

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MAY 24, 2019

www.lajollagrotary.org



BE THE INSPIRATION

RI President 2018-19
BARRY RASSIN

District 5340 Governor 2018-19
MEL GALLEGOS

LJGT Rotary President 2018-19
RICK BINDER

5TH MARINES VIETNAM • WAR MEMORIAL

CAMP • SAN • MATEO
MEMORIAL • GARDEN
CAMP • PENDLETON



Vietnam War Monument concept

Renderings created by monument builder Rick of Agon for the 1/5 Marine Regiment of Camp Pendleton.

The names of 2,706 U.S. Marines who served and died in Vietnam will be inscribed on polished granite walls. The monument will be about 100 feet long and have concrete walkways.

Image of the monument will be inscribed on polished granite walls. The monument will be about 100 feet long and have concrete walkways.

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SPEAKERS AND EVENTS

MAY 2019 - SPEAKER

31.....Steffanie Strathdee, PhD
Kim Schafer

JUNE 2019 - SPEAKER

07.....Coach Rocky Long
SDSU Football Coach--Ellen Bryson
14.....Vocational Service
21.....Shamayel Nikzad
Dennis Bucko
28.....Last meeting
Rick Binder

JULY 2019 - SPEAKER

05.....DARK
12.....President Kim
19.....Founder and CEO of Workshops for Warriors
Hernan Luis y Prado
26.....UCSD Connect

Lt Steve Colwell

is a native of Los Angeles. He graduated from USC, was commissioned an infantry officer and served in the 1st Battalion, 5th Marine Regiment US Marine Corps in Vietnam. Wounded in Action December 16, 1967, he spent the next seven months in hospitals in Vietnam, Japan and the US. He was awarded the Purple Heart, Combat Action Ribbon, Navy Commendation and the Vietnamese Cross of Gallantry and has devoted much of his life toward helping military service personnel and veterans. He is a member of the 1/5 Vietnam Veterans Association. He is the founder of Opera-

tion High Altitude and Operation Mountain Freedom. These programs bring ill and injured service men and women and their families to Mammoth Lakes to participate in recreational sports regardless of the condition of their mind and bodies.

Steve has served as a volunteer in the 'East Meets West Foundation' which installed water projects in the countryside of Vietnam to help rebuild the country after the Vietnam War and was also active in the Village of Hope Da Nang Education for displaced children in Vietnam.

He is president of the Colwell-Harshbarger Real Estate

Development Company, a diversified funding group and serves as a facilitator with Jack Lyon Combat Stress Group at Balboa Hospital. He also serves on several other Boards.

One of Steve's recent passions has been the development and installation of a new memorial honoring the 2,706 Marines of his 1/5 Regiment who were killed in Vietnam. The Memorial Wall in Camp Pendleton was completed and dedicated in 2018.

He and his wife, Valerie, have three children and four grandchildren.



REPORT

from the last meeting



ROTARY FOUNDATION ANNUAL MEETING OF MEMBERS



At the regular meeting of our Club, our Foundation will hold its annual meeting of the Members of the Foundation on May 31st in order to reelect **Alex Monroe, Linda Stouffer Wallis and Luke Ervin** as Directors.



MAY
31
2019

ROTARIAN OF THE DAY

Rotarian of the Day was Rich Papike. Rich started by saying that he did not have a prayer today. Before he joined the Rotary Club, he was a member of the Optimist Club. He shared the Optimist Creed, "Promise Yourself: To be so strong that nothing can disturb your peace of mind. To talk health, happiness and prosperity to every person you meet. To make all your friends feel that there is something in them"

About 32 years ago, he decided it was time to create a bonding experience with his friends, so they started a club called, "Semi-jock Travel and Athletic Club". He introduced members of this club that attended our meeting.

