

*President— Barry*

# Spoke Newsletter

Wednesday November 29 2017

Attendance: 31 (69%) Attendance with make ups: 33 (73%)

**Program Wednesday, December 6, 2017**

*Dr. Peter McCornick—Water for Food Institute at UNL*

Program arranged by Charles Ericson

**Program Wednesday, November 29, 2017**



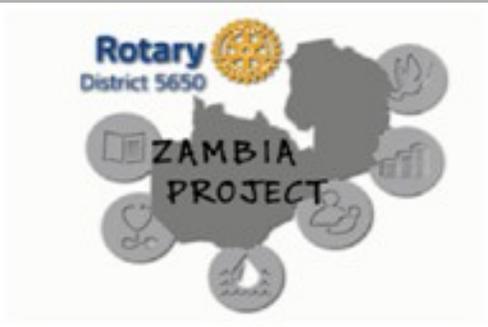
It began with a \$500 gift in 2003 from Lincoln East Rotary that used to purchase sinks for the Bindi (pediatric ward) at Livingstone General Hospital in Zimbabwe. Over time the Zambia Global Project has burgeoned into a massive Rotary project involving many Rotary District 5650 clubs.

District leaders, and in particular, Rotarians-Ozzie Gilbertson, Dorothy Zimmerman, Sharon and Dan Wherry, Chuck Matzke, Dan Martin and Bob Perrin have helped make the project a success.

Historically, various Zambia related grant initiatives over time have 1) supported orphanages, 2) helped to establish a medical clinic and 3) helped to drill over 30 water

wells. Other related projects have provided books, hospital equipment and food supplements. Non Rotarian partners such as the UNL chapter of Engineers Without Borders is currently planning to build a bridge over the Kalomo River to provide access to a clinic and other resources during the rainy season when the river is impassable.

Because of the relationships and partnerships and our time in the country we have come to realize that we need to focus more on sustainability if we hope to make a lasting impact.



*A Rotary Thank You to our very own Charles Erickson for an excellent presentation in regard to the Zambia Project.*

*Lincoln East Rotary Club  
Meetings at Valentino's—70th & Van Dorn  
Noon Luncheon starting @ 11:45 a.m.*

*November 29 2017*

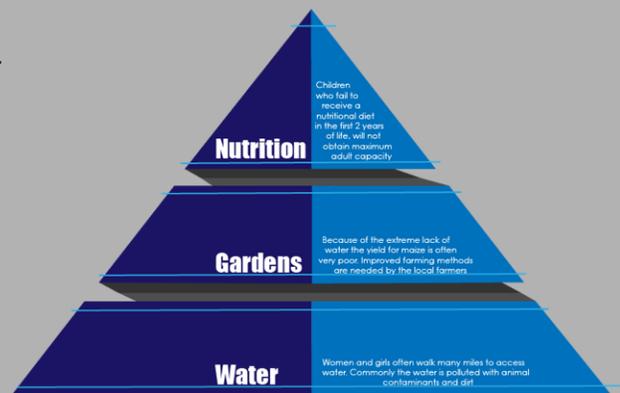


We need to help villagers survive and thrive eventually without outside help. It also became increasingly clear that 1) access to water and 2) agricultural produce were critical.

Having personally seen children die from malaria, diarrhea, pneumonia and malnutrition we were motivated to prevent or arrest these diseases. As a point of clarification, the starvation we have witnessed is different than that experienced in war torn countries, but rather a chronic form leaving kids immune systems suppressed and bodies stunted. Research in the past 15

years tells us that children who are stunted in the first 2 years of life will never achievement maximum functioning as adults. We also know that immune suppressed kids are more likely to die from the diseases noted above.

