphasized the importance of getting youth involved in the peace process.

"We must help our young people so that they may be able to take over our task of nation building," Suu Kyi said. "We depend on our young people to take us forward." (Watch a video of the address)

Engaging young people

More than 1,800 Rotarians, Rotary alumni, and supporters of Rotary's peace program took part in this event, the second of three peace forums planned by RI President Sakuji Tanaka. The first was held in Berlin in November, and a third is planned for Hiroshima, Japan, 17-18 May.

"Rotary builds peace and international understanding through education, humanitarian service, and connecting with youth," Tanaka said. "To ensure a lasting legacy in this arena, we must engage young people and the new generations to come in a meaningful way, and empower them to carry Rotary's peace-building efforts into the future."

The forum also addressed environmental conservation as a means of promoting peace. Attendees adopted a declaration supporting The Green Path to Peace, which urges those in the family of Rotary to act as catalysts for peace through efforts that conserve and protect the planet. Read the full resolution.

"An environment that is healthy makes it possible for us to reach our full potential," Tanaka said. "When our basic needs are met, we are not occupied with the daily problems of survival. There is less cause for conflict. And people and nations who do not waste their energy in conflict can use it in ways that benefit everyone."

Past RI President Luis V. Giay served as the forum's convener. The three sites for the peace forums were selected by Tanaka because each was heavily affected by World War II and now represents the healing power of sustainable peace between nations.

"Growing up in Japan after World War II, I saw the importance of peace. I saw the consequences of war," said Tanaka. "Working for peace is a lifelong task. Every day, in 34,000 clubs around the world, we work together for a more peaceful world by bringing water, health, education, and hope to the people who need it most."

Books build peace

In his comments to the forum, RI President-elect Ron Burton recalled a book project he took part in years ago in San Antonio, Texas, and how precious it was to see children clutching their new books.

"There is a reason why we do it the way we do, why we go in as a club, in person, and give these things to the kids with our hands, one human being to another. It's saying, here's something that will help you, and I am giving it to you because I care," Burton said. "How do you build a world with more peace? You start with one Rotarian, handing one kid her first book."

Rotary clubs have long embraced the call for peace at the grassroots level by addressing the underlying causes of conflict and violence, such as hunger, poverty, disease, and illiteracy. Ten years ago, Rotary decided to take a direct approach to promoting world understanding by providing future leaders with the tools they need to "wage peace" on the global stage.

Since 2002, Rotary clubs have annually sponsored up to 60 scholars who embark on one to two years of study — earning either master's degrees or certificates — in peace and conflict resolution at Rotary Peace Centers at universities around the world.

- Watch a video of Suu Kyi's address
- Learn more about the third Rotary Global Peace Forum in Hiroshima, Japan
- Download "The Green Path to Peace" declaration
- · Read blog posts from the peace forums

Message from the Foundation Trustee Chair Posted by Max Bridges on Feb 03, 2013



February 2013

Help build peace in our world



Rotary was built upon the idea of advancing goodwill and understanding – it's in our mission, and part of everything we do. The Rotary Foundation has six areas of focus, each of which is important. But every one of them depends on peace in the world. We can't celebrate the World Day of Social Justice on 20 February unless we have peace. We can't really celebrate World Understanding and Peace Day on 23 February, which also marks Rotary's 108th year of existence, unless we can say that we are working for peace.

There are endless ways to help build peace in our world, through our clubs and through our Foundation. The polio eradication initiative, as the largest global public health initiative in history, is doing a tremendous amount to promote peace – by building partnerships between the public and private sectors, by improving health infrastructure and monitoring the poorest areas, and by making it clear to all that we cannot have a healthy world if even one child is forgotten.

Peace comes from sharing, and as many of you know, *Rotary Shares* is my personal answer to what each Rotarian should be doing. This month, which we celebrate in Rotary as World Understanding Month, the efforts of every district, club, and Rotarian should be directed toward doing something for peace.

Wilfrid J Wilkinson

Foundation Trustee Chair

Remember the Pictures Posted by Max Bridges on Jan 31, 2013



Check Out the Pictures from the Weekly Meetings

Link to Meeting Sightings



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the websites photo journal called **"Meeting Sighting"** Please not that all the meeting photos for the entire Rotary year are at this location with the most recent on the last page.

Thanks for all the great pictures Warren and Steve! Link to Meeting Sightings. The most recent are on the last page!

