

Must fill out registration form COMPLETELY to be listed in results. **Entry Type: (circle one)** Individual Group* Sex: **(circle one)** M F

Amount: _____ **Payment Type: (circle one)** Credit Card Check **Check #:** _____
(MAKE CHECKS PAYABLE TO: Lake Joe Pool 10K)

VISA/MasterCard #: _____ **Exp:** _____ **CVV #:** _____

Last Name _____ **First Name** _____

Age _____ **Date of Birth** ___/___/___ ***Group (school/business) Name:** _____

Address: _____ **Phone:** _____

City: _____ **State:** _____ **Zip:** _____

Email: _____

WAIVER: Entry invalid if not signed. In consideration of the acceptance of this registration entry, I, the undersigned, assume full and complete responsibility for any injury or accident, which may occur to me during the event or while I am on the premises of the event. I hereby release and hold harmless the Grand Prairie Metro Rotary, or any of the sponsors, promoters and all other persons and entities associated with the event or their agents or employees or otherwise. I will not enter and participate unless medically able and properly trained. I also know that although police protection will be provided, there may be traffic on the course route. I assume the risk associated with this event, including, but not limited to falls, contact with other participants, the effects of weather, and the conditions of the road. Fees are non-refundable. T-shirt size is not guaranteed. I have read the foregoing and certify my agreement by this signature, and my parent's or guardian's if under the age of 18.

Signature (parent or guardian if under 18): _____ **Date:** _____

PACKET PICK-UP SELECTION: I will pick up my packet at: GPISD/Lifeline The Runner Race Day

Mail completed entry with payment to: LAKE JOE POOL 10K; P.O. Box 530203; Grand Prairie, TX 75053

Events (select one):

- ___ 1-Mile 'Fun Run'
- ___ 5K Untimed 5K Run/Walk
- ___ Timed 5K Run
- ___ 10 K Timed Run

T-shirt Size (circle one):

Youth M Youth LG
Small Medium Large
XLarge XXLarge (add \$2)

All participants pre-registered
by September 30th will
receive a T-shirt.