

From: Rotary Club of Santa Rosa Sunrise [mailservice@clubrunner.ca]
Sent: Monday, January 02, 2012 4:27 PM
To: Dave Lorenzen
Subject: Rotary - Santa Rosa Sunriser!! - Jan 02, 2012



Rotary Club of Santa Rosa Sunrise Santa Rosa Sunriser!!

Monday, January 02, 2012

[Club Web Site](#)

Hello Dave! This email has been generated just for you as a member of our club. We hope you enjoy receiving this newsletter!

Editor: [Max Bridges](#)
If you have any comments or questions, email the editor.

The January 5th. Program is.....
by Bridges, Max

June Rittenhouse

" How the History of the Airline Stewardess Began "

June was a stewardess for United Airlines and predecessors for many years. Prior to moving to Santa Rosa she lived in San Rafael. Since 1973 she has been a member of Clipped Wings, United Airlines Stewardess Alumnae & Flight Attendants, Inc. Post airline career she has served as executive secretary to the Director of the Marin Senior Coordinating Council and to the Superintendent of the Santa Rosa City Schools. Her husband Jack is a member Santa Rosa East Rotary. Retirement has given her the opportunity to speak to many service clubs in California, Oregon, and Arizona. Appearance before Sunrise Rotary is the 131st presentation of this program.

Future Speakers

Jan 5 2012

[June Rittenhouse](#)

"How the History of the Airline Stewardess Began"

Jan 12 2012

[Mark Lancaster and Dr. Jim Gude](#)

"Heberden Telemedicine Foundation--Sebastopol"

Jan 19 2012

[President Jim and the rest of the Club Leadership](#)

"Club Assembly"

Jan 26 2012

[SMART General Manager or Senior Board Member](#)

"Update and Insight into the Sonoma/Marin Area Rail Transit Project"

Upcoming Events

[BOD meeting](#)

Jan 9 2012

[SCARC](#)

Jan 26 2012

[Fireside Chat](#)

Jan 26 2012

[Nicaragua trip](#)

Feb 3 2012 - Feb 12 2012

[BOD meeting](#)

Feb 13 2012

[SCARC](#)

Feb 23 2012

[Progressive Dinner](#)

Mar 24 2012

News from Rotary International

by Max Bridges

Austrian Rotarians welcome students from Japan



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Japanese high school students visited Austria for three weeks in August.

Rotarians in Austria hosted about two dozen students and two Rotarians from areas of Japan hit hard by the March earthquake and tsunami.

When the students -- including two former [Rotary Youth Exchange](#) participants -- and the Rotarians arrived in Vienna in early August, they were welcomed at a reception sponsored by the Austrian Foreign Ministry. During their three-week stay, the visitors were treated to a cultural and historical tour, camping and trekking in the mountains, sports, and an opera performance.

"I savored the warmth of human kindness," said Hikaru Suzuki, one of the students. "I felt alive."

The Youth Exchange committee for districts 1910 and 1920 (Austria), proposed the visit to counterparts in Japan. Hiroko Watanabe, a chair of the Youth Exchange Committee in District 2530 (Fukushima), put out a call for applications in several local high schools, and received more than 40 responses. Some of the applicants had lost homes, were missing family members, or had lost their parents. Others had been forced to evacuate because of danger from the damaged Fukushima Daiichi nuclear power plant.

"I had been terribly shocked by the earthquake, and was troubled about the nuclear accident," said Watanabe, who accompanied the students on the trip. "As a Rotarian living in the disaster area, I felt we must do something."

Lufthansa offered half-price airline tickets for the visitors, the governments of Austria and Japan offered financial support, and Japanese and Austrian Rotarians paid for airfare, accommodations, and other local expenses. Jutta Stefan-Bastl, Austria's ambassador to Japan, visited Fukushima to brief the students about Austria.

At the end of the trip, "the Japanese embassy in Vienna organized a farewell party for us," Watanabe recalled, adding that the gathering was an emotional one. "I am certain that one day, these students will be able to reach out a hand to someone somewhere in the world."

Adapted from *Rotary-No-Tomo*

For more information:

- Learn about [Rotary Youth Exchange](#)
- Read how Rotarians responded to the tsunami in Japan and other [top Rotary stories from 2011](#)

Sunrise Rotary Dental and Eyecare Mission 2012

by Jones, John

Rio San Juan Region of Nicaragua

The club's largest eyeglass and dental team of 22 members is ready to head for Nicaragua departing early morning February 4th and returning late on the 12th. The group will be working in the jungle and villages in the Sabalos region of Nicaragua.



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Ezbon Jen, Dr Steve Davis, Dr Rich Sellman, Dr Bill Conklin, Dr Kurt Mitchler, Danika Zold (med student friend of Ezbon's), Arlene Schaeffer (dental assistant of Dr Sellman), Daniel Castro (John's son-in-law and a Nicaraguan), Ivan Chang (past president of our Elsie Allen Interact Club), Bob and Nancy Aita, Rich and Betsy Randolph, Steve and Kathleen Amend, Steve Herron, Vicki Lockner, Steve Zwick, Tom and James Eakin, Jim Gray and John Jones.

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southeast of Sabalos and there your Rotarians will be serving!

Please contact John Jones with questions and for additional information.

More News from RI

by Max Bridges

Polio survivor inspires support for ending the disease



David Goldstone, polio survivor and staunch advocate for eradication efforts.

Ten days before his 21st birthday, David Goldstone lay in a hospital bed near Sydney, New South Wales, Australia, his arms and legs paralyzed by polio, his body gripped by fever and in terrible pain. His hospital admission form read, "Life expectancy: 24 hours."

Six days later, Goldstone emerged from a semicoma and was moved out of isolation into a children's ward; adult polio victims were and still are relatively rare. "You will probably never walk again," the hospital's chief medical officer told him.

"I will," Goldstone replied.

His story

That was 55 years ago. Now 76 and a member of the Rotary Club of Crawley, Western Australia, Goldstone recounted his battle with polio at an October meeting of nearly 600 Rotarians gathered in support of polio eradication. He had never shared his story in public because of the emotional trauma it would have caused him. But fellow club member Michael Sheldrick, manager of the Global Poverty Project's polio eradication campaign, had persuaded him to talk about his experience.

Throughout most of the story, Goldstone referred to himself as "John," a friend, revealing only at the end that the story was about him.

"For days, John's arms and legs were covered with sandbags to stop any deformity from occurring, [then] they were placed in splints," Goldstone told his listeners. "Then, John was placed in a half-body plaster cast to stop his limbs from changing shape, and was administered injections of morphine every four hours to help the pain. After six weeks, he became immune to the morphine and lived with the pain."

John was fortunate to receive physical therapy, Goldstone said. First, he learned to bend a knuckle, then to regain use of his left hand, to bend an arm, and to feed himself. Several weeks later, he sat in a wheelchair. From there, he learned to walk all over again, "just like a baby."

"Near the entrance to the ward were three iron lungs, always occupied with children," Goldstone continued. "John still has nightmares of the ghostly sound of the bellows pumping air. Whenever the level of sound changed, he knew another child had passed away."

Goldstone finished by saying, "There is no friend John. This is my story, and I do not want one more person in this world to suffer as I have suffered." He said that Rotary must keep the promise it made to the world's children 25 years ago to eradicate polio.