They travel together yearly for a three-day experience in a 15-passenger van well equipped with junk food (Fritos, Cheetos). Some amazing event competitions ranged from throwing raw eggs into a baseball hat, throwing 9 tennis balls into a trash can from a 2nd floor of a building; a trip to Ireland to play golf to a swim suit competition which involved judging based on style and communication (with just the eyes) and NOT the physical appearance. The winner wins the Bronze Jock Strap award. Rich concluded his ROTD speech by saying that he totally believes that life is too short, we don't nearly laugh enough as we should, we need to spend more time with family and friends.

GUESTS

Michael Slentz introduced guests Gary, Larry, Bret and Brandon invited by Rich Papike; Rtn. Dee Doe from La Jolla Sunrise Rotary Club; Rotaractors Eden, Bradley and Cindy; Brett introduced Brandon and his wife from South Africa, whom he met at a San Diego surf event.

ANNOUNCEMENTS

Announcements included: **Jan Bernardi** mentioned that she is collecting donated men's and women's clothing for **homeless**, poor and needy during the month of June. Bring donated items to our club meeting on 7th and 14th June. **Alex Monroe** mentioned about signing up for Promotion (of Kim)/ Demotion (of Rick) party scheduled for 29th June at Braille Institute.

Kim Schafer put in a plug for next week's (31 May) speaker Steffanie Strathdee. **Nancy Gatschet** had a very successful career day at Preuss School last month. She received a folder full of notes from students. Most interesting was one about the tax area of study. Those who participated as consultants, your efforts were greatly appreciated.

Bradley, UCSD Rotaractors invited us to come party with college students on 2nd June. Flyers and signup sheets were on the tables. He commented on the wonderful relationship between Rotarians and Rotaractors that continues to grow every year. **Jacquie Reilly** talked about the Go-to-the Movie beach event at Del Mar on 21 June. More details to follow. This event was great fun last year. **Rick Binder** mentioned about Annual District Governor Dinner scheduled for 27th June, where Kim Schafer will be inducted as incoming president. Our club will also be receiving an award. Go to District website to register.

Dee Doe, from La Jolla Sunrise Rotary Club gave a video presentation about Gift of Life International. She talked about providing lifesaving cardiac treatment to children in developing countries. Dee talked about a District Grant that addresses the tremendous need for a pediatric cardiac care for underprivileged children of Monterrey, Mexico. Total budget for this project is \$297,300. She is short by \$14K and

asked for support from our club/ members.

SPEAKER OF THE DAY

This segment of meeting took the form of a panel discussion focusing on the real estate market in San Diego. This was our second professional panel this year. Panelists included:

Linda Andrews, Executive Sales Director w/Coldwell Banker with over 25 years of experience. She is certified negotiator expert and is on top one percent of all Coldwell Banker sales associates in the nation. **Ellen Bryson**, Global Luxury Specialist w/ Coldwell Banker with 35 years of experience. She specializes in coastal communities. **Sandi Rimer**, Real Estate Broker w/Pacific Sotheby's. She has been in real-estate since 1979, a graduate of University of Redlands. Expertise include: foreclosures, probate trusts, divorce and commercial investment transactions, etc.

Nancy Gatschet (who filled in Ranjan Lahiri) introduced the panelists and started the discussion with a question: Is the current residential market overheated? If so, why? Several members participated in Q&A, ranging from: Effect of foreign investment in San Diego real estate, and its effect in the market; single story vs multi level housing; growth areas within SD county, etc. Nancy commented that she moved in from a 2-story house to a single story and a year later gained 10 pounds!

President Rick mentioned that next week we will have a Memorial Day celebration. Concluded this meeting with another one of his funny jokes entitled "employee performance reviews".



