

COVID-19 Resource List (Updated 04.14.2020)

General Coronavirus Information

White House/CDC/FEMA Combined Resources

<https://www.coronavirus.gov>

CDC

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

FEMA

<https://www.fema.gov/coronavirus>

WHO

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

Paid Sick Leave and Expansion of FMLA

Families First Coronavirus Recovery Act (FFCRA)

https://www.dol.gov/sites/dolgov/files/WHd/posters/FFCRA_Poster_WH1422_Non-Federal.pdf

FFCRA Frequently Asked Questions

<https://www.dol.gov/agencies/whd/pandemic/ffcra-questions>

Resources for Talking with Children about COVID-19

NASP (National Association of School Psychologists)

https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19?ck_subscriber_id=342989428%c2%a0

CDC Guidance

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html>

SAMHSA (Substance Abuse Mental Health Services Administration)

<https://store.samhsa.gov/product/Talking-With-Children-Tips-for-Caregivers-Parents-and-Teachers-During-Infectious-Disease-Outbreaks/PEP20-01-01-006>

Resources for Mental Health & Wellbeing

SAMHSA Disaster Distress Helpline

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

SAMHSA Virtual Recovery Resources

<https://www.samhsa.gov/sites/default/files/virtual-recovery-resources.pdf>

AFSP (American Foundation for Suicide Prevention)

<https://afsp.org/taking-care-of-your-mental-health-in-the-face-of-uncertainty/>

NAMI (National Alliance on Mental Illness)

<https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf>

SPRC (Suicide Prevention Resource Center)

<http://www.sprc.org/covid19>

Small Business Recovery Guidance

US Chamber of Commerce

<https://www.uschamber.com/co/small-business-coronavirus>

US Small Business Administration

<http://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources>

General Financial Assistance

United Way

<http://www.211.org/services/covid19>

*You can search for your local United Way on the site or simply call 211 to reach the United Way hotline. They are connected to an incredible number of agencies and resources in every community.