Additional photos may be found on the SR Sunrise Facebook Page.

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"Rotary Basics"

Why Become A Rotarian?

- » 2011-12 Service & Activity Report
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- » Michael Scott De Shields Application Information
- » Youth Grants
- » Sabalos Nicaragua Surgery Center Information

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Club Links

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» Partners of Santa Rosa Sunrise Rotary

- What Are My Make Up Options?
- » Contact the Sunshine

SONOMA LAND TRUST



Bob provided information on the 35 year history of the Sonoma Land Trust and the activities of its 21 member staff in the areas of land conservation and climate change adaptation through the purchase of land, acquiring easements and management.

Additional information on specific activities may be found on the Sonoma Land Trust website.

Craft Talk by..... Posted by Max Bridges on Feb 07, 2013

Fareed Sallam



Fareed described his travels from UC Davis to a banking management career that began with Downing Savings and Loan and lead to his current position of Branch Manager at US Bank. Fareed enjoys water sports and participates in a number of community events.

RI President's Message Posted by Max Bridges on Jan 28, 2013

February 2013

<u>Committee</u>

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- » Youth Exchange District 5130
- » SCARC Meeting Schedule
- <u>Rotary International Business</u> <u>Portal</u>
- » SR Sunrise Facebook Page
- » Latest "Rotarian Magazine"

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President Elect Mike Kelly

Secretary Linda Hauck

Treasurer Penny Millar

Past President Jim Kirkbride

Rotary Foundation Frank Cercone

Membership Paul Stathatos

Service Projects Doug Shureen

Club Administration Jim Gray

President Nominee Harry Coffey

Public Relations Cindy Gillespie

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- Meeting Sightings
- » 2012 Veteran's Day Lunch

» 2012 Culinary Classic

» 2012-13 Dental Clinics

» 2012 SRKSEP

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Sakuji Tanaka President, Rotary International

News from Rotary International Posted by Max Bridges on Feb 08, 2013

Author and microcredit expert shares lessons in sustainability



- <u>2012 Women In Rotary</u>
- <u>2012 Eye/Dental Mission to</u> <u>Sabalos Nicaragua</u>
- » 2011 Culinary Classic
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Years ago, Marilyn Fitzgerald learned valuable lessons about sustainability from an impoverished rice farmer in Indonesia.

Fitzgerald, a past-president of the Rotary Club of Traverse City, Michigan, USA, was visiting a community to which her club was sending money to enable the children to attend school. But the farmer she encountered didn't want money; he wanted a water buffalo.

The events that followed became the subject of her recently published book, "If I Had a Water Buffalo," and have shaped her thinking about sustainability, a key principle of The Rotary Foundation's new grant model. Fitzgerald now shares those lessons with Rotary clubs she visits, which recently included the Rotary Club of Evanston Lighthouse, in Illinois, USA.

Water buffalo, piglets, and hens

Fitzgerald relates how she persuaded her family to give her money as a Christmas gift so she could buy the farmer a water buffalo. The result was that he was able to triple his crop yield, increase his income, and therefore send his children to school.

The next year, women in the village wanted 20 piglets to raise, breed, and sell. Then the children wanted hens so they could make and sell an egg snack popular in the area. Eventually, many community members increased their self-sufficiency.

"For less than US\$1,200, they were [able to send] their own children to school," Fitzgerald says. By contrast, "I was up to a \$72,000 budget on the school project. I had never even asked them what they wanted."

The most important thing any Rotarian can do to make a project sustainable, she says, is to listen. The local community has to be involved in all stages of a project, from identifying a need to coming up with a solution to implementing that solution.

"At the end of the day, they have to feel good about themselves," Fitzgerald says. "They need to feel so good about themselves that they can go on with the effort themselves."

She defines sustainability as the ability of a project to continue once the donations end.

"A lot of people tell me a project is sustainable because they have long-term donors or they have all these clubs involved," she says. "But that's not true. If the donors walk away, what happens to the project?"

Fitzgerald, a clinical psychologist, is a board member of the Rotary Action Group for Microcredit and serves as microcredit adviser and economic and community development coordinator for District 6290. She says she likes microfinance projects because a well-run program lets the beneficiaries come up with their own business plan, while Rotarians provide the capital and act as mentors.

What they really wanted was cell phones

During her Evanston appearance, Fitzgerald relayed another story, about visiting a village to pursue a sanitation project for her club, only to discover that the villagers really wanted cell phones.

