



*President—Paul*

## **Spoke Newsletter**

Wednesday June 05, 2019

Attendance: 22 (52%)

**Program for Wednesday, June 12, 2019**

***Gayleen Bradley, Branch Manager with Care Consultants***

**Arranged by Darrel Huenergardt**



Gayleen Bradley is the Branch Manager of Care Consultants in Lincoln. She has been working in the health care industry for 11 years in the Lincoln and Omaha areas, with experience in home care, IL/AL, skilled care and hospice settings. Gayleen is a Qualified Dementia Care Specialist through the Alzheimer's Foundation of America (AFA). She has earned several different certifications in dementia care and has shared her knowledge with many families and professional caregivers to help enhance the lives of those they take care of who are affected by dementia. She also works with and supports the Alzheimer's Association serving as an advocate, educator, committee member and support group facilitator.

With spring right around the corner, that means we are in full swing with our new 2019 Lincoln ElderCare Resource Handbook. We are very excited to get started on this project! The book has been around for many years, but this year you will

see some new great features that were never offered with previous editions:

- New easy to remember web domain ([LincolnHandbook.com](http://LincolnHandbook.com))
- Color Advertisements
- Hyperlinked company logos featured throughout website
- Ad Design Assistance
- Pre-order additional Handbooks

Please visit [LincolnHandbook.com](http://LincolnHandbook.com) as we have made our site much easier to find and more desktop/mobile friendly.

<https://careconsultants.com/business-listing-form/>

We screen & refer CNA's to work for our clients. Assistance with bathing, dressing, toileting, walking/transferring, meal prep, medication reminders, Alzheimer's/Dementia care & hospice support.



**Lincoln East Rotary Club**  
**Meetings at Valentino's—70th & Van Dorn**  
**Noon Luncheon starting @ 11:45 a.m.**

**June 05, 2019**



## Eastridge Hospice Singers



(Left to Right) Melodie Jones Pointon, Alinda Stelk, Norma Nuss, Rhonda Heffelfinger, Sheryl Parde, Patty Niemann, Pattie Fussleman, Karla Frese, Julie Brandon.

Patty Niemann: “God planted a seed in my heart last summer of singing at the bedside of the dying” when I read an article in the Lincoln Journal Star about my friend, Tom Michalek, starting the Hastings Hospice Choir in the fall of 2017. Upon visiting with Tom and reading more about this practice, I found bedside singing visits for those in hospice care began in 2003. Our journey together began in October with 16 singers receiving hospice training through Tabitha. In November, we met to practice the hymns and songs we would use. Our bedside singing visits officially began in December. We are formally associated with Tabitha Hospice and HoriSun Hospice but are happy to sing for anyone receiving hospice care with any hospice provider. We are financially supported by Eastridge Presbyterian Church and are represented by six different church denominations. The size of singing group attending a bedside visit is determined by the space of the room and, like today, singers who are available. But typically there are 3 – 5 of us. The length of a visit is 15 – 45 minutes and music is planned with the individual in mind. One of the most special blessings to me, thus far, has been to be able to share humor and laughter with those we sing for and their families. When death is near, there can be peace and comfort but there can also be joy and laughter. We feel honored to be a part of a person’s hospice journey no matter how long or short it may be. And we are humbled to be invited into such a sacred space as we endeavor to bring the peace and comfort of music to those who request our presence.

***Lincoln East Rotary Club members extend a sincere thank you to all of you for sharing a wonderful experience that makes a difference in so many lives.***



## *Lincoln East Rotary Club Scholarship Recipient: Kelysibelle Crespo-Boneta*

Lillie Larsen—Chairperson

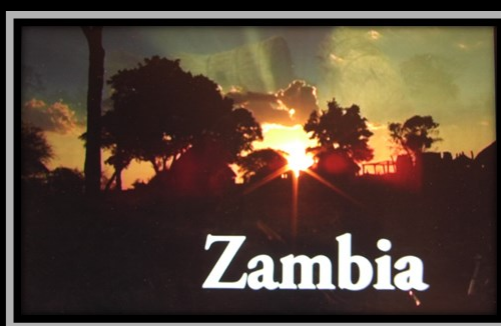


I always wanted to be in the medical field since as long as I can remember. It didn't matter what kind of doctor I was, but I was going to be a doctor of some sort. I looked up to doctors because they help people get better and I wanted to help people as well with my medical skills.