Pennies for Polio

For many years, Goldstone has worked extensively with children crippled by polio, inspiring them with the simple message: "If I can do it, you can do it." And for 10 years, he chaired the polio eradication committee of District 9450 (now 9455). A signature accomplishment was the Pennies for Polio project, which he initiated in 1999. A partnership with the Perth Mint, the effort made available as collector's items 100,000 Australian pennies produced before 1964. Sales of the near-mint-condition coins raised more than A\$84,000 for [PolioPlus](#).

Goldstone now has postpolio syndrome, enduring fatigue, muscle and joint pain, and respiratory problems. Yet he continues to help young people with disabilities and disadvantaged youth by generating support for projects like CanTeen, Camp for Kids, Teen Challenge, and the St. John of God Horizon Program for the homeless. All told, he has raised \$11 million for charity.

Goldstone has also been a leader in expanding the Crawley club, which now has a membership of more than 100, with an average age of 42 and with several [corporate members](#). Recently, the club raised \$20,000 for PolioPlus through an online petition drive in support of polio eradication, sponsored by Australian Rotarians and the Global Poverty Project. The club contributed \$1 for each supporter's signature.

"If I have helped save a life or made someone's dream of a better life come true, then that is why I am proud to be called a Rotarian," Goldstone says.

For more information:

- [Learn more](#) about Rotary's efforts to eradicate polio.
- [Watch a video](#) "The Last Hurdle"

[Donate now to help Rotary achieve a polio-free world.](#)

Message from Foundation Trustee Chair

by Max Bridges



Areas of focus are the causes that drive Rotary



January 2012

Areas of focus are the causes that drive Rotary We are now halfway through the pilot of our Future Vision Plan, and as I look to the future I think the most significant change will be the adoption of the six areas of focus – and not just for our Foundation. I recently heard RI Director Stuart Heal, the chair of the Strategic Planning Committee, say that our areas of focus fit very comfortably into our RI Strategic Plan.

Today's generation supports causes rather than organizations, and so we in Rotary should be able to clearly identify the causes that drive us. When somebody asks you what Rotary is, you do not have to fumble for words. Tell the person that we are an organization of service-minded individuals around the world who are working to make the world a better place with our efforts in water and sanitation, basic education and literacy, maternal and child health, disease prevention and treatment, economic and community development, and peace and conflict resolution. You can say that in 20 seconds!

You can see how this may bring new members to Rotary and increase the giving to our Foundation. If you approach corporations for a contribution, they are much more likely to respond if they know how their money will be spent, and that we will spend it wisely. We are building on a strong record of performance over a long period of time. Bill Gates has said as much on a number of occasions. He has shown his faith in us through his significant gifts for polio eradication.

While I am writing this from a Foundation perspective, the membership factor should not be overlooked. Plenty of organizations talk about issues, but Rotary is about action, not words.

Remember the Pictures

by Hauck, Linda



Check Out the Pictures from the Weekly Meetings!



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the websites photo journal called "**Meeting Sightings**"

Thanks for all the great pictures Warren and Steve!

[Link to Meeting Sightings](#)

Additional photos may be found on the [SR Sunrise Facebook Page](#).

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Mark Lancaster and Dr. Jim Gude-- Heberden Telemedicine Foundation



"Improving health care in the Global South through international collaboration and the technologies of telemedicine"

The Reverend Mark Lancaster is the President of the [Heberden Telemedicine Foundation](#). In addition to his work with the Heberden Telemedicine Foundation, Mark currently serves as CEO for the Palm Drive Health Care Foundation, Sebastopol, CA. His previous experience includes several distinguished positions, including Director for Strategic Relationships for Global Footprint Network, Executive Director for the Seva Foundation, Coordinator for the Presbyterian Hunger Program, and Mid-Atlantic Regional Director for the American Friends Service Committee.

Mark has twice served as Chairman of the Board of Heifer International, and currently serves on the boards of Transition U.S., and Seeds of Learning. He lives with his wife, Barbara, and four-year-old daughter, Emma, on a small, farmstead near Santa Rosa, CA. True to his progressive vision, this farmstead is being created as a learning center for children and adults on sustainable living.

Dr. James Gude, Medical Director and Founder of OffsiteCare is an intensivist who is board-certified in pulmonary, critical care, and internal medicine.

Dr. Gude graduated from Yale University Medical School, performed his residency at Stanford University, and served as Chief Medical Officer on a U.S. Navy nuclear submarine for two years. As Medical Director, Dr. Gude heads up the OffSiteCare intensivist team that provides ICU consultations via telemedicine, and is also responsible for selecting the specialists that make up the outstanding team of OffSiteCare physicians.

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Mar 24 2012

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A renaissance man, Dr. Gude has a wide range of interests, including the history of medicine and the physical exam, and has published several articles in these areas. In addition, he is deeply committed to medical education, and has launched a ground-breaking program that uses the telemedicine network to enable physicians and nurses to fulfill their continuing education requirements over the Internet. Residency programs are also offered that focus on the role of remote telepresence in rural medicine. The educational experience is further enhanced by Dr. Gude's great love of poetry and literature.

RI President's Message

by Max Bridges



January 2012



My dear brothers and sisters in Rotary,

At Arlington National Cemetery outside Washington, D.C., stands a memorial to the Seabees, formally known as the U.S. Naval Construction Force. An inscription reads, "With willing hearts and skillful hands, the difficult we do at once; the impossible takes a bit longer."

In Rotary, we already have our own mottoes. If we didn't, I might be given to nominate those two lines. The power of combined effort, as Paul Harris once wrote, knows no limitation. When we work together, the impossible becomes possible.

I thought of this when I read, a few months ago, an article in the *New England Journal of Medicine*, the premier medical journal in the United States. Titled "The Polio Endgame," it outlined a strategy for a post-polio era, including managing post-eradication risks.

Thirty years ago, such an article could never have been published. Today, it is a testament to the power of dedication, of persistence, and of combined effort. The impossible has, indeed, become possible. A post-polio world, once the stuff of dreams, will soon be here.

My friends, the day that polio will be eradicated is close at hand. We have to be ready for it with a powerful Rotary – a Rotary of enthusiasm and confidence, of bold vision and clear ambitions. It is time for us to prepare by taking an honest look at our clubs. Are our projects meaningful, sustainable, and relevant? Are our meetings productive and enjoyable?

Are our clubs welcoming to new members, and are our schedules and events friendly to young families? And once people join us, do we welcome them properly, involve them enough? Do we make them a part of the family of Rotary quickly enough?

The figures tell us that while enough new individuals join Rotary every year and everywhere, too many exit Rotary, on an ongoing basis. What unfulfilled hope do they leave with? What expectations are we not meeting? Can we do more and better?

Now is the time to focus our energies on our clubs, and on the way people see them. It is time to show our communities that the Rotary of today is not the Rotary of their preconceptions. Rotary is a way to connect, to do more, to be more – it is a way to take our idealism and our vision, and turn them into reality.

History of the Airline Stewardess

by Bridges, Max

June Rettenhouse



June was an airline stewardess when they were still called that and delighted Sunrisers with the history regarding the establishment of in-flight passenger support in the airline industry. She provided many examples from her own experience including her marriage to a passenger on whom she spilled a tray of food and her termination when she got married.

It was truly a great program!



News from Rotary International

by Max Bridges

Rotary Scholar aims to link small farmers to international food markets



Alex Dalley, a Rotary Foundation Global Grant Scholar, visits a small vegetable farm in East Timor. Dalley created business relationships between farmers in East Timor and a large supermarket chain.

Alex Dalley believes that impoverished communities in developing countries can sustain economic and social growth if small farmers are connected to global agricultural supply chains.

