

Richardson
Rotary
Club



THE RICHARDSON ROTARY CLUB

CHARTERED 1938

(972) 725-7150 ext. 802

Meetings @ Noon Monday info@richardsonrotary.com

RICHARDSON ROTARY
INNOVATIVE | VIBRANT | GROWING

MONDAY'S PROGRAM - APRIL 7, 2025

DR. VICTOR MANUEL, DAOM, LAC
REGULATING YOUR NERVOUS SYSTEM

April 7, 2025:

Dr. Victor Manuel, DAOM, LAc

Regulating Your Nervous System



"Acupuncture and Herbal Medicine are vital components for a new age of health and wellness in the world. We cannot continue to pretend that bio-medicine of the West is the only way to solve the many problems of the world. My goal is to give evidence-based research and documentation that allows high quality analyses of the efficacy of Acupuncture and Herbal Medicine." -
Dr. Victor Manuel, DAOM, LAc (LinkedIn)

[Learn More!](#)

MEETINGS COMING UP NEXT:



April 14, 2025:

Kara Shrum, Senior Donor Relations Manager

Children's Advocacy Center of Collin County

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April 21, 2025: Methodist Richardson Medical Center

E. Kenneth Hutchenrider, Jr., FACHE;
President, Methodist Richardson Medical
Center

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UPCOMING EVENTS:

WILDFLOWER FESTIVAL

May 16th - May 18th
All Day!

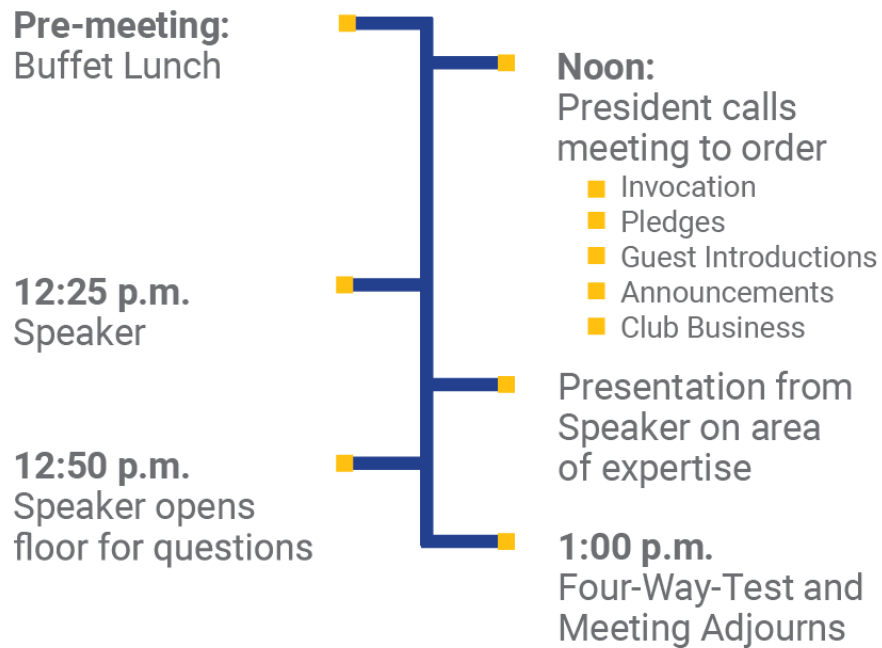
Click the link to learn more and sign up to volunteer!

