



# FALL Weekly Reader

Volume 225, Issue 290, December 7th, 2017

The Plano Rotary Club  
www.PlanoRotary.com

## Residents' Health Clinic

### UPCOMING MEETINGS

**Dec 6**  
**HOLIDAY PARTY**  
Haggard Party Barn | 6:30p

**Dec 7**  
**Larry Flannery**  
"Tips Tricks and Traps of Traveling"

**Dec 14**  
TBD



### DECEMBER BIRTHDAYS

James Lowe	Dec 03
Nathan Barbera	Dec 09
Johnny Lewis	Dec 10
Jamee Jolly	Dec 13
Nancy Humphrey	Dec 19
Jim Cooper	Dec 23
Herbert Hoxie, Sr.	Dec 23



**Sainted Editor** wants to thank **John Caldwell** and **Hubert Aaron** for filling in for him while he and Pat were enjoying Paradise on Barbados. He also wants to acknowledge Hubert for being *Photographe du Jour* in *Scary Bob's* absence. (Hubert was lumbered with **Sainted Editor's** miniscule point-n-shoot, so don't hold any deficiencies in the photographs to his account!)



Prince of a Man, **Rick Horne**, greeted the Assembly at 12:15, calling upon **Blair Ritchey** for the Invocation and **Kelly Palmer** for the Pledge. **Maria Mott** was given credit for Greeting. Since **SERGEANT KRAMER** was AWOL (soon to be demoted to **PRIVATE KRAMER!**), Prince Rick did his honors. It was easy. There were neither Visiting Rotarians nor Guests.

Giving ample evidence of *Early Onset Senility*, Rick invited **Larry Flannery** to



execute (in both senses) the **JOKE OF THE DAY**. Larry begins, "*An Irishman, a Brit, and a Scot walk into a bar...*" (Auspicious, no?) They each order a beer, and, as luck and the dictates of ethnic jokes require, flies land, one in each beer. The Irishman quaffs it all down. The Brit carefully removes the offending insect and drinks. The Scot yells at the fly, "*Spit it out. SPIT IT OUT!*"

Undaunted, Rick announced the upcoming 6 December **Holiday Party** at **Rutledge's Party Barn**. The event carries a mandatory RSVP (but, since you're reading this on 12/7, you're too late). Department store gift cards may be brought in lieu of (or in addition to, if you're feeling generous) new coats.

The holiday meeting schedule would include 12/7 and 12/14 but no meetings for the rest of December. We would then meet the first Thursday in January, 1/4.



**Alex Johnson** sought three tutors for the Junior Achievement curriculum of six, once-a-week classes. **FLASH** endorsed the program saying that he had held it for some 5 years at *Wilson Middle School*. It teaches financial expertise.

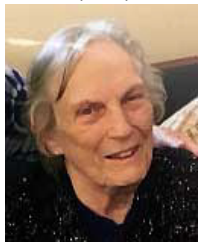
**Howard Matson** had occupied the check-in table, insisting that he was the "*prettier alternative.*" **Karen Sheldon** was seeing to the funeral arrangements for her father who has recently passed at age 88. A sympathy card was passed around.

**Chris Parr**, recently back from "*Paradise*," presented the club with 3 Barbados Rotary banners, accumulated in 3 days. He said he felt like a DG.

**Olin Jaye** arose to a thundering smattering of claps, saying, "*Hold your applause.*" Then, in response to an unresponsive microphone, he asked, "*Larry, can you hear me?*" To which **FLASH** replied, without a moment's hesitation, "*Yes. Unfortunately.*"



Olin was there to introduce the day's speakers, **Stewart Lovett** and **Stephanie Kessler**, both associated with *Julia's* CENTER FOR HEALTHCARE, currently operating out of the Church of Christ, 1026 Avenue F. The Center was named in honor of **Julia Grenier**, a nurse and Good Samaritan who was moved to assist those in need of medical and other assistance. Julia began by feeding the day laborers out of her car. The Healthcare Center spalled off our *Collin County Adult Clinic* when it became federally-funded and ceased to utilize volunteers. CCAC charges (nominal) fees for its services. *Julia's* CENTER does not.



