

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

APRIL 24, 2020

www.lajollagtr Rotary.org



RI President 2019-20
MARK MALONEY

District 5340 Governor 2019-20
MARTA KNIGHT

LJGT Rotary President 2019-20
KIMBERLY SCHAFER

SPEAKERS AND EVENTS

MAY 2020- SPEAKER

01.....Maintaining Mobility
Brittany VanSchravendijk

08.....Self-expression, open-mindedness, and having a positive mindset
Peace Uche, Pharm.D.

15.....How to Create a narrative for more excitement in your life and business
Lucas Barra

22.....Extreme Leadership
Steve Farber & Rick Clark

29.....EMDR benefits
Laura Gordon

JUNE 2020- SPEAKER

05.....Women in Construction
Amber Web

LEADERSHIP ~ THROUGH ~ COMPASSION



Brian Bajari is co-founder and CEO of the non-profit Spero Challenge which inspires students to identify community problems important to them, propose unique solutions, create business plans, and enact their projects with their friends and/or families. Brian has over 24 years of experience organizing, leading and influencing in the world of nonprofits, churches, NGOs and grassroots organizations; from students to outdoor-living populations to former child soldiers in refugee camps.

Brian has co-founded five nonprofits including: Pass the Word (a Saturday meal-sharing and supplies distribution for outdoor-living neighbors), One Starfish Safe Parking (safe parking for people sleeping in their vehicles), The Beach Church (now Al & Friends meals for the hungry), Jews Christians Muslims United (an interfaith neighboring and service initiative), and Spero Challenge.

You can watch his presentation of Spero Challenge at the 2019 Social Innovation Summit in L.A. [here](#) and his TEDx talk, "What I've Learned about Compassion from the Homeless" both on YouTube. Brian is a graduate of Dartmouth College, has studied at Fuller Seminary & Regent College in Vancouver, and received a graduate certificate in Leadership in the New Parish from The Seattle School of Theology and Psychology. Brian has four wildly wonderful children.

BRIANBAJARI



www.sperochallenge.com





REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01

IS IT
THE TRUTH?

02

IS IT
FAIR TO ALL
CONCERNED?

03

WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04

WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

HERBERT J. TAYLOR

Ranjan opened our meeting with an interesting thought for all of us to ponder which started with the phrase "Sometimes fate feels like a sandstorm.....and ends with ...Who will we be when the storm is over?" **Ranjan** let us know he is quite busy working from home and. He is incredibly happy to be an integral part of our dynamic club. And we are lucky to have him!

We had quite an international group of guests including **Ranjan's** mother from Rotary in Albuquerque, **Javier**, and **Juan Carlos** from Tia Juana Rotary, **Kavita** and **Shankuta** from the New Delhi Rotary, **Kim's** father, **Walt Schafer** and all the way from Coronado Rotary, **Dani Genzler**! Hopefully, I got these all right. I apologize, Ignore my spellings please!!!

Sara Micelli again let us know about the wonderful team of volunteer helpers she has managed for anyone in our club who may need some help with shopping, tech support etc. during this lock down period. Please contact her to find out the helpers assigned to your neighborhood. Again, I was not fast enough to get them all down. Thank you to all the Helpers out there!

Leave it to **Brett** to resurrect

the Fine master! He congratulated all the unrecognized past birthdays and there was a bunch (sorry I could not write that fast) and two newly wed couples with anniversaries, the **Schwarz's**, and the **Tansey's**. 41 and 50 years respectfully!!! Congratulations!

Kristin Schafer, (our speaker, and **Kim's** sister) is the executive director of PAN, Pesticide Action Network.

She gave a wonderful talk on her organization's work in documenting and being an activist for healthier foods worldwide. There are over 17,000 different pesticides used on our foods around the world!! Many if not most are detrimental to human health in different ways. Many are dangerous to early childhood development, not to mention the danger to farmers and farm workers. Her organization works on educating other countries about the dangers of these pesticides and encourages us to use organic foods as much as possible.

They are also activating for farm to school food programs, pesticide free parks and playgrounds and honeybee havens. Her organization is also working on the danger of some pesticides that have replaced "Round-up" in our farming now.

NAP is working hard to get companies to acknowledge the dangers of these chemicals and to educate farmers and growers as to the benefits of growing organically here in the US and around the world. To find out what might be on your food go to www.whatsonmyfood.org.

Then our resident COVID-19 expert, **Dr Antonio Grillo Lopez**, gave us our 3rd weekly tutorial update. It was a great lesson on "Herd Immunity". Now I really understand this concept! We all love his diagrams and pictures! He also let us know that California is #1 in the nation in population, in homelessness, in tourism and in direct flights from Wuhan China!!! Hence, the number of cases in our state!

There is some evidence that this virus has been in California since November or December and was simply miss diagnosed as "the Flu", since no one knew anything about COVID 19 back in those months. (seems like ages ago now does not it?) There are several companies coming up with more and easier testing and it cannot come fast enough. Testing will be the key to knowing where this virus is going! Be safe everyone!!



La Jolla Golden Triangle ROTARY CLUB

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LJGT ROTARY LEADERSHIP 2019 - 2020

PRESIDENT Kimberly Schafer
PRESIDENT ELECT (2020-21) Emidio DelConte
PRESIDENT ELECT ELECT (2021-22) Jacquie Reilly
TREASURER Sharon Council
SECRETARY Nancy Gatschet
PAST-PRESIDENT/FOUNDATION Rick Binder



ROTARIAN
OF THE DAY



Until age 13 I lived Colfax, a small farming community in Eastern Washington-population 2000.

Thereafter, we moved to Spokane and I attended a high school with a student body much larger than the population of Colfax. Our family became friends with the **Schafers** who lived across the street. I started dating **Susan Schafer** during my last year of high school. I went to Washington State University and she followed the next year. I graduated a semester early and traveled

by myself on a Eurail pass throughout Europe for four months, arriving home in time for our wedding June 14, 1969.

I went to law school at Stanford and **Susan** taught elementary school. Upon graduation I accepted a job at the San Diego law firm of Luce Forward in 1972.

In 1990 I resigned as partner at Luce and become "of counsel" to the firm for about five years until Rotary took over my life. In Rotary I have been Club President 1990-

91, District Governor 1995-96, and Rotary Foundation Trustee 2010-14. I have been involved with Rotary programs in many countries. For the last 18 years I have been involved in programs in Afghanistan and since 2012 also involved with Rotary programs in Central Asia and Afghanistan relating to water conflict issues. **Susan** and I have lived in San Diego for 47+ years. She has supported my Rotary activities over the years. We have two grown daughters and two grandchildren all of who remain a priority in our lives.