"I thought, no way is my club going to go for cell phones." But when she probed further, she discovered that the villagers wanted the phones so they could relay business decisions – such as what color fabric is really selling well – to their markets more than a day's journey from the village.

"If we provide cell phones and [villagers] increase their income, then they can buy these other things," says Fitzgerald. "We absolutely have to talk to our beneficiaries and ask them what they want. We need to educate them about the possibilities, then let them determine the solution that's right for them."

She says she used to believe that any charity was better than none, but she no longer feels that way.

"I believe we can cause great harm when we build programs that people become dependent on," she says. "Charity robs people of choice, voice, and dignity."

- Watch a video about sustainability
- · Learn more about the new grant model
- · Read more about the new grants in the November Global Outlook
- Read why successful projects start with the right questions in the October issue of *The Rotarian*.

Special Dates For February

Posted by Dave Lorenzen on Feb 01, 2013



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Message from the Foundation Trustee Chair

Posted by Max Bridges on Feb 03, 2013



February 2013

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Wilfrid J Wilkinson

Foundation Trustee Chair

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RI Foundation Benefactor Commitment Card

Michael Scott De Shields Application Information

Youth Grants

Sabalos Nicaragua Surgery Center Information

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Hansel Ford Feb 28, 2013 05:30 PM - 07:00 PM March Board Of Directors

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2013 District Assembly Mendocino Junior College Apr 06, 2013 08:00 AM - 03:00 PM

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Tanya Narath, Executive Director



Tanya gave Sunrisers some of her background from back packing in the Brooks Range to observing planned development in Albuquerque that led her to her current position educating leaders to create public policy that is environmentally friendly, socially equitable and economically viable for a sustainable community.

Founded in 2000, the Leadership Institute is a 501(c)3 public charity based in Sonoma County and dedicated to ensuring a sustainable future for California's North Coast. It's mission is to train people to be more effective leaders and to educate community leaders and the public to understand that the future of our economy and quality of life are dependent on each other. The Institute is active throughout the year, providing education, training, and networking opportunities for community leaders. There are four main program areas:

- · Leadership Training for a Sustainable Future
- Policy-Maker Outreach
- Community Education
- · Leadership Networking

Learn more at the Leadership Institute web page.

News from Rotary International Posted by Max Bridges on Feb 11, 2013

Swim marathon, crocus sale to mark Rotary's anniversary





Left: A swimmer in last year's swimming event. Right: A fabric purple crocus.

Thousands of participants around the world plan to swim 100 meters or more on 23 February in a global swimming event that is just one of many activities celebrating Rotary's 108th anniversary.

The global event is being organized by the Rotary Club of Grantham, Lincolnshire, England, which has held an annual swim fundraiser to support local charities since 1990. Participants swim laps in a pool to earn pledged money during the

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Rotary Foundation Frank Cercone

Membership Paul Stathatos

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- 2012 Rebuilding Together

"swimarathons."

Last year, in addition to their local event, the Grantham Rotarians decided to spearhead a worldwide swim the week of Rotary's anniversary, in an effort to set a new world record. Guinness World Records officially recorded 4,546 participants ages 8 to 93 synchronizing their 100-meter swims to the exact same hour across 15 time zones. The effort raised more than US\$100,000 for polio eradication.

This year, the organizers are hoping to create the biggest same-day global swimming event and are inviting clubs to hold swimming fundraisers throughout the day, with proceeds going to PolioPlus and local club-supported charities. Already, more than 180 clubs in 43 countries on six continents have signed up.

Paul Wilson, one of the event's two coordinators, says his most gratifying Rotary moment came last year, watching 14-year-old Moin Junnedi, India's youngest national Paralympian, complete his swim. (Read a blog post from Wilson)

"Junnedi suffers from a severe brittle bones condition which has meant he's suffered with over 200 fractures during his young life," says Wilson. "Just a day or two before this swim, he suffered four fractures, but was so determined to take part. It was pure inspiration."

Purple crocuses, polio advocacy

Rotarians in the United Kingdom are also behind another global fundraising effort aimed at marking Rotary's anniversary by elevating the public's awareness of Rotary and raising money for polio eradication. Twenty Rotary districts in Great Britain and Ireland are selling purple fabric crocuses, which can be worn in jacket buttonholes, for an average donation of US\$5.

