

RI President 2014-15
GARY HUANG

District 5340 Governor 2014-15
LOUISE ANDRES

LJGT Rotary President 2014-15
RON KOHL



calendar
EVENTS
and speakers

AUGUST 2014

29.....The Answer to Litter Is You!
Vince Reardon

SEPTEMBER 2014

5.....SANDAG, Trolley
John Haggerty

12.....LJGT Members to Discuss Real Estate
Ellen Bryson, Louis Scotti, Sandi Rimer, Romik Kesian

19.....Life Begins At Seventy
Alan Mindell

THE GOLDEN ROTARIAN

AUGUST
22



CREATING SNAPSHOT FOR KPBS



SAN DIEGO, CALIFORNIA
SNAPSHOT
WITH TIM MANTOANI

TIM MANTOANI

As a San Diego based photographer for over 20 years, **Tim Mantoani** has traveled the world photographing and exhibiting his work. Known for his portraits of athletes, his work has appeared on the covers of *Sports Illustrated*, *ESPN The Magazine* and numerous *EA Sports* video games. His personal project, *Behind Photographs: Archiving Photographic Legends* includes portraits of some of the greatest images and image makers of our time. **Tim** is also the host of *SnapShot* on KPBS, where he interviews and photographs some of San Diego's most interesting artists, athletes and personalities.

Upcoming ROTD

AUGUST 2014

29.....Linda Stouffer

SEPTEMBER 2014

05.....Antonio Grillo Lopez

12.....Dave Davis

19.....George Mannschreck

26.....Jay Hatfield



For Rotary, The Four-Way Test is the cornerstone of all action. It has been for years, and it will be in the future. Of the things we think, say or do

ROTARY 4 WAY TEST

--- 1 ---

Is it the **TRUTH**?

--- 2 ---

Is it **FAIR** to all concerned?

--- 3 ---

Will it build **GOODWILL**
and
better **FRIENDSHIPS**?

--- 4 ---

Will it be **BENEFICIAL**
to all concerned?

As Rotarians, we should have The Four-Way Test in mind in every decision we make, all day long. Our utmost responsibility is to Speak The Truth, to Be Fair, to Build Goodwill and Better Friendships, and to do our very best in all situations.

4 Way Test was developed
in 1932 by
Herbert J. Taylor.

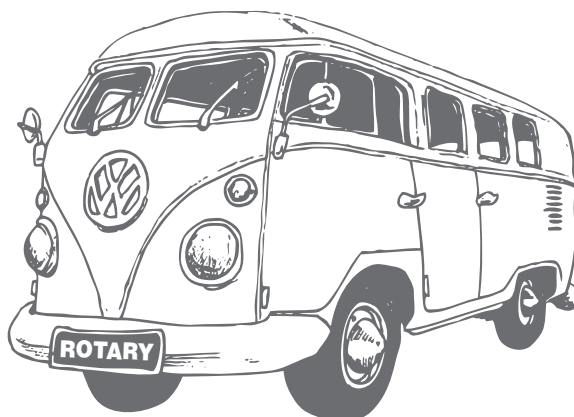
Report

FROM THE AUGUST 15 MEETING



Joel J. Candib
Reporter

DISTRICT VAN D o w n T o E n s e n a d a ?



President Ron Kohl called the meeting to order at 7:30am. He introduced Rotarian of the Day **Sandi Rimer**. Sandi has had a long and prestigious relationship with Rotary. She was a District Governor 2004-2005. She is involved in 1000 Smiles. She has been awarded the Citation for Meritorious Service and most recently become a Distinguished Service Awardee. She discussed D.S.A. requirements. She also showed a video recounting and thanking her for her ongoing generous work as a Rotarian.