Dalley, a Rotary Scholar from Australia, is earning his master's degree in

business administration at the Erasmus University Rotterdam School of Management in the Netherlands. His scholarship, funded by a Rotary Foundation [Global Grant](#) , supports Rotary's economic and community development [area of focus](#) .

"My studies have formalized my business skills, which will enable me to build better businesses that link small farmers to local and global food supply chains," says Dalley, whose scholarship is sponsored by districts 9600 (part of Queensland, Australia; Papua New Guinea; and Solomon Islands) and 1600 (The Netherlands). "The program has given me a fantastic opportunity to practice leadership skills, further preparing me for my professional role."

Reducing poverty

Dalley says the resurgence of private-sector interest in small-farm agriculture will help lower poverty levels in emerging markets.

"The function of economic and community development has always been a public-sector issue. [But] the private sector and big businesses are beginning to take over," he says. "If you can establish a modern, sustainable distribution and supply chain between small farmers and various food markets, governments will be more inclined to improve roads, power, and infrastructure."

Before his scholarship, Dalley worked as an agribusiness adviser on private-sector development programs in East Timor funded by USAID and AusAID, identifying and developing market opportunities for small farmers.

His most rewarding project, he says, was creating a small vegetable distribution business within a Singaporean supermarket chain called Kmanek, which has a large presence in East Timor's capital, Dili. By replacing expensive imported vegetables, the supermarket was able to buy cheaper and better-quality produce locally, he says.

"The East Timor experience opened my eyes to the power supermarkets have in our food supply chains," says Dalley. "In a small country like East Timor, you really get a sense of how a supermarket, which controls access to the consumer, can be a positive force for change."

Student of the year

After he graduates, Dalley, who won the 2011 Student of the Year Award from the Association of MBAs, hopes to work with large global agricultural retailers to help build relationships with small farmers in developing countries.

Dalley had originally applied for an Ambassadorial Scholarship, before District 9600 began participating in the pilot of the [Future Vision Plan](#) , a new grant-funding structure for the Foundation. Shaughn Forbes, chair of the district's Rotary Foundation Scholars subcommittee, says Dalley was very patient throughout the process. "It was clear from the beginning that Alex was an outstanding candidate, regardless of the program he was applying for."

Forbes says that with the cost of tuition increasing at many universities, ensuring the success of the Foundation's new global grant funding model is essential.

"One of the benefits of the [grant] is that the scholar can receive more funds than the minimum amount of US\$30,000," she says, referring to the fact that the scholarship amount is based on the district's financial resources and the student's needs. "Additionally, I'm very supportive of having the scholars' education be aligned with the Foundation's six areas of focus."

For more information:

- Find out more about the Foundation's new grant model in [Future Vision News](#).
- Read more about Rotary Foundation alumni by subscribing to receive [Reconnections](#).

Sunrise Rotary Dental and Eyecare Mission 2012

by Jones, John

Rio San Juan Region of Nicaragua

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Please contact John Jones with questions and for additional information.

More News from RI

by Max Bridges

Mobile health clinic aids homeless children in Indonesia



A physician examines a child in Yogyakarta, Java, as part of a mobile health care project made possible by support from Rotarians in England and Indonesia and The Rotary Foundation.

A Rotary Foundation Matching Grant project that grew out of a Group Study Exchange (GSE) has provided basic mobile medical and dental care to thousands of children who lost their families in the 2006 eruption of Mount Merapi in Indonesia.

During a District 1200 (England) GSE visit to District 3400 (Indonesia) in 2008, team leader Hugo Pike discovered that many homeless children living in Yogyakarta, Java, needed medical care. His district developed a plan to outfit a vehicle as a mobile clinic that would be staffed by medical teams from a major hospital in Yogyakarta.

"The plan was to have a mobile clinic to make regular visits to parts of the city where a significant number of homeless children were living," says Pike, a member of the Rotary Club of Chelwood Bridge, Avon. "The children would be given a medical and dental checkup and, when needed, basic treatment."

According to Elly Wisanti Utama, of the Rotary Club of Jogja Merapi, homeless children constitute a marginalized group in most parts of Indonesia, and their access to health care and other services is severely restricted.

Merapi erupts again

"There has always been a great concern to develop a project helping street children," Utama says. "We were lucky to meet Hugo Pike in 2008, and this health services project wouldn't have ever happened if he hadn't led the GSE team to visit Yogyakarta."

The US\$20,000 project got underway in September 2010, funded by clubs in both districts and a Rotary Foundation Matching Grant. A month later, the project came to a sudden halt when Mount Merapi unexpectedly erupted again, killing more than 350 people and forcing the evacuation of nearly 350,000 residents. The medical teams assigned to the mobile health clinic were redirected to assist the hard-hit hospitals.

Last February, the medical teams were reassigned to the mobile clinic. With the relaunch of the project came an expansion; by partnering with various hospitals, the clinic was able to reach children at 22 locations.

By the time the project ended in June, it had provided health care to 3,636 children -- more than three times the number originally envisioned.

"It was a great honor for Nur Hidayah Hospital to join with Rotary and to work together for humanity," says Dr. Arus Ferry, director of the hospital. Receiving free health services should be a "fundamental right" for the poor children in these neighborhoods, Ferry says.

Pending a new source of funding, Pike and others are hoping to continue the project in the future.

"For the children, this service made them feel more secure and cared for. For the health workers, this service opened their minds to see the reality of different parts of the world," says Dr. Sony Aria Laksana, director of Permata Bunda Hospital. "I hope this project can be sustained."

- Subscribe to [Reconnections](#) to read more about alumni of Rotary Foundation programs

- Learn more about [Rotary's areas of focus](#), including maternal and child health

Message from Foundation Trustee Chair

by Max Bridges

Areas of focus are the causes that drive Rotary



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Dave's Commitments

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President Jim and his leadership team will conduct a mid-year review of



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what we have accomplished and where we are going for the remainder of his term as our President.

News from Rotary International

by Max Bridges

Sister clubs encourage international service connections



Nancy Wright Beasley accepts a club banner from Arvydas Sabrinskas, past president of the Kaunas Rotary Club during a visit in 2009

A sister club partnership between two Rotary clubs in the United States and one in Lithuania is expanding the international reach and service of Rotarians in both countries.

Author and polio survivor Nancy Wright Beasley joined the Rotary Club of Brandermill (Midlothian), Virginia, USA, shortly after speaking to the club about her book on Lithuanian families during the Holocaust. Following visits to Lithuania in 2009 and 2010, she inspired the Virginia Rotarians to pursue service projects with the Rotary Club of Kaunas, Lithuania, which she had visited.

While in Kaunas, Beasley had also been introduced by telephone to the founding president of the Rotary Club of Chicagoland Lithuanians. The club's members, all Lithuanians living in the Chicago area, expressed an interest in joining with the Brandermill club to carry out projects in Lithuania. So the clubs turned to [Rotary Service Connections](#) to facilitate that partnership.

"Rotary Service Connections helped us with some of the criteria, so we began discussing a feasible project," says Don Vaught, president of the Brandermill club. "Our two boards approved the idea of the partnership, and the proposal was eventually accepted by the Kaunas club as well."

The arrangement was made official in November.

"The goal of forming a sister club relationship was to establish a long-term relationship with other clubs that would lead to ongoing projects -- both locally and internationally," Vaught says. "It's also a way to further international understanding and foster goodwill."

