# Rotary Club of Canton Sat., Nov. 17 7am-11am. Health Screen & Wellness Fair!

Mercy Hall Auditorium, 1320 Mercy Drive NW, Canton, Ohio 44708

### Basic Panel of Tests\*: **\$40**

Basic Panel of screenings (CBC, CMP, lipid profile and Thyroid (TSH)) gives over 30 different results. Testing for: cholesterol • anemia • kidney/liver function

All testing will be provided by **Mercy Medical Center Laboratory Services.** To register in advance for these screenings, call the Canton Rotary at **330-452-2882.** To conveniently register online, visit cantonrotary.org. Canton Rotary accepts cash, check and credit card (VISA and MASTERCARD).

# OPTIONAL TESTSImage: colored systemA1C HEMOGLOBIN\$15PSA\$15VITAMIN D 25-Hydroxy\$48

#### Mercy Medical Center will also provide:

- FREE Additional Health Screenings
- Give-a-ways
- Educational Materials

#### Walk-in appointments welcome.



## WHY GET TESTED?

#### Basic Panel of Tests (\$40.00)

- **CBC** To determine your general health status; to screen for, diagnose, or monitor any one of a variety of diseases and conditions that affect blood cells, such as anemia, infection, inflammation, bleeding disorder or cancer.
- CMP To give your health care provider important information about the current status of your kidneys and liver as well as electrolyte and acid/base balance and levels of blood glucose and blood proteins; to monitor known conditions, such as hypertension, and to monitor the use of medications to check for any kidney- or liver-related side effects (A 12-hr fast is recommended for most accurate results.)
- Lipid Profile (Includes: Total Cholesterol, Triglycerides, HDL, LDL) – To assess your risk of developing cardiovascular disease (CVD); to monitor treatment; to assess the risk of developing heart disease.

Screening: for adults, every five years; for youths, once between the ages of 9 and 11 and again between ages 17 and 21 (A 12hr fast is recommended for most accurate results.)

• **Thyroid** – To screen for and help diagnose thyroid disorders; to monitor treatment of hypothyroidism and hyperthyroidism.

#### **Optional Tests:**

- A1C Hemoglobin (\$15.00) To monitor a person's diabetes and to aid in treatment decisions; to diagnose diabetes; to help identify those at an increased risk of developing diabetes.
- PSA (\$15.00) To screen men for prostate cancer (although there is currently no consensus about using this test to screen asymptomatic men for prostate cancer), to help determine the necessity for a biopsy of the prostate, to monitor the effectiveness of treatment for prostate cancer, and to detect recurrence of prostate cancer.
- Vitamin D 25-Hydroxy (\$48.00) To determine if you have a vitamin D deficiency; if you are receiving vitamin D supplementation, to determine if it is adequate.

Can't make the Canton Rotary Health & Wellness Screening event? No problem! Mercy Medical Center offers very low-cost glucose (blood sugar), total cholesterol and complete lipid profiles to the community at our off-site locations. For a complete listing of dates, times and locations, visit:

cantonmercy.org/low-cost-blood-screenings