

THE GOLDEN rotarian

LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

AUGUST 03, 2018

www.lajollagrotary.org



BE THE INSPIRATION

RI President 2018-19
BARRY RASSIN

District 5340 Governor 2018-19
MEL GALLEGOS

LJGT Rotary President 2018-19
RICK BINDER



**DUANE
TROMBLY**

OPIOID E P I D E M I C

Prescriptive and non-prescriptive use of opioids is epidemic in America presently. With 2% of the world's population, Americans use over 90% of the world's opioids.

stance abuse, **Duane Trombly**, it's COO, will present the current state of opioid use in the nation and San Diego. He'll present ways that we can make an impact in reducing the use of opioids and save lives.

As the a co-founder of **Confidential Recovery**, a treatment program for sub-

SPEAKERS AND EVENTS



AUGUST 2018 - SPEAKER

- 10.....Jim Fitzpatrick
70 Years of SAN DIEGO Magazine
- 17.....Chris Marsh
San Diego Prevention Collective
- 24.....Toni Griffin
President & CEO, Goodwill Industries
- 31.....John Decker
How KPBS Uses Local Programming to Build Community



www.confidentialrecovery.com/



AUGUST 2018

03Rich Papike
10 Garry Kachkovsky
17Linda S-Wallis
24Mike Roberts

REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT
FAIR TO ALL
CONCERNED?

03 WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04 WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

HERBERT J. TAYLOR

Following Prez. **Rick's** welcome and introduction of special guests District Governor **Mel Gallegos** and his wife (**Hey**)**Jude**, members brought the meeting alive with a rousing vocal demonstration of our status as *"the Most Dynamic Rotary Club the World."* ~~~~ **ROD Alan Galgut** led us in prayer and salute to the flag before giving us a glimpse of his early life in a small South Africa town where there were only 35 homes ... no drugs or gangs, a great candy shop ... and where a quick hop over his backyard fence brought him into a game park. Still an idyllic place to live, 5 of his neighbors are still there today! The son of a pharmacist (who passed away just as he achieved his own license), **Alan** built up his pharmacy business over 13 years to being recognized as best of the best. When someone wanted to buy it, he refused, saying that no price could be high enough. Oh, but someone came up with a price that *was* high enough and he sold! After starting and then leaving another pharmacy, **Alan** turned his people skills into becoming the insurance professional that he is today. ~~~~ **Mike Slentz** introduced first-time Club guests: **Kaci Madden**, recently from Hawaii and brought to our meeting by **Divya Kokaiye** of Club 33; **John Bourgeois** who has moved here from So. Florida; and **Carmen Pizarro** who has just moved to the UTC area from Puerto Rico and is the President-Elect of an e-Club, and her daughter **Adriana Morales** who wants to start a Rotaract Club at the U of Iowa this fall. Coming to learn more about Rotary from

our DG were 7 of our favorite UCSD Rotaractors: **Bradley, Joe, Susan, Lily, Tiffany, Eden and Julian.** ~~~~ Before leaving the podium, Mike was presented his blue badge by DG Mel who gave him a colossal Welcome. ~~~~ **Rick Clark** called on those who had signed up for the Pageant of Masters' dinner to please give/mail him their checks since he is currently still thousands of dollars out of pocket. He also announced that there is 1 ticket available for \$120 that includes the bus, dinner and Pageant; and 2 tickets for \$66. ~~~~ **Antonio Grillo-Lopez** furthered the introduction of guest **Carmen Pizarro** saying that her husband and brother-in-law are also Rotarians. Sounds like LJGTRC might be the perfect place for **Carmen** and her family to be on Friday mornings at 7 a.m! ~~~~ **Antonio** also took this opportunity to let us know that his 2 Global Grants have been approved for scholarships to the Joan Kroc Institute for Peace and Justice and 2 students who he has sponsored are now here from Puerto Rico and Brazil and 2 more will be coming from Puerto Rico and Argentina. Congratulations and huge LJGTR thanks to **Antonio!** ~~~~ Prez. Rick reminded us of the July 30th District Membership Meeting and August 21st District Council. ~~~~ Following his introduction by Asst DG **Brian Zimmerman**, DG Mel Gallegos thanked everyone for their gracious greeting and congratulated our Club on our many achievements, naming just a few ... i.e. growing to being an active club of 95 members and doing dozens of Matching