Vaught says Beasley's contacts with the Kaunas club were instrumental in getting the idea started, and adds that it seemed only natural to invite the Chicagoland Lithuanians club to participate.

"We see building a relationship through both leisure and business travel visits by members of each club," Vaught says. "We will be working together on joint projects in Lithuania, but also supporting each other's projects when possible."

The sister clubs are launching their first project in Lithuania soon, to help obtain medical equipment for an orphanage in Kaunas.

"This sister club relationship is bringing together three clubs that were never aware of each other's existence," Vaught says. "This reflects the far-reaching arm of Rotary, and shows how you can expand relationships around the globe. This project is proof positive that Rotary truly is international."

For more information:

- Learn more about [Rotary Service Connections](#)
- Connect with partners to serve communities worldwide through [ProjectLink](#)
- Get information about [hosting a project fair](#)

Telemedicine

by Bridges, Max

**The Reverend Mark Lancaster, Dr. James Gude and
Technical Expert Nick Smith from the Heberden
Telemedicine Foundation**



Mark, James and Nick described the services of the [Hederden Telemedicine Foundation](#). In the seven years of its existence the Foundation has provided free medical services via the internet to remote locations in the Congo, Sierra Leon and Liberia. The services provided include electronic medical records, weekly medical consultation and continuing medical education.

Future plans include expansion to the Philippines, coordination with the World Bank and merger with Johns Hopkins Medicine.



Sunrise Rotary Dental and Eyecare Mission 2012

by Jones, John

Rio San Juan Region of Nicaragua

The club's largest eyeglass and dental team of 22 members is ready to head for Nicaragua departing early morning February 4th and returning late on the 12th. The group will be working in the jungle and villages in the Sabalos region of Nicaragua.



Tentative schedule for the up coming trip is as follows:

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3. Arrive in Managua between 930 and 11am (depends on which airline). Then fly to San Carlos and boat down to Sabalos Lodge.
4. Our mission efforts can either start on Sunday the 5th or Monday the 6th. If we want to do 4 full days of work, then we need to start on Sunday the 5th.
5. Leave the river on Thursday the 9th and head to San Juan del Sur for three nights of R&R. The other option would be to have a full free day down the river and tour El Castillo (very cute village on the river that has a spectacular fort built in 1650), hike and kayak. Great tarpon fishing on the river too. We could then go back to Managua or Granada for the remaining two free nights.

Plans and team members are coming together nicely. We have the largest group from our club ever going to an eye and dental mission. The slate of travelers is full. There are 22 ready to serve in Nicaragua. We can not accomodate any additional travelers. Here is the team -

Ezbon Jen, Dr Steve Davis, Dr Rich Sellman, Dr Bill Conklin, Dr Kurt Mitchler, Danika Zold (med student friend of Ezbon's), Arlene Schaeffer (dental assistant of Dr Sellman), Daniel Castro (John's son-in-law and a Nicaraguan), Ivan Chang (past president of our Elsie Allen Interact Club), Sharon Buntain (Dr Mitchler's wife), Bob and Nancy Aita, Rich and Betsy Randolph, Steve and Kathleen Amend, Steve Herron, Vicki Lockner, Steve Zwick, Tom and James Eakin, Jim Gray and John Jones.

Departing early morning February 4th and returning late on the 12th. We will be working in the jungle and villages in the Sabalos region of Nicaragua. Google Sabalos and then imagine a 1-2 hour 4WD ride into

the jungle southeast of Sabalos and there your Rotarians will be serving!

Please contact John Jones with questions and for additional information.

Fireside Chat

by Bridges, Max

Kunde Winery on January 26



Thursday 26th of January the club will have a social event at Kunde Estate Winery, 9825 Hwy 12 in Kenwood, the time is 5:00 - 7:00. Every one is welcome so bring your better halves.

More News from RI

by Max Bridges

Rotary celebrates India's first polio-free year

Rotary club members worldwide are cautiously celebrating a major milestone in the global effort to eradicate polio. India, until recently an epicenter of the wild poliovirus, has gone one year without recording a new case of the crippling, sometimes fatal, disease.



Rotarians and state government leaders in Jaipur, Rajasthan, India, vaccinate children against polio during a National Immunization Day in 2011.

India's last reported case was a two-year-old girl in West Bengal State on

13 January 2011. The country recorded 42 cases in 2010, and 741 in 2009.

A chief factor in India's success has been the widespread use of the bivalent oral polio vaccine, which is effective against both remaining types of the poliovirus. Another has been rigorous monitoring, which has helped reduce the number of children missed by health workers during National Immunization Days to less than 1 percent, according to the World Health Organization (WHO).

Rotary has been a spearheading partner in the [Global Polio Eradication Initiative](#) since 1988, along with WHO, UNICEF, and the U.S. Centers for Disease Control and Prevention. The Bill & Melinda Gates Foundation is also a key supporter of the initiative.

Sporting their signature yellow vests and caps, the nearly 119,000 Rotarians in India have helped administer vaccine to children, organize free health camps and polio awareness rallies, and distribute banners, caps, comic books, and other items.

"With the support of their Rotary brothers and sisters around the world, Indian Rotarians have worked diligently month after month, year after year, to help organize and carry out the National Immunization Days that reach millions of children with the oral polio vaccine," says RI President Kalyan Banerjee, of the Rotary Club of Vapi, Gujarat.

"The achievement of a polio-free India for a full year is a significant step towards a polio-free world -- an example as to what can be accomplished no matter what problems need to be overcome," says Robert S. Scott, chair of Rotary's International PolioPlus Committee. "Rotarians of India are and should be proud of the key efforts they have made at all levels, without which the world would not be marking this milestone."

Deepak Kapur, chair of the India PolioPlus Committee, also credits the Indian Ministry of Health and Family Welfare for its commitment to ending polio. To date, the Indian government has spent more than US\$1.2 billion on domestic polio eradication activities. "Government support is crucial if we are to defeat polio, and we are fortunate that our government is our biggest advocate in this effort," Kapur says.

"Marching ahead, the goal is to sustain this momentum," he adds, describing as potentially "decisive" the upcoming immunization rounds this month and in February and March.

If all ongoing testing for polio cases recorded through 13 January continues to yield negative results, WHO will declare that India has interrupted transmission of indigenous wild poliovirus, laying the groundwork for its removal from the polio-endemic countries list, which also includes Afghanistan, Pakistan, and Nigeria. However, because non-endemic countries remain at risk for cases imported from endemic countries, immunizations in India and other endemic and at-risk countries must continue. Neighboring Pakistan, which has reported 189 cases so far for 2011, is a major threat to India's continued polio-free status. Last year, an outbreak in China, which had been polio-free for a decade, was traced genetically to Pakistan.

"As an Indian, I am immensely proud of what Rotary has accomplished," Banerjee says. "However, we know this is not the end of our work. Rotary and our partners must continue to immunize children in India and in other countries until the goal of a polio-free world is finally achieved."

For more information:

- Learn about [Rotary's efforts to eradicate polio](#)
- See a [video](#) about what it takes to eradicate polio
- Help [End Polio Now](#)

Remember the Pictures

by Bridges, Max

Check Out the Pictures from the Weekly Meetings!



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the website's photo journal called "**Meeting Sightings**"

Thanks for all the great pictures Warren and Steve!

[Link to Meeting Sightings](#)

Additional photos may be found on the [SR Sunrise Facebook Page](#).

