



**ENGAGE  
ROTARY**



**CHANGE  
LIVES**

RI President 2013-14  
**RON D. BURTON**

District 5340 Governor 2013-14  
**CARL KRUSE**

LJGT Rotary President 2013-14  
**BRETT MOREY**



6.27 **American Cancer Society  
Relay For Life**  
*Nathan Clookie*

**Owner of the  
San Diego Padres**  
*Tom Seidler*

July  
7.5 **DARK**

# THE GOLDEN ROTARIAN

JUNE  
20



## Vocational Services



### Laara Gervais

The Vocational Committee has recently gone through a metamorphosis. An old name with a new purpose. Only a year old, we have started with an impressive beginning. Our mission statement: "To Promote, Educate, Encourage and Mentor business opportunities within our Rotary club and our community."

With the intent of encouraging our membership to promote their businesses, and in partnership with the membership committee, we organized two successful networking mixers. Special thanks to Tony Grillo and Jim Frost for hosting these. Our plan is four annually. Targeting the youth and our desire to educate, we created a Career Fair at Press High School, targeting five very diverse professions.

And then finally our mentoring program. We have recently partnered with Women's Empowerment, a non-profit providing mentoring and micro financing services to women fighting poverty and providing business opportunities. We are proud to present today a check for \$1,000.00 today as our donation to this extremely worthy organization. Special thanks to this committee for their time and efforts this year in the organization these programs.

CHAIR: Sheila Henry. MEMBERS: Alan Attridge, Bonnie Arora, Krishna Arora, Laara Gervais, Alex Kirkpatrick, Barbro Kirkpatrick, Seth Kouet, Jacquie Reilly, and Sandra Scherf.



**WOMEN'S  
EMPOWERMENT  
INTERNATIONAL**

<http://www.womenempowerment.org>

### Win Cox

Women's Empowerment International (WE) is a 560 member, all-volunteer, San Diego based 501(c)(3) non-profit whose mission is to give women the tools they need to work their way out of poverty. WE has funded over 15,000 small repayable business loans for impoverished women in Ghana, Uganda, Benin, Honduras and Mexico, plus helped poor San Diego women launch over 175 businesses and strengthen 100 more.

Poway-Scripps Rotary Club member Win Cox is the Co-Founder of WE and will speak about the WE STAR Center in City Heights, a free business-startup incubator for poor San Diego women. Clients receive comprehensive one-on-one and group session help to bring their ideas to life as sustainable businesses such as licensed childcare, catering, sewing and alterations, hair salons, sales of imported goods, small retail stores, etc.

## Upcoming ROTD

### JUNE 2014

27..... Tom Hinton

### JULY 2014

4..... Holiday

11..... Joel Candib

18..... Kathleen Roche Tansey

25..... Mike Bardin

# Report

FROM THE JUNE 13 MEETING



Joseph A. Howell  
Reporter



For Rotary, The Four-Way Test is the cornerstone of all action. It has been for years, and it will be in the future. Of the things we think, say or do

## ROTARY 4 WAY TEST

--- 1 ---

Is it the **TRUTH**?

--- 2 ---

Is it **FAIR** to all concerned?

--- 3 ---

Will it build **GOODWILL**  
and  
better **FRIENDSHIPS**?

--- 4 ---

Will it be **BENEFICIAL**  
to all concerned?

As Rotarians, we should have The Four-Way Test in mind in every decision we make, all day long. Our utmost responsibility is to Speak The Truth, to Be Fair, to Build Goodwill and Better Friendships, and to do our very best in all situations.

4 Way Test was developed  
in 1932 by  
Herbert J. Taylor.

**Our Rotarian** of the day was **Irwin Rubenstein**. He showed the group a beautiful video collage of his family's travels around the world with **Louis Armstrong** playing, "What a Wonderful World"!

Fine master **Will Moore** was in an auto collision that totaled his. Thankfully he was not hurt, but I don't think he has spoken to his lawyer yet. He does have a brand-new Chevy Volt, though. **Will** fined **Tony Grillo** for not mentioning our group when he was written up by local paper. **Will** should've been fined when he twice attempted to fine **Ellen Bryson** and another member who were not even at the meeting! **Will** then introduced our guests which included former member, **Diane Birch** and **Bill Birch**, former president of the La Jolla Rotary club.

There were numerous high-fives including **Jan Percival** acknowledging

**Fary Moini** being named a "Champion of Humanitarian Causes"! **Tom** then noted **Fary** is sponsoring a food locker for our troops.

There was a Rotary Minute where **Pete Griffith** and **George Mannschreck** told the group about the club being chartered in June 1986 when there were 36 original members and after 28 years, 10 are still in the club.

Club announcements included the fact that there will be over 100 vendors at our Golden Triangle Arts and Craft Beer Festival on June 28, 2014 from 10 AM to 4 PM at the Nobel Athletic Fields and Recreation Center, located at 8810 Judicial Dr., San Diego, CA 92122. The group was encouraged to put a flyer on everyone's Facebook page as flyers need to be everywhere. One flyer was spotted at the World Cup and another at the NBA finals!

