



## ***TallGrass Soldier Box Project***

### **What is it?**

Since 2009, TallGrass has been collecting donations of personal care items, assembling care packages and shipping them in flat rate postal boxes to troops in Afghanistan. Contributions of items for the boxes are collected throughout the year and shipments are made twice each year, at Mother's Day/Father's Day and holiday time.

### **What's in a care package?**

- Toiletries, travel size and full size
- Combs and brushes, hair clips and headbands
- Shower shoes, flip flops
- Razors
- Cushioned shoe insoles
- Chapstick
- Q-Tips
- Feminine products
- Toothpaste, toothbrushes, floss
- Contact solution, eye drops
- Personal hygiene wipes
- Paperback books, decks of cards, small games
- For warm weather – sunscreen, bug repellent, cooling neck wraps
- For cold weather – socks, mittens, heat packs for hands and feet
- (no aerosols, no food items)

### **What's the most popular item in a care package?**

- Hand written notes and personalized greeting cards

### **How can you help?**

- Donate items now for the next shipment on NOVEMBER 9
- Contribute cash to help cover shipping costs
- Purchase Aveda travel size items from TallGrass at cost for donation to the project
- Write personal notes, holiday cards and ask your friends to write, too

### **How do the soldiers respond?**

- "Your generosity will make an immediate difference in the lives of the warriors here."
- "The women on this base are really enjoying your donations. They cannot get enough. The quality and thought put into the donations are amazing. You are making a difference."
- "It means a lot for our soldiers to receive these packages."
- "It's amazing how a little giving can cause so much joy."
- "We are defenders of the American people and it gives us great joy to receive gifts from our people."

### **Where to get more info?**

TallGrass Aveda Spa and Salon, 997 Upper Bear Creek Road, Evergreen CO 80439  
303-670-4444