



# The Serving Tray

Rotary Club of Kirksville -- Charter 371 -- District 6040

[www.kvrotary.org](http://www.kvrotary.org)



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**CHECK PRESENTATION;** Andrea Thurman, of CAPNEMO, pictured on the right with President Melissa, thanked our club for the \$300 donation. It is in support of their First Day/Fresh Start program to provide an outfit for needy students from kindergarten to high school on their first day of a new school year. Andrea said forty-two children have been identified so far and other donations have also been received.

**HOST FAMILIES NEEDED FOR BOY FROM THAILAND:** Annette said a “holding” family has been found which will allow the 15-yr.-old to get a visa but they would like another family to take their position as first host family. Contact Annette at <[acsweet12@gmail.com](mailto:acsweet12@gmail.com)>.

## NANCY ROURKE, FNP, ON WOMEN’S PREVENTATIVE HEALTH CARE



In Jennifer Chrisman’s introduction, we learned that Nancy Rourke, a Knox County native, earned two bachelor’s degrees and later a Master of Science degree in Nursing from Franklin University in Columbus, Ohio in 2022. After a long career in nursing and healthcare administration, she became a family nurse practitioner in 2022. She is currently working with Dr. Tysen Petre and Dr. John DeLeeuw at Northeast Regional Medical Group.

Nancy, pictured on the left with Jennifer, spoke about the leading causes of death among women. They include 21.8% for heart disease (the leading cause), followed by cancer at 20.5% and strokes at 6.2%, among other lesser causes. She spoke about the importance of preventative health care. Nancy listed various tests available and the age range when they should be undertaken. She said that, in 2015, of people over age 35, only 8.5% received the recommended preventative health care. (That figure dropped to 5.3% in 2020 but that was probably due to Covid.) Nancy said preventative health care can save lives.

**50-50 Drawing:** Josh Farmer did not pull the ace of spades or joker; pot now up to \$1,245.

### Guests:

Nick Fajkus (guest of Elizabeth Gregory)  
Andrea Thurman, CAPNEMO  
Program Guests: Keaira Olson, Tysen Petre, DO  
Speaker: Nancy Rourke, Nurse Practitioner

### Upcoming Programs:

**June 5:** Dr. John DeLeeuw/Men’s Health Month  
**June 12:** Rayburn Snell/NEMO Fair  
**June 19:** President Melissa/Year in Review  
**June 26:** NO NOON MEETING - 5:30 PM  
**OFFICER INSTALLATION, ROTARY PARK**