

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

APRIL 08, 2016

www.lajollagtr Rotary.org



Rotary



Be a gift
to the world



Rotary

RI President 2015-16
K.R. RAVINDRAN

District 5340 Governor 2015-16
JANICE KURTH

LJGT Rotary President 2015-16
BEVERLY FRITSCHNER



calendar
EVENTS
and speakers

APRIL 2016 - SPEAKER

- 15..... Why Being a Rotarian Feels So Good!
• Larry Kesslin •
- 22..... Host for Real Talk San Diego ESPN
• Lindsay Chilson •
- 29..... Deafness in the Developing World:
Two Years of Working with and
Researching the Deaf Population in Iquitos, Peru
• Sara Goico •



www.eofire.com

John Lee Dumas is the founder and host of EOFire, an award winning Podcast where he interviews today's most successful Entrepreneurs 7-days a week. JLD has interviewed over 1200 Entrepreneurs and EOFire generates over 1 million monthly listens. John's latest project is The Freedom Journal; a gorgeous leather bound journal that guides you in accomplishing your #1 goal in 100 days. Launched on Kickstarter, it raised 453k in 33 days and became the #6 most funded publishing project of all time. You can learn more at TheFreedomJournal.com.

PODCASTING ON FIRE



John Lee Dumas



APRIL 2016

08.....Sandi Rimer
15.....Krishna Arora
22.....Ana Sambold
29.....Kathleen Roche Tansey

REPORT

from last meeting



the
QUINTESSENTIAL
FESTIVAL

Come experience the Quintessence of San Diego

An area sectioned off for children of all ages to participate in fun activities and games.



Hosted by
The La Jolla Golden Triangle
Rotary Club

C O M E
EXPERIENCE THE
QUINTESSENCE
OF **SAN DIEGO**

SATURDAY
APRIL • 23
12:30 P.M. - 5:30 P.M.

ENJOY OVER

18

LOCAL
BREWRIES
SIX • WINERIES
FIVE • DISTILLERIES

SIX FOOD
VENDORS
★ **LIVE** ★
BANDS

• Sponsorship •
Opportunity
With your help we can make a difference!

NOBEL PARK AND RECREATION FIELD
8810 Judicial Drive, San Diego
CA 92122

EXCUSE TO WEAR HEELS

On this April fools we decided to pull one over on **President Bev** and not participate in our regular rousing introduction of "the Most Dynamic Rotary Club in the World".

Our Rotarian of the Day, **Kelly Price Nobel**, gave us a brief overview of what life is like after a spinal cord injury for veterans.

Denny is the new **Jennifer** (as if he needs another excuse to wear heels) and announced that community services was meeting.

Dimitri Gonzales from UCSD Rotoract invited the club to their dinner supporting Camp Kesem with 16 free tickets to our club.

Rick Binder is working on a club scavenger hunt around Old Town, meet at the Living Room at 9:00 on April 16th.

Frank McGrath would like one decent volunteer to add to the group that will be serving dinner at the Ronald McDonald house.

Also on the hunt for Volunteers is **Wayne Davis**; see him if you can help with clean up after our festival on the 23rd.

Rick Clark is organizing our Rotarian's at Work Day 4/30 to repair the docks at Miramar. We will be working with two other clubs.

Barbaro announced the Preuss career fair on Wednesday from 1-4 pm.

Jim Frost gave us a preview of some beautiful carved wooden bowls to be auctioned off next week.



THE
DENNY
WEARS
PRADA

FOX 2000 PICTURES presents a WENDY FINEMAN production MERYL STREEP ANNE HATHAWAY "THE DEVIL WEARS PRADA" STANLEY TUCSY SIMON BAKER EMILY BLUNT
ADRIAN GRENIER JULIA ANCHERS "THE DOOR" SHAPIRO MARK LYONS & CO. JESS GONZALEZ FLORIAN BALLHAUS KAREN ROSENFEY JOE CARACCIOLLO JR.
WENDY FINEMAN LAUREN WEISBERGER ALINE BROSH MCKENNA DAVID FRANKEL

A 4-some of golf at Steele Canyon (donated by **Rich Papaïke**) was actioned to the club. I think it included dinner too but I was busy looking at the bowls. Someone won, by the way, those bowls are very pretty.

High fives and a round of applause when **Pete** announced that he would gone for a few weeks. Congratulations to **Grandpa Jim**

Frost on **Adaline Ann** being added to the family.

Our speaker, **Karl Mueller**, the principal of Canyon Crest Academy, brought three students, **Anika**, **Allie**, and **Katie** to speak about TedX Youth San Diego (www.tedx-youthsandiego.com). The Event on April 17th will serve over 400 students from the county. Half of the speakers are under 30 with 3 under the age of 18.

APRIL

BIRTHDAYS



Peter Harris	01	Jim Davies	14
Wayne Sanders	03	Carl Lower.....	15
Wayne Davis	08	Marty Rosenstein.....	20
Kathleen Roche-Tansey.....	09	Fary Moini	28

PHOTOS

from last meeting



ROSEWOOD
BOWLS
AUCTION

APRIL
8TH

Andy's work is exhibited at the Del Mano Galleries in Beverly Hills and Pasadena.

His work has been featured in Pacific Woodworker Magazine on several occasions including a feature article.



Value

10" Bowl is **\$195**
9" Bowl is **\$175**

2 hand crafted rosewood bowls (stave construction) by **Andy Goldman**.

• auctioned separately •



FROST
WOOD

La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2015 - 2016

PRESIDENTBev Fritschner
PRESIDENT ELECT (2016-17)Antonio J. Grillo-López, MD
PRESIDENT ELECT ELECT (2017-18)Alex Monroe
TREASURER Sharon Council
SECRETARYRick Binder
PAST-PRESIDENT/FOUNDATIONRon Kohl



UPCOMING ROTD

APRIL 2016

15..... Jim Davies
22..... Louis Scotti
29..... Jim Frost

MAY 2016

06..... Wayne Davis
13..... Name

DAVID CHONG



As ROTD has become somewhat of an annual ritual for me, this space in The Golden Rotarian has come to function like an annual holiday newsletter. As such, Merry Christmas, Happy Chaunukah and Merry Kwaanza, and here is the latest from the Chongs:

In August Sarah was somewhat abruptly appointed Principal of San Diego Cooperative Charter School. During her 13 years of middle school teaching she had glimpses of the weight of leadership responsibility, but oh my, the depth and breadth of the human condition is in her face daily as she is presented with new crises. All told, it has been a privilege for her lead an amazing community shaping our next generation.

Our daughter Clara (11) is a draftsman and rolls with boys in Jujitsu. Danny (12) pines for first-person shooter video games, but will accompany dad for hiking and biking outings. Kira's (14) passions are volleyball and Finance Chair in Grossmont High School ASB. Alyssa (17) with time off from volleyball this year due to knee surgery found her

way to lead a Mock Trial team and become ASB President. Our family spends a lot of time at school.

In the last year our little company Coast Care Partners has become a slightly bigger little company. We acquired two of our local competitors so far in 2016, as dramatic changes are reshaping our industry. In July I'll begin serving as the Chair of the San Diego Regional Home Care Council, helping steer us through the sea of change related mostly to licensing and rising costs of care. Early in my senior care career I enjoyed the variety of responsibilities and I continue to find meaning in the range of work, including the corporate changes, team leadership, and meeting with families planning how to richly age in place.

My evil twin Alex Monroe recently called Rotary his religion, and I'll confess that the LJGTRC is the community that teaches and inspires me to be a better person.

ROTARIAN
OF THE DAY