Bev presented a beautiful "thank you" card received from **Debbie Galgut** thanking everyone for their cards and well wishes and how they helped her. She is getting stronger. **Ron** announced that he will be driving the District Van down to Ensenada on the Friday night of the weekend of our volunteer work project in Ensenada. This will be a great convenience to the volunteers who plan to spend the entire weekend in Ensenada. **Rick Binder** introduced today's guests including visiting Rotarian, **Mike Ryan** from the Buffalo Club, as well as visiting Rotarians, **Marty Peak Helman**, who is our guest speaker today and her husband **Frank Helman**. They are both members of the Boothbay Harbor Rotary Club. Our other guests were **John Beck's** son, **Daniel Lozier (Ellen Bryson)**, **Sue Winski (Kathleen Roche-Tansey)** and **Amir (Sandra Scherf)**.

We are the host club for a grad student who needs a few things donated for his room. A list will follow. **Carl Lower** gave us a reminder for the **Burt Bacharach** Summer Pops concert on Aug. 17, 2014. It is your responsibility to get your tickets if you are attending. **Brett Morey** spoke about the Cancer "Relay for Life". **Brett Morey** presented to **Joe Howell** along with his son **Joey Jr.**, **Joe's THIRD Paul Harris** award.

Steve Brown introduced our speaker, **Marty Peak Helman**. She spoke about several interesting topics and experiences such as the surprising results received from a panel on policy decisions pushed down to members on spending raised money. She also discussed "cultural exchange" and the successful results of a trip to and projects completed in Uganda. **People --- Projects -- Possibilities**. She closed her talk by showing a terrific and inspiring video (available on YouTube) of a song written and performed by the residents of the area in Uganda where they worked... "One Love Heart"

President Ron proceeded to close the meeting, as he always does, with a humorous thought for us to take with us when we leave.

Photos

FROM THE AUGUST 15 MEETING



Bill Keane
Photographer



E V E N T

AUGUST
23

LJGT
ROTARY CLUB

RELAY
FOR LIFE

DIEGUENO
MIDDLE SCHOOL

AT

2150 VILLAGE PARK WAY
ENCINITAS, CA 92024

C O N T A C T



Brett Morey
Contact

bretthmorey@gmail.com



Cynthia Villis
Contact

cynvillis@att.net

RELAY FOR LIFE OF ENCINITAS

La Jolla Golden Triangle Rotarians & Friends Relay for Life Team

Reporter: Brett Morey

SIGN UP AT THE RELAY FOR LIFE TEAM WEBSITE:

http://main.acsevents.org/site/TR/RelayForLife/RFLCY14CA?team_id=1666247&pg=team&fr_id=56661

MORE INFO

This is going to be a fantastic event supporting the American Cancer Society. Feel free to invite neighbors, family and friends to join us as well. As you can see there are plenty of templates to use on the website. Our Relay team still shows up on the Relay for Life Del Mar event and I have asked ACS Relay Specialist, **Melissa Matthews** to make this change. The event starts at 9AM on Saturday for the Opening Ceremonies and a special Cancer Survivors lap. I know that we will have several fellow Rotar-

ians joining us for the Opening Ceremony. Let me know what time works best for you to walk for an hour or so during the 24hr family friendly event.

By 8PM or 8:30PM on Saturday night there will be a special Luminaria Ceremony to honor those who have passed as well as celebrate Cancer Survivors. At 8:30AM on Sunday, August 24th we will have a Closing Ceremony and teams will be inspired by the message of hope.

*Cancer has affected so many of us directly or indirectly. Relay for Life is a fantastic opportunity for all of us to unite in the fight against cancer. If you have any additional questions feel free to contact **Cynthia** or myself.*



