

# THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

[www.lajollagtr Rotary.org](http://www.lajollagtr Rotary.org)



APRIL 27, 2018

APRIL 27<sup>TH</sup> ROTARY MEETING @ BRAILLE



**ROTARY:  
MAKING A  
DIFFERENCE**

RI President 2017-18  
**IAN H.S. RISELEY**

District 5340 Governor 2017-18  
**SCOTT C. CARR**

LJGT Rotary President 2017-18  
**ALEXANDER S. MONROE**

## SPEAKERS AND EVENTS



### MAY 2018 - SPEAKER

04.....Barbara Bry  
Council Member

11.....Dan McAllister  
San Diego County Treasurer-Tax Collector Update

18.....Jim Fitzpatrick  
70 Years of SAN DIEGO Magazine

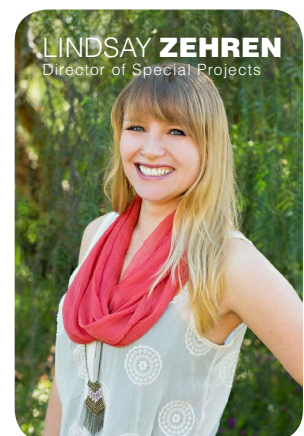
## STRIKING A HEALING NOTE

Music Therapy for Medically Fragile Children and their Families through Resounding Joy

Music Therapy for Medically Fragile Children and their Families through Resounding Joy

Lindsay received her bachelor degree in music education and theater from Saint Mary of the Woods College in Indiana. She taught music at the high school and elementary school levels in Indiana, South Africa, and Jamaica before pursuing her equivalency degree in music therapy from Indiana University-Purdue University Indianapolis.

She moved to San Diego from Indianapolis to complete her music therapy internship with MusicWorx and Resounding Joy in 2015, and has been working a staff music therapist and the Director of Special Projects ever since. Lindsay works with the Healing Notes program, specifically as the director of Shine and Sing and the Pediatric Palliative Care programs, for Resounding Joy. Lindsay is also the director of the AudAbility program for People with Parkinson's and runs community music wellness programs through MusicWorx.



**LINDSAY ZEHREN**  
Director of Special Projects

Making Music for Health and Happiness  
**RESOUNDING JOY**

[ResoundingJoyInc.org](http://ResoundingJoyInc.org)



**MUSICWORX**  
We prescribe sound solutions.  
[MusicWorxInc.com](http://MusicWorxInc.com)



APRIL 2018

27..... Cynthia Willis

MAY 2018

04..... Steven Balch

11..... Gary Kachkovsky

# REPORT

from the last meeting



## THE FOUR WAY TEST



OF THE THINGS WE  
THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT  
FAIR TO ALL  
CONCERNED?

03 WILL IT  
BUILD GOODWILL  
AND BETTER  
FRIENDSHIPS?

04 WILL IT BE  
BENEFICIAL  
TO ALL  
CONCERNED?

HERBERT J. TAYLOR

**President Alex** is on jet lag this morning and asked for assistance after returning from St. Louis late last night.

The Rotaractors are the Rotarians of the Day! They talked about their projects ranging from river cleanup to the Concours d'Elegance. They serve youth, the homeless and the underserved in Tijuana. Their video of the home construction was fantastic! One of their major projects is the WAPI project where they created over 500 WAPI devices. The question of the day was, What is 420? Ah! President Alex helped explain. National Get High Day!!!

### ANNOUNCEMENTS

**Tony Grillo** updated us on his dad, **Antonio**. He's doing great and requested an In-N-Out Double Double. A very good sign!

**Michael Slentz** introduced our special guests. **David Chong** introduced his most dynamic friend, George Eiskamp. Also, we welcomed back Ranjan. And six Rotaractors showed up, probably in support of Rotarian of the Day!

**Rick Binder:** Next week is our Quintessential Festival. Sponsorships are in line with

last year. Get folks out and sell tickets!

**Nancy Gatschet:** Thanked everyone for the forms for the Preuss Career Day, April 25. Try to carpool and get there early. Parking is limited.

**Rick Clark:** If you have tickets that won't be used, give them to Rick and he will get them to the Marines. On June 22, Col. Keane will be our speaker and show the video of our project at Camp Pendleton.

