



# YOUR CHANCE TO PLAY AT AUSTRALIA'S #1 RATED GOLF COURSE

## ROYAL MELBOURNE

Monday 6<sup>th</sup> October 2014



**GOLF DAY PROGRAM**

**YOU & ROYAL MELBOURNE**

**GOLF DAY PACKAGES**

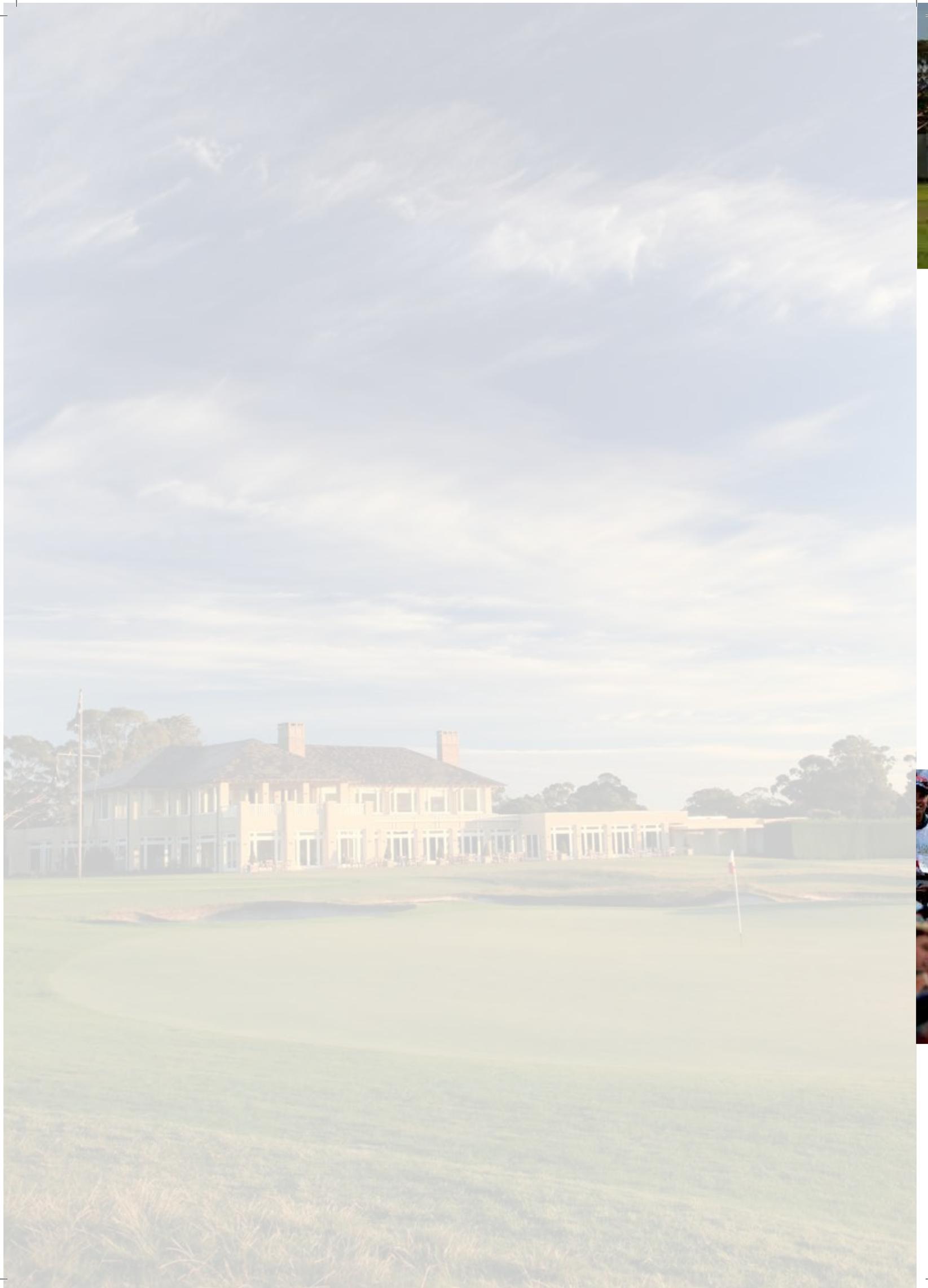
**TEAM REGISTRATION FORM**

**AUSTRALIAN ROTARY HEALTH**

**BACK COVER:  
BMW HOLE IN ONE DETAILS**



**PLUS THE CHANCE TO  
WIN A BMW**





# **GOLF DAY PROGRAM**

## **Monday 6th October 2014**

- 11.00am** REGISTRATION, LIGHT LUNCH  
AND GOLF CLINIC
- 12.15 pm** TOURNAMENT BRIEFING
- 12.30am sharp** TEE-OFF
- 6.00 pm** PRESENTATION DINNER
- 7.00 pm** SILENT AUCTION
- 7.30 pm** GOLF DAY RESULTS
- 8.00 pm** FINISH

We are happy to give you and your guests the opportunity to play at Royal Melbourne Golf Club.