[Sign Up!](#)



**VOLUNTEERING | NETWORKING | SOCIALS | LEADERSHIP DEVELOPMENT |
COMMUNITY ENGAGEMENT**

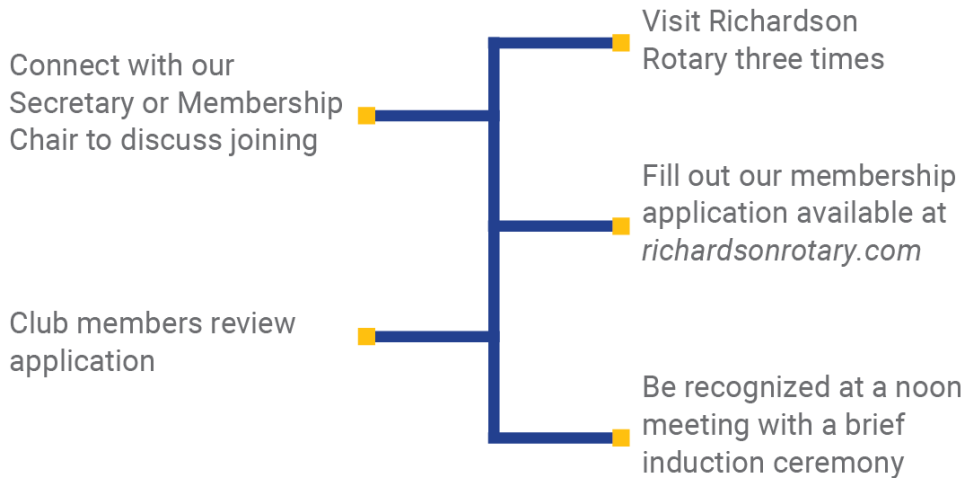
WHAT DOES A ROTARY MEETING LOOK LIKE?



RICHARDSON ROTARY

GET CONNECTED

HOW DO I BECOME A ROTARIAN?



FLAG PROGRAM

Sign up year-round. Subscriptions continue for a full calendar year and flags will be placed on each of the next five deployments. No matter when you sign up, you will receive five flag deployments. All for \$50/year!

The Club operates its Flag Program with the support of local Girl Scouts, Boy Scouts, and Jr. ROTC detachment members who share in the revenue. Net proceeds benefit Richardson Rotary Foundation's college scholarships (over \$500,000 committed to 93 recipients since 1983),



plus various club-supported programs and charities.

- President's Day (3rd Monday in February)
- Memorial Day (last Monday in May)
- Independence Day (July 4)
- Labor Day (first Monday in September plus 9/11)
- Veterans Day (November 11)

Call us at (972) 725-7150 ext. 803

[Learn More!](#)

BIRTHDAYS & ANNIVERSARIES

Member Birthdays

J.D. Grimm
February 9

Kay Eggleston
February 11

Ken Bell
February 18

Spouse Birthdays

Laura Lemons
February 2

Jean Stokes
February 24

Join Date

Jim Adams
February 1, 1984

UPCOMING EVENTS

2025 Trash Bash & Richardson Replants

First United Methodist
Church

Mar 29, 2025

8:30 AM – 1:00 PM

[View entire list](#)

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Sergeant-at-Arms
[Shohn Rodgers](#)

41 years

Jeff Griffin

February 4, 2019

6 years

Scott Belsley

February 5, 2018

7 years

Mark Nelson

February 28, 1997

28 years

Immediate Past
President
Rebecca Poynter

Club Service
Stacey Davis

Community Service
Ginger Mayo

Flag Chair
Ginger Mayo

International Service
Radi AL-Rashed

Membership
Rebecca Poynter

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Mo Mohamed

Public Relations
Ben Jones

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**CLUB
INFORMATION**

**RICHARDSON
ROTARY CLUB**

SINCE 1938, THE

[Learn More!](#)

PERRYMAN FINANCIAL ADVISORY, INC.



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RICHARDSON ROTARY FOUNDATION



Consider an extra donation by recognizing your birthday with a check to your foundation. We appreciate you for your years of service in your community.

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AD SPACE AVAILABLE!



Interested in being a sponsor? Contact Samantha Mills - Editor/Publisher at Samantha.mills@cloveredgecreative.com

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SERVICE ABOVE SELF DISTRICT 5810 CLUB 1845

Mondays at 12:00 PM
Richardson IQ-HQ
1302 E. Collins Blvd.
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United States of
America

Phone: (972) 725-
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802
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to Club](#)

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