**Joel Candib:** Thanks to everyone who has signed up to volunteer for our fundraiser. We still need folks to pour in the afternoon and do cleanup. Please sign up.

**Steve Brown:** Steve and Fary had an incredible Tuesday that involved saving lives, being travel agents and getting stem cells from San Diego to a remote part of Brazil. Be sure to ask them if you missed the meeting.

**High Fives:** **Sheila Henry's** house is on the market, thanks to **Sandi Rimer**. **Jim Frost** is celebrating 39 years of marriage. **Denny Jacobs** congratulated the Rotaractors for their video and work. **Susan Schwarz's** mother turned 94 yesterday. **Jim Davies** had a surprise birthday party with the help of **Tony Grillo** and

loved it! **Will Moore** thanked **President Alex** and **Jim Davies** for embracing their bromance.

Our speaker was Dr. Dirk-Uwe Bartsch talking about high resolution imaging in ophthalmology. He was a Rotary Scholar from Heidelberg, Germany in 1987-88 sponsored by the Rotary Club of La Jolla and stayed and stayed. He shared a number of fascinating images of eyes and showed us the different technologies used. Looking at age-related deterioration of the eye is important research especially for some of us older Rotarians. It is absolutely incredible to see the improvements in imaging at the cell level that will make better research possible. He closed with some beautiful drone photos at the beach. And yes, the green flash can be photographed. He has caught five photos of it and one photo of a purple flash.

Thanks to **Jay Hatfield** for hosting us at the Braille this week. **Alex** looked for some great little known facts (AKA trivia) from the audience to close the meeting. Some not so great! **Alex** asked each of us to go to the beach this weekend, look out at the ocean and take time to reflect on how we can all make a difference.







# PHOTOS

from the last meeting



# La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023  
La Jolla, CA 92039  
www.LaJollaGTRotary.org

## LJGT ROTARY LEADERSHIP 2017 - 2018

PRESIDENT ..... Alex Monroe  
PRESIDENT ELECT (2018-19) ..... Rick Binder  
PRESIDENT ELECT ELECT (2019-20) ..... Kim Schafer  
TREASURER ..... Sharon Council  
SECRETARY ..... Beverly Fritschner  
PAST-PRESIDENT/FOUNDATION ..... Antonio J. Grillo-López, MD



### UPCOMING ROTD

#### MAY 2018

04.....Joel Candib  
11.....Charlie Mackey  
18.....Mike Roberts (Red Badge)  
25.....Krishna Arora

#### JUNE 2018

22.....Gloria Harris

ROTARIAN  
OF THE DAY

## LINDA ANDREWS

*My life so far...*

- **Born in a little** town in Pennsylvania (when was the last time you heard someone claim that?)
- **Moved to Southern** California. When I found out my dad was moving us to the home of "Disneyland" I was so sure that Walt Disney was going to discover me and ask me to be on the Mickey Mouse Club Show!!(He saw **Annette** first and the rest is history)
- **Was a cheerleader** and very active in student government and Social clubs in high school in Whittier California, during which time my father passed away at the young age of 36!
- **I graduated from** Whittier College, with a degree in History and Art, and spent one semester at the university of Copenhagen living with a Danish Family, putting on 15 pounds (those Danish pastries were fabulous!) and traveling through Europe. My first time ever away from home, and I have been hooked on travel ever since.
- **I really loved** teaching 1st and 2nd grade in Orange County for 9 years. It was there that I bought my first home in New Port Beach
- **Moving to** Rancho California"(Temecula) from Newport Beach, before the 15 freeway was constructed, was a trip! The only people living there, at the time, were cowboys, Indians and Real Estate Developers! There were two places to eat and drink: the original Long Branch Saloon and the Swing Inn Café!! Here I spent 14 years growing avocados, building homes and helping to create some of the social and organizational structures of a new community, while designing for a local interior design studio.
- **In 1987 my daughter** and I moved to the Del Mar area and I started my "third career", selling Real Estate. Working for Coldwell Banker, the past 25 years I have consistently been in the top 10% of agents located in the North County Coastal areas. I sold **Jacquie** her home about 12 years ago!!
- **My Daughter and her** husband have presented me with two darling grandchildren (a girl and a boy) in the last two years! This makes me very happy!
- **I am very pleased to** be a part of "The Most Dynamic Rotary Club in the World"( thanks to **Jacquie**)



~ Linda Andrews