The crocuses have an End Polio Now label on the stem and are purple to represent the dye used during National Immunization Days to mark the fingers of children who have been immunized. Lynn Mitchell, a past governor of District 1120, thought of the idea, inspired by the Thanks for Life Campaign in 2011, in which Rotarians and volunteers planted hundreds of thousands of real crocuses throughout the United Kingdom. Last year clubs ordered 25,000 of the fabric crocuses as a trial and raised more than \$40,000.

This year, the districts have ordered 150,000 of the crocuses, launched a Facebook page, and used social media such as Twitter (@rotarycrocus) to spread the message. They hope to raise \$250,000 for polio eradication.

Mitchell says Rotary clubs in Canada, Nigeria, and the United States have ordered boxes of the fabric flowers, and inquiries have come from Gibraltar, Guinea, India, Israel, Japan, Romania, and South Africa. (Read a blog post from Mitchell)

In Canada, Rotarians are inviting parliamentary representatives to Rotary club meetings in the days leading up to the anniversary, to advocate continued support for polio eradication.

Ways to celebrate

Honor Rotary's anniversary by planning an event in your community. Here are some ways you can join the celebration:

- Be part of the World's Biggest Commercial
- Invite elected leaders, government officials, and the public to polio-themed club events to learn about the eradication effort and stress the importance of finishing the job
- See additional ideas for advocacy in the February edition of Global Outlook
- Donate to help End Polio Now
- Check out a list of ways to celebrate
- Download a Rotary Day proclamation
- Use Rotary Images to tell Rotary's story
- Find out how to contact your Rotary public image coordinator
- Use social media to share what Rotary means to you #ri108
- Donate US\$108 to The Rotary Foundation

Saving lives with fuel-efficient stoves Posted by Max Bridges on Feb 14, 2013

Nancy Hughes, Founder

StoveTeam International

http://www.clubrunner.ca/portal/DynamicBulletinEmail.aspx?accountid=4124[2/18/2013 3:50:21 PM]

- » 2012 Progressive Dinner
- » 2012 Women In Rotary
- » 2012 Eye/Dental Mission to Sabalos Nicaragua
- <u>
 2011 Culinary Classic

 </u>
- » 2011 Interact Adventure
- <u>2011 Gran Fondo</u>
- » 2011 Senior Oktoberfest
- » 2011 Senior BBQ

RSS

Rotary International

- Reflecting on peace
- Swim marathon, crocus sale to mark Rotary's anniversary
- Author and microcredit expert shares lessons in sustainability
- Rotarians in Germany fight polio one stamp at a time
- Clubs share lessons learned from sustainable projects in northern Tanzania



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Nancy, a member of the Rotary of South Town Eugene, Oregon, described the history of her organization and its success with the development and production of Ecocina wood cook stoves that greatly reduce the adverse health impacts associated with indoor air pollution in addition to using half the wood fuel of open fires.

Ecocina factories have produced more than 35,000 stoves, improving the lives of more tham a quarter million people.

Additional information may be found at the StoveTeam International web site.





Special Dates For February Posted by Dave Lorenzen on Feb 01, 2013

Birthday's and Anniversaries for February

Name	Date
Smith, Warren	Feb 17
Leasher, Olin	Feb 19
Rondon, Brian	Feb 20
Cercone, Frank	Feb 24

Spouse Birthdays

Name	Spouse Of		Date	
Strange, Jack	Tweeten, Eloise		Feb 03	
Wessman, Ann	Wessman, Rolf		Feb 18	
Shureen, Barbara	Shureen, Doug		Feb 23	
Anniversaries				
Name	Spouse Name	Years	Date	

http://www.clubrunner.ca/portal/DynamicBulletinEmail.aspx?accountid=4124[2/18/2013 3:50:21 PM]

Kirkbride, Jim Kirkbride, Susan 39 years Feb 02 Carlenzoli, Leroy Carlenzoli, Carol 48 years Feb 06 Randolph, Richard Randolph, Betsy 33 years Feb 09 Lorenzen, Dave Lorenzen, Shauna 34 years Feb 11 Lorenzen, Shauna Lorenzen, Dave 34 years Feb 11 Stathatos, Paul Stathatos, Susan 32 years Feb 21 Feb 28 Gray, Jim Gray, Sheena 16 years

-

Posted by Stacy Drucker-Andress on Feb 14, 2013

Sunrise Sunshine Report

Sunshine





President Jennifer reported that **Susan Glowacki** is recovering from a broken ankle and **Mike Kelly** spent some time in the hospital for tests and was scheduled to return home on Valentine's Day.