**Ron Kohl's** promotion and **Brett**

**Morey's** demotion is coming this Friday at the annual Promote/Demote at the Braille Institute.

**Bev Fritschner** is having a barbecue at her Mission Hills home on July 4 and you're welcome to come watch the multiple displays of fireworks viewable from her lovely home.

**Bonnie Aurora** introduced our speaker of the day, **Simona Valanciute**, of the nonprofit organization, San Diego Oasis. San Diego Oasis is an amazing organization focused on all aspects of successful aging and intergenerational community service. Its mission is lifelong learning, healthy living and social engagement for people 50 years and older. The key to longevity is physical and mental exercise and community involvement. **Ms. Vanaciute** brought with her a special lady named **Mae** who is 93 years old absolutely loves and recommends participating in Oasis.





# Photos

FROM THE JUNE 13 MEETING



Bill Keane  
Photographer



JUNE

28

10am to 4pm



GOLDEN TRIANGLE  
ARTS & CRAFT  
**BEER**  
FESTIVAL



**LOCATION**

8810 Judicial Dr.  
San Diego, CA 92122

**NOBEL**  
Athletic Fields  
and Recreation Center

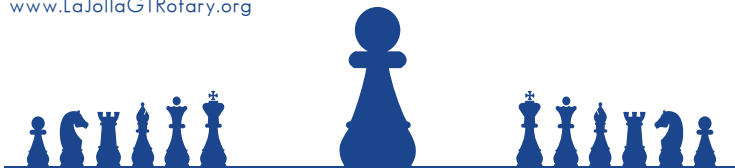
# LA JOLLA GOLDEN TRIANGLE ROTARY CLUB

P.O. Box 13023  
La Jolla, CA 92039  
www.LaJollaGTRotary.org

LA JOLLA  
GOLDEN TRIANGLE  
ROTARY CLUB

CHARTERED  
JUNE, 1986

LA JOLLA  
CALIFORNIA



## LJGT ROTARY LEADERSHIP

2013 - 2014

PRESIDENT ..... Brett Morey  
PRESIDENT ELECT (2014-15) ..... Ron Kohl  
PRESIDENT-ELECT DESIGNATE (2015-16) ..... Bev Fritschner  
TREASURER ..... Sharon Council  
SECRETARY ..... Sara Hogue  
PAST-PRESIDENT/FOUNDATION ..... Susan Schwarz



## BOARD OF DIRECTORS

2013 - 2016

DATES COMPLETED

Joseph Howell.....2014	Will Moore.....2015
Erik Mjoen.....2014	Ajay Asher.....2016
Krishna Arora.....2014	Alex Monroe.....2016
Dave Wiegman, III.....2015	Jacque Reilly.....2016
Allan Galgut.....2015	



## COMMITTEE CHAIRS

2013 - 2014

CLUB SERVICE.....	Keith Jeffers & Tony Grillo
COMMUNITY SERVICE.....	Ellen Bryson & Alex Monroe
YOUTH SERVICE.....	Dianne Day
INTERNATIONAL SERVICE.....	Cynthia Villis & Kathleen Roche - Tansey
VOCATIONAL SERVICE.....	Sheila Henry
PR/WEB.....	Dory Beatrice Griffith
MEMBERSHIP.....	Rick Binder, Louis Scotti & Jim Frost
FUNDRAISING.....	Jessica Woodward & Jeanna Grant
PEACE FELLOWSHIP.....	Mike Bardin
CLUB FOUNDATION.....	Steve Brown
FINE MASTER.....	Will Moore
PROGRAM CHAIR.....	Beverly Fritschner
FAMILY OF ROTARY.....	Lori Bende
BULLETIN REPORTER/EDITOR.....	Joseph Howell
PUBLISHER.....	Ajay Asher



## PAST PRESIDENTS

1986 - 2013

Dewey McDowell.....1986/87	Jim Davies.....2001/02
Ted Owen.....1987/88	Don Hoover.....2002/03
Reint Reinders.....1988/89	Pam Russell.....2003/04
Dan Mitrovic.....1989/90	Mike Schwarz.....2004/05
Steve Brown.....1990/91	Cynthia Villis.....2005/06
Ron A. Phillips.....1991/92	Dale Barnes.....2006/07
Bobby Foushee.....1992/93	Jay Hatfield.....2007/08
Pete Griffith.....1993/94	Linda Stouffer.....2008/09
Bill Radcliffe.....1994/95	Louise R. Andres.....2009/10
Carl Lower.....1995/96	Dory Beatrice Griffith.....2010/11
Michael Bardin.....1996/97	Romik Kesian.....2011/12
Robert Vaughn.....1997/98	Susan Schwarz.....2012/13
Mil Phillips.....1998/99	
Rick Clark.....1999/00	
Bonnie Brunner.....2000/01	



# Rita Lim-Wilby

BPHARM, PHD



Rita was a scientist in bio-pharma inventing cures for diseases you don't want to hear about. She moved on to a minimally-invasive medical technology to reach parts you still don't want to hear about. So let's talk about something we all want to talk about: how to make friends and influence people.

*Continuing from when the banana concept for networking was introduced ( chapter 1, 15 February 2013 RoTD ), Rita will expand on the principle that **Networking is a Bunch of Bananas.***

