

RI President 2014-15
GARY HUANG

District 5340 Governor 2014-15
LOUISE ANDRES

LJGT Rotary President 2014-15
RON KOHL



AUGUST 2014

22.....**SnapShot**
Tim Mantoani

29.....**The Answer to Litter Is You!**
Vince Reardon

SEPTEMBER 2014

5.....**SANDAG, Trolley**
John Haggerty

12.....**LJGT Members to Discuss Real Estate**
Ellen Bryson, Louis Scotti, Sandi Rimer, Romik Kesian

THE GOLDEN ROTARIAN

AUGUST
15



MARTHA PEAK HELMAN

*PDG Boothbay Harbor Rotary Club
Non-profit Executive*



Rethinking Group Study Exchange



Martha Peak and her husband **Frank Helman** joined the Boothbay Harbor Rotary Club in 2003. They are Major Donors and Bequest Society members of The Rotary Foundation. **Marty** is currently serving as her District's Trainer. She has facilitated at the Rotary Leadership Institute (since 2009), RYLA (since 2011) and Northeast PETS (since 2013), and she is a frequent speaker on The Rotary Foundation, membership, and other Rotary topics.

Marty served as Governor of District 7780 (southern Maine and coastal New Hampshire) in 2012-13. During her governorship, District 7780 donations to The Rotary Foundation's Annual Fund increased 28 percent over the numbers achieved in each of the three previous years. For the past decade, **Marty** has volunteered for Safe Passage and the Cooperative for Education, two literacy initiatives that aim to improve basic educational opportunities in Guatemala. Her experiences led to several Matching Grants; additionally, with financial support from a Volunteer Service Grant, **Marty** wrote and published a book on education in Guatemala entitled, "Rewriting the Future."

Marty volunteered after Hurricane Katrina hit the Gulf Coast (2005), and the Rotary clubs in Slidell, Louisiana, jointly honored her with a Paul Harris Fellow for her work. She also initiated a Matching Grant to help refurbish an elementary school in the Gulf. **Marty** has taken part in National Immunization Day trips to Nigeria, Mali and Chad (2010 and 2011) to immunize against polio. **Marty** led District 7780's Group Study Exchange team to the Philippines (2008), and that year her club named her Club Rotarian of the Year. More recently, she was a member of her District's Cultural Exchange with Uganda, partially supported by a District Foundation grant. **Marty** served as Trainer for the Governor-nominees at the Zone 24-32 Institute in 2013. At RI Director **Bryn Style's** request, she started a Zone newsletter, which she continues to edit and produce on a monthly basis for RI Director **Julia Phelps**.

Marty enjoyed a successful 20-year magazine publishing career in New York City. Later, she authored articles and books on management and education topics. Since 2003, she and her husband have been principals of a small non-profit foundation based in Maine.

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Follow **Marty's** blog at
<http://martyhelman.wordpress.com>

Upcoming ROTD

AUGUST 2014

22.....Jennifer Schaffer

29.....Linda Stouffer

SEPTEMBER 2014

05.....Antonio Grillo Lopez

12.....Dave Davis

19.....George Mannschreck

26.....Jay Hatfield



For Rotary, The Four-Way Test is the cornerstone of all action. It has been for years, and it will be in the future. Of the things we think, say or do

ROTARY 4 WAY TEST

--- 1 ---
Is it the **TRUTH**?

--- 2 ---
Is it **FAIR** to all concerned?

--- 3 ---
Will it build **GOODWILL**
and
better **FRIENDSHIPS**?

--- 4 ---
Will it be **BENEFICIAL**
to all concerned?

As Rotarians, we should have The Four-Way Test in mind in every decision we make, all day long. Our utmost responsibility is to Speak The Truth, to Be Fair, to Build Goodwill and Better Friendships, and to do our very best in all situations.

4 Way Test was developed
in 1932 by
Herbert J. Taylor.

Report

FROM THE AUGUST 15 MEETING



Antonio J. Grillo-Lopez
Reporter



HOW BABIES WERE MADE?

The meeting began promptly at 7:30 AM. **President Ron Kohl** opened the meeting and introduced the Rotarian of the Day, the **Reverend Canon Wayne F. Sanders** who led us in the Pledge of Allegiance and then in prayer. The Chicago, Illinois native was a Catholic priest first, Navy Chaplain (Camp Pendleton and Alaska), and then an Episcopal priest. He started by saying he would introduce us to **Peter, Paul, and Mary** and he did. **Father Wayne** actually meant a trio composed by **Dr. Bucko, Kathy Sanders, and Father Wayne**. He forced all members to stand and attempt to sing "This little light of mine, I am going to let it shine," once again proving we cannot sing!