This is a opportunity for you to invite Friends, Colleagues or maybe your Top Clients to participate in our Ambrose Event.

And maybe even win a BMW!  
Who Knows?

What a way to spend a Monday.  
And just as a bonus we will be playing just before a Major Tournament.

**READ ON...**



The Royal Melbourne golf club has two courses recognised world wide and the name of Dr Alister MacKenzie and Royal Melbourne are synonymous. In 1926 Dr MacKenzie created the West Course and soon after he assisted Mr Alex Russell in designing the East Course which was ready for play in 1932.

The West course is currently rated as the number one golf course in Australia

The Royal Melbourne Golf Club has hosted many national & international tournaments including numerous Australian Open's, the 2012 Women's Australian Open and the 1998 and 2011 Presidents Cup.

For the first time Royal Melbourne hosted the Australian Masters, from 14/17 November 2013.

This year hosting the Australian Amateur Open Championship in October 2014.



## GOLF PACKAGES

Sponsors will assist Australian Rotary Health in raising funds to improve the health of all Australians.

### Levels of sponsorship available:

#### Gold Package \$2,000

- A team of 4 players including use of pull golf carts, light lunch, dinner and drinks after the game.
- Plus Golf Course signage and a players Gift Pack

#### Major Donor \$4,000

- As Gold, includes the 4 Extra Guests passes for dinner and drinks after the game
- PLUS Clubhouse signage
- PLUS a presentation on the night as a Corporate supporter of Australian Rotary Health



Australian Rotary Health is a registered charity, it has donated well over \$32 million to research in Australia by Australians.



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# SUPPORTING AUSTRALIAN ROTARY HEALTH TO RESEARCH

**Australian Rotary Health** is Australia's largest non-government funding body of mental illness research. We also fund research in other health related areas.

The genesis of Australian Rotary Health in 1981 was the mystery of Sudden Infant Death Syndrome (SIDS). The Late Ian Scott, from the Rotary Club of Mornington, established Australian Rotary Health to support research into SIDS.

As **Australian Rotary Health** grew so did the vision of medical research possibilities. Supported by Rotarians Australian wide, Australian Rotary Health was soon in a position to sponsor health research in areas that did not readily attract funding.

**Australian Rotary Health** has a broad vision of health. We are a catalyst for projects that improve the quality of life for people who are least able to assist themselves. An example of this is:



## E-LEARNING OF MENTAL HEALTH FIRST AID

To improve the first aid that members of the public provide to people with mental health problems, a 12-hour Mental Health First Aid training course has been developed in Australia and widely disseminated.

There are now around 1000 instructors trained in how to provide the Mental Health First Aid course and it is estimated that 80,000 members of the public have completed the course. The course has also spread to a number of other countries: Scotland, Ireland, England, Wales, Finland, Canada, Hong Kong and Singapore. However, despite this uptake, the requirement of 12-hours of face-to-face contact prevents some people from doing the course. One approach which is gaining some evidence of efficacy in these situations is the use of e-learning.

**Australian Rotary Health** has funded a trial to evaluate the effects of Mental Health First Aid training of the public via an e-learning CD compared to either receiving information via a printed manual or receiving no training. The primary aim is to evaluate the impact on:

- mental health literacy
- confidence in providing first aid
- stigmatising attitudes and
- first aid actions taken to help people with mental health problems

Since the year 2000, **Australian Rotary Health** has focused its funding on mental health research.

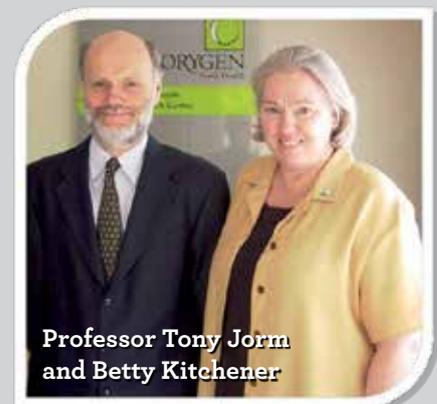
20% of all Australians experience some form of mental illness each year, and by 2020 it's predicted that depression alone will constitute one of the largest health problems worldwide.

**Australian Rotary Health** is committed to helping everyday Australians, especially those who are least able to help themselves.

Through the funds we provide to students and researchers, we are actively creating a healthier Australia.

The research we fund is used to make a real difference to the treatment and prevention of a number of common health problems.

**In short, we support you and your community towards better health through research, awareness and education.**



**Professor Tony Jorm  
and Betty Kitchener**



# HOLE IN ONE COMPETITION



**Australian Rotary Health** is giving you the chance to drive home in a brand new BMW 1 Series on the 7th Hole at Royal Melbourne.