When I was little, I learned how to "give CPR" to my dad by watching the TV show *BayWatch*. Once I got older, I took a lifeguard course to get my certification and that was the beginning of my medical knowledge. My sophomore year I applied to The Career Academy EMT program and got in. As a junior, I took Anatomy and Physiology, Psychology, Sociology, and Intro to Health Sciences. First semester senior year I took Laws and Ethics for medical personnel and EMT I. This semester, I am taking EMT II and Basic Pharmacology and successfully passing. My next step is to attend the University of

Nebraska Lincoln for pre-med and then the U.S. Air Force ROTC program my sophomore year. Then I will transfer to UNMC in Omaha to earn my medical degree and become a doctor in the emergency room setting.

My occupational goal is to work as a paramedic through nursing school, a nurse through medical school, and as an ER doctor in England or in Spain where my Spanish comes in handy. I like being under pressure and the ER setting will provide that, but like always, that that ability to work under pressure will come to an end. When that end does come, my personal goals will start. Because of my abilities in the medical field, I plan to participate in mission trips. I like to travel, and if I can help people around the world with my medical skills I will. I also speak Spanish so I would also assist in Spanish-speaking countries as a translator either for medicine or just a general translator. Being an ER Doctor, I will know how to treat a number of diseases and illnesses and will probably be able to help a lot of people in need.



## Congratulations

Dr. Charles Erickson received the following email on June 4, 2019: Dear Rotarians: Congratulations! Your global grant application for funding to provide watershed-specific interventions to improve access to clean water in Zambia., submitted by the Rotary Club of Livingstone and the Rotary Club of Lincoln East, has been approved by The Rotary Foundation. The award is in the amount of US\$ 122,500.00. Lincoln East Rotary Club Zambia account, with additional contributions, has a total balance of \$41,000. Chuck has set aside \$4100 for the Nutritional Project. A sincere thank you to Lincoln East Rotary Club members and friends for their contributions.



## Anniversaries & Birthdays

Weeks of June 6—12

### Birthdays:

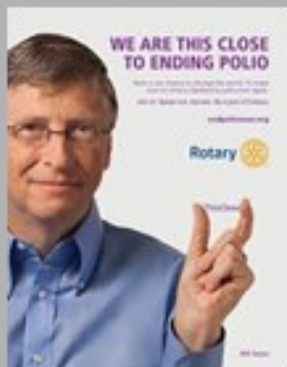
Jason Smith—June 7

### Anniversaries

NONE



## Happy Dollars



Hospice Singers	\$11.89
Lillie Larsen	\$ 5.00
Melodie Jones Pointon	\$10.00
Steve Grosserode	\$10.00
Gene Roth	\$ 3.00
Greg Schnasse	\$ 1.00
Merle Jansen	\$ 2.00
Dean Douglas	\$ 1.00
Dale Lloyd	\$ 5.00
John Herdman	\$ 1.00
Darrel Huenergardt	\$ 2.00
Tom Carlson	\$ 3.00
Dennis Duckworth	\$ 5.00
Barry Stelk	\$10.00
Paul Horton	\$15.00
Wayne Casper	\$10.00
<b>Totals</b>	<b>\$94.89</b>



### NOTE:

**Total Happy Dollars to date:**  
**\$1696.89**

*Lincoln East Rotary Club Polio Plus Goal for the year is \$1700.00. A BIG Rotary Thank You to all members and non-members who contributed to this important Project.*



### Greeter Duty

June—Sue Schuerman



**Cashier Duty**  
**June—Duane Tappe**  
**Contact Dick Cumming**

### Guests & Visitors

Pat Grosserode	Steve Grosserode
John Herdman	Lincoln South
Merle Jansen	Club #14
	Kelysibelle Crespo-Boneta
	Scholarship Recipient
Keila Boneta	Mother
Tom Mortimer	Possible new member

## Lincoln East Rotary Club—June Speaker Schedule

June 12—Gayleen Bradley, Branch Manager with Care Consultants Arranged by Darrel Huenergardt

June 19—Mary Hilton, Smart Approaches to Marijuana Arranged by Andrea Ahrens

June 26—Ryan Sothan, NE Attorney General's Office –Scams & Frauds Arranged by Darrel Huenergardt

*Lincoln East Rotary Club*  
*Spoke Newsletter*  
*Published by Wayne Casper*