Grants, Global Grants and District Grants ... being a generous supporter of The Rotary Foundation, giving over \$1,665,000 and accomplishing dozens of charitable projects each year. **Mel** continued with praise for his wife **Jude** who introduced him to Rotary back in 1990, and who from their first Int'l Convention in Calgary has accompanied him around the world as they *"learned how to make the world a better place."* DG Mel talked about his participation in helping Rotary's eradication of Polio program which has reduced over 2.5 billion polio cases to just 122 since 1985. Next, addressing the topic of membership, **Mel** spoke to the importance of membership development and retention, and the goal for sustained growth over 3 consecutive years. Via a humorous video introducing his District Conference of March 1-3, 2019, we learned that this will take place at the Catamaran Hotel in Mission Beach where super low room rates are being offered ... and although not a joint conference, Mexico District 4100 will have many attendees. ~~~~ Recognizing our own SURF founder **Brett Moran**, DG Mel talked a bit on Fellowships and also presented recognition pins to Prez. **Rick** and **Brian Zimmerman**. In closing, DG Mel encouraged us to *Be The Inspiration* and to share what we can do in Rotary.

Respectfully submitted,
Peggy Martin, outgoing Club
Reporter Coordinator





PHOTOS

from the last meeting



La Jolla Golden Triangle ROTARY CLUB

Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2018 - 2019

PRESIDENT Rick Binder
PRESIDENT ELECT (2019-20) Kimberly Schafer
PRESIDENT ELECT ELECT (2020-21)
TREASURER Sharon Council
SECRETARY Nancy Gatschet
PAST-PRESIDENT/FOUNDATION Alex Monroe



AUGUST 2018

10..... Jim Frost
17..... Ellen Bryson
24..... Irwin Rubenstein
31..... Beverly Fritschner

ROTARIAN
OF THE DAY

AJAY ASHER



I was born in a town called Moshi, on the foothills of Mount Kilimanjaro, in northern Tanzania, East Africa. Though being of Indian descent from India, my parents were also brought up in Tanzania. I completed my elementary education in Moshi and then went to Mumbai, India to finish my high school and college education. I graduated from Mumbai University with B.A. in Business Management and then returned home to help my Dad expand our family business. While in school, I was introduced to Rotary International and became an active member of the Interact Club and the Rotaract Club. On my return to Moshi, I became a member of the Rotary Club of Kilimanjaro as well as a Paul Harris fellow.

I moved to San Diego in 1998 with my wife Malini and my two beautiful daughters Krupa and Bhumi. We started a new business of printing and copying by the name of **REPLICA Digital Print and Copy** and are located at 7054 Miramar Road, San Diego, CA 92121. We cater to the printing needs of the local community and our business has a AAA rating with the Better Business Bureau of San Diego. We have state of the art equipment in our 5000 sq. ft. facility and serve large and small corporations as well as major schools and health organizations around San Di-

ego. We also provide Notary service at all times and are open 7 days.

It has been my privilege to be a member of the most dynamic Rotary Club in the world since 2005 and making new friends along the way. I have been printing the weekly **Golden Rotarian Newsletter** since 2005 and keeping up with the weekly challenge has been exciting.

Besides speaking English, I also speak Swahili and Hindi. I like music, cycling, travelling, current events, and watching sports especially Cricket. Lately I have developed a passion of Drumming and take drumming lessons.

I feel blessed to be part of our Rotary Club - The Most Dynamic Rotary Club In The World!!



www.ReplicaSanDiego.com

7054 Miramar Road
San Diego, CA 92121

(858) 457-9500

Ajay@ReplicaSanDiego.com

