



# The Serving Tray

Rotary Club of Kirksville -- Charter 371 -- District 6040

[www.kvrotary.org](http://www.kvrotary.org)



August 16, 2023- Volume #74

**BENCHES!** Mark Burger announced the last two Rotary Park benches (donated by Ron and Elsie Gaber) will be installed at 5 pm today. Mason and Marty have volunteered to help.

**AUGUST 10 BOARD MEETING:** President Melissa said the board approved a \$200 donation for CAPNEMO clothing drive (sought by Ramey Weichelt) and \$425 to Mobility Worldwide for a mobility cart.

**DAVID NICHOLS** said he is donating \$200 of his 50-50 winnings for a mobility cart and challenged someone to match the funds (Ron Brand accepted challenge). David said his remaining winnings will go to Shoes for Orphan Souls. Jeff said he and Marilyn Romine are donating \$425 for a cart.



**SKIN CANCER:** Matt Eichor said Dr. Lloyd Cleaver will be introducing our speaker, Dr. Baydon Hilton today. Dr. Cleaver from Macon, MO is a NMSU and ATSU/KCOM graduate who retired after 26 years in the U.S. Navy serving as a staff dermatologist. He returned to Kirksville in 1985 and opened the Cleaver Dermatology Clinic in 1986. Dr. Cleaver said Dr. Baydon Hilton from North Carolina served a mission in California from age 19-21, and did undergraduate work at Brigham Young University. He is a 2019 ATSU graduate and became a staff physician with Dr. Cleaver's office just this week. He and his pianist wife have six children, two girls and four boys.

Dr. Hilton said there are more skin cancers than any other cancers. Every 52 minutes someone dies of melanoma and 1 in 4 individuals will get skin cancer in their lifetimes. In 1935, the lifetime risk of melanoma was 1 in 1,500 but is now 1 in 30. He then led the club in an interactive program answering questions about skin cancer and Mason Garbs answered all the questions correctly! One answer crossing many of us up was that males are at higher risk of squamous cell carcinoma than females. He showed photos depicting various skin cancers. (See A,B,C,D,E descriptions online at <https://www.aad.org>.) He recommended doing self checks and showed us on screen how to do them. He also recommended wide brim hats and SPF 30 or greater sunscreen with physical blockers such as zinc oxide or titanium dioxide rather than chemical sunscreens. Reapply every 2 hours unless sweating, then apply hourly.

**50-50 Drawing:** Dr. Uyi did not pull the ace of spades; pot now up to \$301.  
Happy Bucks collected: \$36.

## Guests:

Marcy Palermo  
Dr. Lloyd Cleaver  
Dr. Baydon Hilton (speaker)

## Upcoming Programs:

**Aug. 23:** To Be Announced Monday  
**Aug. 30:** Ralph, Others/Service Recog. Program  
**Sept. 06:** Off Site Meeting/ATSU  
**Sept. 13:** Ryan Persinger/State Park Update  
**Sept. 20:** Classification Talks