



# The Serving Tray

Rotary Club of Kirksville -- Charter 371 -- District 6040

[www.kvrotary.org](http://www.kvrotary.org)



April 1, 2026 - Volume #76



**GENERAL SURGEON STEVEN LYONS, DO, a Kirksville native, spoke about colorectal cancer**, the third most common cancer and the second leading cause of death. It is, however, a preventable cancer. Colonoscopy, recommended to begin at age 45, finds greater than 95% of cancers; in many cases polyps are removed during colonoscopies before cancer is developed. Cologuard finds only 92% of cancers and detects polyps only 42% of the time. If polyps are found, a colonoscopy is more expensive since it is considered diagnostic. Dr. Lyons also spoke about **Gastroesophageal Reflux Disease (GERD)** which can be treated with medication or surgery. Lifestyle changes are also recommended. In addition to general and laparoscopic surgery, he does robotic surgeries which are minimally invasive and precise, resulting in faster recovery. For more information on medical services provided, see attachment to cover email.



**FOOD BANK 4/8/26:** Debi Boughton says the items are canned fruits and vegetables.

**PURPLE PINKY PROGRAM FOR POLIO PLUS:** A \$25 donation until April 3 entitles you to a dozen donated donuts to be delivered by Randy Smith. Contact Ramey <[rameyweichelt@atsu.edu](mailto:rameyweichelt@atsu.edu)>.

**50-50 Drawing:** Matt Eichor did not pull the ace of spades; pot now up to \$1,312.

**Guests:**

**Mindy Bryant** (guest of Jeff Romine and Prospective member)

**Announcements:** See Page 2

**Upcoming Program:**

**April 8:** Classification Talks

2:33 PM Mon Mar 30

Rotary Club of Kirksville's post

**ATSU Rotaract**  
 Posted by Melissa Stuart  
 Rotary Club of Kirksville · 1h · 🌐

Thank you Tiffany Gudde and Sydney Rendes of the ATSU Rotaract Club for helping the Rotary Club of Kirksville assemble flags last Saturday morning! We had several "generations" of Rotaractors helping out, including current advisor Dr. Melissa Stuart; Ron Gaber, retired Emeritus Dean of Students and VP for Student Affairs, who was the founder and first faculty advisor for ATSU Rotaract; Dr. Valena Fiscus, past officer of the ATSU Rotaract Club and current ATSU-KCOM faculty member; and Tiffany and Sydney who are Biomedical Sciences graduate students.



Danny Pagliai - TODAY! April 1  
 Ron Winkler - TODAY! April 1

Susan Knox - April 13  
 Ron Gaber - April 20

happy birthday

HAPPY ROTARY ANNIVERSARY

Sandra Fleak  
35 Years

Amanda Brand  
9 Years

Adam Snyder  
1 Year

Rotary  **UNITE FOR GOOD** Rotary Club of Kirksville 2025-2026

**Dates to Remember!**

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**Announcements**

- Flag Updates - Jeff
- Secretary Update - We are needing a secretary for the 2026-2027 year!
- Purple Pinky Donuts!
- Food collection on Wednesday, April 8. Cans of fruit or vegetables.

**Events!**

- Shoes Caravan in Kirksville - **April 20th, 4:30 - 6:30 PM, @ MA Bank**
- Earth Day cleanup on **April 25th @ 1:00 cleaning up Steer Creek**
- District Conference ! **April 24-25th** at Rotary Youth Camp in Lee's Summit.
  - 25th Anniversary of the Shoe Roll Call

Happy Birthday & Rotary Anniversary (next slides)