

Jayhawk Breakfast Rotary Club

Newsletter

Eastern Kansas District 5710

Fall 2023

JAYHAWK BREAKFAST ROTARY CLUB 2023-2024 BOARD

| | |
|----------------|------------------|
| President | Lindsey Slater |
| Pres.-elect | Michael Williams |
| Secretary | Matt Eichman |
| Treasurer | Jamie Lowe |
| Sgt.-at-Arms | Danny Freeman |
| Past President | John Robertson |

| | |
|--------------|-------------|
| Board Member | Annas Boyer |
| Board Member | Pat Brown |
| Board Member | Bernie Kish |

| | |
|-------------|---------------|
| Newsletter | Beth Rands |
| Web Manager | Bruce Roberts |

District 5710 Governor
Jenalea Randall, Rotary Club of Topeka South

Area 2 Governor
Jamie Lowe, Lawrence Jayhawk Rotary

Jayhawk Breakfast Club Rotary meets every Thursday, 7:00 a.m., at Maceli's, 1031 New Hampshire St.

THE FOUR WAY TEST

Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL to all concerned?

Jayhawk Breakfast
Rotary
Club



<https://www.jayhawkrotary.org>

Trivia Night 2023 Exceeds Goals



With 101 attendees, JBRC's annual Trivia Night on November 7, 2023, returned to pre-pandemic attendance levels and exceeded fundraising goals. Thanks to the generosity of JBRC members, event sponsors, and attendees, Trivia Night 2023 raised a net total of \$18,36.97.

The one place we fell short was answering questions correctly: The winning team, Shut Up Liver You're Fine, answered 78% correctly. They just missed the 80% goal, but they stood well above the crowd's average of 67.8%.

Raffle winners were evenly split between JBRC members and guests, with 5 prizes going to each. One especially lucky guest

won two baskets.

All of the results and lots of photos are on pages 2-3. These and other photos from Trivia Night can be seen and downloaded from the Club's Google Drive:

https://drive.google.com/drive/folders/19z47L0cr55krS9UHxE_DCmoa7Jwwxrj7?usp=share_link



Top: Christy Blanchard set the bar high for Trivia Night pitches- and it worked! The Gift Cards were the top fundraiser.
Bottom: Winning trivia team "Shut Up Liver, You're Fine."

Trivia Night, cont.

Basket results

International Food: 42 tickets.
Winner: Hossein Gerami

White Wine: 70 tickets
Winner: Tom Mulinazzi

Cocktails: 86 tickets.
Winner: Lisa Leroux Smith

Coffee: 87 tickets
Winner: Tony Kempf

Scotch: 99 tickets
Winner: Beth Rands

50/50: 109 tickets
Winner: Scott Kelly

Whiskey: 129 tickets
Winner: Brad Finkeldei

Red Wine: 132 tickets
Winner: Charles Mosley

Gift Cards: 176 tickets
Winner: Charles Mosley

Year of Flowers: 187 tickets
Winner: Heather Zebrowski

TOTAL: 1117 tickets

Sponsorships

Platinum Sponsors (\$1000)

Ameriprise Financial
Intrust Bank

Gold sponsors (\$500)

Stephens Real Estate, Inc.
Prairie Land Insurance
Stevens Brand
River City Chiropractic
Haase + Long
LMH Health
Peterson, Krische, Van Horn DDC
Rasmussen Adventure Club
Blanchard Psychological Services
Multi Studio
Edmonds Duncan

TOTAL RAISED

Sponsors: \$9,000

Entry fees: \$425

Donations: \$1,427

Opportunity points: \$1,580

Baskets: \$5,585

Raffle: \$550

Games: \$142

Expenses: - \$322.49

Net 2023 Proceeds: \$18,386.97

Grand total for all

Trivia Nights: \$150,144





Link to more Trivia Night photos: https://drive.google.com/drive/folders/19z47L0cr55krS9UHxE_DCmoa7Jjwwxrj7?usp=share_link

MEMBER UPDATES



Jill Ice and Pat Roach Smith (above) and Sabrina Buchanek (right) ring the bells for Salvation Army on December 2.



October Polio Plus Campaign

During the month of October, 35 JBRC members donated to the Polio Plus campaign. The running total for Rotary year 2023 is \$13,180.

Rotary Serving Veterans

Serving Those Who Have Served: Helping Rotarians Better Serve Veterans. A guide for individuals and clubs by the Rotary Club of Napa.

<https://www.dacdb.com/Rotary/Accounts/5130/Downloads/395/196708%20Rotary%20Veterans%20Guide%20Booklet.pdf>

Rotary Club of Minnesota Veterans- The first veterans' focus club.

<https://rotarymnaveterans.org>

Rotary Fellowship of Military Veterans (Facebook Group)

<https://www.facebook.com/groups/rotarianveteranfellowship/>



Paul Harris Awards

John Clinger: Paul Harris +1

Marc Cottrell: Paul Harris +4

Stan Rasmussen: Paul Harris +5

OCTOBER - DECEMBER FEATURED SPEAKERS

October 5: Andrew Holt, Downtown Lawrence Inc. Andrew became Director of DLI in 2023, coming from Yakima, WA. DLI recognizes Lawrence is fortunate to have a thriving downtown, and the goal is to keep it that way. Quarterly meetings on final Fridays are open to the public. This fall, DLI was hosting a members-only town hall on homelessness, bringing in national experts from places that have had some success. Residents who are not downtown business owners can participate in public meetings or join Friends of Downtown Lawrence Inc.

