

THE GOLDEN rotarian

www.lajollagrotary.org

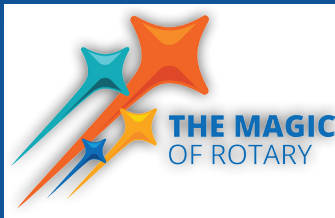


LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

AUGUST 2 2024



MICHEL KRIPALANI



RI President 2024-25
STEPHANIE URCHICK

District 5340 Governor 2024-25
DIANNE CRAWFORD

LJGT Rotary President 2024-25
LUKE ERVIN



AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee
(follows club meeting)

2nd Friday of the Month..... International Services Committee
(follows club meeting)

3rd Friday of the Month..... Youth Services Committee
(follows club meeting)

4th Friday of the Month.....Peace Committee
(follows club meeting)



GET A GRIP ON YOUR BUSINESS – SIX KEYS TO GETTING WHAT YOU WANT FROM AN ENTREPRENEURIAL COMPANY

Michel is a serial entrepreneur and business coach with over 35 years of experience in building and managing software start-ups. He is a Certified EOS Implementer and a Marshall Goldsmith 100 Coaches member, two of the most prestigious and recognized programs in the field of coaching and leadership development. He helps entrepreneurs and leaders around the world to get what they want from their businesses and to change behaviors that may be sabotaging their success.

As the founder and CEO of Oceanhouse Media, Michel led the company to become one of the fastest-growing and most innovative app publishers in the industry, with over 650 apps and multiple awards and honors. He also created a best-selling video game and a #1 top-paid app, demonstrating his creative and entrepreneurial vision.

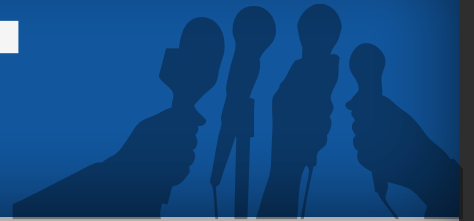
Michel is passionate about sharing his lessons learned and inspiring others to thrive! Today's program will include Michel's focus on how to:

- Grow your company and make more money
- Align the company around a single vision / plan
- Share responsibility across the entire leadership team
- Track the right data/numbers, so you can focus on what matters
- Create a positive culture and re-invigorate your team with fun



REPORT

from the last meeting



UPCOMING SPEAKERS



2024

AUGUST - SPEAKER

- 9.....Tom Penn, CEO, San Diego FC
Major League Soccer coming to San Diego!
- 16.....Matthew Bainbridge, PhD.
Bridging the gap: bringing the genomic revolution to the underserved
- 23.....David Wambaugh
Mental illness and its problematic stigmas

While all the Presidents are away, **Stephen Tako** was gracious to play President opening the meeting asking us to be gentle on him in Luke's place.

ROTD Michael Slentz showed us where in Dublin "Everyone Drinks" and warned of inappropriate behaviors in the portal to NYC! Together with his Trinity College daughter they set off to London for the recommended play, Portrait of Dorian Gray, then home and then out to NYC for more theater! Adding work travels, a selfie at Microsoft HQ and Michael is "out of vacation time for the foreseeable future!"

Ron Spilsbury, humorously apologizing for nearly toppling the Peace Banner on his way up to the podium, introduced the many guests and two visiting Rotarians from San Juan Capistrano.

Steve Balch encouraged us to come to Community Service Committee first year's meeting next Friday August 2nd. **Bonnie Arora** took the floor, to invite us to the big Summer Celebration at Oasis next Saturday, August 3rd at 5:30! **Jacque Reilly** is collecting clothing for Urban Street Angels. **Stephen Tako** said Motivated to Act is having a donor appreciation

fundraiser at the University Club, Friday Aug. 30th. And, all are invited to the Vocational Services Committee mixer Sept. 5th, at the UCSD Faculty Club.

