



# The Serving Tray

Rotary Club of Kirksville -- Charter 371 -- District 6040  
[www.kvrotary.org](http://www.kvrotary.org)



October 28  
2020

Vol. 71



**DUCK DASH!** We saw a video of this event which took place at the Hampton Inn at 3:20 pm on Sunday (under COVID-19 conditions). The three winners have not yet been contacted. (Jeff Romine, one of four adults helping there, is pictured along with one of Jonna's two children present.)

**BEGIN AGAIN BACKPACK DRIVE:** TSU Rotaract member Amanda Siegel joined us via Zoom to announce the club's drive collecting supplies for children in foster care, which is set to end (at this

time) on November 13. They are seeking clothes such as pajamas, socks, and underwear (infant - age 13), toiletries, and baby supplies. The Rotaract club will pick up at our meetings or arrange for contactless pickup.

**NEW SAFETY GUIDELINES:** President Roy announced the following guidelines will take effect after November 1. **Social distancing** - no more than three/table; **Pre-packaged meals;** **Hand Sanitizing Stations** at entrance and front table; and **Masks Will be Required** (except while eating or speaking before the group).

**FLAG PROGRAM:** Jeff Romine said we now have over 130 flags placed (10-12 new ones added recently). Veterans Day team instructions will be provided to committee members shortly.

**CARDIOLOGIST LARRY HANDLIN, D.O.,** our speaker today, was welcomed to Kirksville by Dale Schenewerk. Dr. Handlin, who holds five board certifications, previously served the Mexico, Missouri community for over 20 years. He was raised in Kansas City; his wife, a pathologist, is a native of Mexico. Dr. Handlin said we have a fine hospital here in Kirksville and he has hopes that cardiology will be built back up here. Dr. Handlin, a fellow Rotarian, encouraged us to be physically active (at least walk) and to keep blood pressure and cholesterol under control. He said aspirin will not prevent a first heart attack. Statins can decrease risks by halting progression of heart disease.



**50-50 Drawing:** Ralph Cupelli did not pull the ace of spades or a joker; pot now up to \$2,008.

**Guests:**

- Jason Christman** (program guest)
- Mark Czanderna**
- Elsie Gaber** (guest via Zoom)

**Announcement:** Mark Czanderna and Rashmi Prasad are proposed members (second announcement).

**Upcoming Programs:**

- Nov. 4:** Club Assembly; **Nov. 11:** District Governor Visit
- Nov. 18:** Sandra Williams/Chamber of Commerce
- Nov. 25: NO MEETING; Dec. 2:** Jeff Romine/Rotary Foundation; **Dec. 9:** Valerie Anderson/Missouri RYLA
- Dec. 16:** Holiday Program
- Dec. 23&30: NO MEETINGS**