

RI President 2014-15
GARY HUANG

District 5340 Governor 2014-15
LOUISE ANDRES

LJGT Rotary President 2014-15
RON KOHL



calendar
EVENTS
and speakers

AUGUST 2014

15.....Rethinking Group Study Exchange
Marty Helman

22.....SnapShot
Tim Mantoani

29.....The Answer to Litter Is You!
Vince Reardon

SEPTEMBER 2014

5.....SANDAG, Trolley

THE GOLDEN ROTARIAN

AUGUST
08
MEETING
BRAILLE
INSTITUTE

AUGUST
08



CINDY
GOMPPER-GRAVES

President & Chief Executive Officer

South County

Economic Development Council



Cindy Gompper-Graves is currently the President and CEO for the South County Economic Development Council where she leads the South County in economic efforts. Gompper-Graves was appointed in December 2003 as the first full-time Executive Director of this 25 year old organization. Her goals are to foster economic prosperity in the South County through job creation, encouraging financial investments and marketing.

Prior to joining the South County Economic Development Council Gompper-Graves was the manager of the Trade and Business Development Office with the County of San Diego where she lead the County's economic development and business assistance efforts. Ms. Gompper-Graves was appointed to head the newly created Office of Trade and Business Development on March 17, 1995 with a goal to improve the region's economic prosperity. Gompper-Graves established the County of San Diego as a leader in economic development.

Ms. Gompper-Graves has unique experience in both the private and public sector. Prior to her post she was the County's first Public Outreach Coordinator and has led building permit issuance for North County. Additionally she has a variety of broadcast and marketing experience gained during her 9-year career with several radio stations. Her current daily interaction with CEOs and business executives utilizes both her private and public sector experience.

In addition to many awards and recognitions Gompper-Graves is the recipient of an honorary degree from Southwestern College, State Assembly District 79 Business Woman of the Year and a California Economic Development Professionals Association Excellence Award.

Upcoming ROTD

AUGUST 2014

15..... Sandi Rimer
22..... Jennifer Schaffer
29..... Linda Stouffer

SEPTEMBER 2014

05..... ?
12..... Dave Davis
19..... George Mannschreck



For Rotary, The Four-Way Test is the cornerstone of all action. It has been for years, and it will be in the future. Of the things we think, say or do

ROTARY 4 WAY TEST

---- 1 ----
Is it the **TRUTH**?

---- 2 ----
Is it **FAIR** to all concerned?

---- 3 ----
Will it build **GOODWILL**
and
better **FRIENDSHIPS**?

---- 4 ----
Will it be **BENEFICIAL**
to all concerned?

As Rotarians, we should have The Four-Way Test in mind in every decision we make, all day long. Our utmost responsibility is to Speak The Truth, to Be Fair, to Build Goodwill and Better Friendships, and to do our very best in all situations.

4 Way Test was developed
in 1932 by
Herbert J. Taylor.

Report

FROM THE AUGUST 1 MEETING



Jacquie Reilly
Reporter

Meeting started promptly at 7:30. After a “smattering” of applause, **Rick Binder** showed family pictures and his love of exercising from Rock Climbing to Paddle Boarding. His company, “Anything is Possible Fitness,” and poking people with an electrical charge called NRF2 are how he earns a living! BTW, NRF2 electrical stimulation really does work-I had a few sessions and no more shoulder pain. Ended by showing us the latest book (VERY LARGE) on how to figure out a woman. Good luck with that!

Guests included a gentleman from Club 33 and **Brian**, former Rotaract, who is leaving us for an exciting new job at Solar City in Bay area.

Weekly updates:

Leadership/Development Academy in Sept, register by Aug 15, ask **Ron** for details.

Well wishes to **Alan Attridge** - **Denny Jacobs** - **Debbie Galgut** & **Emidio**-after plane accident on July 8th. It took him 222 hours to build it and 15 seconds to destroy it! Thank goodness no injuries. Way to go, **Emidio**!

Laara Gervais: Trade your full Piggy Banks for empties.

Dory - Retiring Chair of PR Committee, **Alex Monroe** is taking over now (How does he have time with 3 kids and a full time job? Guess it's cause he is so young!! :-)). Send him event info 2 weeks in advance, please.

Cynthia Villis announced Relay for Life, details to follow.

Dory creating list of Rotarians opening their home to others in event of fires, etc.

The COGS are AMAZING! **Dave Davis** announced that the COGS have raised \$4145 from our club events and \$5620 total, all contributed to our Avenues of Service (and they have fun doing it!) WAY TO GO GUYS

(and gals!)

Upcoming Events:

Carl Lower announced SD Pops gathering on Aug 17 to see Burt Bacharach- buy tickets online. **Jim Frost** gave details for trip to Ensenada on Oct. 18...taking bus down on Sat AM, work till 4:00ish, head to Winery for tour and tasting :) back to hotel for dinner. All meals supplied by local Rotary Clubs. \$68 hotel/\$40 bus. Let's all go help in this very worthwhile project!

Mike Schwarz gave us all a few laughs as Fine Master. Funniest was **Rick Binder**- Mr. Health - eating a GIANT hamburger at July 4th event...how many calories in that **Rick**?

