



WINTER Weekly

Volume 276, Issue 341, May 23rd, 2019

The Plano Rotary Club www.PlanoRotary.com

BE THE INSPIRATION 2018-2019

UPCOMING PROGRAMS

May 23d Ben Harris West Nile Disease can happen to Anyone Damn those Mosquitos

May 30th Judge Chris Hill State of the County Collin County update

June 6th NO NOON MEETING (1st Thursday of the month)



MAY BIRTHDAYS

Huffines, Samuel	May 01
Priest, John	May 05
Parr, Chris	May 06
Matson, Howard	May 11
Palmer, Kelly	May 20
Dean, Mary Jo	May 27





Yosemite Sam Center 🦼

DAY'S photographer was **Rick Horne**, who couldn't resist taking selfies. Well, that's overreach: A selfie...with **Sara Akers**. Of course, he was just testing out Sainted Editor's point'n'shoot. And, having figured it out, he went wild with shots, cap-

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tease **Olin Jaye**?

Carrolyn the Petite tolled the Great Bell of Rotary at 12:14, summoning **Blair Ritchey** for the Invocation and **Gary Garza** for the Pledge. She credited **John Priest** with Greeting. **SERGEANT NANCY** was present for her 2nd meeting in a row!!



NANCY warmed up the crowd with "*I*'m glad to see everyone's bright and shiny face." Then she talked **Howard Matson** into searching for his guest. He first tried to introduce **Maria Mott's** then was told it was **LaNell Morold** (to be inducted next



month). Olin fed wife **Mimi** and Sister-in-Law **Kate Huber**. **Jo Via** commented to Mimi, "I don't know how you do it!" to which Olin replied, "I'm a <u>saint</u>." Sainted Editor took umbrage.

At last, Maria got to welcome a Visiting Rotarian from Venezuela (always good to be from there as opposed to going to there), **Georges Przytulski**. Georges' Rotary



owns its own meeting building, and, as he rattled off in Spanish, they've opened a medical clinic with dialysis facilities. He told us that this is a crucial time for the Venezuelan people, and he hopes Plano is now his second home.



NANCY searched for what even she characterized as a "victim" of 3 Minutes of Fame. She settled on new member, **Dr. Varun Joseph**. His first car was a 2006 Mitsubishi Galant. Nancy countered with a vehicle from the '60s. His favorite band is any one that doesn't play country music. His weirdest job-related incident? "I'm a dentist; do you really want to know?" Relenting, he described what fear of dentists does to patients. One started at a strange



sound, worrying, "*I thought you got the wrong tube today.*" His TARDIS choice (as a Catholic) is to visit St. Peter's in Rome. Tattoos? No, he's "*afraid of needles*!" One thing we don't know is that he has a non-identical twin brother. At 6' 3", he's obviously non-identical.

The grilling ended when he was called to the podium to be inducted. That, of course, itself ended with a badge pinned by **FLASH**. Needle phobia was manifest.



Carrolyn the Petite honored Years of Rotary Service, giving the appropriate pins to **Blair Ritchey** (4), **Randy Langford** (4), **Cathy Fang** (9), **Paul Hernandez** (9), and **John Priest** (17).

Janis Allman gave us a Plano History Recitation to remind one, one supposes, of the pivotal positions occupied by Rotarians and their families in Plano. Janis' Mom, **Mary Kathryn Gordon**, was born in 1919 in Chicota, Lamar county, TX, one of six children, in a frame house, with no electricity or running water but boasting an outhouse. She married Janis' Dad, a pipe- and steam-fitter, in 1941. The family moved to Plano in 1953 where Mary found work as a switchboard operator at the GTE building on Avenue K. "*Operator. May I help you please*?" On Mondays and Tuesdays, she'd field calls from **Johnny Lewis, Rutledge Haggard**, and **E.A. Sigler**, then on the PISD School Board. On Wednesdays, she'd take calls from the **Brodheads**. On Thursdays, she'd hear from the Schells. On Fridays, she handled communications for Nathan White, Sr. In 1959, the prefix was WY5. It changed to 995 in 1960, and later it was 423. Mary was the last operator left in 2013. She passed away 22 January 2019 at the age of 99 and was laid to rest on a



red dirt hill 1/8 of a mile from that on which she was born on the home-place still owned by their family. Janis gave the Foundation a \$100 check in honor of her mother.

Judge Johnny stumped for RI Foundation, congratulating Jerry Aris for his Paul Harris Plus One and Carrolyn for her Paul Harris Plus Five! He asked if she's President for one more week. She averred, "No, two." And Jeff, wishful thinking, offered, "Maybe <u>three</u>?" Carrolyn continued the pitch, suggesting that all members should think about their Paul Harris contributions.

