



The Serving Tray

Rotary Club of Kirksville -- Charter 371 -- District 6040

www.kvrotary.org



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SOUP SOCIAL 1/30/24! 63 attended. Thank you, social committee, for a wonderful event! In right photo are three committee members, Craig Shorten, Danny Pagliai and Ruth Bowers, with Rotarians Claire Lloyd and Aaron Thomas, a new member. In memory of Ray, Harold Osborn and Elizabeth Gregory prepared hot toddies!



DARRELL CROOKS, PARAMEDIC PROGRAM DIRECTOR, ADAIR COUNTY AMBULANCE DISTRICT

Darrell Crooks has served in this position for 24 years but has a total of 44 years in the general field. Jennifer Chrisman, in her introduction, also said that Darrell Crooks is the pastor of the Novinger Baptist Church.

Director Crooks said when you call 911 you should provide your phone number and address in case you are disconnected. Don't hang up; they will talk you through CPR. He said to secure any dogs in case they want to protect their owner. He spoke about three major efforts **(1) stopping bleeding:** If pushing on bleeding doesn't work, apply a tourniquet high and tight for no more than 4-5 hours. A good tourniquet costs \$40. Don't use a belt or rope. **(2) stokes:** Check for smile or eye droop, tongue going to the side, not center; and ask person to extend arms and hold - look for arm dropping. Check speech. After eight hours

further efforts will not help. **(3) heart attack:** push on the center of the chest hard and fast to the beat of "Staying Alive" or "Walk the Line." Do compressions only, not along with breathing until help arrives. Heart attack symptoms vary, sometimes heavy chest pain but also pain in the back or left or right side. Sometimes it is an upset stomach. The person might become pale or sweat. Our members thanked Darrell and his crew for their services in trying to save lives.

Pictured above are Darrell Crooks (left) and Rotarian Jennifer Chrisman.

50-50 Drawing: Kevin Butner did not pull the ace of spades; pot now up to \$365.

Happy Bucks collected: \$49

Guests:

Trent Barnes and Brett Lemmon (proposed members)

Elsie Gaber (Thousand Hills club)

Darrell Crooks (speaker)

Upcoming Programs:

Feb. 7: Travis Gregory/What the Fire Department can do in emergency

Feb. 14: Ramey Weichelt/Community Project for The Pines

Feb. 21: Andrea Thurman/Community Action Partnership

Feb. 28: Judge Kristi Swaim/"Your Missouri Courts: Protecting Liberty and Justice For All."

March 6: TBA; **March 13:** Ramey Weichelt/Homeless Kits

March 20: TBA