Dave's Commitments

From: Rotary Club of Santa Rosa Sunrise [mailservice@clubrunner.ca]
Sent: Sunday, January 22, 2012 7:29 PM
To: Dave Lorenzen
Subject: Rotary - Santa Rosa Sunriser!! - Jan 22, 2012



Rotary Club of Santa Rosa Sunrise Santa Rosa Sunriser!!

Sunday, January 22, 2012

[Club Web Site](#)

Hello Dave! This email has been generated just for you as a member of our club. We hope you enjoy receiving this newsletter!

Editor: [Max Bridges](#)

If you have any comments or questions, email the editor.

The January 26th. Program is.....

by Bridges, Max

Future Speakers

Jan 26 2012

[SMART General Manager or Senior Board Member](#)

"Update and Insight into the Sonoma/Marin Area Rail Transit Project"

Feb 9 2012

[Dirk Gibson, Adventure Guides](#)

"Rafting and Fishing Idaho's Middle Fork of the Salmon River"

Feb 16 2012

[Bruce Kyse or Paul Gullixson--Press Democrat](#)

"Sale of the Paper"

Feb 23 2012

[Woody Hastings and Dick Dowd](#)

"Renewable Energy Implementation--Climate Protection Campaign"

Jake Mackenzie, SMART Director



Update on Sonoma-Marian Area Rail Transit (SMART)



Upcoming Events

[SCARC](#)

Jan 26 2012

[Fireside Chat](#)

Jan 26 2012

[Nicaragua trip](#)

Feb 3 2012 - Feb 12 2012

[BOD meeting](#)

Feb 14 2012

[SCARC](#)

Feb 23 2012

[Progressive Dinner](#)

Mar 24 2012

Jake has spent 15 years on the Rohnert Park City Council, currently serving as Mayor for the 4th time. During this time he has been on Association of Bay Area Government's (ABAG) Regional Planning Committee, the Bay Area Water Forum, and at this time Jake is on the Metropolitan Transportation Commission (MTC)... all involved with Regional Governance. In addition to these assignments, Jake has served as a Director on the Sonoma Marin Area Rail Transit (SMART) District for 8 years.

His work on these boards and commissions as well as his work as VP for Public Policy with Greenbelt Alliance & Vice Chair for Government Relations with the Local Government Commission has shaped his views on the current issues at stake, such as the Sustainable Community Strategy (SCS) under SB 375 as it is implemented in the 9 County Bay Area.

Mackenzie was a US EPA Pesticide Regulator for 30 years working on Federal, State and Local Government relations.

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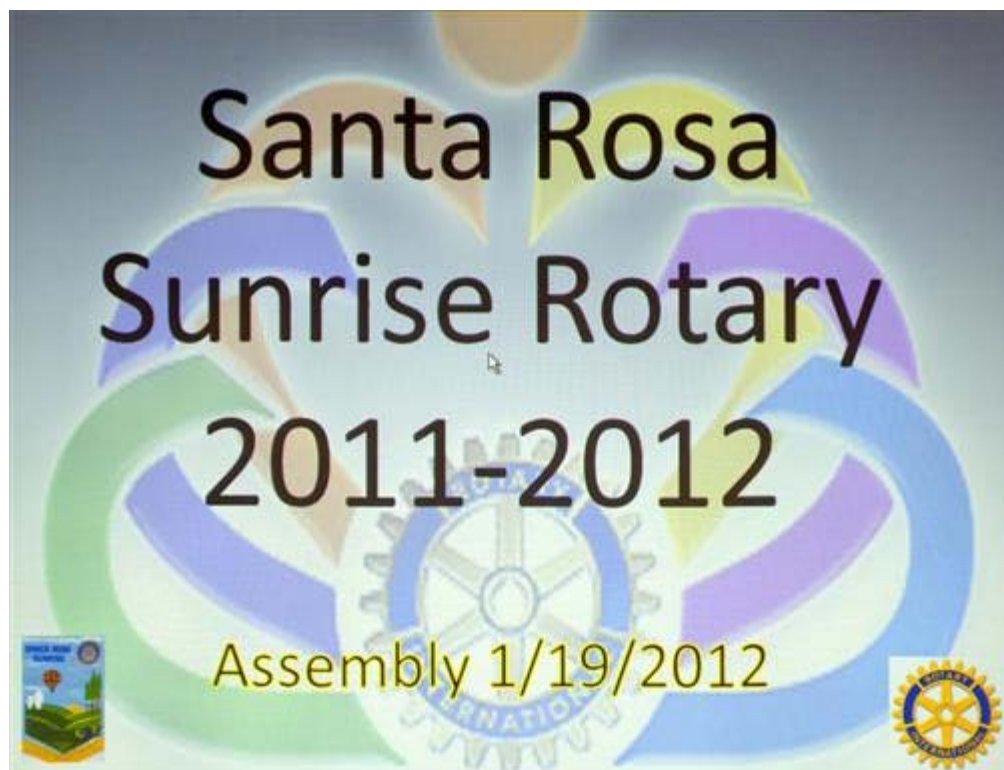


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Club Assembly

by Hauck, Linda

Mid-Year Review



President Jim proudly announced that we surpassed our minimum goals for fundraising and we have additional funds to support our "B Budget" with an additional \$10K in donations. In addition, the club has some excess funds to donate and there was some discussion about the fact this is fundraising money and appropriate spending of these funds is under discussion. Additionally, there is \$77K deposited with Morgan Stanley that is the equivalent of one year's commitment to fundraising to be held in reserve.

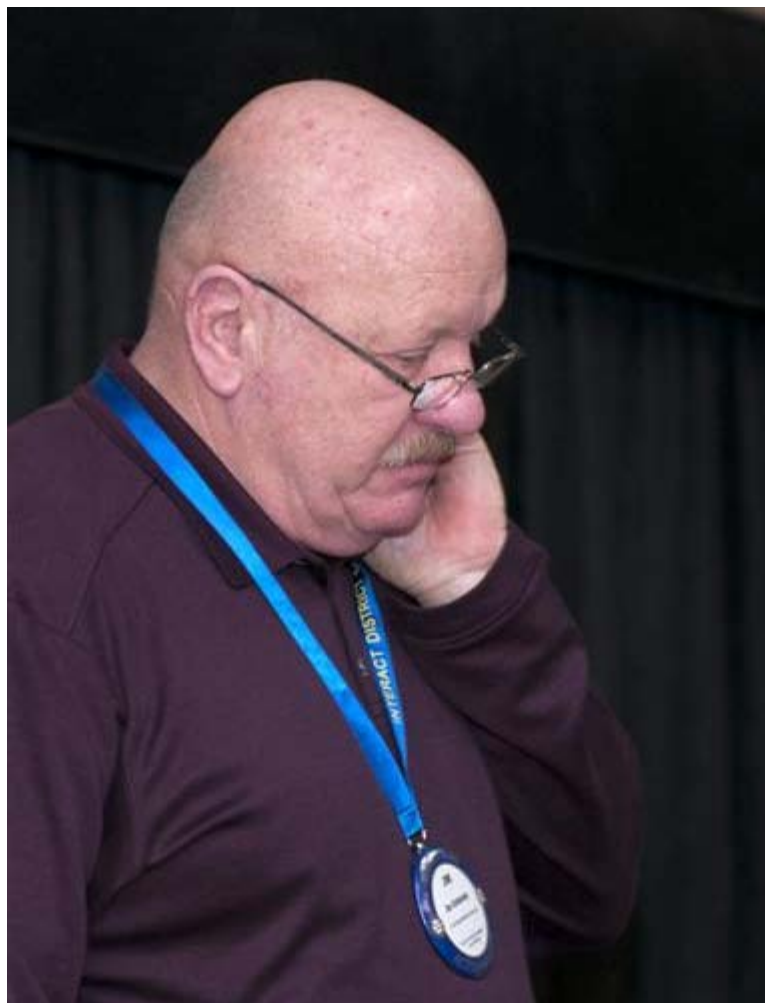
One of the projects underway supports the Ceres Project. They have recently remodeled the kitchen and they wish to purchase new soup making equipment. Currently Ceres supports 48 to 55 families each month. That is anticipated to grow to 50 -70, possibly up to 85. Doli is working on raising the necessary funds of \$12K for the equipment. Right now the club has committed \$4,000, a private donor has committed \$4,000 and the remainder is expected to come from Santa Rosa East, Santa Rosa West, Sebastopol Sunrise, and Sebastopol Rotary Clubs. Doli anticipates finalizing the commitments over the next 10 days.