Frank McGrath introduced our speaker, **Amy Roderick** who oversees DEA Operations in San Diego. She gave us quite the education on how drugs are coming into the US and the new drugs on the market (who would have thought of processing Marijuana to make Hash Oil?) She showed photos of an explosion from lighting a cigarette near the butane used to create the Hash Oil (not too bright) - blew out 9 rooms at a SeaWorld Hotel! She spoke about SPICE which is taking a chemical that makes you high and adhering it to a plant....creating a substance that has no FDA oversight...even selling it as bath salts in very small containers in convenience stores. What people will do to get high, very sad. **They could just join the Most Dynamic Rotary Club in the World and have a healthy HIGH!!**

Ron ended the meeting with a funny joke about a blind Dad, but I can't remember it now. NEXT WEEK'S MEETING AT THE BRAILLE INSTITUTE, SEE YOU THERE!

Photos

FROM THE AUGUST 1 MEETING



Bill Keane
Photographer



E V E N T

AUGUST
17

SAN DIEGO POPS

**BURT
BACHARACH**

CLUB GET TOGETHER
ON AUGUST 17, 2014
AT

EMBARCADERO
MARINA PARK SOUTH
SAN DIEGO, CA 92101



C O N T A C T



Carl Lower
Contact

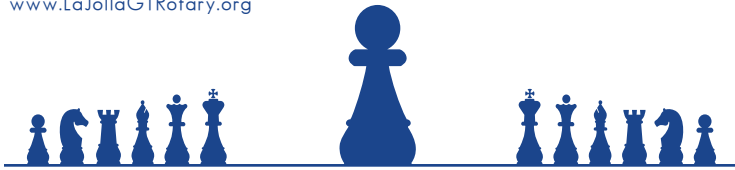
LA JOLLA GOLDEN TRIANGLE ROTARY CLUB

P.O. Box 13023
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www.LaJollaGTRotary.org

LA JOLLA
GOLDEN TRIANGLE
ROTARY CLUB

CHARTERED
JUNE, 1986

LA JOLLA
CALIFORNIA



LJGT ROTARY LEADERSHIP

2014 - 2015

PRESIDENT Ron Kohl
PRESIDENT-ELECT (2015-16) Bev Fritschner
TREASURER Sharon Council
SECRETARY Sara Hogue
PAST-PRESIDENT/FOUNDATION Brett Morey



BOARD OF DIRECTORS

2014 - 2017

Dave Wiegman, III2015 Jacquie Reilly2016
Allan Galgut.....2015 Tony Grillo.....2017
Will Moore.....2015 Joe Howell2017
Ajay Asher.....2016 Laara Gervais.....2017
Alex Monroe2016



COMMITTEE CHAIRS

2014 - 2015

CLUB SERVICE..... Keith Jeffers & Rick Binder
COMMUNITY SERVICE..... Ellen Bryson & Alex Monroe
YOUTH SERVICE..... Dianne Day
INTERNATIONAL SERVICE..... Cynthia Villis, Kathleen Roche -Tansey & Alex Kirkpatrick
VOCATIONAL SERVICE..... Sheila Henry & Laara Gervais
PR/WEB Alex Monroe
MEMBERSHIP Jacquie Reilly & Sandra Scherf
FUNDRAISING..... Linda Stouffer & Dianne Day
PEACE FELLOWSHIP Mike Bardin
CLUB FOUNDATION..... Steve Brown
FINE MASTER..... Michael Schwarz
PROGRAM CHAIR..... Bill Keane
FAMILY OF ROTARY..... Lori Bende
BULLETIN REPORTER/EDITOR..... Joseph Howell
PUBLISHER Ajay Asher



PAST PRESIDENTS

1986 - 2014

Dewey McDowell.....1986/87	Jim Davies.....2001/02
Ted Owen.....1987/88	Don Hoover.....2002/03
Reint Reinders.....1988/89	Pam Russell.....2003/04
Dan Mitrovic.....1989/90	Mike Schwarz.....2004/05
Steve Brown.....1990/91	Cynthia Villis.....2005/06
Ron A. Phillips.....1991/92	Dale Barnes.....2006/07
Bobby Foushee.....1992/93	Jay Hatfield.....2007/08
Pete Griffith.....1993/94	Linda Stouffer.....2008/09
Bill Radcliffe.....1994/95	Louise R. Andres.....2009/10
Carl Lower.....1995/96	Dory Beatrice Griffith.....2010/11
Michael Bardin.....1996/97	Romik Kesian.....2011/12
Robert Vaughn.....1997/98	Susan Schwarz.....2012/13
Mil Phillips.....1998/99	Brett Morey.....2013/14
Rick Clark.....1999/00	
Bonnie Brunner.....2000/01	



THE REVEREND CANON WAYNE F. SANDERS OR FATHER WAYNE SANDERS

- 1940 Born and raised on the north side of Chicago, Illinois
- 1966 Seminary, St. Mary's of the Lake in Mundelein, Illinois. Ordained Roman Catholic Priest in the Archdiocese of Chicago
- 1971 Navy chaplain at Camp Pendleton & Adak, Alaska
- 1974 Received into the Episcopal Church as Assistant Episcopal Priest/ Headmaster at All Saint's Episcopal Church in Hillcrest. Married Kathleen Bracken
- 1975 1st child born-Daughter-Joy
- 1976 2nd child born-Son-Sean
- 1978 Vicar of Good Samaritan Episcopal Church in University City. Then became Rector when church became self-supporting in 1981
- 1988 Became Rotarian-Torrey Pines Club then switched to Golden Triangle Club in 1990.
- 2000 Dedicated new office and sanctuary at Good Samaritan -seating 700
- 2005 Retired and became Canon for Ecumenical & InterReligious Affairs for the Episcopal Diocese of San Diego. Interim Pastor for seven parishes till present in the San Diego Diocese.
- 2014 St. Andrew's Episcopal Church of La Mesa and Day School