Guests: Presented by – **Kimberly Schafer**

Mary Montgomery Johnson – guest

Kathy Sanders – **Father Wayne's** wife.

Pres. Ron Kohl:

Committee for dealing with Marriott issues – If you have any banquet room or food issues, please do not talk to the Marriott staff. A committee has been formed to handle Marriott communications, so please talk to **Ron Kohl, Brett Morey, Bev Fritschner, Allan Galgut** or **Susan Schwarz** if you have questions, comments or concerns.

Thanked **Jay Hatfield** and Braille for allowing us to have our meeting here today.

Condolences to **Rick** on the passing of his dad.

Kathleen Roche Tansey – Presented flag of San Jose Club. They would like to join is in our projects in Mexico.

Jim Davies and Ron Kohl – **Jim Frost, Tony Grillo** and **Jim Davies** were complimented on a very thorough pre-visit in preparation for the project in Mexico.

Bev Fritschner – Announced Leadership Development Academy's first meeting in September. Red badgers – sign up. This Academy is required to be on the Club Board or to be Club President. Register by August 15, 2014 with the District (dale@rotary5340.org or 619-299-5341).

Carl Lower – Summer Pops, **Burt Bacharach**: Friday, August 17, 2014. (Cabaret II tickets, \$37 each) It is your responsibility to purchase tickets: Go to: <http://purchasing.sandiegosymphony.org>. All are welcomed to join us for a pre-show picnic in the park. Email **Carl Lower** (clower@earthlink.net) for more information.

Sheila Henry – Women's Empowerment helps poor women

start a business. We have an opportunity to visit some of these businesses.

Sara Hogue – Taught us how to access club login. You can now pay your dues by credit card.

Speaker: Introduced by **Bev Fritschner**
Cindy Gommper-Graves, President and CEO of Economic Dev. Council of South County.

SCEDC – Non profit, binational (Tijuana)

Projects –

Chula Vista Bayfront – 2nd largest development project in the west coast. Several hotels (one 1200 rooms), Convention center, condo units, etc. Environmental group supported. Chula Vista Nature Center close by – endangered species protected there.

Pond 20 – 90 acres of abandoned salt flats. Beautification project. Gateway to South County beaches.

Brown Field – Airport in Otay Mesa. Richard Sacks of Palomar airport has concession to develop. Hotel, museum, and airport + 300 acres for Industrial development.

Cross border terminal – Tijuana airport currently operating at 40% capacity. Only cross border airport in the Americas. Plan to take 15 months to develop.

New Port of Entry – Otay 2 will allow for shorter wait times. Will cost \$5.00 to cross the border. Toll road SR11 (under construction) leads to Otay 2

San Ysidro Port Of Entry – 60 lanes when improvements completed.

Chula Vista University – 300 acres donated by city. Four year U. Education for people of SC. Open to having UCSD, Southwestern U, or other xtensions

Bikeway village – will eventually allow for biking all around the bay.

Invitation to club members: 10th Annual South County Elected Officials Reception. Thursday 18 Sept. from 4:30 to 6:30PM at Pier 32 Marina, 3201 Marina Way, National City, 91950. Admission free.

SCEDC Goal: Get people out of poverty and working in SC.

Pres. Ron Kohl: Closed with "a little story" – The son asked his dad how babies were made. Father said – first came **Adam and Eve** and then a whole lot of babies. He asked his Mom – First it was Monkeys and then Man. You lied Dad, said the son, Mom says we come from Monkeys. Well, she was talking about her side of the family!

Respectfully submitted by: **Antonio J. Grillo-Lopez**
Reporter for this meeting.