Frank Cercone updated us on the Foundation donations and we have made some great improvements over the past few months. Jim's goal is \$10,500 for the year. So far, we have raised \$7,700 inclusive of Polio Plus and dedicated funds.

Our major club project is the Nicaragua Clinic in Sabalos. Steve Zwick presented the floor plan for the 2,000 SF surgery clinic projected to cost

\$85K. Much effort is underway to raise the necessary funds, particularly from sources in Nicaragua estimated to contribute 15% - 20%. The San Juan Rio Relief Foundation which is a 501-C3 nonprofit is strongly in support of this project. Our club is committed to donate \$20K. Not only is the construction project under development, but much needed medical equipment is being sought. John Jones has some health and medical suppliers who can provide equipment, but arranging for shipments to Nicaragua can be a challenge. Rotary Foundation will provide matching grants for equipment but not for construction. Other clubs who may participate include Windsor, San Francisco and Sebastopol.

Other projects receiving donations include Kids Street Garden, Kid Scoop Magazine and SRJC Prosthetic Engineering Project.



News from Rotary International

by Max Bridges

Rotary clubs worldwide meet US\$200 million fundraising challenge



Jeff Raikes, chief executive officer of the Bill & Melinda Gates Foundation (left), shakes hands with Rotary Foundation Trustee John Germ during the fourth plenary session of the International Assembly

Rotary International has succeeded in meeting the Bill & Melinda Gates Foundation's US\$200 million match in funding for polio eradication, raising more than \$202.6 million as of 17 January.

"We'll celebrate this milestone, but it doesn't mean that we'll stop raising money or spreading the word about polio eradication," Rotary Foundation Trustee John F. Germ told Rotary leaders at the International Assembly in San Diego, California, USA. "We can't stop until our entire world is certified as polio-free."

The fundraising milestone was reached in response to \$355 million in challenge grants awarded to The Rotary Foundation by the Gates Foundation. All funds have been earmarked to support polio immunization activities in affected countries where the vaccine-preventable disease continues to paralyze children.

"In recognition of Rotary's great work, and to inspire Rotarians in the future, the [Gates] foundation is committing an additional \$50 million to extend our partnership," said Jeff Raikes, chief executive officer of the Gates Foundation. "Rotary started the global fight against polio, and continues to set the tone for private fundraising, grassroots engagement, and maintaining polio at the top of the agenda with key policymakers." Raikes also addressed Rotary leaders at the International Assembly.

The new \$50 million grant from the Gates Foundation is not a challenge grant.

Since 1988, the incidence of polio has plummeted by more than 99 percent, from about 350,000 cases annually to fewer than 650 cases reported so far for 2011. The wild poliovirus is now endemic in only four countries: Afghanistan, India, Nigeria, and Pakistan. However, India on 13 January marked a full calendar year without a case, paving the way for its removal from the endemic list.

But other countries also remain at risk for polio cases imported from the endemic countries. In Africa in 2011, Chad and the Democratic Republic of the Congo had significant outbreaks. Also in 2011, a small cluster of polio cases in China, which had been polio-free for a decade, was traced to Pakistan.

Rotary club members not only reached into their own pockets to support

the Gates challenge, but also engaged their communities in a variety of creative fundraising projects, such as a fashion show in California that raised \$52,000, benefit film screenings in New Zealand and Australia that netted \$54,000, and a pledge-supported hike through Kilimanjaro, Tanzania, that brought in \$38,000. Many events were planned around 24 October, widely observed as World Polio Day.

To date, Rotarians worldwide have contributed more than \$1 billion toward the eradication of polio, a cause Rotary took on in 1985. In 1988, the World Health Organization, UNICEF, and the U.S. Centers for Disease Control and Prevention joined Rotary as spearheading partners of the Global Polio Eradication Initiative. More recently, the Gates Foundation has become a major supporter. In 2007, the Gates Foundation gave Rotary a \$100 million challenge grant for polio eradication, increasing it to \$355 million in 2009. Rotary agreed to raise \$200 million in matching funds by 30 June 2012.

Reaching children with the oral polio vaccine in the disease's remaining strongholds is labor- and resource-intensive due to a host of challenges, including poor infrastructure, geographical isolation, armed conflict, and cultural misunderstanding about the eradication campaign.

For more information:

- Learn about [Rotary's efforts to eradicate polio](#)
- Read "[Rotary celebrates India's first polio-free year](#)"
- Check out the new [Rotary Voices](#) blog and get insider details from India National PolioPlus Committee Chair Deepak Kapur and Bill Gates of the Bill & Melinda Gates Foundation
- Help [End Polio Now](#)

Fireside Chat

by Bridges, Max



Kunde Winery on January 26



Thursday 26th of January the club will have a social event at Kunde Estate Winery, 9825 Hwy 12 in Kenwood, the time is 5:00 - 7:00. Every one is welcome so bring your better halves.

More News from RI

by Max Bridges

Folk singer turned peace fellow is changing the world



David LaMotte, a 2008-10 Rotary Peace Fellow, thanked Rotarians for supporting the Rotary Peace Centers

Rotarians who support the Rotary Peace Centers program are helping to change the world by investing in young people with a track record of good

works.

That's what David LaMotte, a 2008-10 Rotary Peace Fellow, told attendees at the International Assembly, a training session for incoming district governors. He thanked Rotary leaders for giving him the opportunity to broaden his skills and become part of the network of peace fellows.

Unlike many academic scholarships, LaMotte said, Rotary Peace Fellowships require applicants to be more than promising young leaders. "Rather, it targets people who are midcareer and already have a track record of doing good work."

He added that Rotarians "are making a big investment, and it is wise of you to make it carefully, in order to maximize the return. Based on the peace fellows I know, you have been choosing very well."

LaMotte described himself as an unlikely candidate for the program. A folk singer, he has performed 20,000 concerts on four continents and released 10 CDs. But because of his interest in working for peace, he took a break from his singing career to pursue a master's degree at the University of Queensland as a Rotary Peace Fellow.

"I never let go of my passion for peace," he said. "I continued to look for opportunities to learn and to contribute."

One opportunity had arisen in Antigua, Guatemala, in 2004, when he and his wife visited a school that served 218 children, with no running water. He was told that the facility did not have the US\$125 it needed for the water. Lacking government funding, the school relied on parents to raise money for basic necessities like electricity and plumbing.

That day, he said, he came up with the idea for PEG Partners. The nonprofit organization, which he directs as a volunteer, collects small donations, mainly at his concerts, to help schools in Guatemala. In the last two years, it has distributed almost \$100,000.