More news from RI

Posted by Max Bridges on Feb 18, 2013

News anchor says Rotary Scholarship gave him a broader perspective



Former Rotary Scholar Patrick Nolan

Far away and long ago are not enough to diminish the impact of a 1991 Ambassadorial Scholarship in Australia for Patrick Nolan. The anchor at the Fox TV station in Fort Myers, Florida, USA, says the emphasis on goodwill and understanding still provides a framework for his life.

"I've forgotten a lot of things in the past 20 years, but that year is like yesterday," he says. As a student at the University of Florida, Nolan had been named an alternate through the Rotary club near his Miami home. At his graduation, his mother told him the good news: The scholarship was available.

"I was the default scholar," he says, noting that the decision to accept was difficult because he had a job lined up at a TV station in Missouri. "My mom said, 'You need to do this.'"

Nolan continued his journalism studies at Murdoch University in Perth, but most of his education was off-campus. "I learned how to see the United States from an outside perspective," he says. "It made me proud to be an American and gave me a sense of humility."

He gained empathy for immigrants and realized how little he knew about the rest of the world. "I learned there is always another perspective, usually several, and it's incumbent upon us as journalists to seek those out."

He tells Rotary clubs about his year whenever he's asked and encourages young people to seek out similar opportunities. "Some experiences in youth fade away," he says. "I realize the value of this one the more time goes by."

- Read more stories from *The Rotarian* or sign up for the digital edition.
- Learn more about Rotary's educational programs



Remember the Pictures Posted by Max Bridges on Feb 14, 2013

Check Out the Pictures from the Weekly Meetings

Link to Meeting Sightings



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the websites photo journal called **"Meeting Sighting"** Please not that all the meeting photos for the entire Rotary year are at this location with the most recent on the last page.

Thanks for all the great pictures Warren and Steve! Link to Meeting Sightings. The most recent are on the last page!

Additional photos may be found on the SR Sunrise Facebook Page.

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» "Donate My Car" Form

"Rotary Basics"

- Why Become A Rotarian?
- <u>> 2011-12 Service & Activity Report</u>
- » RI Foundation Benefactor Commitment Card
- » Michael Scott De Shields Application Information
- Youth Grants
- Sabalos Nicaragua Surgery Center Information

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by Dave Lorenzen

Club Events

Third Thursday - February Hansel Ford Feb 28, 2013 05:30 PM - 07:00 PM

March Board Of Directors Meeting Sonoma Bank Mar 12, 2013 05:30 PM - 07:30 PM

Third Thursday - March TBA Mar 21, 2013 05:30 PM - 07:00 PM

Progressive Dinner Mar 23, 2013 06:00 PM - 09:00 PM

March SCARC - Petaluma Rotary Mar 28, 2013 06:00 PM - 09:00 PM

District Assembly Mar 30, 2013

2013 District Assembly Mendocino Junior College Apr 06, 2013 08:00 AM - 03:00 PM

April Board Of Directors Meeting Sonoma Bank Apr 09, 2013 05:30 PM - 07:30 PM

Third Thursday - April TBA Apr 18, 2013 05:30 PM - 07:00 PM

April SCARC - Petaluma Sunrise Apr 25, 2013 06:00 PM - 09:00 PM

District Conference Hyatt Vineyard Creek May 31, 2013 12:00 PM - Jun 02, 2013 02:00 PM

24th Annual Golf Tournament Oakmont Golf Club Jun 14, 2013 12:00 PM - 06:00 PM

International Convention -Lisbon Jun 23, 2013 - Jun 26, 2013



Santa Rosa Sunrise Rotary Foundation

Kelley Dillon, Principal Sabrina Howell, School Gardiner



Kelley and Sabrina provided an update on a Sunriser project that was started in 1989 when Vicky Lockner was the Principal at Steel Lane School. Over the years the garden has grown to include a green house, raised beds and irrigation. A Steering Committee oversees the activities, provides direction and assists with the building of relationships with multiple organizations for support.

Garden produce is used in the School lunch program and there is an annual potato feed for all students.