Olin Jaye trotted to the lectern, cheerfully announcing it to be **NATIONAL BEA DAT!** However, he was called upon to introduce the day's speaker, **Dr. Susan Hergenrader**, Manager of Recreation Services for Plano Parks & Rec. So she's the local **Amy Poehler**.



susieh@plano.gov 972-941-7261

Susan, a native of AZ, graduated from UA as its Top-Level College Gymnast. Seeing the light, she took her Masters and Doctorate at UTD. She is a graduate and Board Chair for Leadership Plano, and, as with others' classes, hers is "the Best Class Ever!" She's been with Park & Rec for over two decades, developing an Aerobat Gymnastics Program for the City. She is the Texas State Commissioner for Gymnastics! Her sphere of influence includes all of the Rec facilities in Plano; so she's the Boss of the Tom Muehlenbeck Center. (He'd be so proud.)

Olin started to list the many other facilities that Susan is heir to but gave up, saying, "Larry, these are lots of places we've been thrown out of!"

Dr. Hergenrader began with a history lesson. (There was a lot of that going around this noon!)

- 1984 Plano's first Senior Recreation Center opens
- 1997 new 21,361 sf Senior Recreation Center built
- 2009 Bond Referendum funding approved
- 2019 Grand re-opening of 30,691sf SJC
- \$7.5 million facility

Joe Hill "*helped dig up interest*" in the restoration of the facility. (Joe was a tireless volunteer for Plano, serving as photographer, co-chairing the Capital Improvements Program for the Senior Center.)



They've new digs thanks to a bond election which led to the following renovations:

- 9,000 additional square feet
- New cardio & weight room (2,800sf)
- New fitness class space
- Add'l dining space
- Reconfigured kitchen
- Additional classroom space for classes, seminars, meetings, etc.
- Additional parking
- New and updated restrooms
- Relocated and expanded Wellness Center for Older Adults

Susie asked rhetorically why **Sam Johnson** got the credit for the Senior Center. It was a PR move; "Seniors don't want to be called 'seniors." (unless discounts are involved). So the name was changed "to draw them in." **Rick Grady, Robin Reed**, and **Paul Gerber** constituted a naming committee



that chose the honor, and, presumably, hung the picture & plaque.



Susan introduced **Rainey Krev** (whose name means "**BLCOD**" in Czech, so close to Transylvania!) to carry on the presentation. Rainey llisted the expanded services now available due to the renovation. These include a computer classroom with instruction in Facebook, Excel, lesson in how to work devices, and more. There is an art room with lessons in watercolors, oil, jewelry, etc. A garden is available where herbs and veggies are grown for use in the café. And, in the atrium, Tai Chi is taught.

There is a ~3K sq.ft. Group Fitness room, holding up to 30 people, for tai chi, ballet, and fitness classes. And a lounge, where folk can read or write checks for bills, overlooks Harrington Park. Lockers are available for rent and the changing of clothes.

More natural light is available since the renovation. And for the 115 taking lunch from 11-12:30 M-F, they can have, for example, a meatball hoagie, chips, and a drink for \$5. Coffee is 75¢ (beating out McDonald's senior coffee). And the ballroom holds 900, but that was insufficient for the crowd on opening day.

The mission of the Sam Johnson Center is to "*enrich the lives of the City's adults 50+ by providing high quality recreational opportunities.*" This includes field trips to Ham's Orchard (Terrell, TX), Waco, and theaters as well as Zumba and Tai Chi. You can subscribe to a newsletter that chronicles the goings on.

The Center even rents out walkers and shower seats (thoroughly disinfected surely). It offers transportation and referrals as well as wellness and care counseling.

Susan told us that the 50+ demographic is the fastest-growing one in Plano. The median age in the City will be 45 by 2030.

John Caldwell mentioned that there is a Rec Center card that's good at the Sam Johnson Center. Susan said it was \$15 for residents and \$25 for non-residents.

Carrolyn the Petite offered our speakers our infinitesimally small USB drive, mentioned the Board Meeting to follow, led us in the Four-Way Test, and belled us gone at 1:03.





Proposed Member

Members please bring a guest with a serving heart

Plano Rotary Club Board of Directors 2018-2019

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Printing by Alphagraphics Thank you Kenny Wilson

The Plano Rotary Club P.O. Box 864316 Plano, TX 75086



Guests & Visiting Rotarians

Guest LaNell Morold Mimi Jaye Kate Huber

Visting Rotarian Georges Przytulski **Guest of** Howard Matson Olin Jaye Olin Jaye

Home Club Venezuela

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Proposed Member: LaNell Morold Proposed by: Randy Wright Classification : Management Consultant - Property Acquisition

LaNell is the President & CEO of Morold & Associates which is an operations and performance consultant firm that works with title, real estate, and mortgage companies; as well as, oil companies and sales organizations. She and her husband have lived in Plano over 35 years. They have a grown daughter, son in law, and 3 grandchildren. She also has a non profit rescuing abused women and children and those affected by human and sex trafficking, and are active in their church.