"That's not a lot of money in the United States, but it is a great deal in Guatemala," he said. "We built a one-room schoolhouse for \$2,500."

LaMotte conceded that when he'd told people he was suspending his musical career to pursue a master's in peacemaking, many scoffed at his desire to change the world. But, he said, "change the world" does not mean "fix the world."

"The fact is that you can't be *in* the world and *not* change it," he said. "Everything you do changes the world, whether you like it or not, and the small changes often add up to big ones. The question for us, then, is which changes we are going to make."

"What you're doing through the Rotary Peace Fellowship is leveraging change," LaMotte added. "This isn't about changing my life, though it certainly has. It's about changing the lives of everyone I can reach on your behalf."

- Learn more about [Rotary Peace Centers](#)
- [Make a donation](#)
- Read about the [2012-13 RI theme, Peace Through Service](#)
- See a video from the International Assembly about the [upcoming Rotary peace forums](#), which will be held in Hiroshima, Japan; Berlin; and Honolulu, Hawaii, USA, in late 2012 and early 2013.

Sunrise Rotary Dental and Eyecare Mission 2012

by Jones, John



Rio San Juan Region of Nicaragua

The club's largest eyeglass and dental team of 22 members is ready to head for Nicaragua departing early morning February 4th and returning late on the 12th. The group will be working in the jungle and villages in the Sabalos region of Nicaragua.



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Ezbon Jen, Dr Steve Davis, Dr Rich Sellman, Dr Bill Conklin, Dr Kurt Mitchler, Danika Zold (med student friend of Ezbon's), Arlene Schaeffer (dental assistant of Dr Sellman), Daniel Castro (John's son-in-law and a Nicaraguan), Ivan Chang (past president of our Elsie Allen Interact Club), Sharon Buntain (Dr Mitchler's wife), Bob and Nancy Aita, Rich and Betsy Randolph, Steve and Kathleen Amend, Steve Herron, Vicki Lockner, Steve Zwick, Tom and James Eakin, Jim Gray and John Jones.

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Please contact John Jones with questions and for additional information.

Still More from RI

by Max Bridges

Rotary is 'well on the way' to a new Foundation



William B. Boyd, Rotary Foundation trustee chair, gave incoming district governors an update on the Future Vision Plan

Halfway through the three-year pilot of the Future Vision Plan, Rotarians are designing innovative projects and providing valuable feedback that will help improve The Rotary Foundation's new grant-making model.

Rotary Foundation Trustee Chair William B. Boyd shared these and other highlights from the pilot during the International Assembly -- an annual training meeting for incoming district governors -- this week in San Diego, California, USA.

"We are on a Future Vision journey that will lead us to a new Foundation," said Boyd, noting that "we are well on the way."

Boyd said Future Vision is built on the principles of simplicity and sustainability, and a desire to involve districts, clubs, and Rotarians more in spending and stewardship.

Under Future Vision, the number of grant types is being streamlined from 12 to just two: global grants and district grants. [Global grants](#) support large international activities with sustainable impact in one or more of the six [areas of focus](#). [District grants](#) can be used for a wide range of activities that align with the [Foundation's mission](#).

All districts will begin using the new model on 1 July 2013. Boyd said that concentrating on the six areas of focus has been one of the chief advantages of the plan.

"We needed to lift ourselves above the multitude of little projects that felt good but addressed symptoms, not causes, and were too short-term in their benefits," he said. "We have finite resources and cannot do everything for everybody, but these are key areas in which Rotarians can make a difference. We can change the world."

Boyd described the service activities of District 5020 (parts of British Columbia, Canada, and Washington, USA), one of the 100 districts participating in the Future Vision pilot. Through a dozen global grants, district Rotarians have supplied schools in Kenya with books in English and Swahili, installed solar panels at schools in Peru and the Philippines, and furnished classrooms and washrooms at a vocational and literacy school in Honduras.

"We are seeing Future Vision re-energizing clubs, so that they are breaking from the cycle of doing last year's projects this year and again next year," Boyd said.

Boyd told incoming district governors that they can prepare for the global launch of Future Vision by closing old Matching Grant reports so they can focus on new projects, and by tapping resources like the [regional Rotary Foundation coordinators](#). He also encouraged them to think big, to keep pushing boundaries, and to avoid trying to fit old procedures into the new model.

"We are here to serve, and each one of us is a Rotarian because we know that our lives are measured by what we do for others and not by what we do for ourselves," he said.

During the assembly's third plenary session, Trustee Chair-elect Wilfrid J. Wilkinson also set out the Foundation's goals for 2012-13, which are eradicating polio, achieving *Peace Through Service*, strengthening the Foundation through the [Annual Fund](#), and providing good stewardship of Foundation funds at the district level.

For more information:

- [Read about the 2012-13 RI theme](#)
- [Learn more about Future Vision](#)
- [Read more about Rotary's work in eradicating polio](#)

Remember the Pictures

by Bridges, Max

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To: Dave Lorenzen
Subject: Rotary - Santa Rosa Sunriser!! - Jan 31, 2012



Rotary Club of Santa Rosa Sunrise Santa Rosa Sunriser!!

Tuesday, January 31, 2012

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Editor: [Max Bridges](#)

If you have any comments or questions, email the editor.

The February 2nd. Program is.....

by Bridges, Max

Future Speakers

Kim Bauriedel, MD

Feb 2 2012

[Kim Bauriedel, MD](#)

"Rotary in Siberia"

Rotary in Siberia

Feb 9 2012

[Dirk Gibson, Adventure Guides](#)

"Rafting and Fishing Idaho's Middle Fork of the Salmon River"

Feb 16 2012

[Paul Gullixson--Editorial Page Director at the PD](#)

"The Future of Newspaper Journalism (and the Press Democrat)"

Feb 23 2012

[Woody Hastings and Dick Dowd](#)

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Upcoming Events

[Nicaragua trip](#)

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[Progressive Dinner](#)

Mar 24 2012

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Dr. Bauriedel (right) discusses use of a hyperbaric oxygen chamber with a physician at a hospital in

Novosibirsk, Russia.

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Dr. Bauriedel is a native of Eureka and a past president of the Rotary Club of Eureka as were is father and grandfather. He led Rotary District 5130's Group Study Exchange Team to Siberia in the spring of 2001. As a result of that trip, he has helped coordinate over 40 projects with the Siberian Rotary Clubs; sending over \$2,500,000 of medical and other equipment to them.

In November 2011, Kim received the Rotary Global Alumni Service to Humanity Award from Rotary Zone 25.

Sile, Kim's wife of 31 years, is a native of Dublin, Ireland. They have one son, Thomas, who completed his master's degree at University College Dublin, Ireland.

Kim has also served in a variety of volunteer positions in the American Cancer Society and the Boy Scouts of America.

Kim and Sile resided in Ireland for from 2007-2010 and now have moved back to Eureka.

He will tell us about the history of Rotary in Siberia and the District 5130 projects there.

News from Rotary International

by Max Bridges

Rotary leaders are ready to build 'Peace Through Service' after International Assembly

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RI President-elect Sakuji Tanaka leads the flag procession during the opening plenary session of the 2012 International Assembly

on 16 January in San Diego, California

Incoming district governors left the 2012 International Assembly in San Diego, California, USA, equipped with new skills and ideas to develop stronger districts and clubs in 2012-13.

RI President-elect Sakuji Tanaka began the weeklong training event by asking the 530 governors-elect to build *Peace Through Service*.

