



Spoke Newsletter Wednesday May 09, 2018



Attendance: 21 (48%) Attendance with make ups: 29 (66%)

Lincoln East Rotary Club web address: https://portal.clubrunner.ca/4424

Program Wednesday, May 16, 2018 *Amanda Mobley Guenthe—Bone Creek Museum*, Program arranged by Minnie Stephens

Program Wednesday, May 02, 2018 Randy Jones—Aging Partners

Program arranged by Minnie Stephens



Randy Jones is a native Lincolnite, he has been with the American Red Cross for 34 years in a variety of program and senior leadership positions. He led the Cornhusker Region of the American Red Cross as CEO for 17 years until he was recruited by the National American Red Cross in 2011 to serve as Divisional Director of Service Delivery for 10 states in the Western United States. In 2016, Randy became Director of Aging Partners, an agency of the City of Lincoln that provides oversight to senior services in an eight county area. Randy says that the growth of our aging population provides us great opportunities to engage this wealth of experience. The character of a community is defined by how it engages and cares for its aging citizens. I'm honored to be a part of Aging Partners and its continued mission to serve our communities. Randy graduated from Nebraska Wesleyan University with majors in Religion and Sociology. His wife works at Lincoln Public Schools and they have one son.

Our Mission

To help older adults avoid or resolve questions, concerns and difficulties which occur after age 60. Helping older adults remain independent in their homes is a continuing central purpose of the total program. Staff at Aging Partners Personal and Family Services, call on all the human service resources in the eight-county area of Butler, Fillmore, Lancaster, Polk, Saline, Saunders, Seward and York.

Program Goals:

- To assure the safety, well-being and maximum independence of older individuals.
- To increase the benefit older adults derive from human services by improving their access, understanding and appropriate use of those services.



A Rotary Thank You to Randy Jones for an excellent presentation on services available to Seniors.

Lincoln East Rotary Club Meetings at Valentino's—70th & Van Dorn Noon Luncheon starting @ 11:45 a.m.

May 09, 2018

Program Goals: (Continued)

- To comprehensively address the needs of older individuals through inter-agency cooperation and the active involvement of friends and family.
- To actively represent the needs of older adults and develop new answers to their concerns.

Aging and Disability Resource Center (ADRC)

The Aging and Disability Resource Center (ADRC) goal is to assist Nebraskans in accessing services and support to help meet their long-term care needs.

ADRC Will Assist:

- Persons age 60 and over.
- Persons with disabilities of any age.
- Family members, caregivers, advocates and providers for these groups.

What will the Nebraska ADRC provide?

Staff are available to help you with your questions and concerns about long term-care from 8 a.m. to 4:30 p.m. Monday through Friday. Call 402-441-7070.

We can help you with:

- Living arrangements related to long-term care.
- In-home services such as housekeeping, personal care, respite, equipment, care coordination.
- Paying for long-term care services.
- Health promotion and prevention.
- Abuse, neglect, financial exploitation.
- Mental health services.
- Financial and other basic needs including food, shelter, Medicaid and Medicare.
- Legal issues including consumer rights, advocacy, power of attorney and guardianship. Staff are available to help you with your questions and concerns about long term-care from 8 a.m. to 4:30 p.m. Monday through Friday. Call 402-441-7070.

Information and Assistance

Aging Partners First Service desk is the starting point for obtaining information, determining alternatives and arranging services or referrals for those age 60 and over and their families in an eight-county area. The counselor's basic function is to connect people with resources in the community, provide information about a broad range of community services and state or federal programs that they may not be aware of. The First Service desk is primarily staffed by information specialists who advocate in assisting with sorting out questions and concerns regarding the best care options and open the way for service delivery. Call for help regarding:

- Available Senior Programs
- ♦ Caregiver Issues
- ♦ Home Health Care Services
- ♦ Medicare and Medicaid
- Senior Housing Options
- Transportation Options

Our counselors are available weekdays from 9 a.m. to 4 p.m., except Wednesdays. In order to accommodate weekly staff training, service is available Wednesdays from 12:30 p.m. to 4 p.m. Walk-ins are welcomed, but appointments are preferred.

Lincoln East Rotary Club Foundation donates \$1500.00 to Orit Barpunu Primary School, located in Northern Uganda.

Our Dreams Came True -- School has Started!

Orit Barpunu Primary School



Our dreams came true -- 360 kids are enrolled and attending our school! They showed up bright and early on Feb. 5th with their notebooks and pencils, excited to get started. Everyone in

the village is so incredibly grateful, from the kids who have never been to school, to the ones that used to walk two hours to reach

school. Thank you for being a part of making this dream a reality! We changed the school name to Nahla Nursery and Primary School We decided to change the name of the school to something that

would be more inspiring for the community. In an earlier email update, we shared the story of Nahla, a seven-year-old girl from New Jersey who, when she learned that kids in Africa were drinking unclean water, decided that she had to do something to help and raised \$2,000 from her family and friends to build a well for our school. Thanks to her the kids in the village will now be drinking clean water, allowing them to focus on their studies, instead of staying home from school sick from drinking dirty water. We decided to rename the school after Nahla, in the hopes that all of our kids use what they learn, like Nahla, to give back to their community or even other communities around the

world. Read more about Nahla's story on our Grand Opening Ceremony website. The organized a ceremony full of community from local leaders, good food. speeches traditional dancing, and music. It was exciting to see them demonstrating a strong sense of ownership over the school! Parents Contribute Food The first day of school our Head Teacher held a meeting for the parents. They agreed to contribute food from their farms to help feed the students throughout the year, and they've already



collected a lot of food that is being used for lunches. Training our Teachers We hired Erin and Samson from Yiya Solutions to train our teachers in interactive teaching techniques and the cultural tenants we developed for the school, so they would be ready for the first day of class! *Help us build a fence for security and establish a library* Donate today and help us add a fence around the whole area, so we can restrict visitors to one guarded entrance, or help us build a library full of books to students to read.

Shauna Rae Davidson was the presenter at our Club. (photo above)





Anniversaries & Birthdays Weeks of May 3—9 Birthdays: NONE Anniversaries Greg Schnasse—May 15



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Contact I	ordon Bair ck Cumming	Guests & Vis Merrilea Anderson Randy Jones	Steve Grosserode
Lincoln East Rotary Club Tree Planting Project <i>Collections to Date: \$962.00</i> A sincere thank you to all Lincoln East Rotary Club members that made donations to this project. We will continue to pass the basket through May.			
Linc May 16, Amanda May 23, Dr. Steve Jone	o ln East Rotary Club Mobley Guenthe—Bone C ss – On Line Teaching/Dep	b—May Speaker Sched Sreek Museum, arranged by M ot. of Animal Science, arranged Syborhood Extra, arranged by V	ule innie Stephens <i>by Minnie Stephens</i>