



President—Dennis

Spoke Newsletter

Wednesday August 14, 2019

Attendance: 22 (49%)

Lincoln East Rotary Club

Karen Lamb "Preacher in an Apron,"

Arranged by Greg Schnasse



Karen grew up in Cairo, NE, graduating from Centura High School, Doane College and Southeast Community College. She worked in Public Relations, Restaurant Management, Banking and Human Resources before landing a job in the Securities Industry, where she spent about 15 years. In 1996, she entered the ministry, and have served churches in Greenwood, Alvo, Pleasant Dale, and Denton. Karen is currently serving the United Methodist churches in Douglas and Burr. My husband Bob and I have been married for 29 years, and between us we have three daughters, three son in laws, and two grandchildren. In 2014, she entered into a partnership with Terrie Urtel, and we opened LuLu's at 48th and Cornhusker. We moved downtown in 2016 and moved to our current location in May of 2017. Karen has been the sole owner of LuLu's since December of 2018. It was after my second partner left the business that she decided to take the leap of faith and start feeding all who asked, regardless of ability to pay. We have since formed a non profit to enable us to seek grant funds.

She's using an ice cream scoop to make balls of cookie dough, oatmeal scotchies on their way to the oven. A pot of vegetable beef simmers on a two-burner stove. The street is empty. Lamb wears a baseball cap and blue jeans and a chef's apron. The 57-year-old does some catering, too. She works part-time at an insurance office and on Sundays she preaches at United Methodist churches in Burr and Douglas. She became a minister in mid-life.

"I've always been interested in feeding people." Last week, she reached out for help with Community Meals after her funds ran dry. Her plea brought in \$100, enough for 20 meals. Those 20 tickets are gone. More money came in Tuesday, after her face appeared on the local TV news. She posted her gratitude on Facebook and put out a call to federal employees in Lincoln to come by for a free lunch. When the money is gone, she'll keep giving. She can't turn people away, Lamb says. "I have a hard time saying no. Friday, I fed more homeless people than paying customers." And the woman behind Lulu's on N has a plan. She'd like to turn the restaurant into a pay-as-you-can place and she's figuring out how to make her business a nonprofit. She envisions grants and a small job training program for people who need a boost, a way to get into the working world. "I want to talk to other restaurant owners, find out what their needs are," she says.

Then get future workers in her small kitchen to learn the tricks of the cooking trade, help them get food handler permits, the right clothes. "Most importantly, buy them shoes with nonslip soles." She's serious about that, says the apron-wearing preacher. A good woman with a motto: *Feeding hungry bodies and nourishing souls.* (Excerpts from article in Lincoln Journal Star)



Lincoln East Rotary Club
Meetings at Valentino's—70th & Van Dorn
Noon Luncheon starting @ 11:45 a.m.

August 14, 2019

Lincoln East Rotary Club

Mark Orr—Veterans Memorial Garden Advisory Council

Wednesday, August 14, 2019

Arranged by Duane Tappe



Mark is currently the Chairperson for the Veterans Memorial Garden Advisory Council. I spent 28 years in the Air Force with most of it full time at the Nebraska Air Guard. I then worked for 15 years at the Arbor Day Foundation in the IT Department repairing computers and doing infrastructure, and networking. I am a second generation with the Vet Council after taking over for my dad and have been with this group for approximately 14 years.

The Veteran's Memorial Garden Advisory Council was formed to recommend policy on issues relating to the development, design, programming and preservation of the Garden area and all memorials contained in the Garden. The Council is comprised of mayoral appointed members committed to creating a place and promoting events to honor all veterans and their families, past and present. Through the Council, an endowment account has been established to help maintain the Garden.

