

President—Barry

Spoke Newsletter

Wednesday March 28, 2018

Attendance: 27 (60%) Attendance with make ups: 28 (62%)

Program Wednesday, April 4, 2018

Neal Nicolaus NO CHILD SHOULD GRIEVE ALONE

Program by Charles Erickson

Program Wednesday, March 28, 2018

Teresa Harms & Angela Boule—Clinic with a Heart

Program arranged by Rachel Martin



Angela Boule Teresa Harms

Our mission today: A faith-inspired organization, Clinic with a Heart serves the uninsured and underinsured through a ministry of healthcare. Our volunteers provide free healthcare with *hospitality, dignity and grace*. As part of our commitment to our patients we serve as a gateway to other human service agencies helping them in finding an appropriate healthcare home.

Our story began in 2002. Marking the end of a grueling, yet motivating week providing free healthcare to a disadvantaged population in Reynosa, Mexico in 2002, Dr. Rob Rhodes and volunteers from St. Mark's United Methodist Church pondered the end of their medical mission and related it to home: "If we can provide free healthcare in Mexico, why wouldn't we provide free healthcare in our

own backyard?" Verifying the need, the inspired and motivated team embarked on a mission to provide free healthcare in Lincoln, Nebraska. Clinic with a Heart was officially sanctioned as a non-profit organization and opened its first free healthcare clinic in May, 2003.

Collaborating with then Lincoln Action Program (now-Community Action), the volunteers cared for 19 patients the first night. Today, Clinic with a Heart continues to serve the uninsured and underinsured in our community with hospitality, dignity and grace. Our free clinics are held every Tuesday and Thursday, and the first and fourth Monday of the month. Services have grown to include medical, dental, vision, hearing, physical therapy, chiropractic, mental health and spiritual care. As an urgent care clinic, we strive to serve as a gateway to various human service agencies in our community helping our patients find permanent healthcare homes.

All services provided at Clinic with a Heart are free of charge to the patient. All funding is provided by community donations, fundraisers, grants, and partner sponsorships.



A Rotary Thank You to Teresa Harms for an excellent presentation about "Clinic with a Heart" and what it offers to the citizens of Lincoln.

***Lincoln East Rotary Club
Meetings at Valentino's—70th & Van Dorn
Noon Luncheon starting @ 11:45 a.m.***

March 28, 2018

Services We Provide

We provide the following services.

- ◆ Medical (1st Monday of the month, every Tuesday, and Thursday)
- ◆ Dental (every Tuesday)
- ◆ Vision (on the third Tuesday and the third Thursday of each month)
- ◆ Hearing (on the third Thursday of each month)
- ◆ Physical Therapy (on the fourth Monday of each month)
- ◆ Chiropractic (on the 1st Monday of the month and the 2nd and 4th Thursday of each month)
- ◆ Mental Health (every Thursday)
- ◆ Spiritual Care (at most clinics)

Service Statistics in 2017

3,020 visits were provided to **2,581** patients at clinics sponsored by **11** mission team sponsors.

93% of our patients did not have insurance.

60% of our patients were unemployed.

68% of our patients had household incomes of less than \$16,000 a year.

16% of our patients were homeless in the last year.

44% of our patients would have gone to the emergency room if not for Clinic with a Heart.

77% of patients were over the age of 18; **23%** were under the age of 19.

68% of our patients spoke English as their primary language; **17%** Spanish. Patients spoke **25** other languages. **8%** of our patients could not speak English at all.

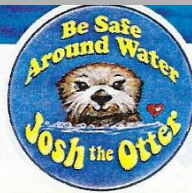
636 volunteers donated **10,968** hours of service to care for patients.

WHY....A free healthcare clinic. We do this because it is the right thing to do. Our faith, our humanity, our compassion drive us to help people in need.

All Lincoln Rotary Clubs will convene to honor Olsson Associates as the 2018 Salute to Business recipient on Tuesday, April 17th. Please join Rotarians from across the city to celebrate the contributions Olsson makes as a major employer in the Capital City. Tickets are available for purchase for \$35.



Lincoln East Rotary Club will not meet on Wednesday, April 18, 2018



10TH ANNUAL JOSHUA COLLINGSWORTH MEMORIAL BENEFIT DINNER AND AUCTION



This year marks the 10th year anniversary for our Foundation and the loss of our son Joshua. In honor of Josh and our commitment to prevent childhood drownings, we have some big plans in the works.

This April, we will be opening a new facility in Lincoln, which will serve as the first Float 4 Life national training facility. In addition to offering more infant and toddler swim lessons locally, we will train individuals from all over the country who want to become certified in Float 4 Life technique.