<https://www.downtownlawrence.com>

October 12: Derek Kwan, Lied Center. As Director of the Lied Center, Derek has a true love and enthusiasm for the Lied Center. Their strategic plan, "Jayhawk Rising," includes 10 objectives, including: student success; Jayhawk Live (pop up performances), student employment (which addresses student debt through employment); creating a healthy and vibrant community; service to local community, and research and discovery.

Ongoing goals of the Lied Center include strategically and intentionally engaging artists that will help KU as a whole; increasing community interactions; increasing civic engagement, and supporting KU's major grants and academic efforts.

<https://lied.ku.edu>

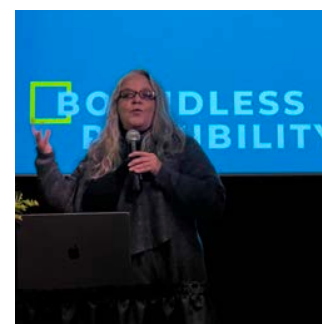
October 19: Taylor Overton, Black:30. Taylor founded Black:30 after returning to her hometown of Lawrence to empower minority business owners through community engagement and development opportunities. This fall, they hosted a City Commission candidate forum and a BIPOC (black, indigenous, and people of color) entrepreneur listening session.

<https://black30.org>

October 27: Dr. Kay Crider, Polio survivor. Dr. Crider shared her journey with polio, which she contracted as a child. Her symptoms were mild through childhood and young adulthood, but she developed Post Polio Syndrome (PPS), making walking difficult. Polio results in loss of muscle neurons and degeneration. It is not unusual for symptoms of polio to take 20-35 years to present. Polio affects 300,000 people in the United States. Dr. Crider's recommendations for PPS are to use assistive devices, maintain a healthy weight, medication therapy, yoga, avoid overuse of affected limbs, and monitor for depression.

November 2: Debbie Harman & Michelle Fales, Junior Achievement. The mission of Junior Achievement of Kansas is to inspire and prepare young people to succeed in a global economy. The local JA connects trusted community volunteers with students in graded K-12 to share lessons in topics such as budgeting and career options. Learn more at:

<https://jausa.ja.org>



October to December speakers, left to right, top to bottom: Andrew Holt, Derek Kwan, Taylor Overton, Kay Crider, Debbie Harman, Michelle Fales, Bernie Kish, Curtis Marsh, Shania Lopez-Cabrera.

Speakers, cont.

November 9: Bernie Kish, Tribute to Veterans. Bernie shared his annual Veterans' Day *in memoriam* tribute to veterans of WWII, Korea and Vietnam. Bernie highlighted well known sites around Lawrence that are memorials to veterans. He also shared the story of Ernie Pyle, who followed soldiers into the trenches of WWII. The story is detailed in Pyle's 1944 book *Brave Men*.

November 16: Curtis Marsh, KU-Phoria. Curtis has a new book called *KU-Phoria*, which is full of stories "every KU fan needs to know to prove to non-believers that our school is better than yours." Curtis shared the history of the KU Info hotline, as well as

several fun facts. One example: The Jeanette, PA school district stole the laughing Jayhawk logo for their own use - minus the KU on its chest - just like JBRC.

December 7: Shania Lopez-Cabrera, Mental Health First Aid. Shania shared some of her own experiences, current studies, and recent certification in Mental Health First Aid. It is a much needed program nationally and in Kansas, where death by suicide exceeds national rates. Shania has set up a **Mental Health First Aid class for Rotarians and family members on Tuesday, Feb. 27th, 9-3:30 at Arterra. Registration is \$30.**

<https://www.bertnash.org/event-details-registration/adult-mental-health-first-aid-lawrence-area-rotarians-class>

Message from Agnes Phoebe Muyanga

Agnes Phoebe sent this message to our club on November 30, along with several photos:

"I bring you and the Jayhawk Breakfast Rotary Club family greetings from the Rotary Club of Dar es Salaam Sunset, located in Dar es Salaam, Tanzania. Rabson Bwanali is the current Club President.

I have attached a few of the pictures, including the exchange of club banners, the 2023 Rotary Foundation dinner and the view of the Sunset over the Indian Ocean during our weekly meetings. I will deliver the banner when I return to Kansas next year. Thank you all, and Happy Holidays to the JBRC members."

Kind regards,

Agnes Phoebe



PARTING SHOTS...



Sunset over the Indian Ocean in Dar es Salaam, Tanzania. Photo by Agnes Phoebe Muyanga.



Rotary bench in Selma, AL, where thousands of people visit every year to walk across the Edmund Pettus Bridge, seen in the background. The Bridge was famously crossed by Dr. Martin Luther King, Jr., and thousands of others during the 1965 Voting Rights campaign. Photo by Beth Rands.

Holiday Break
No meetings on
December 20 & 27.
See you in the new year!



Festive mules strutted their stuff in Lawrence's Old Fashioned Christmas Parade. Photo by Sabrina Buchanek.