The proposed budget is \$11,000

Future goals include:

- Increase the quantity available to the cafeteria by increasing the planting area
- Implement grade level courses that tie into grade level curriculum
- Provide a bi-lingual gardener.
- Increase student time in the garden



Crab Feed Posted by Max Bridges on Feb 25, 2013

The 2nd. Annual Senior Center Crab and Pasta Feed

<u>What Are My Make Up</u> <u>Options?</u>

Sunrise Rotary

- <u>Source</u> Source Sour
- » District Interact Info
- South Exchange District 5130
- SCARC Meeting Schedule
- » <u>Rotary International Business</u> <u>Portal</u>
- » SR Sunrise Facebook Page
- <u>Latest "Rotarian Magazine"</u>

Directors

President Jennifer Hembd

President Elect Mike Kelly

Secretary Linda Hauck

Treasurer Penny Millar

Past President Jim Kirkbride

Rotary Foundation Frank Cercone

Membership Paul Stathatos

Service Projects
Doug Shureen

Club Administration Jim Gray

President Nominee Harry Coffey

Public Relations Cindy Gillespie

Photo Journals

- » Meeting Sightings
- » 2013 Senior Center Crab and Pasta Feed
- 2012 Veteran's Day Lunch
- » 2012 Culinary Classic
- » 2012-13 Dental Clinics
- » 2012 SRKSEP
- » 2012 DG Visit Fireside
- » 2012 Giants Game Fellowship
- » 2012-13 Hiking Trips
- > 2011-12 Meeting Sightings
- 2012 Debunking of Jim <u>Kirkbride</u>



This year's event at the Finley Center attracted 200 attendees and raised money for senior programs. A dozen Rotarians and family members participated in the food preparation activities and 16 past and current Elsie Allen interact members were servers and raised \$200 for their club (\$1 per attendee).



- <u>2012 Golf Tournament</u>
- » 2012 Rose Parade
- » 2012 Senior's Pancake Breakfast
- » 2012 Rebuilding Together
- » 2012 Progressive Dinner
- » 2012 Women In Rotary
- » 2012 Eye/Dental Mission to Sabalos Nicaragua
- » 2011 Culinary Classic
- <u>
 2011 Interact Adventure
 </u>
- » 2011 Gran Fondo
- » 2011 Senior Oktoberfest
- » 2011 Senior BBQ

RSS

Rotary International

- John K. "Jack" Best elected to RI Board of Directors
- As Rotary celebrates 108th anniversary, gains against polio continue
- Retired doctor tackles health care, education in Peru
- Former Rotary Peace Fellow encourages clubs to promote the program
- Reflecting on peace







News from Rotary International Posted by Max Bridges on Feb 21, 2013

As Rotary celebrates 108th anniversary, gains against polio continue





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Cercone, Frank

Date

Feb 17

Feb 19

Feb 20

Feb 24

Name	Spouse Of		Date
Strange, Jack	Tweeten, Eloise		Feb 03
Wessman, Ann	Wessman, Rolf		Feb 18
Shureen, Barbara	Shureen, Doug		Feb 23
Anniversaries			
Name	Spouse Name	Years	Date
Kirkbride, Jim	Kirkbride, Susan	39 years	Feb 02
Carlenzoli, Leroy	Carlenzoli, Carol	48 years	Feb 06
Randolph, Richard	Randolph, Betsy	33 years	Feb 09
Lorenzen, Dave	Lorenzen, Shauna	34 years	Feb 11
Lorenzen, Shauna	Lorenzen, Dave	34 years	Feb 11
Stathataa Daul	Stathatos, Susan	32 years	Feb 21
Stathatos, Paul	olainatos, ousan	02 900.0	10021

Sunshine

Posted by Stacy Drucker-Andress on Feb 21, 2013

Sunrise Sunshine Report



Mike Kelly returned to join Sunrisers for breakfast after a brief hospital stay. Welcome back Mike!



Susan Glowacki continues to recover from her broken ankle. Hope to have you back soon Susan!



Special Dates for March

Posted by Dave Lorenzen on Mar 01, 2013

Birthday's and Anniversaries for March Member Birthdays

Name	Date
Lockner, Vicki	Mar 02
Hayes, Merle	Mar 21
Davis, Daniel	Mar 27
Hauck, Linda	Mar 30

Spouse Birthdays

Name	Spouse Of	Date
Zwick, Jaqui	Zwick, Steve	Mar 07
Stathatos, Susan	Stathatos, Paul	Mar 12
Holcomb, Allen	Holcomb, Carole	Mar 18
Riel, Kerry	Riel, Michael	Mar 23
Hoberg, Molly	Hoberg, Peter	Mar 26
Worthen, Georgia	Worthen, Steve	Mar 26
Carlenzoli, Carol	Carlenzoli, Leroy	Mar 31

More news from RI Posted by Max Bridges on Feb 25, 2013

Retired doctor tackles health care, education in Peru



Residents of Yantaló face long wait times to see the one doctor who serves the town.

