

President— Barry

Spoke Newsletter

Wednesday September 27, 2017

Attendance: 29 (64%) Attendance with make ups: 36 (80%)

Program Wednesday, October 4, 2017

Shauna Davidson, Building a Primary School in Orit Barpunu in Northern Africa

Program arranged by Mary Riley/Wayne Casper

Program Wednesday, September 27, 2017

Erin Lenz, Development Coordinator Friendship Home



Mission

Friendship Home exists to support, shelter and advocate for victims of domestic violence and their children.

Friendship Home Seeks To:

Provide a continuum of safe, confidential shelter options—from emergency shelter through transitional shelter.

Provide a rich array of crisis intervention services, case management and emotional support to those we shelter as well as those who are waiting for shelter; helping them to rebuild their lives, free from fear. Address the many complexities and barriers associated with domestic violence and sexual assault on an individual level as well as a community systems

level. Continue to reach out to survivors through individual advocacy, emergency case management and support groups after they leave shelter, offering an environment where survivors feel welcome and are encouraged to share their stories and their wisdom with others.

Vision

It is Friendship Home's vision that someday the need for our services will cease to exist, that domestic violence will not be tolerated by anyone in the community and that homes will be places of love, support and safety. We envision a community that embraces any woman or child who experiences domestic violence. We foresee a society that courageously holds abusers accountable for the crimes they commit against battered women.

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We see Friendship Home as a haven of warmth and welcome, new beginnings and empowerment for the women and children who find shelter within our walls. Through unconditional acceptance and respect for the journey a battered woman has taken, Friendship Home supports her providing the assistance she needs to help accomplish her goals.

A Rotary Thank You to Erin Lenz for a very informative presentation in regard to all the services at Friendship Home.

***Lincoln East Rotary Club
Meetings at Valentino's - 70th & Van Dorn
Noon Luncheon starting @ 11:45 a.m.***

September 27, 2017

- ◆ There are different forms of the violence, physical, emotional, verbal, financial and at the Friendship Home they are able to help through it all.
- ◆ They offer multiple services for many people each year through a 24/7 365 day helpline and shelter for families escaping abuse.
- ◆ It was established in 1978. They serve 1600 victims a year. Throughout their shelters, they are able to serve 74 people a day. They have had a waiting list since their doors open. There is no discrimination in who they help.

Crisis Line:

- ◆ This line is used to share the situation, develop a safety plan, and help the people leave abuse it is crucial when leaving the situation, they are typically on the line with the crisis center when doing so

How to interact with someone being abused:

What do you say to them?

- ◆ I'm sorry
- ◆ I am glad you told me
- ◆ I believe you

What not to say to them

- ◆ How can you stay here?
- ◆ You have to leave
- ◆ What did you do to them?

Shelters

Emergency Shelters:

- ◆ 25 beds, everyday toiletries provided as most people leave with nothing from their previous home 6-8 weeks long stay

Single Family Shelter – apartment style living

- ◆ Was established in 2015—30 beds
- ◆ 6-8 weeks long stay—Privacy with family

Transitional Shelter

- ◆ 7 units, 36 beds
- ◆ 2-3 months stay
- ◆ More of a self-sufficient shelter

Pre-Shelter Program—Full time case manager

- ◆ Offer support to victims
- ◆ Help with resources to get out
- ◆ Create safety plans

Events and Volunteering

- ◆ Safe Quarters- Oct. 8 Going door to door asking for donations \$100,000 raised last year

Stuff the bus

- ◆ Each spring at all Wal-mart and Sam's Clubs
 - ◆ Have a "needs list" with items you can get when you are already at the store
- ◆ Volunteer as a group to do sorting or cleaning
- ◆ Always taking in donations of toiletries

(Speaker notes for Friendship Home presentation—Courtesy of Rachel Martin (Thank You))



Anniversaries & Birthdays

Week of September 28—October 4

Birthdays:

Wayne Casper—October 1

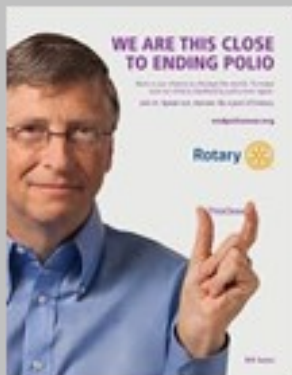
Mark Ebers—October 4

Anniversaries—None

Roses: Dale Lloyd, Dick Cumming



Happy Dollars



Dennis Duckworth	\$ 1.00
Al Burdick	\$ 5.00
Dale Lloyd	\$ 5.00
Paul Horton	\$ 5.00
Gloria Collingsworth	\$10.00
Blake Collingsworth	\$ 5.00
Barry Stelk	\$ 1.00



Cashier Duty

October—Deb Durre

We need volunteers for the following:

Month of November

Please let Dick Cumming know when you plan to volunteer



Greeter Duty

October Paul Horton

November Gene Roth

December Dean Douglas

January Greg Schnasse

Thank You to All Volunteer Greeters

Make Ups

Wayne Casper

Dean Douglas

Charles Erickson

Chris Klingenberg

Dave Miller

Minnie Stephens

Ed Stivers

Club Project

SumFun Picnic

Zambia

Concession F.B.

Club Project

Meeting District

Trail Cleanup

Guests & Visitors

Ruby James

Steve Grosserode

Lincoln East Rotary Club

September/October Speaker Schedule

October 4th—Shauna Davidson, Building a Primary School in Orit Barpunu in Northern Africa—arranged by Wayne Casper

October 11th—Kelly Brunkhorst, Executive Director of Corn Board—arranged by Wayne Casper

October 18th—Lorin Krieger - John Deere Precision Ag Manager—arranged by Wayne Casper

October 25th—Maury Johnson, Blue River Hybrids, Organic Seed Company