Photos

FROM THE AUGUST 15 MEETING



Bill Keane
Photographer



E V E N T

AUGUST
17

SAN DIEGO POPS

**BURT
BACHARACH**

CLUB GET TOGETHER
ON AUGUST 17, 2014
AT

EMBARCADERO
MARINA PARK SOUTH
SAN DIEGO, CA 92101



C O N T A C T



Carl Lower
Contact

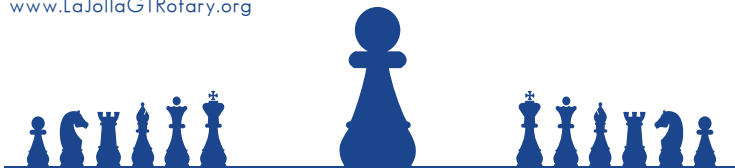
LA JOLLA GOLDEN TRIANGLE ROTARY CLUB

P.O. Box 13023
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www.LaJollaGTRotary.org

LA JOLLA
GOLDEN TRIANGLE
ROTARY CLUB

CHARTERED
JUNE, 1986

LA JOLLA
CALIFORNIA



LJGT ROTARY LEADERSHIP

2014 - 2015

PRESIDENT Ron Kohl
PRESIDENT-ELECT (2015-16) Bev Fritschner
TREASURER Sharon Council
SECRETARY Sara Hogue
PAST-PRESIDENT/FOUNDATION Brett Morey



BOARD OF DIRECTORS

2014 - 2017

Dave Wiegman, III2015	Jacquie Reilly2016
Allan Galgut.....2015	Tony Grillo.....2017
Will Moore.....2015	Joe Howell2017
Ajay Asher.....2016	Laara Gervais.....2017
Alex Monroe2016	



COMMITTEE CHAIRS

2014 - 2015

CLUB SERVICE.....Keith Jeffers & Rick Binder
COMMUNITY SERVICE.....Ellen Bryson & Alex Monroe
YOUTH SERVICE.....Dianne Day
INTERNATIONAL SERVICE.....Cynthia Villis, Kathleen Roche –Tansey & Alex Kirkpatrick
VOCATIONAL SERVICE.....Sheila Henry & Laara Gervais
PR/WEBAlex Monroe
MEMBERSHIPJacquie Reilly & Sandra Scherf
FUNDRAISING.....Linda Stouffer & Dianne Day
PEACE FELLOWSHIPMike Bardin
CLUB FOUNDATION.....Steve Brown
FINE MASTER.....Michael Schwarz
PROGRAM CHAIR.....Bill Keane
FAMILY OF ROTARY.....Lori Bende
BULLETIN REPORTER/EDITOR.....Joseph Howell
PUBLISHERAjay Asher



PAST PRESIDENTS

1986 - 2014

Dewey McDowell.....1986/87	Jim Davies.....2001/02
Ted Owen.....1987/88	Don Hoover.....2002/03
Reint Reinders1988/89	Pam Russell.....2003/04
Dan Mitrovic1989/90	Mike Schwarz.....2004/05
Steve Brown1990/91	Cynthia Villis.....2005/06
Ron A. Phillips.....1991/92	Dale Barnes2006/07
Bobby Foushee.....1992/93	Jay Hatfield2007/08
Pete Griffith.....1993/94	Linda Stouffer2008/09
Bill Radcliffe.....1994/95	Louise R. Andres2009/10
Carl Lower.....1995/96	Dory Beatrice Griffith.....2010/11
Michael Bardin.....1996/97	Romik Kesian2011/12
Robert Vaughn.....1997/98	Susan Schwarz.....2012/13
Mil Phillips.....1998/99	Brett Morey.....2013/14
Rick Clark.....1999/00	
Bonnie Brunner.....2000/01	



SANDI

RIMMER

AGO

69 Years	Became alive in Los Angeles
48 Years	Became marketing/design/sales manager in garment industry
46 Years	Became a wife
36 Years	Became a mother
35 Years	Became a Realtor
31 Years	Became single
26 Years	Became a Swim Mom
25 Years	Became a wife
25 Years	Became a Rotarian
21 Years	Became a CCIM/commercial designation in Real estate
19 Years	Became a single orphan and empty nester
18 Years	Became Past President of RC of Escondido
17 Years	Became GSE team leader for Rotary, etc. etc. etc.
10 Years	Became District Governor, 2004-05
8 Years	Became member of RC of La Jolla Golden Triangle
6 Years	Became former owner of Coldwell Banker Prestige Properties
6 Years	Became recipient of Citation for Meritorious Service
2.5 Years	Became Broker Associate at Berkshire Hathaway
2 Years	Became involved in 1000 Smiles
1 Year	Became partner in Prestige Asset Management
6 Months	Became Distinguished Service Awardee