On behalf of the entire Joshua Collingsworth Memorial Foundation (JCMF) Children's Charities family, we want to thank you for being a partner with us. Your donation to our annual benefit dinner and auction last spring has made a significant impact on our ability to reach even more young children about water safety. By expanding both the education and literacy component of Josh the Otter, and the physical component of Float 4 Life swim lessons and instructor training, we have been able to keep more children safe in and around water.

Collaborating with the Michael Phelps Foundation, Cathy Bennett who taught Michael Phelps how to swim and now acts as Director of Michael Phelps Swimming, is scheduled to attend our benefit along with Pablo Morales currently the head women's swimming and diving coach at the University of Nebraska. Pablo is an Olympic gold medalist, world champion, and former world record-holder in swimming and shares our passion in water safety.

So join us and ... Together We Can Save Lives

WHEN:

SATURDAY, APRIL 28, 2018

EVENT BEGINS AT 5 P.M.

FOR RESERVATIONS AND MORE INFORMATION

VISIT QTEGO.NET/QLINK/JCMF OR CALL

KATHY COLLINGSWORTH 402.730.3232

WHERE:

SESOSTRIS SHRINE CENTER

1050 SALTILLO ROAD

ROCA, NE 68430

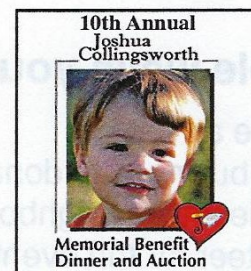
(IN SOUTHWEST LINCOLN OFF

HIGHWAY 77 AND SALTILLO ROAD)



FOUNDATION'S VISION

Our vision is the elimination of drowning through water safety education and awareness by fostering a generational change in the way children and adults perceive bodies of water.



MICHAEL PHELPS
FOUNDATION

Joshua Collingsworth Memorial Benefit



Looking for the perfect way to showcase your business and support your community with a life saving message and program?

Please consider donating to the JCMF Children's Charities Live and Silent Auction.

Proceeds go towards furthering our mission to prevent childhood drowning through early education with "Josh The Otter" and "Float 4 Life" programming.

All donating sponsors will be prominently displayed in print, social media, and program during the event.

Registered 501(c)(3) organization,
FedID#26-3091147 DUNS#963189050
For more info visit:
www.joshtheotter.org

Simple ways you can help

- *Donate an item
- *Ask a business to donate
- *Ask friends or neighbors to donate
- *Volunteer for the event

DINNER AND AUCTION

WHEN:

Saturday, April 28, 2018

Event begins at 5 p.m.

For reservations and more information visit **qtego.net/qlink/jcmf** or call Kathy Collingsworth 402.730.3232

WHERE:

Sesostris Shrine Center

1050 Saltillo Road

Roca, NE 68430

(in Southwest Lincoln off Highway 77 and Saltillo Road)

To Donate An Item

<http://joshtheotter.org/2018-josh-the-otter-donations/>

Contact: Kathy Collingsworth

Director/Founder

Email: Kathy@joshtheotter.org

Phone: (402) 730-3232

Contact: Shelly Stewart

Foundation Development

Email: Shelly@joshtheotter.org

Phone: (402) 613-5555

*Thank you for
your support!*





Anniversaries & Birthdays

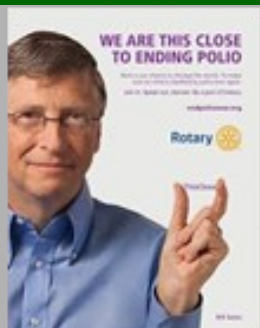
Weeks of —March 29—April 4

Birthdays:

None

Anniversaries

NONE



Happy Dollars

Steve Grosserode	\$ 3.00
Duane Tappe	\$ 5.00
Paul Horton	\$ 5.00
Dennis Duckworth	\$ 1.00
Jerry Albright	\$ 1.00
Blake Collingsworth	\$ 5.50
Barry Stelk	\$ 5.00
TOTAL	\$25.50



Greeter Duty

April—Andrea Ahrens
Minnie Stephens—May
Duane Tappe—June

Make Ups

Ozzie Gilbertson

Concessions F.B.



Cashier Duty

April—Duane Tappe
May—Darrel Huenergardt
June—Gordon Bair

Contact Dick Cumming

Guests & Visitors

Merrilea Anderson
Teresa Harms

Steve Grosserode
Speaker

“It is easier to interest men in war than in peace; it therefore requires more moral courage to talk peace than war.”

Lincoln East Rotary Club—April Speaker Schedule

April 11—Human Behavior at its Best and Worse—Charles Erickson

*Lincoln East Rotary Club
Spoke Newsletter
Published by Wayne Casper*