Stewart introduced Stephanie, an RN who teaches at *TWU* and volunteers at the CENTER, which is adult-only at the moment and needs a larger space. It has seen 600 patients without medical insurance, and one of its challenges is translating the foreign languages spoken by its clients.



Stephanie began by challenging us with the **poverty rate** in 75074, Plano's eastside. We guessed higher than the actual **16%**. Next she wanted to know the percentage of employers offering **health insurance**; we guessed lower than the actual **45%**. Those figures combine to characterize her clients as "*the working poor*," housekeepers, car washers, construction workers, gardeners, restaurant staff, as well as day laborers. Few have health insurance. As a consequence, they come to the clinic as a last resort and only when they're "*very sick*."

She deals mostly with diabetes. The estimated cost of a year of treatment is \$10K. So the working poor are out of luck. (Furthermore, their obligatory diet of cheap, prepackaged foods creates conditions for the disease.)

*Julia's* CENTER is an **interfaith**, nonprofit at which "*no adult is turned away*." (It's not obvious what that means since faith-based hospitals don't turn away clients of different [or no] religions.)

And the assistance isn't one-sided. Clients have taken up collections to send a volunteer translator back to *UNT* to take up medical training!

Open hours are 5-7 pm on Thursdays. Clients must be resident without medical insurance. They needn't be citi-

zens, as one member vocally questioned...they need only reside in the city.

Sources of **income** include:

- Grants
- Volunteers
- Partnerships, and
- Patients who desire to pay.

**Expenses** include:

- Laboratory diagnostics
- Equipment
- Rent
- Utilities
- Medications
- Supplies, and
- FOOD & WATER.

High blood pressure vies with diabetes for their attention. The clinic has saved 2-3 lives over its tenure. It offers a Certified Specialist Nurse to teach patients about beating diabetes.

The costs of diabetes include:

- Home monitoring (blood glucose)
- Doctor visits
- Eye exams (with specialist for diabetic eye issues)
- Foot exams (circulatory failures)
- Laboratory tests, and
- Medications.

The clinic has even treated dementia in the Mexican mother of a client. They prescribed a medication readily

available at **Walmart** or  for \$4!

The CENTER's goals include:

- Increase funding
- Move to a permanent home
- Increase visibility and awareness
- Offer services more than once a week
- Expand services to other specialties.

One patient "*was so happy*" that "*he brought us dinner*."

Community partners include:

- Several area churches (*Gaston Episcopal* gave \$15K)
- Parker Global Foundation
- Nurse Practitioners Association
- Richardson Methodist Hospital
- *TWU* School of Nursing, and
- *Baylor* Nursing School

CCAC also "*sends patients to us*."



Most patients are referred to the clinic through the Church of the Nazarene on the east side. They come from “the poor end of the community.” With an average patient age of 50, they’ve become a senior clinic as well as a wellness center.

In response to a question about volunteer needs, Stewart said that space currently restricts the number of staff possible, but the clinic is in need of an administrator with the computer skills necessary to create a patient database. They could also do with the services of a CPA. (Olin wondered aloud where in the world they’d find one of those.) The clinic is looking at a 2,500 sq. ft. facility.

Prince Horne gifted them both with multiport chargers, led us in the Four-Way Test, and let us off for good behavior at 12:52.



✂

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Thank you Kenny Wilson

### The Plano Rotary Club

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## Guests & Visiting Rotarians

### Guest

None

### Visiting Rotarian

None

### Guest of

Home Club

## Proposed Members

### New Member

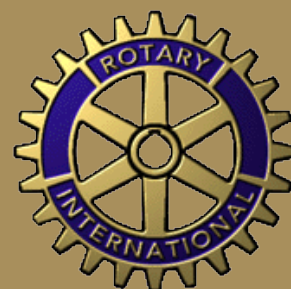
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