A retired cardiologist and member of the Rotary Club of Gurnee, Illinois, USA, C. Luis Vasquez was taken aback by what he saw in Yantaló.

A farming town with a population of 4,000, Yantaló sits in the heart of the Peruvian Amazon, about 5 miles from Moyobamba, the capital of the northern state of San Martín. It is the town where Vasquez's mother, Adelina Soplin, was born in 1905. One hundred years later, in July 2005, Vasquez made his first visit.

He remembered the stories his mother had told him about the poor living conditions, the lack of medical care, and the subpar schools. Nothing had changed.

"I was upset," says Vasquez, who was born in Lima and has lived in the United States since 1978. "I thought, 'How is it possible that the local or national politicians keep Yantaló and many other places in a state of abandonment?'"

Within months, Vasquez, with his wife, Mary, and their three sons, had set up the Yantaló Peru Foundation, a nonprofit devoted to improving health care and education. The organization is building a 24-acre campus that will include a clinic and diagnostic center named for Vasquez's mother. It will offer services in areas including women's health, neonatology, pediatrics, environmental health, molecular diagnostics, and genetics, as well as continuing education programs for medical professionals on topics such as children's health and nutrition, preventive medicine, public health, and domestic violence.

Green building

A group of 30 workers from Yantaló received training and are constructing the "green" building, which will incorporate five therapeutic gardens, solar panels, and natural ventilation as part of a plan by the NewSchool of Architecture and Design in San Diego. The foundation will also plant 6,000 trees on the campus. Donations, including support from Rotarians in Peru and the United States, are funding 80 percent of the US\$3 million cost; Vasquez is covering the remainder. The clinic, which will eventually serve a population of two million in the region, is slated for completion by mid-2013. Vasquez has built relationships with organizations including the Yale University School of Medicine, Johns Hopkins University, Pritzker School of Medicine at the University of Chicago, the University of Illinois College of Medicine, and the Peruvian American Medical Society.

Currently, only one doctor works in Yantaló, part time. Medications are not always available, and the town has no specialists or diagnostic equipment. Even in Moyobamba, health services are lacking. When the new facility opens, local staff members will host international volunteer residents and professors, and all patients will receive the same level of service regardless of their ability to pay. "Most rural communities in Peru have limited access to quality health care facilities. Our goal is to provide uninterrupted services that aren't currently available at other institutions in the region," Vasquez says.

Jim Hessenthaler, president-elect of the Gurnee club, visited the construction site in September. "The progress is remarkable," he says. "Luis' commitment to a dream of a medical center is within reach." Vasquez's mission to provide maternal and child health care and support basic education and literacy is also in line with The Rotary Foundation's Future Vision Plan, Hessenthaler notes. "That's where he can make a difference."

Getting digital

When Vasquez first arrived 2005, he discovered 20 computers donated by the Peruvian government sitting in a box at the high school in Yantaló. The director told him that the

teachers and students didn't know how to use them. The Yantaló foundation now sponsors two computer teachers and five English teachers. Graphic design classes are part of the curriculum, and students are learning to use Excel, Photoshop, and InDesign.

Volunteers who travel to Yantaló to teach English at the school also tutor adults. One student from the University of Missouri taught English classes to construction workers. Another from Germany taught English to students ages 5 to 16 and held night classes for adults.

On a Thursday afternoon in September, Daniel Chujutalli Arevalo was watching his classmates play volleyball and waiting for a friend whom he tutors in basic English every day. In addition to taking the English and computer classes provided by the Yantaló foundation, he spends his time with volunteers who teach him advanced English. "I want to study languages so I can talk to people and travel," he says.

The Yantaló foundation was also set to install Wi-Fi technology in the town by the end of 2012. Vasquez believes that improved access to information will empower the community. Wuilman Perez, a regional coordinator with the foundation and a native of Yantaló, concurs: "If Luis hadn't decided to come here, nothing would be as it is now. Nothing would change. Now, when we are finished here, we can do it again somewhere else."

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