- ♦ Inspired by the traveling Vietnam Memorial Wall that visited Lincoln in 1989 and the outpouring of support after the military success in the Persian Gulf War in 1991
- ♦ Officially dedicated in June 1993
- ♦ Star in center has five points that point to 5 conflicts: World War I, World War II, Vietnam War, Korean War, and Family.
- ♦ Lady Liberty will be relocated this year to the center of the star
- ♦ Currently, there are 25 total memorials and monuments

Bricks of Honor:

- ♦ There are over 5000 engraved bricks honoring Veterans in the Garden.
- ♦ Veterans, living or deceased, who have received an Honorable or General Discharge, may be honored with an engraved brick.
- ♦ A directory at the entrance and on-line lists the veteran name and a guide to the location of the brick.

Veterans Garden Events

- ♦ Memorial Day
- ♦ Brick of Honor Dedication
- ♦ Patriots Day
- ♦ Veterans Day
- ♦ Pearl Harbor Day

Events begin at 11 am and are in the Garden, weather permitting, otherwise held in Auld Pavilion.



Chuck's Corner (#4)

The lead editorial in the Wall Street Journal recently discussed the role that the social isolation of young men in the US and around the world, is a factor in mass shootings. It called for addressing the latter and lamented that currently there is less social support. Rotary was mentioned as a social organization a meritorious comment, but one that fails to reveal it's real role in society i.e. a service organization. Yes we enjoy the friendships and socialization, but we are so much more.

We actively support those things that make our community and world a better place. For example, our support of Camp Kitaki allows kids opportunities to feel less isolated. Our Sum Fun Picnic does this for handicapped kids. Our work with sex-trafficking seeks to crack down on this horrible practice.

We should continue to address those things that reduce isolation in all ages.

The second comment I have is that the editors of the WSJ as well as most Americans do not know what Rotary is about. This needs to change. I don't have all the answers to this, but I would propose that every member of Lincoln East Rotary tout the merits of Rotary to their friends, relatives and to the media. As Jesus is quoted in the King James Version of the Bible, "*Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.*"

Let's get out the candlesticks!

Chuck



A Rotary Thank You to Mark Orr for an excellent presentation on Veterans Memorial Garden

Outstanding Firefighter”
Nate Caldwell
Lincoln Fire and Rescue



Captain, Guy Pinkman, LFR, Nate Caldwell, UBT, Jill Milinar, Chairman, Dale Lloyd

The Lincoln East Rotary Club Members extend a genuine and heartfelt thank you to Nate for his service to the city of Lincoln and its citizens

A Photo from the past: (2009)
Joint board meeting, Foundation and Rotary Club





Anniversaries & Birthdays

Weeks of August 8—14

Birthdays:

Melodie Pointer—August 11

Anniversaries

NONE



Happy Dollars



*Cindy Caldwell
Dale Lloyd
Darrel Huenegardt
Nancy Crist
Charles Erickson
Barry Stelk
Dennis Duckworth
Total*

*Wayne Casper
Steve Grosserode
Ozzie Gilbertson
Tom Carlson
Al Burdick
Lloyd Mueller
Guy Pinkman
\$112.00*



Happy Dollars—Total to Date: \$440.00



Cashier Duty

August—Sue Schuerman
September—Wayne Casper
October—Duane Tappe
Contact Minnie Stephens

Guests & Visitors

Pat Grosserode	Steve Grosserode
Merle Jansen	Club #14
Nancy Crist	LFR
Lloyd Mueller	LFR
Guy Pinkman	Captain LFR
Tabatha Caldwell	Spouse
Cindy Caldwell	Mother
Dan Caldwell	Father
Chris Bostrom	New Member
Nate Caldwell	Firefighter Award
Mark Orr	Speaker



Greeter Duty

August 14—Gene Fredericks
August—21 Minnie Stephens
August 28—Tom Mortimer

Lincoln East Rotary Club—August/September Speaker Schedule

August 21—Karen Lamb "Preacher in an Apron," arranged by Greg Schnasse
August 28—Aubrey Paulsen with Tabitha, arranged by Greg Schnasse
September 4—Capital Humane Society

*Lincoln East Rotary Club
Spoke Newsletter
Published by Wayne Casper*