PHOTOS

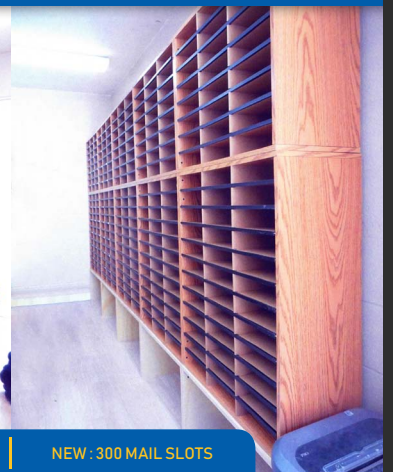
from the last meeting



UPTOWN COMMUNITY SERVICE CENTER MAIL SORTER CABINET

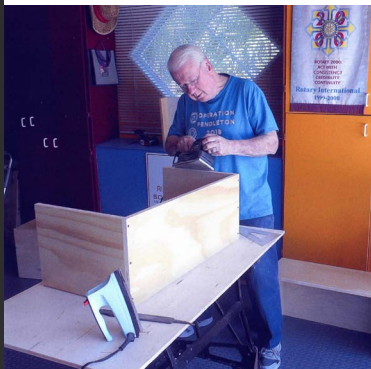


MISSION ACCOMPLISHED!



FORMER : 90 MAIL SLOTS

NEW : 300 MAIL SLOTS



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2018 - 2019

PRESIDENT	Rick Binder
PRESIDENT ELECT (2019-20)	Kimberly Schafer
PRESIDENT ELECT ELECT (2020-21)	Emidio DelConte
TREASURER	Sharon Council
SECRETARY	Nancy Gatschet
PAST-PRESIDENT/FOUNDATION	Alex Monroe



MAY 2019

31.....Wayne Sanders



JANINE PACK

I was born in what was described on my birth certificate as “a rural section of Los Angeles – Hollywood.” Although my name was never in lights, I experienced the most culturally significant milestones of a Southern California Girl.

After a brief time in Hollywood, my family moved to Van Nuys, California and I became a “Valley Girl”. My family then moved to Redondo Beach and I joyfully transitioned into a “Beach Girl”. The Beach Boys and Jan and Dean were the drumbeat behind my adventures; sunbathing at 12th and Hermosa with my girlfriends - watching volleyball, the sea and of course, the surfers.

Between my visits to the beach, I studied hard and was admitted to University of California, San Diego. During orientation, I met a New England boy – Christopher Pack. Unfortunately, he was not a surfer but I overlooked that and saw a handsome, tall, blue-eyed guy. We will celebrate our 46th anniversary this year.

After graduating from UCSD, my husband and I moved back to LA. I attended Cal State LA in an MBA program and also worked in management for Pacific Telephone. Eventually, my husband’s job took us to University of Vermont and then to Michigan State University, where we lived in “Main Street” rural communities. While in Michigan, I was an office manager for a company called Nalco Chemical, but then took a number of flexible jobs to focus on my family. One of these jobs was as a fire and police dispatcher in our town of Williamston, Michigan, population 3,000. Through this experience, I learned the nuances of small town living: the good, the bad, the gossip and the scandals.

After this rural living, we moved to Grosse Pointe, Michigan, a beautiful waterfront community near Detroit but we missed California and longed to get home to family, sunshine and surf. Fortune was on our side when my husband got a job with the accreditation arm of the American Medical Association and this job allowed us to move back to San Diego in 1986.

Art and design have always been my passion and after evaluating my interests while raising our young boys, I entered a graphic design program at UCSD. After completing the UCSD program, I got a job at The Sporting Club at Aventine as the graphic designer and marketing associate. After three years, I migrated to real estate marketing and office management and worked at Century 21 and Coldwell Banker for a total of 20 years until my retirement in 2015.

We have 2 children. Our oldest son, Michael, is a chemist and lives in Japan with his wife. He works as a Senior Managing Editor at a Japanese science editing service. Our younger son, Jonathan, lives in Los Angeles and is in Business Development for a newly public tech company and is an aspiring screenwriter and comedian.

Besides Rotary, traveling with my husband, camping, oil painting, always trying to learn the French language and swimming are my other hobbies.