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LJGT Rotary President 2015-16
BEVERLY FRITSCHNER

APRIL 2016 - SPEAKER

15......Why Being a Rotairan Feels So Good!

• Larry Kesslin •

22...... Host for Real Talk San Diego ESPN
• Lindsay Chilson •

9.......Deafness in the Developing World:
Two Years of Working with and
Researching the Deaf Population in Iquitos, Peru
• Sara Goico •

John Lee Dumas is the founder and host of EOFire, an award winning Podcast where he interviews today's most successful Entrepreneurs 7-days a week. JLD has interviewed over 1200 Entrepreneurs and EOFire generates over 1 million monthly listens. John's latest project is The Freedom Journal; a gorgeous leather bound journal that guides you in accomplishing your #1 goal in 100 days. Launched on Kickstarter, it raised 453k in 33 days and became the #6 most funded publishing project of all time. You can learn more at TheFreedomJournal.com.

PODCASTING ON

FIRE



John Lee Dumas





 APRIL
 2016

 08......Sandi Rimer
 15....Krishna Arora

 22.....Ana Sambold
 20...Kottkloop Bosha Tanagu

REPORT from last meeting











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NOBEL PARK AND RECREATION FIELD 8810 Judicial Drive, San Diego CA 92122

EXCUSE TO WEAR HEELS

On this April fools we decided to pull one over on **President Bev** and not participate in our regular rousing introduction of "the Most Dynamic Rotary Club in the World".

Our Rotarian of the Day, **Kelly Price Nobel**, gave us a brief overview of what life is like after a spinal cord injury for veterans.

Denny is the new **Jennifer** (as if he needs another excuse to wear heels) and announced that community services was meeting.

Dimitri Gonzales from UCSD Rotoract invited the club to their dinner supporting Camp Kesem with 16 free tickets to our club.

Rick Binder is working on a club scavenger hunt around Old Town, meet at the Living Room at 9:00 on April 16th.

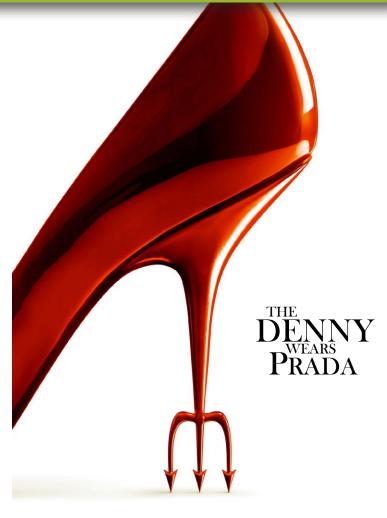
Frank McGrath would like one decent volunteer to add to the group that will be serving dinner at the Ronald McDonald house.

Also on the hunt for Volunteers is **Wayne Davis**; see him if you can help with clean up after our festival on the 23rd.

Rick Clark is organizing our Rotarian's at Work Day 4/30 to repair the docks at Miramar. We will be working with two other clubs.

Barbaro announced the Preuss career fair on Wednesday from 1-4 pm.

Jim Frost gave us a preview of some beautiful carved wooden bowls to be auctioned off next week.



A 4-some of golf at Steele Canyon (donated by **Rich Papaike**) was actioned to the club. I think it included dinner too but I was busy looking at the bowls. Someone won, by the way, those bowls are very pretty.

High fives and a round of applause when **Pete** announced that he would gone for a few weeks. Congratulations to **Grandpa Jim**

Frost on **Adaline Ann** being added to the family.

Our speaker, **Karl Mueller**, the principal of Canyon Crest Academy, brought three students, **Anika**, **Allie**, and **Katie** to speak about TedX Youth San Diego (www.tedxyouthsandiego.com). The Event on April 17th will serve over 400 students from the county. Half of the speakers are under 30 with 3 under the age of 18.

APRIL



Peter Harris01
Wayne Sanders03
Wayne Davis 08
Kathleen Roche-Tansey09

Jim Davies	14
Carl Lower	15
Marty Rosenstein	20
Farv Moini	28

PHOTOS from last meeting

















ROSEWOOD BOWLS AUCTION

APRIL 8TH

Andy's work is exhibited at the Del Mano Galleries in Beverly Hills and Pasadena.

His work has been featured in Pacific Woodworker Magazine on several occasions including a feature article.



Value

10" Bowl is **\$195** 9" Bowl is **\$175**

2 hand crafted rosewood bowls (stave construction) by **Andy Goldman.**

• auctioned separately •



La Jolla Golden Triangle

LJGT ROTARY LEADERSHIP 2015 - 2016

PRESIDENTBev Fritschner PRESIDENT ELECT (2016-17)Antonio J. Grillo-López, MD

PRESIDENT ELECT ELECT (2017-18)......Alex Monroe

SECRETARY Rick Binder

PAST-PRESIDENT/FOUNDATIONRon Kohl





ROTD

.....Jim DaviesLouis ScottiJim Frost

MAY 2016 06......Wayne Davis 13.....Name



As ROTD has become somewhat of an annual ritual for me, this space in The Golden Rotarian has come to function like an annual holiday newsletter. As such, Merry Christmas, Happy Chaunukah and Merry Kwaanza, and here is the latest from the Chongs:

In August Sarah was somewhat abruptly appointed Principal of San Diego Cooperative Charter School. During her 13 years of middle school teaching she had glimpses of the weight of leadership responsibility, but oh my, the depth and breadth of the human condition is in her face daily as she is presented with new crises. All told, it has been a privilege for her lead an amazing community shaping our next generation.

Our daughter Clara (11) is a draftswoman and rolls with boys in Jujitsu. Danny (12) pines for first-person shooter video games, but will accompany dad for hiking and biking outings. Kira's (14) passions are volleyball and Finance Chair in Grossmont High School ASB. Alyssa (17) with time off from volleyball this year due to knee surgery found her way to lead a Mock Trial team and become ASB President. Our family spends a lot of time at school.

In the last year our little company Coast Care Partners has become a slightly bigger little company. We acquired two of our local competitors so far in 2016, as dramatic changes are reshaping our industry. In July I'll begin serving as the Chair of the San Diego Regional Home Care Council, helping steer us through the sea of change related mostly to licensing and rising costs of care. Early in my senior care career I enjoyed the variety of responsibilities and I continue to find meaning in the range of work, including the corporate changes, team leadership, and meeting with families planning how to richly age in place.

My evil twin Alex Monroe recently called Rotary his religion, and I'll confess that the LJGTRC is the community that teaches and inspires me to be a better person.