

## The Richardson Rotary Club

Chartered 1938

(972) 725-7150 ext. 802 Meetings @ Noon Monday info@richardsonrotary.com

### Monday's Program - January 13, 2025

**Dr. Arnold Stokol, Optometric Glaucoma Specialist**

**"What's Good for your Heart is what's Good for Your Eyes"**



**January 13, 2025:**

Dr. Arnie graduated from Optometry School in South Africa in 1975 and completed his doctorate at the University of Houston in 1979. He holds a Texas Therapeutic Optometry license and completed all the theoretical and practical requirements to be certified as an Optometric Glaucoma Specialist.

Arnie opened his private clinic in Richardson in November 1981, having enjoyed 43 years of practice in the BEST of Texas communities.

His practice philosophy has always been based on the highest ethical standards and providing uncompromised professional care and optical services.

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### Meetings Coming Up Next:



**January 20, 2025: NO MEETING**

Martin Luther King Jr. Day!

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**January 27, 2025: Club Assembly**

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### Future Events:



**January 25, 2025**

There will be a Community Blood Drive from 1:30 PM until to 4:30 PM. The Carter BloodMobile will be at the Bike Mart parking lot, SE corner of Campbell & Coit.

The drive is supported by Richardson Rotary, Richardson East Rotary, Richardson Chamber of Commerce, and – new this time – we welcome Richardson YMCA.

This time of year, whole blood and blood products are especially needed. Please consider making a life-giving donation. Friends and family members are always welcome, too!

Please register to donate using [this link](#) to register.

[Learn More!](#)



### Flag Program

Sign up year-round. Subscriptions continue for a full calendar year and flags will be placed on each of the next five deployments. No matter when you sign up, you will receive five flag deployments. All for \$50/year!

The Club operates its Flag Program with the support of local Girl Scouts, Boy Scouts, and Jr. ROTC detachment members who share in the revenue. Net proceeds benefit Richardson Rotary Foundation's college scholarships (over \$500,000 committed to 93 recipients since 1983), plus various club-supported programs and charities.

- President's Day (3rd Monday in February)
- Memorial Day (last Monday in May)
- Independence Day (July 4)
- Labor Day (first Monday in September plus 9/11)
- Veterans Day (November 11)

Call us at (972) 725-7150 ext. 803

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#### Richardson Rotary Foundation



Consider an extra donation by recognizing your birthday with a check to your foundation. We appreciate you for your years of service in your community.

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