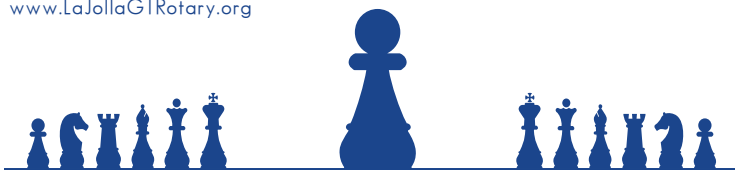
LA JOLLA GOLDEN TRIANGLE ROTARY CLUB

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www.LaJollaGTRotary.org

LA JOLLA
GOLDEN TRIANGLE
ROTARY CLUB

CHARTERED
JUNE, 1986

LA JOLLA
CALIFORNIA



LJGT ROTARY LEADERSHIP

2014 - 2015

PRESIDENT Ron Kohl
PRESIDENT-ELECT (2015-16) Bev Fritschner
TREASURER Sharon Council
SECRETARY Sara Hogue
PAST-PRESIDENT/FOUNDATION Brett Morey



BOARD OF DIRECTORS

2014 - 2017

Dave Wiegman, III 2015
Allan Galgut 2015
Will Moore 2015
Ajay Asher 2016
Alex Monroe 2016
Jacquie Reilly 2016
Tony Grillo 2017
Joe Howell 2017
Laara Gervais 2017



COMMITTEE CHAIRS

2014 - 2015

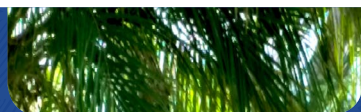
CLUB SERVICE Keith Jeffers & Rick Binder
COMMUNITY SERVICE Ellen Bryson & Alex Monroe
YOUTH SERVICE Dianne Day
INTERNATIONAL SERVICE Cynthia Villis, Kathleen Roche - Tansey & Alex Kirkpatrick
VOCATIONAL SERVICE Sheila Henry & Laara Gervais
PR/WEB Alex Monroe
MEMBERSHIP Jacquie Reilly & Sandra Scherf
FUNDRAISING Linda Stouffer & Dianne Day
PEACE FELLOWSHIP Mike Bardin
CLUB FOUNDATION Steve Brown
FINE MASTER Michael Schwarz
PROGRAM CHAIR Bill Keane
FAMILY OF ROTARY Lori Bende
BULLETIN REPORTER/EDITOR Joseph Howell
PUBLISHER Ajay Asher



PAST PRESIDENTS

1986 - 2014

Dewey McDowell 1986/87
Ted Owen 1987/88
Reint Reinders 1988/89
Dan Mitrovic 1989/90
Steve Brown 1990/91
Ron A. Phillips 1991/92
Bobby Foushee 1992/93
Pete Griffith 1993/94
Bill Radcliffe 1994/95
Carl Lower 1995/96
Michael Bardin 1996/97
Robert Vaughn 1997/98
Mil Phillips 1998/99
Rick Clark 1999/00
Bonnie Brunner 2000/01
Jim Davies 2001/02
Don Hoover 2002/03
Pam Russell 2003/04
Mike Schwarz 2004/05
Cynthia Villis 2005/06
Dale Barnes 2006/07
Jay Hatfield 2007/08
Linda Stouffer 2008/09
Louise R. Andres 2009/10
Dory Beatrice Griffith 2010/11
Romik Kesian 2011/12
Susan Schwarz 2012/13
Brett Morey 2013/14



I was born in England and came to America when I was 7 and lived most of my life in New York, where I went to school and received a Ph.D. in Psychology.



I worked for the State of NY in various administrative capacities and became the Director of a State Psychiatric Hospital for 3 years. It was there that I learned firsthand the suffering caused by mental illness to both patients and their families.

I left to become the Deputy Commissioner and later Commissioner of Mental Health for Westchester County, NY. I oversaw services for people with Mental Illness, Alcohol Substance Abuse, or Mental Retardation diagnoses in the county. One of my particular interests there was expanding services and housing for the homeless population in the county.

By chance, I saw an ad for a similar job, the Director of Behavioral Health Services, in San Diego County. Since one of my 2 sons and his family lived here, I thought it would be a good opportunity. With the encouragement of my love of 30 years, Hal, I was hired. It was a wonderful opportunity to be close to my grandchildren, start a new life and make new friends.

I am now retired and looking forward to work with Rotary to find ways to do more to help people in the community we have grown to love.

JENNIFER
SCHAFER