As a result of our observations over time we have added nutritional education to our project. This 3-pronged approach is what we call a Rotary Pyramid- 1) water, 2) agriculture and 3) nutritional education. We hear a lot about the individual components and the need to eliminate early childhood nutritional deprivation, but few programs that are successful in combining all three components into one. We have a number of things we still want to accomplish and are actively seeking district partners (clubs) who share our concern for vulnerable Zambian families and children. If you would like to have a speaker at a meeting or you would like to consider partnering with us please do not hesitate to write. Contact me at cerickson2003@gmail.com or 402-420-3088, Dr. Jim Griesen at jgriesen@unl.edu or Dorothy Zimmerman at dorothy.zimmerman63@gmail.com



Dorothy Zimmermann



### Summary of Accomplishments to Date

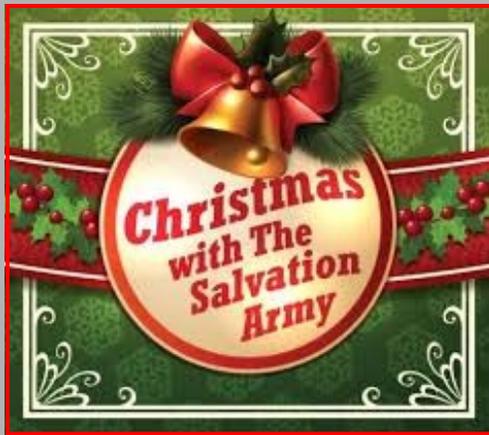
1. Wells and Dam
2. Gardens
3. Goat and Hen/Chicken Programs
4. Development of Marketing Capabilities
5. Nutrition Education
6. Have Improved the Lives of Thousands of Rural Zambians



*A Rotary thank you to the following members for placing of the flagpoles and raising the flags and lowering of the flags, taking down the flagpoles, and placing them in storage: Dennis Duckworth, John Garrison, Paul Horton, Duane Tappe and Barry Stelk:*



### ***Christmas Basket—Salvation Army***



*Last year we collected over \$1000.00 for the people in need in Lincoln, Nebraska (I hope we can do as well this year) We will pass the basket on December 6. **Basket total on November 29: \$509.00.** The check for the total amount will be taken to the Salvation Army on December 7. Please Make checks payable to Lincoln East Rotary Club Foundation. Thanks to all of you for remembering the people in need.*

***John Garrison, Chairman.***



### ***Younkers Project***

*A sincere Rotary Thank You to Ozzie Gilbertson, Chairman of the Younkers Fund Raising Project and to the members who purchased Coupon Books and also a special thank you to those who participated in the door sales during the Younkers Sales Days.*

***2017 total for both Spring and Fall Younkers project: \$4146.41***



***Lincoln East Rotary Club  
Annual Christmas Party.  
Wednesday, December 13, 2017  
Hillcrest Country Club***

***Please sign up this Wednesday and choose either beef or salmon***



***These names and choices need to be to Dave Caudy by December 8***



## Anniversaries & Birthdays

Weeks of —November 30—December 6

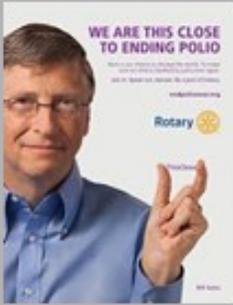
### Birthdays:

Lillie Larsen—November 30

### Anniversaries

None

*Roses: Gene Roth, Nathan Rink*



## Happy Dollars

Gene Roth	\$5.00
Steve Grosserode	\$2.00
Charles Erickson	\$1.00
Andrea Ahrens	\$1.00
Dean Douglas	\$2.00
Milt Schmidt	\$1.00
Blake Collingsworth	\$20.00
Dick Cumming	\$1.00
Paul Horton	\$2.00
Duane Tappe	\$2.00
Barry Stelk	\$5.00



## Cashier Duty

*We need volunteers for the following:*

*Month of January*

*Month of February*

*Please contact Dick Cumming*

## Make Ups

Deb Durre  
Lillie Larsen

Concessions F.B.  
Another Meeting



## Greeter Duty

December	Dean Douglas
January	Greg Schnasse
February	Wayne Casper

## Guests & Visitors

Ruby James  
Barb Roth  
Merle Jansen

Steve Grosserode  
Gene Roth  
Club #14



## Lincoln East Rotary Club December Speaker/ Meeting Schedule

December 6—Peter McCormick—arranged by Charles Erickson

*December 13—Christmas Party*

**NO MEETINGS ON DECEMBER 20 & DECEMBER 27**

*Lincoln East Rotary Club  
Spoke Newsletter  
Published by Wayne Casper*