

## BOLT Program (Bikes Over Lunch Time) & Rotary Albert Park

### Overview

Rotary Albert Park has entered in to an arrangement with South Port Uniting Care and its very successful BOLT program

### The BOLT Program

BOLT is a successful program targeting boys aged 8-12 who are identified by their teachers as disengaging from education and their community. BOLT was born in response to an identified service need by one of our local partner schools.

Through learning bicycle maintenance skills, and receiving sports coaching the boys are mentored through the process of re-engagement. They work on appropriate behaviors including anger management and learning to effectively articulate their frustrations and confusions.

#### **2 Programs –**

- **BOLT – Albert Park Primary School** – each Wednesday for 1 hour over lunch time for 2 terms
- **BOLT - After School Program – Launch May 18<sup>th</sup>** - runs on Wednesdays, supporting young people with a range of skill building activities – includes both current and former BOLT participants

**Refer Link** - [www.southportuniting.org.au/youth-services](http://www.southportuniting.org.au/youth-services)

### RAP Involvement

Develop long-term partnership opportunities for RAP and BOLT to work together and have agreed to support the program at Albert Park Primary School commencing Term 2 by providing a cash donation

However it is more that and we want RAP member engagement in response to member requests to have more hands on and local programs whereby members can participate – the BOLT program ticks the boxes and we can help via volunteering in the following ways -

- RAP volunteers at the school to help mentor the boys at the BOLT sessions
- Sourcing bicycles – contacting for example, police, universities, management agencies for apartment blocks etc.
- Assisting in the collecting bikes and bringing them to BOLT premises
- Volunteers to do the after school pick up of boys who will attend the after school workshop utilising available minibuses
- Assist in fitting out BOLT storage container with a racking system to maximise the useable space for storing bikes.
- Assist in painting / refurbishing the outside of the BOLT workshop.
- Assistance in making the container and workshop 'BOLT' friendly by creating and attaching signs to a dedicated BOLT space where we can maximise the potential of the programme.
- Potentially RAP members could run a weekly barbeque for the boys towards the end of the after-hours sessions.

- Introductions from RAP to other Rotary clubs in EXISTING areas where we have BOLT currently in place and / or in new areas where we can explore the possibilities of bringing BOLT to more schools.
- RAP member to volunteer skills which could be taught to the boys during the after-hours programme to start up in Dorcas St.
- Donation from RAP and our "partnership" to be publicised by BOLT on all of their media channels, website, etc.
- Libby Kingdon and the rest of the RAP team to facilitate the ongoing relationship with BOLT to ensure mutual benefits for all involved

### **BOLT - After School Program – Launch May 18<sup>th</sup>**

Date – Wednesday May 18<sup>th</sup>

Time – 3.00pm – 5.30pm

Location - South Port Uniting Care – 317 -329 Dorcas St. South Melbourne

Activities –

- Meet BOLT personnel , volunteers and Chris Milne Youth Worker
- Observe the BOLT workshops / mentors working with the boys
- See first-hand the location / bikes storage areas / workshop and where we can help
- BBQ for the participants – cook a few snags for the boys

### **Further Information**

Chris Catchlove – 0418 557 238

Libby Kingdon – 0412 203 319