Fine master **Tim Fronczek** was in High Five form! A high 23 from **Tony Grillo** for daughter **Marin** turning 23! **Eric Freeberg**, a self-described dinosaur, high fived fellow real estate dino **Gary London**. **Rich Papike** flirted with another club but loves ours best. **Jim** and **Kim Frost's** youngest was married, then Jim and Kim set off cross country in an RV for 6,000 miles without AC, leaving the RV in Arizona desert somewhere?! **Brett** and **Karla Morey** came back from a Prieto family fiesta and Brett too much tequila. **Maria Renteria** and **Tim Fronczek** appreciate you all for being patient with the new year's AV setup. **Steve Balch** was thrilled about the no hitter last night! **Jean McGrath** is grateful for hearing aids! **Dory Beatrice** thanked **Rick Clark** for the get-well video for **Pete Griffith**.

Sheila Henry and **Cynthia Villis** are celebrating their birthdays and **Michael Slentz** has 7 years in Rotary. **Stephen Tako** reminded "old" members to take time to meet new members and guests.

Jan Percival introduced speaker **Gary London**, a long-time real estate advisor who has had a hand in every "Rancho" development in San Diego County. Gary London said there is an economic pause in real estate right now due to the election and lingering post pandemic changes, plus the market is looking for interest rate reduction. The City of San Diego is going from "horizontal to vertical" development, transforming old neighborhood around Balboa Park into an urban landscape which will move up to the "Mesas." Bottom line, we need more affordable family homes, to buy, not rent! He is a proponent of smaller minimum size lots for row houses. Commercial real estate is in the dumps downtown and will likely remain that way, work from home is here to stay! **Stephen** gave Gary our LJGT Rotary Hat and a club donation to Big Brothers and Big Sisters.

Tako closed the meeting thanking the audience and leaving us with the Pillar of Peace, a good functioning government, warning us to be considerate of differing views in this election season. Ding!

~Reporter

Christy White Brook

PHOTOS FROM LAST MEETING



Sandra J. Rimer
REALTOR®
DRE# 00709801

760.644.2488

Sandi@SandiRimer.com

12860 El Camino Real, Suite 100, San Diego, CA 92130

San Diego
Solar Brokers
& Roofing Contractors

Residential • Commercial • Batteries

Douglas Cramer
Energy Project Developer

714-814-2045

douglasec1@gmail.com

sandigosolarbrokersusa.com

La Jolla Golden Triangle
ROTARY CLUB
 Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
 La Jolla, CA 92039
 www.LaJollaGTRotary.org

LJGT ROTARY LEADERSHIP 2024 - 2025

PRESIDENT Luke Ervin
 VICE PRESIDENT Linda Stouffer Wallis
 PRESIDENT ELECT (2025-26) David Chong
 PRESIDENT ELECT NOMINEE (2026-27) Jan Percival
 TREASURER Sharon Council
 SECRETARY Sandi Rimer
 PAST-PRESIDENT Christy White Brook

**ROTARIAN
 OF THE DAY**



SARA MICELI

I grew up in Burbank, Just outside of Los Angeles (or literally 3 houses outside of LA). There were 4 girls in our house – growing up my dad had 2 rules – no pink, no flowers. We mostly abided by that until my mom picked out a blue floral couch and then in my senior year of high school, I painted my room a pale pink – I was given a can of white paint the next day and the couch when I got my first apartment.

I went to John Burroughs High School in Burbank. In high school, Alli and I were both cheerleaders, and being only a year apart, we had some classes together – it may have caused a little confusion with some of our teachers. From, there I went about 100 miles up the coast to UC Santa Barbara, where it's a quicker walk to the beach than to the library from the dorms. I joined Gamma Phi Beta – we were the only house to have a pool on campus. After college I moved to San Diego and started working at UC San Diego where I have been for the past 21 years.

I spend most of my free time watching Tucker play baseball and traveling to Oregon.



AUGUST 2024

August 9 - Brett Morey

August 16 - David Tansey

August 23 - Jacquie Reilly

August 30 - DARK



PLAN.CONNECT.PROTECT.

Tim Fronczek
 Chief Technology Officer

619.713.7422

tim@thecomputeradmin.com
thecomputeradmin.com



David Chong
 CEO/Founder

E David@CoastCare.org
 C 619.206.0655
 O 619.354.2544 ext. 105

8033 Linda Vista Rd,
 San Diego, CA 92111