"Peace, in all of the ways that we can understand it, is a real goal and a realistic goal for Rotary," Tanaka said. "Peace is not something that can only be achieved through agreements, by governments, or through heroic struggles. It is something that we can find and that we can achieve, every day and in many simple ways." [Read more](#)

Brian Beesley, governor-elect of District 9650 (Australia), said the theme is relevant to Rotarians of all ages and ethnicities, and that he'll apply it to help attract younger members.

Later in the week, Rotary Foundation Trustee John F. Germ told attendees that Rotary's Challenge had reached the US\$200 million milestone. Jeff Raikes, chief executive officer of the Bill & Melinda Gates Foundation, announced an additional \$50 million grant from the Gates Foundation, which is not a challenge grant, to extend the partnership.

"My biggest worry is that we aren't moving urgently enough to close that final 1 percent gap. We simply have to finish the job," Raikes said. "Rotary is a critical part of making that happen." [Read more](#)

Rotary Foundation Trustee Chair William B. Boyd discussed Rotary's progress on the Future Vision pilot, explaining that the new grant model will re-energize clubs by helping them focus on symptoms, not causes, and seek out projects with long-term benefits.

"We are here to serve, and each one of us is a Rotarian because we know that our lives are measured by what we do for others and not by what we do for ourselves," he said. [Read more](#)

Rotary Public Image Coordinator Jennifer E. Jones also addressed the district governors-elect, emphasizing the importance of telling Rotary's story in a compelling way.

"Your job this year is to motivate and inspire your fellow Rotarians, and it is through the power of your words that you can inspire someone to greatness," she explained.

Speaking at clubs is key, said Jones, who noted that effective presentations focus on the human story and make an emotional connection with the audience.

RI General Secretary John Hewko also spelled out five priorities for strengthening Rotary and putting it on the best footing for its second century.

"Rotary is an organization with an incredible history and there is no question that its best years are yet to come," Hewko said. "These five priorities, as well as many others, will strengthen our great organization and have a significant, positive impact down to the level of the club and individual Rotarian." [Read more](#)

Throughout the week, incoming district governors also participated in training sessions designed to give them the tools they need to create a stronger Rotary.

RI President Kalyan Banerjee provided attendees with his own tips for building stronger clubs, including serving as role models and leading as equals. He explained that leadership in Rotary means giving support -- not giving orders.

"To really succeed, you have to look past yourself, past your year, and into the long term, at the health of your community and our organization," Banerjee concluded. [Read more](#)

At the closing banquet, he encouraged district governors-elect to approach their year with peace in mind.

"All of you are leaving here as every district-governor elect should: determined to make your year in Rotary office the best year yet," Banerjee said. "You are leaving here as well with a great and noble goal: making 2012-13 a year of *Peace Through Service*."

For more information:

- Download [2012 International Assembly speeches](#) (PDF) or [order the DVD](#)
- Get [resources](#) from the 2012 International Assembly
- See [photos](#) of the assembly
- Watch [a video excerpt of the theme speech](#)

- Order [RI theme postcards](#) for your club



Our own PDG, Del, provides Prez-Elect Jennifer with the banner for her year from the International Assembly

SMART Update

by Bridges, Max

Jake Mackenzie



SMART Board of Directors



Director Mackenzie gave those present information on the history of the efforts leading toward the establishment of rail transit in Marin and Sonoma Counties and an update of the current activities of the Sonoma Marin Area Rail Transit District. He also outlined the future work needed and the anticipated schedule for completion of this work.

He also discussed the effort underway to qualify a ballot initiative that would repeal the local sales tax dedicated to SMART in Marin and Sonoma Counties.



Message from Foundation Trustee Chair

by Max Bridges



Our Foundation helps us help others



February 2012

A friend who is an Arch C. Klumph Society member recently sent me an email ending with words that remind us of why we support our Foundation. John began life in humble circumstances and became a successful businessman. Through our Foundation, he has shared that success with people who have no ability to help themselves. He said: "As someone who was born poor on a farm during the Depression, I can confirm that when you have nothing, a little bit goes a long way to help. I remember like it was yesterday those neighbours and relatives who helped our family of nine and gave us support and encouragement. In essence, this is our Foundation's mission."

Another quote that impressed me recently came from a Rotarian at a Rotary institute: "I joined Rotary for business and fellowship. I stayed to change the world."

For many of us, Rotary is our only way to change the world. As individuals, there is little we can do on our own, but when we join with our fellow Rotarians, we do make a difference. How we do that depends on where we are. If you are in a country with great needs, then you will be involved in identifying the needs of people and developing and implementing projects that will change their lives. If you are one of this generation who has been blessed with success, then you can help by making resources available. Our Rotary Foundation, in a sense, sits in the middle and makes the connection.

Our business model works, which is why we will in a few years celebrate 100 years of supporting Rotarians in making the world a better place. We have passed the test of time.

Sunrise Rotary Dental and Eyecare Mission 2012

by Jones, John

Rio San Juan Region of Nicaragua

The club's largest eyeglass and dental team of 22 members is ready to head for Nicaragua departing early morning February 4th and returning late on the 12th. The group will be working in the jungle and villages in the Sabalos region of Nicaragua.



Tentative schedule for the up coming trip is as follows:

1. We leave Santa Rosa the evening of Friday February 3.
2. Fly out of SFO early morning Saturday February 4.
3. Arrive in Managua between 930 and 11am (depends on which airline). Then fly to San Carlos and boat down to Sabalos Lodge.
4. Our mission efforts can either start on Sunday the 5th or Monday the 6th. If we want to do 4 full days of work, then we need to start on Sunday the 5th.
5. Leave the river on Thursday the 9th and head to San Juan del Sur for three nights of R&R. The other option would be to have a full free day down the river and tour El Castillo (very cute village on the river that has a spectacular fort built in 1650), hike and kayak. Great tarpon fishing on the river too. We could then go back to Managua or Granada for the remaining two free nights.

Plans and team members are coming together nicely. We have the largest group from our club ever going to an eye and dental mission. The slate of travelers is full. There are 22 ready to serve in Nicaragua. We can not accomodate any additional travelers. Here is the team -

Ezbon Jen, Dr Steve Davis, Dr Rich Sellman, Dr Bill Conklin, Dr Kurt Mitchler, Danika Zold (med student friend of Ezbon's), Arlene Schaeffer (dental assistant of Dr Sellman), Daniel Castro (John's son-in-law and a Nicaraguan), Ivan Chang (past president of our Elsie Allen Interact Club), Sharon Buntain (Dr Mitchler's wife), Bob and Nancy Aita, Rich and Betsy Randolph, Steve and Kathleen Amend, Steve Herron, Vicki Lockner, Steve Zwick, Tom and James Eakin, Jim Gray and John Jones.

Departing early morning February 4th and returning late on the 12th. We will be working in the jungle and villages in the Sabalos region of Nicaragua. Google Sabalos and then imagine a 1-2 hour 4WD ride into the jungle southeast of Sabalos and there your Rotarians will be serving!

Please contact John Jones with questions and for additional information.

Remember the Pictures

by Bridges, Max



Check Out the Pictures from the Weekly Meetings!



On a regular basis, our resident photo pros **Warren Smith** and **Steve Davis** submit pictures of what is going on at the weekly meetings. You can always find the most recent pictures at the websites photo journal called "**Meeting Sightings**"

Thanks for all the great pictures Warren and Steve!

[Link to Meeting Sightings](#)

Additional photos may be found on the [SR Sunrise Facebook Page](#).

Dave's Commitments